

Summit Housing & Outreach Programs (SHOP)

is a charitable organization that provides a variety of housing, treatment, and case management services to individuals who require mental health supports in Halton Region. SHOP is governed by a volunteer Board of Directors. SHOP is primarily funded through the Ministry of Health and Long Term Care (MOHLTC) and the Mississauga Halton Local Health Integration Network (LHIN).

Programs

The **Case Management Program** provides supportive and flexible outreach support services to individuals who have been diagnosed with a serious mental illness with the goal of promoting wellness and independent living. Through community based moderate to intensive case management, workers provide support to ensure that an individual's rights, dignity and independence are maximized.

The **Assertive Community Treatment Team (ACTT)** is a multidisciplinary team that serves people over 18 years of age, who have mental illnesses such as schizophrenia, bipolar affective disorder and schizoaffective disorder. The program is designed for those individuals who require intensive follow-up services provided in their own community.

The **HOMES Program** is a community partnership that provides subsidized supportive housing for adults who have been diagnosed with a serious mental illness who are homeless or at risk of becoming homeless. Summit is the lead agency in a partnership with Joseph Brant Memorial Hospital, ADAPT, Support and Housing Halton and the North Halton Mental Health Clinic.

The **Residential Program** offers four residential settings with dedicated staff support that provide higher supportive housing options for individuals who would like to build on the skills necessary for independent living.

The **Supported Housing Program** offers rent-geared-to-income apartments based in Halton with case management support.

The **Housing First Program** centers on first moving people experiencing chronic homelessness into independent and permanent housing and then providing additional supports and services such as physical and mental health, education, employment, substance abuse and community connections.

Our **Health and Wellness Program** offers social recreation opportunities including a variety of leisure activities for consumers of mental health services. We provide a safe space with programs that are led by a team of dedicated volunteers, many of whom are peers themselves.



Peer Support People with lived experience can play an important role in helping others achieve recovery from mental health problems and addictions. Peer support fosters the hope that recovery is possible while promoting skills for coping with and managing symptoms and encouraging the use of natural supports and enhancement of community living skills.

Groups provide an opportunity to talk openly and honestly about your feelings in a safe, supportive environment. Summit Housing and Outreach Programs offers a number of support, educational, therapeutic and recreational groups.



The **Nourish and Flourish Program** offers a holistic approach to enhancing food security and access, nutrition information, life skill building, social inclusion, food literacy, improved wellness and enhancing physical and mental health in the community through three components: community kitchens/cooking groups, community gardens and community food hubs/banks.



Anti-Human Trafficking Housing In collaboration with SAVIS of Halton, Elizabeth Fry and The Region of Halton and ROCK, Summit Housing & Outreach Programs is pleased to be the housing agency for the Anti-human Trafficking Initiative in Halton. Based on a Client Centered Support Model, support, advocacy and a range of housing is available to survivors of human trafficking.



The views expressed in this publication are the views of SHOP and do not necessarily reflect those of the LHIN or the Government of Ontario.



SUMMIT HOUSING &
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SUMMIT HOUSING &
OUTREACH PROGRAMS

**“Committed to providing
client centered services”**

Our Vision

“Partners in providing a better quality of life for the people we serve.”

Our Mission

“Leadership in supportive housing, case management and systemic advocacy for people with serious mental illnesses.”



www.summit-housing.ca