

# S.O.K.O. SUMMER 2023

Summer has arrived and we are ready! This document has a fieldtrip form which indicates all the fieldtrips we are going on this summer, please read over and bring a signed copy with you on the first day. We will have copies here that you can sign as well. We have also included weekly calendars for your reference. Please refer to these calendars so you know what we are doing day to day and if you need to pack anything special.

**Signing In and Out** – Licensing requires that all children are signed in and out each day with accurate times. Parents should come in to sign in and out for all Division 1 students. Division 2 children can sign themselves into the program and can sign themselves out if they are going to walk home. Please let us know if your Div. 2 child will walk home alone, as you will need to sign a form.

**We Close at 5:00pm in the summer** – We are open 7:00am until 5:00pm. There will be a \$10.00 charge for every 5 minutes late or portion thereof to compensate the staff waiting with your child.

**Staff** – In the summer, Carolyn, Robyn, and Carol are here to greet you in the morning, set up, and get the day going. We leave at 9:00am and the summer staff take over for the day's activities. Carolyn Robyn, and Carol return at 3:15pm and are here to handle any questions or concerns.

We have an awesome summer staff this year:

Callie Morris – Child Development Supervisor (Level 3), Junior High School Teacher and her second summer with S.O.K.O.!

Tara Sellars – Child Development Supervisor (Level 3), Elementary School Teacher and her second summer with S.O.K.O.!

Nicole Kuch – Child Development Assistant (Level 1), S.O.K.O. staff member for 6 years!

Jenna Matchett – Child Development Assistant (Level 1), S.O.K.O. staff member for 4 years!

**Pool** – The Pool is Open! We will be swimming twice per week on TUESDAYS and THURSDAYS. Please pack a swimsuit and towel on these days. We have taken care of admission. Children can bring a few dollars to buy treats from the concession at the pool.

## What Children Should Pack Everyday:

- Hat
- Sunscreen Lotion (No Spray) and Bug Repellent (labelled with child's name)
- Lunch and Snacks
- Water Bottle (labelled)
- Running Shoes
- Swimsuit and Towel (on hot days we may do water games, etc. even if it is not on the schedule)

## 2023 FIELDTRIPS

**Wednesday, July 5<sup>th</sup> – Disney’s Elemental Movie at Country Hills Landmark Cinemas** – We will travel by charter bus to Landmark Cinemas 16 Country Hills to see the movie “Elemental”. Each child will get a kid’s combo (popcorn, drink, treat). Please DO NOT send money. Time TBA

**Wednesday, July 12<sup>th</sup> – Calgary Farmyard** – We will take a charter bus to Calgary Farmyard. The bus will leave S.O.K.O. at 9:30am and return at 3:00pm. Please pack a backpack with a bag lunch, water, sunscreen, and bug spray. Ensure your child wears appropriate shoes as they will be walking all day. There may be concessions to buy treats.

**Wednesday, July 26<sup>th</sup>/Friday, July 28<sup>th</sup> – Boston Pizza** – We will travel by city bus to Boston Pizza in Crowfoot in two groups. One group will go on Wednesday and the other on Friday. Pizza lunch at Boston Pizza will be provided. After lunch, the children will walk back to S.O.K.O. Please make sure your child wears appropriate shoes.

**Wednesday, August 2<sup>nd</sup> – Hike to Forgetmenot Pond** – We will travel by charter bus to Kananaskis to hike and picnic at Forgetmenot Pond. Please pack a backpack with a bag lunch, water, sunscreen, and bug spray. The bus will leave S.O.K.O. at 9:00am and return at 3:00pm.

**Wednesday, August 30<sup>th</sup> – Calgary ZOO** – We will travel by charter bus to the Calgary Zoo. Please pack a bag lunch or money to buy lunch and dress appropriately for the weather as we will be outside all day. The bus will leave S.O.K.O. at 9:30am and return at 3:00pm. If you have a valid zoo pass please let us know.

