

Oct 24, 2021.

## **Summerland Curling Club COVID-19 Illness Policy**

This Illness Policy is intended for curling club members, staff, volunteers, and visitors. Please adhere to the rules listed below for handling an illness related to the COVID-19 virus.

1. If you are not feeling well, stay home.
  - a. Symptoms of COVID-19 include fever, chills, cough, shortness of breath, sore throat, and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue, and loss of appetite.
  - b. Contact Health Link BC at 8-1-1 or contact your doctor.
2. If you become ill at the SCC, stop your activity immediately and inform an individual in a position of authority (Skip, President, Board member, Ice Technician,) that you are not well. Go home and contact Health Link BC at 8-1-1 or contact your doctor.
3. If a curling team member tests positive for COVID-19:
  - a. The Team Member will not be permitted to return to the curling club until they are free of the COVID-19 virus.
  - b. Any curling team members who curled or practiced with the infected person will also be removed from the curling club. A negative COVID-19 test is required before team members are allowed to return to the SCC.
4. Curlers waiting for COVID-19 test results are not allowed to enter the SCC. Once a negative test result is confirmed the person is allowed to enter the club.
5. If you have been in contact with someone who is confirmed to have COVID-19:
  - a. Advise team members that you may have been exposed to COVID-19.
  - b. You must get tested for COVID-19. Once a negative test result is confirmed you will be allowed to return to the club.
  - c. Any teammates who may have come in close contact with will also be removed from the curling club. A negative test result is required before they are allowed to return to the club.
6. Quarantine or Self-Isolate if:
  - a. You have been advised by your local or provincial health authority to do so.
  - b. You have travelled outside of Canada and upon return you are instructed to quarantine by the Government of Canada.

Note: The SCC Executive will continue to monitor BC Provincial Health Orders and recommendations from viaSport and Curl BC. We will update our Illness Policy as required to ensure we follow government regulations and provide a safe and healthy environment.