

March 2023



# The Beacon

**A Publication of the St. Albert Knights of Columbus Council #4742**

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**FOUNDED FEBRUARY 16, 1959**

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## Grand Knight's Report

My Brothers, my friends,

As we journey through Lent and eagerly anticipate the joyful celebration of Easter, I am reminded of the Exodus and my own personal struggles. Like the Israelites, who often longed for the familiarity of their former bondage, I too feel the pull towards the things I vowed to leave behind. However, by putting our faith and trust in God, we can persevere and overcome any setbacks on our journey towards the Promised Land.

During this Lenten season, we have the opportunity to pause, reflect, and renew our commitment to our faith and our relationship with God. By engaging in prayer, fasting, and acts of charity, we can draw closer to God and strengthen our faith as we prepare to celebrate the resurrection of Christ. It is important to remember that we should find joy in our Lenten journey, as these practices help to edify and sanctify our lives.

Fasting is an important practice during Lent as it helps us to focus on our spiritual growth and deepen our relationship with God. In Matthew's Gospel, Jesus emphasizes the importance of prayer and fasting when he explains to his disciples why they were unable to cast out a demon from a boy. He tells them that "this kind can come out only through prayer and fasting" (Matthew 17:21). This shows us that fasting is not just about denying ourselves food or other pleasures, but it is also a means of strengthening our faith and drawing closer to God. Through fasting, we can discipline our bodies and minds, and learn to rely on God's strength and guidance in our lives. Thus, during Lent, as we engage in fasting, we can become more attuned to God's voice and better equipped to live out our faith in the world.

As Knights, we are called to integrate that faith into every aspect of our lives and serve others with charity and compassion. Through our fundraising efforts and service projects, we are making a positive impact in our community, and especially so in the Lac Ste. Anne and Sacred Heart of the First Peoples communities. As we work together, we also strengthen the bonds of brotherhood that unite us as members of this great organization.

As we continue our Lenten journey and prepare to celebrate Easter, let us remember the lessons of the Exodus and the hope that we find in the resurrection of Christ. Let us continue to serve others with compassion and generosity, as we live out our faith as Catholic gentlemen.

In Christ, through Mary and Joseph,  
**Brother Brent Heit - Grand Knight Council #4742**

## Your Executive:

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## Chaplain's Corner

Brothers,

### Truth and Reconciliation

"... let this cup pass from me; nevertheless, not as I will but as thou wilt " Matt:26:29

A sinner cannot repair the damage done by sin. A sinner cannot know peace before a loving and just God until a victim is offered full healing. The God who is love itself and who has called human beings to gather in His Kingdom undertakes to bring reconciliation among human beings by a plan whereby the Son of God becomes a victim of human sin - this the cup Jesus assumed.

By becoming a victim of sin Jesus places himself in solidarity with all victims of sin. As victim Jesus did not return evil for evil. By his own life, death and resurrection Jesus sought to give victims confidence that with God's help and work among disciples the goodness of victims can be recovered. Thus, Jesus the victim of sin restored fully by the God who is love itself offers peace to his disciples who had deserted him (John 20:19).

Jesus gathers disciples to, in his grace, share in his work of healing victims. Such work is accomplished by recognizing and supporting the goodness of victims.

Jesus by calling us to participate in the mass allows us just by our presence and prayer with others to acknowledge the goodness of people (who have all been victims of sin in one way or another).

Also, by listening to God's Word all recognize that to sin is seek to take away the presence of the God who is love itself from among human beings. Thus, any sinner is called to turn away from all sin.

The truth of God is the first truth in truth and reconciliation.

***Father ED, OMI***



## UPCOMING EVENTS

### **March 2023**

5 – Sunday, Pancake Breakfast after 9AM and 11AM masses

6 – Monday, 7:00PM Executive Meeting

11 – Saturday, 10AM – Noon, Food Collection and Children's Clothing (for Lac Ste. Ann) and Grocery Card Sales

15 - Wednesday, 7PM General Meeting & **Columbus Club Election of Officers** (Coffee & Donuts)

25 – Saturday, 10AM – Noon, Food Collection (for Sacred Heart Parish) and Grocery Card Sales

### **April 2023**

2 – Sunday, Pancake Breakfast after 9AM and 11AM masses

3 – Monday, 7:00 PM Executive Meeting

8 – Saturday, 10AM – Noon, Food Collection (for Lac Ste. Anne) and Grocery Card Sales

19 - Wednesday, 7PM General Meeting (Coffee & Donuts)

22 – Saturday, 10AM – Noon, Food Collection (for Sacred Heart Parish) and Grocery Card Sales

### **May 2023**

1 – Monday, 7:00 PM Executive Meeting

6 – Saturday, 10AM – Noon, Food Collection (for Lac Ste. Anne) and Grocery Card Sales

