



Roman Catholic Parishes of the South Interlake

Christ the King, Stonewall

St. John Vianney, Teulon

St. Joseph's, Stony Mountain

August 2 & 9, 2026

***Eighteenth Sunday &
Nineteenth Sunday in
Ordinary Time***

LORD'S DAY MASS TIMES:

SUNDAY at 8:30am (STONY MOUNTAIN), 10:00am (STONEWALL) & 11:30am (TEULON)

ROSARY: SUNDAY at 9:30am (STONEWALL)

CONTACT US

Telephone: (204) 467-9016

Parish Email: ckparish@mymts.net

Fr. Nepolian Telephone: (204) 583-5404

Fr. Nepolian Email: naps.browny@gmail.com

Office Hours: Tuesdays & Thursdays 9:00am - 3:30pm

PO Box 1159 • Stonewall, Manitoba • R0C 2Z0

Website: www.christthekingchurch.ca

Pastor Fr. Nepolian Suvakin, HGN

Administrative Assistant Ronda Conrad

Bookkeeper Maria Dalman

Knights of Columbus John Hueging, Grand Knight

Religious Education (Christ the King) Rebecca Good



Sacrament of Baptism

Please contact Fr. Nepolian regarding any upcoming baptism and arrange a time to meet for preparation.

Sacrament of Reconciliation

Beginning 30 minutes before Mass on Tuesday at Christ the King Church.

Sacrament of the Sick

Please contact Fr. Nepolian in case of emergency.

Sacrament of Marriage

6 months notice is required prior to the wedding. A weekend retreat or 6 week preparation course is required prior to the marriage. Please contact Fr. Nepolian regarding preparation.

Weekly Parish Email

We weekly send out our bulletin. If you would like to get added onto our email list or if you need to update your contact information, please email the parish office at:
ckparish@mymts.net



For news around the Archdiocese of Winnipeg, go to: **www.archwinnipeg.ca**

BULLETIN DEADLINE:

Please submit information for the bulletin by **TUESDAY at NOON** to Ronda at: ckparish@mymts.net

If you choose not to take this bulletin home, kindly return it to the entrance of the church.

MASS SCHEDULE

Sunday, August 2nd, 2026

Eighteenth Sunday in Ordinary Time

Stony Mountain - **** No Mass ****

10:00am, Stonewall -

For the deceased relatives of Frank & Wendy Seidel

- requested by Frank & Wendy Seidel

11:30am, Teulon -

For the intentions of all parishioners

Monday, August 3rd

**** No Mass ****

Tuesday, August 4th

**** No Mass ****

Wednesday, August 5th

**** No Mass ****

Thursday, August 6th

**** No Mass ****

Friday, August 7th

7:00pm, Stonewall

Saturday, August 8th

**** No Mass ****



Sunday, August 9th, 2026

Nineteenth Sunday in Ordinary Time

8:30am, Stony Mountain -

For the intentions of all parishioners

10:00am, Stonewall -

For the deceased relatives of Frank & Wendy Seidel

- requested by Frank & Wendy Seidel

11:30am, Teulon -

For the intentions of all parishioners

Monday, August 10th

**** No Mass ****

Tuesday, August 11th

**** No Mass ****

Wednesday, August 12th

**** No Mass ****

Thursday, August 13th

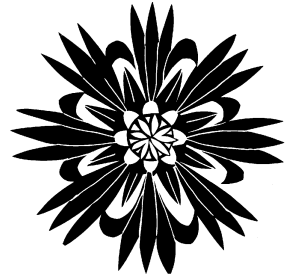
**** No Mass ****

Friday, August 14th

**** No Mass ****

Saturday, August 15th

**** No Mass ****



Sunday, August 16th, 2026

Twentieth Sunday in Ordinary Time

8:30am, Stony Mountain -

For the intentions of all parishioners

10:00am, Stonewall -

For the intentions of all parishioners

11:30am, Teulon -

For the intentions of all parishioners



“Man does not live by bread alone, but by every word that comes from the mouth of God.”

(Matthew 4.4)

“I wait for the Lord; I hope in his word.” (Psalm 130.5)



Stewardship of Treasure
(Includes Visitor envelopes and pre-authorized contributions)
Thank you for your generosity!

July 19, 2026

Parish / Mission	Regular Offertory	Sharing God's Gifts	Building Fund	Food Bank	Boiler Fund
Christ the King	\$1301.51	\$73.75	\$677.51	\$20.00	\$100.00
St. John Vianney	\$345.00	-	-	-	-
St. Joseph's	\$260.00	-	-	-	-



PARISH NEWS

Food Bank Donations



There are bins at the entrances of Christ the King Church for donations of non-perishable food items for the Interlake Food Bank. Cash donations can be deposited in the Food Bank tins located at both entrances, or you may also mark your envelope "Food Bank" if donating during the Mass collection so that it will be included in your yearly tax receipt.



