

Potty Training Policy

Compass Childcare will assist your child in potty training once you have successfully begun training at home for one week prior. When you feel your child is ready for potty training, we ask that you begin teaching at home during a weekend or vacation. We will follow through and encourage your child while in care adhering to the three-step process outlined below. Potty training will be done in a relaxed manner with the cooperation of the family. We require that the child show signs of readiness (Please read the Potty Training Readiness Checklist below). Positive reinforcements and consistency must be continued at home.

Compass Three-step Process

Step One:

The child must be kept in pull-ups at all times. Please keep in mind that the activity level here at the center can distract your child from responding to an urge to use the potty, more so than at your home. Therefore, we will use pull-ups until your child can and will announce that he/she must use the bathroom and can control his/her bladder and bowels for a few minutes beyond that announcement. It is required that parents provide pull-ups and a few extra changes of clothing.

Step two:

The child wears underwear all day, except for outside play and nap time.

Step Three:

The child is in underwear all day, but still wears a pull-up for nap time. If the child wakes up dry 3 days in a row, they will then begin going to bed in underwear.

Proper Clothing

During potty training your child needs to be dressed in “user friendly” clothing as much as possible. The best items are shorts and pants with elastic waist. Please DO NOT dress your child in the following:

- No tight clothing
- No shirts that snap in the crotch
- No pants with snaps & zippers or buttons
- No overalls or bib type clothing
- No belts
- No one piece outfits

The clothes listed above can make it difficult for your child to reach the potty in time. Your child also needs to be able to pull his/her pants up and down and these items will hinder your child’s ability to do so.

Required Supplies

The following items are to be left at the childcare and replaced as needed. Soiled clothes will be returned in a plastic bag at the end of the day.

Two (2) changes of clothing including socks (an extra pair of shoes if available) A bag of pull-ups – you will be notified when the supply is running low.

Potty Training Readiness Checklist

Verbal Stages of Readiness

Basic verbal skills: The child is able to speak in three to four-word sentences

Stage 1 The child tells you he/she has a wet diaper, recognized when he/she is wet.

Stage 2 The child tells you he/she is urinating, recognizes the sensation of being wet.

Stage 3 The child tells you he/she will wet, can control him/her self and uses the potty.



Physical and Psychological Signs of Readiness

1. Stays dry for a long period of time (the child can “hold” his/her urine and bowel movement).
2. Can recognize when diaper is wet or soiled.
3. Has bowel movement at regular times (child chooses when to move bowels)
4. Adult can recognize when child is moving his/her bowels (Child is deliberately moving bowels)
5. Can undress and pull up his/her own pants (Important because this is the work of the child not the caregiver)
6. Initiates interest in using the potty and asks to wear underwear.
7. Wants to be independent which is very important for the learning process.
8. Child is emotionally ready and is open to learning (is child generally cooperative?)
9. Child has an awareness and knowledge of the world beyond himself. This sign may seem unrelated to potty training, but it is a behavior that has been seen in children ready to use the potty.
10. Can follow three and four step instructions (this is critical for learning to urinate or move bowels, wipe him/her self and wash hands)
11. Can use consistent words or gestures to communicate.
12. Can physically get to the potty and sit on it without help.
13. Must show a willingness to want to sit on the potty and understand its function.

Potty Training Policy Agreement

I have ready the Potty-Training Policy in its entirety and I agree to abide by the policy set forth.

Childs Name _____

Parent/Guarding Signature _____

Date _____

Parent/Guarding Signature _____

Date _____