7 – Blue Sunday, Pancake Breakfast after 9AM and 11AM masses

13/14 – Selling Mother's Day Roses after 5PM, 9AM and 11AM masses

17 - Wednesday, 7PM General Meeting and Election of 2023/24 Executive (Coffee & Donuts)

27 – Saturday, 10AM – Noon, Food Collection (for St. Albert Food Bank) and Grocery Card Sales

**Food Drives and Grocery Gift Card sales continue every second Saturday from 10AM until Noon in the Parish Hall.**

**Thank-you to everyone who supports the Food Drives & Grocery Gift Card sales**



## Photos from our February Pancake Breakfast...



*Pancake Breakfast Co-Chairman Vinay Ganta presents \$1,200 cheque to Charlotte McKay, Vice-president with Community Outreach and Disability Services at Catholic Social Services of Edmonton.*

**Our monthly Pancake Breakfast continues to be a huge success in the St. Albert Parish community. So much so that we still desperately need help in the following areas;**

- ✓ **Early morning set-up – We have had enough volunteers for this shift and wish to thank the Br. Knights that come out early and participate**
- ✓ **Serving after 9 and 11AM masses – We need servers of both the food and coffee/tea at both of these**
- ✓ **Takedown & Clean-up – This is where we need the most help! Please consider sticking around after the 11AM sitting and assisting with this. If you attend the 9AM mass, please consider coming back and lending a hand.**

**Thank-you.**

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After expenses we raised **\$767** for  
hope **MISSION** of Edmonton at the March 5<sup>th</sup>  
Pancake Breakfast. **hope** MISSION

**"Hope Mission exists to serve, strengthen and uplift men, women, youth and children through the life-changing gospel of Jesus Christ."**

**At the April 2<sup>nd</sup> Pancake Breakfast, we will be raising funds for: Foyer Lacombe Hospice.**

**"Foyer Lacombe was originally constructed as a care home for priests. Our beds are located in a newer wing of the building that also houses an independent living program operated by the Missionary Oblates. "**



# Getting To know your Brother Knights in Council #4742...

This month, Br. Kevin Paish



Br. Kevin Paish was born in Fort McMurray, Alberta but spent most of his early life in Camrose, Alberta. That is where he met and married his beautiful wife Cindy. Kevin and Cindy have been married for 38 years and have three loving children and four grandchildren that they cannot get enough of.

It might surprise you to know that Kevin and Cindy were not born catholic. He and Cindy joined the Faith while they were living in Camrose and he was in charge of maintenance at St. Francis Xavier Parish in Camrose. While in the RCIA program at St. Francis Xavier he was introduced to the Knights of Columbus.

Kevin joined the Knights in 1985 and became a Field Agent in 1986. He has been a Field Agent for 31+ years. He is responsible for 2,000 (yes 2,000!) Brother Knights in 15 Councils in Edmonton and Northern Alberta. His largest Council is St. Theresa Council in Edmonton South.

When not looking after the needs of the Knights, Kevin and Cindy like to travel, read, take long walks (preferably on a beach) and hike in the mountains. On one of these long walks Kevin and Cindy found a beautiful little church in Playa del Carmen, Mexico.

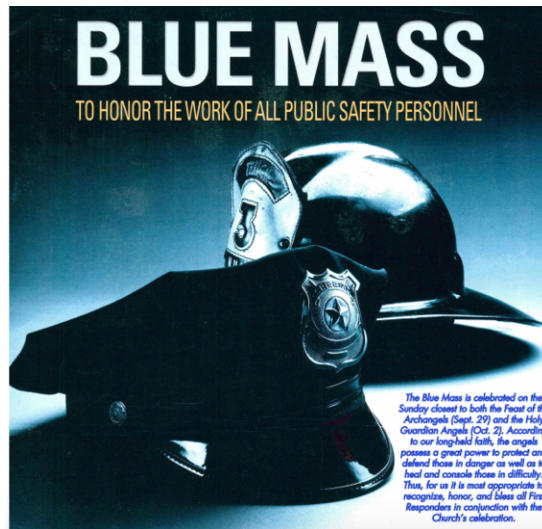
Kevin and Cindy's new favourite thing is attending daily morning mass at the Parish. This gives them a faith filled start to everyday.



## **Rides to our Monthly General and Executive Meetings**

Further to our Grand Knight's appeal for Brother Knights within our Council to "*look for opportunities to share your talents*", we are asking any and all Br. Knights that are able to assist with giving rides to Brothers that are no longer able to drive to these meetings to put your name forward to assist with this worthy cause. And also, any Knight that wishes to attend the meetings but is not able to get to the meetings on their own, to please forward their name to our Deputy Grand Knight, Br. Marc Lambertus (587)982-3557 or by email at;

[lambertusm@shaw.ca](mailto:lambertusm@shaw.ca)



## Blue Sunday Service

Once again, the Knights of Columbus and St Albert Parish are hosting another Blue Sunday Mass on Sunday, May 7<sup>th</sup> at 11 AM. This special Mass honors the many men and women who risk their lives on a daily basis for the betterment of our community.