Please fill out the following by circling which fieldtrips your child/ren will attend:

My child/ren \_\_\_\_\_ has permission to join S.O.K.O on the following fieldtrips:

Elemental Movie

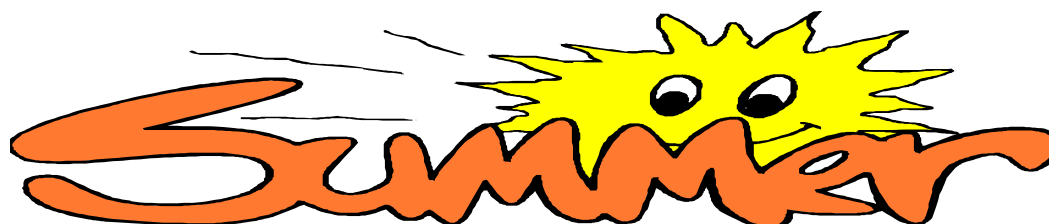
Calgary Farmyard

Boston Pizza

Forgetmenot Pond

Calgary Zoo



Parent/Guardian Signature \_\_\_\_\_

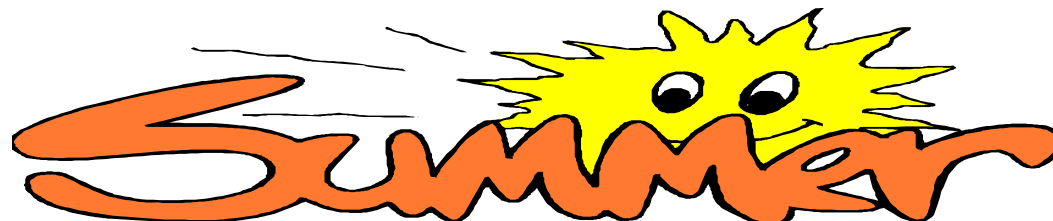


S.O.K.O. (School's Out Kid's Option Inc.)

WEEK OF: **JULY 3 – 7<sup>th</sup>**

THEME: **EARTH, AIR, FIRE, WATER**


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WATER DAY!</b> <b>GAMES:</b> Duck Duck Goose Bucket Relay Water Balloons Water S.O.K.O.'s Garden <b>CRAFTS:</b> Bulletin Board Water Drop Painting Walking Water Experiment  <b>SPECIAL EVENT:</b> <b>WATER GAMES, SPRINKLER</b> – Please bring swimsuit and towel.  	<b>FIRE DAY!</b> <b>GAMES:</b> Relay Races Hot Potato <b>CRAFTS:</b> Fire Handprints Fire Flame Necklace  <b>SPECIAL EVENT:</b> <b>SWIMMING – Please bring swimsuit and towel.</b>  	<b>EARTH DAY!</b> <b>GAMES:</b> Scavenger Hunt  <b>CRAFTS:</b> Earth Suncatchers Puffy Paint Earth Earth Salt Dough Necklaces Garden Stones – Rock Painted Earth  <b>SPECIAL EVENT:</b> <b>FIELDTRIP TO ELEMENTAL MOVIE!</b>  	<b>AIR DAY!</b> <b>GAMES:</b> Hot and Cold Balloon Experiment  <b>CRAFTS:</b> Hot Air Balloon Straw Painting  <b>SPECIAL EVENT:</b> <b>HOT DOG LUNCH</b> <b>SWIMMING – Please bring swimsuit and towel.</b>  	<b>GAMES:</b> Bug Hunt  <b>CRAFTS:</b> Ice Painting Finish Hot Air Balloons  <b>SPECIAL EVENT:</b> <b>WATER GAMES – Please bring swimsuit and towel.</b>  
<b>WATER GAMES</b>	<b>SWIMMING</b>	<b>ELEMENATAL MOVIE</b>	<b>HOT DOGS /SWIMMING</b>	<b>WATER GAMES</b>



S.O.K.O. (School's Out Kid's Option Inc.)