Church Cleaning at Christ the King

If you would like to volunteer to clean the church, please sign up at the entrance, or contact Tracey at (204) 467-7418. I will be happy to clean with you and show you what's involved.

DID YOU KNOW...

You can find schedules for Lectors, Communion Ministers, and Collection Counting on our parish website at www.christthekingchurch.ca under the tab "Schedules".

DID YOU KNOW...

There is a **library** at Christ the King Church. It is in the back of the crying room, near the front entrance. Our library is a collection of Catholic, religion, and philosophy books. Parishioners are welcome to borrow books from our library, but **please return them** after you have read them, so that others can also enjoy them. Thank you!

Visit our parish website at: www.christthekingchurch.ca

ARCHDIOCESE NEWS

Annual Marriage Milestone Anniversary Mass – November 15, 2026

The Marriage and Family Life Synod Implementation Commission warmly invites couples celebrating milestone wedding anniversaries to the Annual Marriage Milestone Anniversary Mass celebrated by Archbishop Murray Chatlain on Sunday, November 15, 2026, at 11:00 AM at St. Gianna Beretta Molla Church.

Whether you are celebrating 5, 10, 15, 20, 25, 30, 35, 40, 45, 50 years — or more — of faithful marriage in the Catholic Church, come renew your joy and celebrate this beautiful vocation alongside other couples from across the Archdiocese. A simple reception in the parish hall will follow Mass. Please complete the online registration form by November 2, 2026, to confirm your attendance. Couples are kindly asked to carefully enter exactly how their names should appear on their anniversary certificate. To register, go to: <https://form.jotform.com/261326770384258>.

All are welcome to join us as we celebrate the gift of marriage, faith, and lasting love!

**EIGHTEENTH
SUNDAY IN
ORDINARY
TIME**

E	F	S	P	A	R	C	S	O	N
V	G	N	I	S	S	E	L	B	O
I	S	E	S	K	G	O	A	R	D
F	H	M	C	A	A	S	E	E	N
L	H	I	L	D	K	N	R	A	A
O	S	L	O	E	V	E	O	K	S
A	I	O	T	W	B	M	H	I	U
V	F	S	H	M	T	O	S	N	O
E	I	M	U	C	H	W	A	G	H
S	V	N	E	E	V	L	E	W	T



ASHORE
SICK
VILLAGES
FIVE
LOAVES
FISH
BLESSING
SCRAPS
TWELVE
BASKETS
NUMBERED
THOUSAND

I	S	E	L	P	I	C	S	I	D
C	D	G	G	R	S	A	V	E	N
S	I	N	K	A	S	E	I	Y	I
T	H	I	A	Y	R	F	L	D	W
B	G	N	E	H	I	U	F	I	D
U	H	E	H	R	R	L	O	R	A
O	O	V	R	T	A	E	R	C	E
D	S	E	A	K	I	N	C	E	H
E	T	O	E	O	R	A	E	F	R
O	B	H	T	R	U	O	F	E	A

DISCIPLES
LAKE
GHOST
SINK

BOAT
HEADWIND
FEAR
FAITH

PRAY
TERRIFIED
COURAGE
DOUBT



**NINETEENTH
SUNDAY IN
ORDINARY
TIME**



Bringing Home the Word +

Eighteenth Sunday in Ordinary Time (A)

August 2, 2026

A Free Meal, but With Demands

Sr. Dianne Bergant, CSA

When God invites you to a meal, you never have to pay. It might be free, but it does have its demands. In fact, you are expected to open yourself to a total transformation. In the first reading, Isaiah mentions the renewal of an everlasting covenant. Perhaps a small dinner fee might be easier to handle.

This reading is quite tender. The needy are invited to a meal of grain, wine, and milk. Their neediness might explain why the meal is free. The invitation is magnanimous: "Come to me...that you may have life"

Sunday Readings

Isaiah 55:1-3

All you who are thirsty, come to the water!

Romans 8:35, 37-39

What will separate us from the love of Christ? Will anguish, or distress, or persecution, or famine, or nakedness, or peril, or the sword?

Matthew 14:13-21

They all ate and were satisfied, and they picked up the fragments left over—twelve wicker baskets full.

(Isaiah 55:3). The gospel story of the multiplication of the fishes and loaves reveals the same magnanimity. Jesus feeds all those who have followed him, no questions asked. This story follows a long tradition of miraculous feedings, which include the manna in the wilderness (Exodus 16) and Elisha multiplying bread (2 Kings 4:42-44).

It's natural to wonder just how that bread and those fish were able to satisfy so many, but there is another aspect of the story that should not be overlooked. The words, "He said the blessing, broke the loaves, and gave them to the disciples" (Matthew 14:19) will appear again in the account of the Last Supper (Matthew 26:26). Though this was the ritual performed at the daily Jewish meal, the eucharistic allusion is unmistakable.