Blue Mass has a lengthy history. It originated in 1934 at St. Patrick's Catholic Church in Washington DC. The purpose was to recognize the police and firefighters. The blue colour was chosen in respect to the uniforms they wore. Since then the service has expanded throughout North America.

Blue Sunday Mass was adopted by our parish in 2006 and we are into our 18<sup>th</sup> year. Now all "First Responders" are included in the event and consist of police, firefighters, military, corrections officers, peace officers, EMS and medical personnel.

This invitation is extended to all who have worked in any of these areas. If you or someone you know was employed in any of these services, we encourage them to attend this event. We would like them to experience our gratitude for their work and the public's support for them. Those who attend are encouraged to wear uniforms if you have one, however that is not required. It is not necessary to be of the Catholic faith to participate. It is your presence that is important.

Following Mass, everyone is invited to enjoy a complementary pancake breakfast. See you there!



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Lead by Example!

# A Call to Battle



**Strengthening the Family  
Through the Sacred Heart**



**March 24-25, 2023 † Holy Family Parish**

75 Poirier Avenue, St. Albert, Alberta

**Registration Opens: 5:00 pm • Parish Stations of the Cross: 6:30 pm • Mass: 7:00 pm**

*"The need in the world is of men among men, who can rise higher, who can see further, who can strive more nobly than others. They need not be many, they never were many, but though the few, they will rise and bring with them all of humanity."*

Archbishop John Ireland

**Conference Registration includes Mass on Friday and Saturday, Reconciliation, Talks, Light Continental Breakfast, Lunch, Snacks and Beverages.**

Please register early, prior to March 20, for planning purposes and to ensure there is still space.

**NO refunds after March 20.**

Vendors will be at the conference.

Hotels are available in St. Albert and also nearby in Edmonton.



CATHOLIC FAMILY MINISTRIES

**REGISTER ONLINE OR BY MAIL**

**\$60/Man • \$40/Student**

**Online Registration closes at 5:00 pm, Thursday, March 23.**

Print Registration (website) and **mail payment before March 15** to: Catholic Family Ministries.

**Registration: [www.catholicfamilyministries.com](http://www.catholicfamilyministries.com) | Information: 780.934.2202**



## Council Meeting Message March 2023

March this year, to me, means Spring and Spring cleaning, Lent and preparing for Easter, and the day when we're all a little bit Irish, St. Patrick's Day. Let me start with St. Patrick's Day. It's a nice break from the doldrums of winter and a brief respite from Lenten preparation. To all my members, Irish or not, I say "Sláinte!"

This year we're immersed in Lent for the entire month as we look forward to Easter on April 9. This is a time of renewal and preparation for Holy Week, Christ's Passion, and his conquest over death in the Resurrection. May your focus be on generous giving and spreading peace to everyone you encounter.

Spring...we've been through the toughest part of winter (hopefully), and we begin to think about Spring. And Spring is a time of rebirth and renewal: trees may begin to bud, and flowers begin to poke through in search of warmer temperatures. The Spring equinox means that daylight lasts as long as night with the earth spinning toward that summer solstice. Maybe, just maybe, winter is behind us. While you're getting rid of all the old cobwebs of winter and doing the annual spring cleaning, now is a great time to take a fresh look at your family's financial security.

With a wide range of products—life insurance, long-term care insurance, disability income insurance and retirement annuities, I can help you look at your family's financial situation now and for the years to come. All this while you deal with a company that shares your faith and beliefs and invests in accordance with Church social teaching.

As your Knights of Columbus Field Agent, I've been trained to help you through that important process. Sit down for a short meeting with me and we can use our newest and most advanced financial needs analysis platform that the Order has ever had. I'll take the time to gather information from you, ask about your wants, needs and desires, and put together any recommendations to help you meet those...

As always you're under no obligation. Feel free to contact me to see if an appointment should be our next step.

Vivat Jesus!

Kevin A. Paish FIC, CFP, CPCA Field Agent

Knights of Columbus Office - 780-458-3936

Email: [kevin.paish@kofc.org](mailto:kevin.paish@kofc.org)



**From the desk of our Worthy Financial Secretary,  
Br. Tony Csilics**



**Membership Dues**

The 2023 Membership Dues for Council #4742 were mailed out December 15<sup>th</sup>. Please consider using e-transfer to pay for your membership. Please use the following email address for e-transfers to Council #4742: [kofc4742@gmail.com](mailto:kofc4742@gmail.com)

This email address has been registered for Interac Autodeposit and doesn't require a security question. Transfers sent to this email address will be deposited directly into the account and cannot be cancelled. Please use "2023 Membership Dues" in the subject line of the email.

