

BROOKS PRESCHOOL

MARCH NEWS



TEACHERS REPORT

The weather continues to stay warm, and we all enjoy going outdoors on a regular basis.

The children have displayed all kinds of learning dispositions throughout February. From being co-learners and co-researching to building all kinds of structures and taking things apart. Setting up the environment to further nurture their play has been extremely rewarding as we watch them grow in their dispositions of being playful, caring, seeking, participating, and persisting.



www.brookspreschool.com

<https://www.facebook.com/inspiringplay/>



I/we are participating with others, observing what others are doing, or listening and sharing ideas and opinions, negotiating, taking turns for shared understanding or for turns. Each child participating with materials and ideas and others is a mighty learner.

March is National Nutrition Month and that leads to introducing our students to health and nutrition, which will play a greater role in the upcoming months. To set the stage for nutrition month our dramatic play area will be the “Corner Grocery Store.”

The children will hear about being healthy, active learners through discussions and stories. Children will learn why nutrition, dental care, exercise, and getting enough sleep are important for emotional well-being, developing friendships, and becoming successful learners.

Our month ends with how our families celebrate Easter.

See Canada’s Food Guide for continued support in providing healthy meals and snacks for your families. <https://food-guide.canada.ca>



PHYSICAL LITERACY- The Language of Movement- What is it all about?

“Physical Literacy” is the development of fundamental movement skills and fundamental sport skills that permit a child to move confidently and with control, in a wide range of physical activity, rhythmic (dance) and sport situations. It is the art of being active. But it is like learning a second language – the older you learn it the more difficult it is to learn, and you are less confident when speaking the language. The key then, is to make sure that children develop physical literacy while they are young, or they may feel awkward and close the door to activity for life.

SPECIAL DAYS

Bring a Friend/Family- to Preschool March 6th between 2:00 p.m.-3:00pm or 6:00 pm -7:00 pm to enjoy the environment and activities.

Wear Green in honor of St. Patrick’s Day- the children will learn an Irish Jig and they may wear green March 13th-15th.

Easter Fun: March 22nd, 27th, and 28th. Please bring a hard-boiled egg to color/dye. Spring break is from March 29th to April 5th. Preschool resumes April 8th.



CHARACTER EDUCATION

We are learning about “RESPONSIBILITY.”

Your preschooler will meet Roy the Responsible Rabbit and be encouraged through stories, songs, and activities to:

- Do what you are supposed to do
 - Keep on trying
 - Always do their best
 - Help friends and family

There are many ways you can help your preschool child learn to be **responsible**. Preschool children enjoy having jobs at which they can succeed. Helping at home makes children feel important and know they are contributing to the family.

Simple chores children can do at home include:

- setting the table
- clearing their plates after a meal
- taking their clothes to the laundry
- helping fold clothes
- watering plants or feeding pets

Making a simple chart for your refrigerator may be an easy way to keep track of your family jobs. Your child will enjoy filling in the chart while marking that a job is complete.



LITTLE REMINDERS

Kindergarten Registration is ongoing with the schools Grasslands and Holy Family, Newell Christian School for your convenience.

Parents, please let teachers know of any changes in phone numbers, addresses or medical concerns. We need to keep information current.

During bad weather conditions, our school will be closed when temperatures drop to -35 degrees (excluding wind chill). Parents, please listen to our local Radio Station for conformation. FM 101.1 or Q105.7

SPECIAL THANKS

Thank you to our amazing and dedicated monthly volunteers.

Thank you also to those who are bringing in donations of art materials, the children always make good use of these items.

If you have any concerns or questions throughout the year, please feel free to contact me at the preschool or email me at bpsteachers@brookspreschool.com

SNACK ATTACK

Easter Egg Nests

Ingredients

- 3 tbsp Butter
- 4 1/2 cups Rice Cereal
- 10 oz bag Marshmallows
- 3/4 cup Shredded Coconut
- Green Food Dye I like the gel food coloring
- Small Easter Egg Candy or Jelly Beans



- Prepare your muffin tin with cooking spray. This insures the cereal doesn't stick.
- In a medium pan melt the butter. I like to wait until the butter becomes slightly brown (brown butter) for a caramelized flavor. This is totally optional, but just be sure to completely melt the butter. Turn the heat off. Add the marshmallows and stir until the marshmallows have melted down. Add the rice cereal 2 cups at a time to make sure it's all combined with the marshmallows. Add the additional rice cereal and stir.
- Use a plastic sandwich size bag with butter on the outside to help you spread the cereal mixture into the muffin tins. Press the mixture into the muffin tin and create an indent in the middle for the grass/eggs to lay.
- In a small bowl mix a small amount of green food dye with a small amount of water. Mix the coconut in the dye and spread out on a cookie sheet or aluminum foil so it can dry. This will be the grass for the nests. If you don't like coconut you could also use green frosting with a "grass" frosting tip.
- Wait at least an hour to ensure the cereal has set and cooled before assembling these. Once they have cooled sprinkle some grass in the middle of the nest. Top with your candy eggs and serve.