Perhaps it is the psalm response that throws light on the primary focus of the readings. There, the graciousness and kindness of the Lord are acclaimed: "You open wide your hand / and satisfy the desire of every living thing" (Psalm 145:16). †

When God invites you to a meal, open yourself to a total transformation.

A Word from Pope Leo XIV

[Friendship with the Lord] is achieved first of all in liturgical and community prayer, in which we do not decide what to hear from the Word of God, but it is he himself who speaks to us through the Church; it is then achieved in personal prayer... Only when we speak with God can we also speak about him.

GENERAL AUDIENCE, ROME,
JANUARY 14, 2026



REFLECTION QUESTIONS

- Are you grateful for the good things in your life that were free?
- Are you grateful God has used you to bless others?



Martha and Mary: Toward a Balanced Life

William A. Anderson, DMin

Jesus tells a story about an unlikely Samaritan who goes out of his way to care for a man robbed and left for dead on a road. The parable of the Good Samaritan helps Jesus' listeners (including us) understand that everyone is our neighbor, and sometimes we must interrupt our plans to care for another person and do the work of the Lord. Immediately after this story, we hear of Jesus visiting the home of a woman named Martha. Luke makes no immediate mention of Mary, the sister of Martha, who is also present in the story, yet she will appear as part of the central message of the passage. Martha is busy preparing the house for their guest, while Mary sits at the feet of Jesus. Martha complains about this.

Many spiritual writers have used this passage as a sign that the contemplative life is more perfect than the active life. Some modern commentators have taken a different approach. In Jesus' day, women were not allowed to sit at the feet of a rabbi

and learn. Martha could be complaining not that Mary is not serving Jesus as women were expected to do, but that she is doing what women were forbidden to do. Jesus declares that Mary has chosen the better part by learning as a disciple rather than being worried about many things. Jesus did not condemn the active life in this passage, nor did he have any intention of comparing the active with the contemplative life. Luke's placement of these two stories together suggests that disciples need to seek balance. Sometimes, we are called to "get up and do." And sometimes, we are invited to "sit and listen." †

Sometimes, we are called to "get up and do." And sometimes, we are invited to "sit and listen."

Source: Adapted from *Liguori Catholic Bible Study—The Gospel of Luke: Salvation for All Humanity*, by William A. Anderson, DMin, PhD © 2012 (821226, Liguori Publications).

Wisdom from Catholic Update

From "Cremation: A Pastoral Guide for Today's Catholics" by Fr. Thomas M. Santa, CSsR

It is a privileged experience to remember our loved ones with prayer, to celebrate the lives of those who have gone before us, and to consider how we want to be remembered and celebrated when we die. Millions of humans are discarded, disposed of, covered over. Their deaths, as real as our own and that of our loved ones, are not acknowledged; their lives are not memorialized in any way. Sometimes, this is due to poverty or war, natural disaster, or the ravages of pestilence and disease. Even as we face the discomfort of speaking about death, gratitude steadies us: we have the privilege to discern how our lives and deaths will be remembered.

Catholic Update—a subscription newsletter published eleven times a year—explores Church tradition and teaching on contemporary topics. For more information, call 800-325-9521 or visit Liguori.org.

PRAYER

God of abundance, open my eyes to the bounty around me and inspire me to live with open hands and an open heart. Amen.

The Redemptorists

WEEKDAY READINGS

August 3–8

Monday, Weekday Jer 28:1–17 / Mt 14:22–36

Tuesday, St. John Vianney: Jer 30:1–2, 12–15, 18–22 / Mt 14:22–36 or Mt 15:1–2, 10–14

Wednesday, Weekday: Jer 31:1–7 / Mt 15:21–28

Thursday, Transfiguration of the Lord:

Dn 7:9–10, 13–14 / 2 Pt 1:16–19 / Mt 17:1–9

Friday, Weekday: Na 2:1, 3; 3:1–3, 6–7 / Mt 16:24–28

Saturday, St. Dominic: Hb 1:12–2:4 / Mt 17:14–20



Catholic.
Pastoral.
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Bringing Home the Word

Nineteenth Sunday in Ordinary Time (A)
August 9, 2026

Get Out of the Boat

Fr. Joseph Juknialis

As priests, we're expected to plan our own funerals, including the Scripture readings. As it happens, I chose the gospel for this Sunday—the one about Jesus walking across the water and inviting Peter to trust and step out of the boat and come to him. You may think it strange for a funeral, but it's been pretty much the story of my life. Often, there have been times when I was asked to go where I didn't want to go, like Peter being asked to get out of the boat. Ultimately, I realized that those were also the very

times when I seemed most aware of God's presence. Oh, I think God was always there; it's simply that my own ego often got in the way. It was when I gave in that I most felt buoyed by God. In fact, the least satisfying assignment was the one I eagerly sought out, and some of those I resisted turned out to be graced.