WEEK OF: JULY 10<sup>th</sup> – 14<sup>th</sup>

THEME: WILD WILD WEST






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>GAMES:</u> "Barnyard" Sheep Herding Panning for Gold</p> <p><u>CRAFTS:</u> "Wanted" Posters Sheriff Badges</p> <p><b>SPECIAL EVENT:</b> <b>SLIP N SLIDE AND WATER GAMES</b> – please pack a swimsuit and towel.</p> 	<p><u>GAMES:</u> Cowboy BINGO Pass the Corn Pin the Hat on the Cowboy</p> <p><u>CRAFTS:</u> Western Bandanas Bolo Ties</p> <p><b>SPECIAL EVENT:</b> <b>SWIMMING</b> – please pack a swimsuit and towel.</p> 	<p><u>CRAFTS:</u> Cowboy Boots</p> <p><b>SPECIAL EVENT:</b> <b>FIELDTRIP TO CALGARY FARMYARD.</b> Please pack a backpack with lunch, water, hat, and sunscreen. Wear appropriate shoes!</p> 	<p><u>GAMES:</u> HulaHoop Lasso Game Horseshoe Game</p> <p><u>CRAFTS:</u> Horseshoe Dream Catcher</p> <p><b>SPECIAL EVENT:</b> <b>PANCAKE LUNCH and SWIMMING</b> – please pack a swimsuit and towel.</p> 	<p><u>CRAFTS:</u> Desert Sunsets Decorate Photo Frames</p> <p><u>GAMES:</u> Simon Says Pancake Relay Race</p> <p><b>SPECIAL EVENT:</b> <b>DALE HODGES PARK</b> – please pack a bag with lunch, water, sunscreen, bug spray, and wear appropriate shoes for the walk. <b>Movie</b> – Home on the Range <b>Snack</b> – Wagon Wheels</p> 
WATER GAMES	SWIMMING	CALGARY FARMYARD	PANCAKES/SWIMMING	DALE HODGES PARK

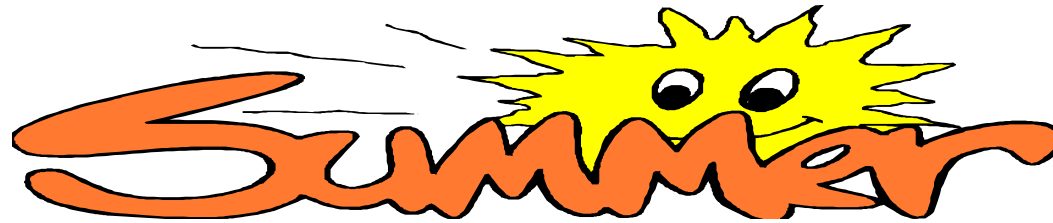


S.O.K.O. (School's Out Kid's Option Inc.)

WEEK OF: JULY 17<sup>th</sup> – 21<sup>st</sup>

THEME: CANADIAN NINJA WARRIORS




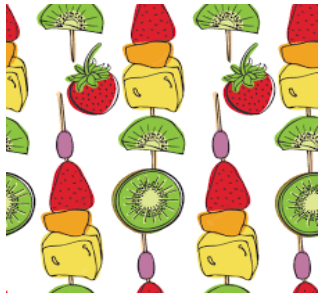

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>GAMES:</u> Team Relay Races Timed Obstacle Race - Playground</p> <p><u>CRAFTS:</u> Team Posters Ninja T-shirts Headbands</p> <p><b>SPECIAL EVENT:</b> <b>SLIP N SLIDE AND WATER GAMES</b> – please pack a swimsuit and towel.</p> 	<p><u>GAMES:</u> Team Relay Race Timed Obstacle Course - Rink</p> <p><u>CRAFTS:</u> Pom Poms</p> <p><b>SPECIAL EVENT:</b> <b>SWIMMING</b> – please pack a swimsuit and towel.</p> 	<p><u>GAMES:</u> Team Relay Race Timed Obstacle Course - Field</p> <p><u>CRAFTS:</u> Face painting</p> <p><b>SPECIAL EVENT:</b> <b>2 KM RACE</b> – Wear good running shoes!</p> 	<p><u>GAMES:</u> Team Relay Race Timed Obstacle Course - Gym</p> <p><u>CRAFTS:</u> Decorate Picture Frames</p> <p><b>SPECIAL EVENT:</b> <b>TACO LUNCH and SWIMMING</b> – please pack a swimsuit and towel.</p> 	<p><u>GAMES:</u> Relay Race Finals Timed Obstacle Course - Bouncer</p> <p><b>SPECIAL EVENT:</b> <b>BOUNCY TOWN OBSTACLE RACES</b></p> <p>Snack – Popsicles</p> 
WATER GAMES	SWIMMING	2 KM RACE	TACO LUNCH/SWIMMING	OBSTACLE BOUNCER