**Changes to your Contact Information**

Please advise the Council of any changes to your mailing address, telephone number, and email address. Simply send an email to; [kofc@stalbertcouncil4742.ca](mailto:kofc@stalbertcouncil4742.ca) with all the particulars.

**CONGRATULATIONS!!**

Honorary Membership: members who have attained the actual age of 65 years and who have been members of the Order for 25 consecutive years are designated as Honorary members.

**Br. Terry Hall** has reached the Honorary Membership milestone within the Knights of Columbus.

Honorary Life Membership: members who have attained the actual age of 70 years and who have been members of the Order for 25 consecutive years are designated as Honorary Life members.

**Br. Richard LeBlanc** has reached the Honorary Life Membership milestone within the Knights of Columbus...

**Good of the Order**



Keep in your prayers our Brothers Gerry Woodlock (post op recovery), Charlie McGregor, Joe Radosh, Liam Connelly, Albert Menard, Noel O'Sullivan, Glenn Fritz, and Fred Esslinger.

We have returned to visiting our fellow Brothers who are ill and in continuing care. Please call Br. Tony Csilics at (780) 458-0065 if you are aware of a Knight who is ill or who has passed away.





# Knights of Columbus®

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# 50-50

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April 22, 2023**

by AGLC-approved Random Number Generator  
AGLC Licence 620517

Local Charity \_\_\_\_\_

Tickets sold only in Alberta - Must be at least 18 years of age to buy tickets - 1,279,698 tickets available for purchase







Okay, so everyone is struggling to guess the mystery Knight.

We will be giving clues over the next 3 Beacon's. Here is clue #1;

1. This Knight was raised in Southern Alberta.

Think you know now?

We'll hold onto that thought and bring it to the May General Meeting on Wednesday, May 17<sup>th</sup> where we will reveal the mystery Knight. All correct answers will be put in a draw for a \$20 Tim Horton's Gift Card.



# **We Are People of the Eucharist**

## ***Towards a renewed love for Holy Communion***

*Reflections on the Eucharist*  
*By Bishop David Motiuk, Eparchy of Edmonton*

**March 2023**

### **The Mystery of the Eucharist**

Nicholas Cabasilas, a fourteenth century layman who commented on the Divine Liturgy (Mass) and the Life of Christ, wonderfully captures the essence of the mystery of the Eucharist in these words:

“So perfect is this Mystery, so far does it excel every other sacred rite that it leads to the very summit of good things. Here also is the final goal of every human endeavour. For in it we obtain God himself, and God is united with us in the most perfect union.”

Cabasilas continues: “Since it was not possible for us to ascend to him and participate in that which is his, he came down to us and partook of that which is ours. So perfectly has he coalesced with that which he has taken that he imparts himself to us by giving us what he has assumed from us. As we partake of his human body and blood we receive God himself into our souls. It is thus God’s body and blood which we receive, his soul, mind, and will, no less than those of his humanity” (*The Life in Christ*).

How great is the mystery of the Eucharist! Something well beyond our understanding and comprehension. Yet, how wonderful and beautiful is the Eucharist, something we can never tire of receiving, rather setting aside all earthly cares that we can approach and receive Holy Communion with our family and friends each and every Sunday!

As I think back to my First Solemn Holy Communion at that early age, I certainly did not understand the mystery of the Eucharist and what exactly was happening at the moment. How can a child possibly comprehend that he or she is receiving Jesus’ true body and blood? Even in my later adult years, it is still a mystery!



Yet, my family knew then that I needed the Eucharist to grow spiritually already at a young age. And it was their faith that carried me forward those early childhood years until I could approach on my own.

The mystery of the Eucharist remains in my life. All the more, I desire to receive the Eucharist regularly so that I can grow in holiness in response to God’s call to become like God. In the words of Saint Athanasius the Great, an early Church Father, “God became human that humans might become god.” In other words, God became one of us, assuming our humanity that we might become by grace what God is.

This is the essence of the Eucharist. At the Nativity of Our Lord, God shared our humanity that we might share God’s divinity. A mystery yes, but how wonderful and beautiful!

My prayer for you is that your regular partaking in the body and blood of Christ will help you grow in holiness.

Now, for your homework. Don’t you want the same for others, especially your family and friends? Please first pray for your family and friends that they may share in your love for the mystery of the Eucharist, then second, don’t just pray for them, invite them to the next Sunday Divine Liturgy (Mass) that they may taste Jesus’ body and blood for themselves, and grow in their own holiness.

We are people of the Eucharist.