



# Cordova Bay United Church

## Announcements

September 15, 2024

## Upcoming Events

### Sunday, September 15

- \* Worship, 10am, In-Person and Livestream  
*Followed by Fellowship Time in the Hall.*

### Tuesday, September 17

- \* Worship Meeting, 9:30am, Friendship Room

### Wednesday, September 18

- \* Knitting Group, 1pm, Friendship Room
- \* Property Team, 3pm, Friendship Room
- \* Stewardship, 7pm, ZOOM

### Thursday, September 19

- \* Chime Choir, 6pm, Sanctuary
- \* Choir Practice, 7pm, Sanctuary

### Friday, September 20

- \* Book Club, 10am, Friendship Room

## Keep in Touch

### Minister

Pastor Beth Parsons  
[bethparsons@cbunited.ca](mailto:bethparsons@cbunited.ca)

### Music Director

Sharon Prindle-Collins  
[music@cbunited.ca](mailto:music@cbunited.ca)

### Council Chair

John MacLeod  
[patjohn@shaw.ca](mailto:patjohn@shaw.ca)

### Children and Youth Program Coordinator

Moira Dennis

### Office Administrator

Jane Shumka  
[office@cbunited.ca](mailto:office@cbunited.ca)

## We need your help

This past Sunday, September 8, due to a data entry error we were unable to complete the recording process for **CASH** donations made through offering envelopes. To assist us with the recording, if you made a **CASH** donation on September 8, please contact Ria Korteweg (250-658-8489 or [rcorteweg@gmail.com](mailto:rcorteweg@gmail.com)). Thank you.

### **CORDOVA BAY UNITED**

813 Claremont Avenue  
Victoria, BC V8Y1J9  
Phone: 250.658.5911  
[www.cbunited.ca](http://www.cbunited.ca)

**CBUC Peninsula Co-op**  
member # 51194



Here are all the programs and activities happening at CBUC this week. Church activities are listed in yellow.

### Sunday, September 15

- \* **Worship, 10am, Sanctuary**
- \* Saanich Squares, 7pm, Hall

### Monday, September 16

- \* Yoga, 10:45am, Hall
- \* Embers, 6pm, Youth Lounge
- \* Jazzercise, 6pm, Hall
- \* Victoria Arion Male Choir, 6:30pm, Sanctuary
- \* Embers, 7pm, Hall

### Tuesday, September 17

- \* Jazzercise, 8:30am, Hall
- \* IH Adult Day Program, 9:30am, Hall
- \* **Worship Meeting, 9:30am, Friendship Room**
- \* Zumba, 5:30pm, Hall
- \* KSI Karate, 7pm, Hall

### Wednesday, September 18

- \* Yoga, 10:45am, Hall
- \* **Knitting Group, 1pm, Friendship Room**
- \* **Property Team, 3pm, Friendship Room**
- \* Sparks, 5pm, Hall
- \* Jazzercise, 6pm, Hall
- \* **Stewardship Meeting, 7pm, ZOOM**

### Thursday, September 19

- \* Jazzercise, 8:30am, Hall
- \* IH Adult Day Program, 9:30am, Hall
- \* Zumba, 5pm, Hall
- \* Cubs, 6pm, Hall
- \* **Chime Choir Practice, 6pm, Sanctuary**
- \* **Choir Practice, 7pm, Sanctuary**

### Friday, September 20

- \* Jazzercise, 8:30am, Hall
- \* **Book Club, 10am, Friendship Room**
- \* Chair Yoga, 10:30am, Hall
- \* KSI Karate, 4:30pm, Hall
- \* Mavericks Square Dance Club, 7:30pm, Hall

### Saturday, September 21

- \* Zumba, 10:30am, Hall

**A reminder that if you require a room for a meeting or activity, please contact the office by phone or email to reserve the space. Thank you.**

## **Cordova Bay United Church will launch its fall season this Sunday September 15 with Celebration Sunday.**

Celebration Sunday is a time to reconnect and celebrate as a community of faith. As part of Celebration Sunday we will be blessing your back-to-school backpacks, lunch bags and workplace tools as a reminder that God is with us in all that we do. And did we tell you there will be ice cream? That's right, we will be offering ice cream sandwiches during Fellowship Time. You can attend the service either in-person and by viewing it on livestream (though the ice cream isn't the same livestreamed).



at Cordova Bay United Church  
813 Claremont Avenue | 250-658-5911

**Messy Church returns**  
**Friday, September 27th**

and...Nov. 29, 2024, Feb. 28, 2025  
June 13, 2025

**Fun starts at 5:30 pm.**

Family and friends welcome!  
Meal provided!