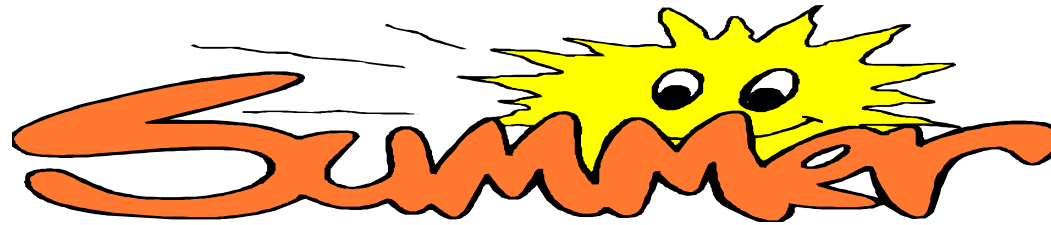


S.O.K.O. (School's Out Kid's Option Inc.)

WEEK OF: JULY 24 – 28<sup>th</sup>

THEME: LITTLE CHEFS






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>GAMES:</u> I'm Going on a Picnic</p> <p><u>CRAFTS:</u> Bulletin Boards Decorate Cooking Aprons</p> <p><u>COOKING:</u> French Toast, Apple Donuts, Energy Balls</p> <p><b>SPECIAL EVENT:</b> <b>WALK TO S.O.K.O.s EDIBLE GARDEN.</b></p> 	<p><u>GAMES:</u> Hurry Waiter Blindfold – Guess the Food</p> <p><u>CRAFTS:</u> Kool-Aid Pictures Popsicle Stick Hamburgers</p> <p><u>COOKING:</u> Spaghetti and Meatballs, Garlic Bread</p> <p><b>SPECIAL EVENT:</b> <b>SPAGHETTI LUNCH and SWIMMING – please pack a swimsuit and towel</b></p> 	<p><u>CRAFTS:</u> Decorate Picture Frames</p> <p><u>COOKING:</u> Smoothies Rainbow Toast</p> <p><b>SPECIAL EVENT:</b> <b>FIELDTRIP TO BOSTON PIZZA</b> <b>Wear appropriate shoes because we are walking back.</b></p> 	<p><u>GAMES:</u> Relay Races</p> <p><u>CRAFTS:</u> I Spy Bottles</p> <p><u>COOKING:</u> Cupcakes Fruit Kebobs</p> <p><b>SPECIAL EVENT:</b> <b>SWIMMING – please pack a swimsuit and towel.</b></p> 	<p><u>GAMES:</u> Fruit Basket</p> <p><u>CRAFTS:</u> Smelly Collage Spices Decorate Cupcakes</p> <p><b>SPECIAL EVENT:</b> <b>WATER GAMES – please pack a swimsuit and towel</b></p> <p>Movie – Ratatouille Snack – Fruit Kabobs, cupcakes</p> 
S.O.K.O.'S GARDEN	SPAGHETTI/ SWIMMING	BOSTON PIZZA FIELDTRIP	SWIMMING	WATER GAMES



S.O.K.O. (School's Out Kid's Option Inc.)