Like Peter, it's good to do what doesn't always make sense. What does all this have to do with my choice of this Scripture reading for my funeral? Well, every time I have stepped out of the boat of security, God has been there to sustain me. I figure there is going to be no bigger "stepping out" than death, so I'm expecting that God will be there as well. †

Sunday Readings

1 Kings 19:9a, 11–13a

Elijah...stood at the entrance of the cave. A voice said to him, Why are you here, Elijah?

Romans 9:1–5

I speak the truth in Christ, I do not lie; my conscience joins with the Holy Spirit.

Matthew 14:22–33

Peter said to [Jesus] in reply, "Lord, if it is you, command me to come to you on the water."



*It was when I gave in
that I most felt buoyed
by God.*

A Word from Pope Leo XIV

We live immersed in a culture of speed, immediacy, and haste—a culture of "discard" and indifference that prevents us from pausing along the way and drawing near to acknowledge the needs and suffering that surround us. In the parable, when the Samaritan saw the wounded man, he did not "pass by." Instead, he looked upon him with an open and attentive gaze—the very gaze of Jesus.

MESSAGE ON WORLD DAY OF THE SICK, ROME, FEBRUARY 11, 2026



REFLECTION QUESTIONS

- Have you experienced the impossible becoming possible with God's grace?
- Will you remember this the next time something seems impossible?



A Pilgrimage of the Soul

Fr. Peter D. Hill, CSsR

Last August, two friends and I found ourselves standing at a stone marker in the small town of Sarria, Spain, with backpacks

on, hiking shoes laced, and hearts open for the 100-kilometer journey to Santiago de Compostela. We were officially *peregrinos*, or pilgrims, on the Camino de Santiago, about to walk toward the cathedral where, tradition holds, the remains of St. James the Apostle are buried. We had talked about this trip for months, but nothing quite prepared us for how this journey would become more than a walk—it became a pilgrimage of the soul.

We walked 20 to 30 kilometers daily through forests, farmland, small villages, and towns. We would wake early, walk in silence or conversation, stop for coffee or a beer, and press on. There were beautiful moments: early morning mists rising over the hills, birdsong in the quiet woods, the rhythm of footsteps that became its own kind of prayer.

But, along the way, something more profound began to happen. With every step, God gently invited me inward to

notice what I had been carrying in my heart. Old frustrations, unspoken fears, the need to be in control—all of it surfaced, not in dramatic moments, but in the quiet. The Camino has a way of peeling back the layers.

I did not hear any booming voices from heaven, but a shift happened between my aching feet and the breathtaking views: I began to trust more and strive less. I started to listen not just to the birds or the crunch of gravel underfoot, but to God's whisper, saying, "Let go. I'm walking with you."

When we finally arrived in Santiago, footsore and joyful, the moment was deeply moving. Not just because we had finished the journey, but because the journey had finished something in us too. Something had settled. Something had healed. †

I listened to God whisper, "Let go. I'm walking with you."

From "Plain Talk" by Fr. Peter D. Hill, CSsR, *Liguorian*, July/August 2025. For more information, call 800-325-9521 or visit Liguori.org.

Wisdom from Catholic Update

From "Spiritual Direction for Catholics" by Dr. Karen Shields Wright

The purpose of spiritual direction is to nurture a person's growth in holiness by gently helping one recognize and respond to God the Father's love, drawing one more deeply into communion with Jesus Christ and conformity to his life. Through prayerful discernment, one learns to become attentive to the quiet promptings of the Holy Spirit, gradually discovering the threads of grace woven throughout their prayer and daily life. Two people come together to be inspired by and to listen to the Holy Spirit, seeking out those droplets of grace from God so they can grow in holiness and virtue, and so they can discover and experience their identity as the beloved of our God, who is Love.

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PRAYER

For those hoping for what seems impossible: healing, reconciliation, justice, peace among the nations and within communities and families. We pray in Jesus' name. Amen.

The Redemptorists

WEEKDAY READINGS

August 10–15

Monday, St. Lawrence: 2 Cor 9:6–10 / Jn 12:24–26

Tuesday, St. Clare: Ez 2:8–3:4 / Mt 18:1–5, 10, 12–14

Wednesday, Weekday: Ez 9:1–7; 10:18–22 / Mt 18:15–20

Thursday, Weekday: Ez 12:1–12 / Mt 18:21–19:1

Friday, St. Maximilian Kolbe: Ez 16:1–15, 60, 63 or 16:59–63 / Mt 19:3–12

Saturday, Assumption of the Blessed Virgin Mary: Rv 11:19a; 12:1–6a, 10ab / 1 Cor 15:20–27 / Lk 1:39–56



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