For more information contact  
[childrenyouth@cbunited.ca](mailto:childrenyouth@cbunited.ca) or 250-658-5911

## **Messy Church volunteers needed**

Messy Church is returning on Friday, September 27th. We are always in need of volunteers for this fun-filled, community building event. To volunteer or for more information, please contact Moira Dennis, our Children and Youth Program Coordinator.



**Ethel Wilson  
Women's Group  
Tuesday, September 24  
1:30pm**



John Adams, a historian and author will be speaking at our September 24th meeting, 1:30 p.m. In the Sanctuary. The topic will be ghosts and spooky stories, appropriate as Halloween approaches. He will discuss why Victoria is considered such a haunted city and has selected some tales that highlight paranormal activity in Saanich, particularly the areas near the Blenkinsop Valley, Cordova Bay and Royal Oak. Other classic Victoria ghost stories will be included in his talk.

All women in the church are invited to join us on Tuesday, September 24th, 1:30 p.m. In the Sanctuary.

**Healing Pathway Worship  
Phase 1—An Introduction**

Healing Pathway is a program to help people develop the gifts and skills of energy-based healing within the Christian tradition, and to foster the development of healing ministries within faith communities.

A Healing Pathway Phase 1 workshop is being offered in Victoria this October; click [here](#) to find out more and how to register.

**Jam for Sale**

The office has a new supply of jam courtesy of Frank Gertsma. All proceeds support the work of CUBC. Jam is \$5 a jar. Flavours include:

**Jams**

Blueberry  
Plum  
Raspberry  
Saskatoon Berry  
Strawberry

**Jelly**

Blackberry  
Bumbleberry  
Saskatoon Berry  
Strawberry

Marmalade



Empty jam jars will be gratefully accepted by Frank for future batches.

Thank you.

**Cordova Café resumes in October**

With a busy September, the Caring Ministry has decided to cancel the Cordova Café for this month.

The Café will resume on Saturday, October 12.



2nd Saturday of the month  
Time: 10 a.m.

Cordova Bay United Church Hall  
813 Claremont Ave.

Where friendships are made  
&  
strong community is cultivated.

**Knit with Love**  
*spreading warmth through knitting*

The knitting ministry of CBUC will be meeting on Wednesday, September 18 at 1pm in the Friendship Room. You are welcome regardless of your age or ability. Come knit up some love!

For more information contact Jocelyn Jones.



# VOICES IN MOTION™

**Voices in Motion**  
is an intergenerational  
choir for adults with  
memory loss, their  
caregivers, friends and  
students.

**We foster joy and  
well-being, recognizing the  
power of choral/group  
singing and its benefits for  
people of all ages.**

**Welcoming new 'DUETS' for Fall 2024**  
***Our 2024 season begins September 17th &  
18th in two locations.*** A 'duet' is made up of a  
person experiencing memory loss and their care  
partner. Through weekly rehearsals, public  
performances and social gatherings, 'duets' find a  
supportive and caring community.

## **No previous singing or choir experience is required!**

The music we sing includes golden oldies, jazzy  
favourites, popular contemporary songs and much  
more! ViM's Music Director Christine Chepyha  
provides inspirational leadership that is  
warm and welcoming.

## **For more information:**

Web: [voicesinmotionchoirs.org](http://voicesinmotionchoirs.org)

Email:  
[info@voicesinmotionchoirs.org](mailto:info@voicesinmotionchoirs.org)  
Mobile: 250-882-5668





## A Personal Invitation ...

**Central Saanich United Church** (formerly Shady Creek United) has a beautiful new addition, called **Shadywood Centre**.

Our neighbours and friends are warmly invited to attend our OPEN HOUSE or our OFFICIAL OPENING or BOTH!

### Open House - Saturday, Oct 5, 2024

**12:30 to 3:00 pm**

7180 East Saanich Rd, Saanichton



- *Explore...* the new building and the Heritage Church (1895)
- *Enjoy...* seasonal refreshments
- *Join...* a guided tour of the adjacent historic Shady Creek Cemetery

### Official Dedication Ceremony - Sunday, Oct 6 - starts 1:00 pm

- A short ceremony will be followed by refreshments and socializing



**Our new addition will be a gathering place for families and community. It features:**

- A multi-purpose room with 60-person capacity and equipped for audio-visual presentations
- A large commercial kitchen

**Central Saanich United Church and Shadywood Centre will be a Premier Venue for weddings, christenings, funerals, as well as birthdays, anniversaries, reunions and other family gatherings. We plan to provide an active program of musical, cultural and educational events of interest to the whole community.**



*The Congregation of Central Saanich United Church looks forward to seeing you soon and sharing our new facility with you.*

**[www.centralsaanichunited.ca](http://www.centralsaanichunited.ca)**