WEEK OF: **JULY 31<sup>st</sup> – AUG 4<sup>th</sup>**

THEME: **WIZARDING WORLD OF HARRY POTTER**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>GAMES:</u> Sorting Ceremony House Cup Rules Potion Class</p> <p><u>CRAFTS:</u> Wands Book Marks</p> <p><b>SPECIAL EVENT:</b> <b>WATER GAMES/SLIP N SLIDE</b>– Please bring swimsuit and towel.</p> 	<p><u>GAMES:</u> Escape Rooms Table Quidditch</p> <p><u>CRAFTS:</u> Herbology Class Monster Books Sorting Hat Origami</p> <p><b>SPECIAL EVENT:</b> <b>SWIMMING</b>– please bring swimsuit and towel.</p> 	<p><u>GAMES:</u> Triwizard Tournament Maze</p> <p><u>CRAFTS:</u> Care of Magical Creatures Class Owl Craft</p> <p><b>SPECIAL EVENT:</b> <b>HIKE AT FORGETMENOT POND</b> – Please pack a bag with lunch, snacks, water, sunscreen, bug spray.</p> 	<p><u>GAMES:</u> Patronus Tag Horcrux Scavenger Hunt in the Forbidden Forest</p> <p><u>CRAFTS:</u> Defence against the Dark Arts Class Golden Snitch</p> <p><b>SPECIAL EVENT:</b> <b>SWIMMING</b> – please bring swimsuit and towel. <b>SUB LUNCH!</b></p> 	<p><u>GAMES:</u> Flying Lessons Quidditch</p> <p><u>CRAFTS:</u> Invisible Ink Marauder's Maps</p> <p><b>SPECIAL EVENT:</b> <b>HOGSMEADE FESTIVAL</b></p> 
<b>WATER GAMES/SLIP N SLIDE</b>	<b>SWIMMING</b>	<b>HIKE</b>	<b>SUB LUNCH/SWIMMING</b>	<b>HOGSMEADE FESTIVAL</b>


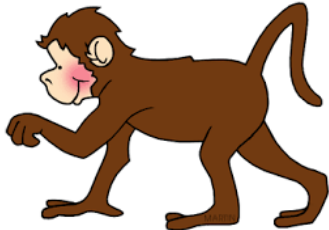







S.O.K.O. (School's Out Kid's Option Inc.)

WEEK OF: AUGUST 28 – SEPTEMBER 1

THEME: INTO THE RAINFOREST!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>GAMES:</u> Blindfold Art Walk to Gardens Sensory Bins</p> <p><u>CRAFTS:</u> Bulletin Boards Terrarium</p> <p><b>SPECIAL EVENT:</b> <b>S.O.K.O. BOUNCERS AND WATER GAMES</b> – please pack a swimsuit and towel.</p> 	<p><u>GAMES:</u> Chimp Race Monkey Poo Flinging Game Pin the Tail on the Monkey</p> <p><u>CRAFTS:</u> Paper Snake Pythons Pony Bead Geckos/Snakes</p> <p><b>SPECIAL EVENT:</b> <b>HOT DOG LUNCH and SWIMMING</b> – please pack a swimsuit and towel</p> 	<p><u>GAMES:</u> Pool Noodle Tag</p> <p><u>CRAFTS:</u> Pony Beads Handprint Sloths</p> <p><b>SPECIAL EVENT:</b> <b>FIELDTRIP TO THE ZOO.</b> Please pack a backpack with lunch, water and sunscreen. Wear appropriate shoes!</p> 	<p><u>GAMES:</u> Jungle Fruit Bop Rainforest Charades</p> <p><u>CRAFTS:</u> Colourful Chameleons Colourful Toucans</p> <p><b>SPECIAL EVENT:</b> <b>SWIMMING</b> – please pack a swimsuit and towel.</p> 	<p><u>GAMES:</u> Giant Tic Tac Toe</p> <p><u>CRAFTS:</u> Origami Frogs</p> <p><b>SPECIAL EVENT:</b> <b>SPRINKLER, SLIPnSLIDE, and WATER FIGHT.</b> Please pack a swimsuit and towel. Bring a water gun if you have one.</p> <p>Movie – Rio Snack – Worms in Dirt</p> 
BOUNCERS/WATER GAMES	HOT DOGS/ SWIMMING	ZOO FIELDTRIP	SWIMMING	SPRINKLER/WATER FIGHT