

Cordova Bay United

Announcements

July 9, 2023

Keep in Touch

Upcoming Events

Sunday, July 9

- * Worship, 10am, In-Person and Livestream
followed by Fellowship Time in the Hall

Tuesday, July 11

- * Worship meeting, 9:30am, Friendship Room



Beach Day July 20, 10 am - 2 pm

Bring a lunch & sunscreen to
Cadboro-Gyro Park.

We will hang out, splash in the water,
play on the play ground, and other
awesome beach things.



For more information contact the office: 250-658-5911
office@cbunited.ca

Summer Bedtime Stories with Pastor Beth

Tune in to Summer Bedtime Stories
with Pastor Beth! Check out the
[Cordova Bay United Church
YouTube Channel](#) or [website](#) each
Sunday for a new story in July and August. Pastor
Beth has many great books to share. The first video
is now available.



Minister

Pastor Beth Parsons
bethparsons@cbunited.ca

Music Director

Sharon Prindle-Collins
music@cbunited.ca

Council Co-Chairs

Jiemei Li
jiemeili@hotmail.com
250.704.0168

Laurie Mueller
lbmueller@shaw.ca
250.213.2355

Office Administrator

Jane Shumka
office@cbunited.ca

Programs Assistant

(June, July, August)
Leslie Moffat
office@cbunited.ca

Children & Youth Program Coordinator

Leslie Moffat
childrenyouth@cbunited.ca

CORDOVA BAY UNITED

813 Claremont Avenue
Victoria, BC V8Y1J9
Phone: 250.658.5911
www.cbunited.ca

Message from the Pringle Family

Thank you to our church family for your love and support, especially during the past months of Tom's declining health. We appreciate your kind words, your messages of condolence, your hugs and your presence at his service of thanksgiving and celebration. Tom loved being a part of this special community.



Sincerely,
Myrna Pringle and Family

Bookies



Even the Bookies need a Summer break so the next meeting will be Friday, September 15 at 10 am in the Fellowship Room. The next Read will be Lessons in Chemistry by Bonnie Garmus. Enjoy the Summer!

Soiree

Saturday, September 16
at 6pm

This entertaining event will be coming up soon so mark your calendars. We will be selling 100 tickets at \$30 each in order to raise \$3000 for the church. Friends are welcome. There will be cheese, crackers, squares and non-alcoholic drinks included in the cost of admission. As there will be wine served it must be a ticketed event. In order to cover expenses there will be a charge of \$7 for a glass of wine.



To reserve your tickets please email Doug Thompson at dbtfriends@outlook.com. Performers please communicate with Doug at the same email address.

Golf Social

Sunday, September 24 at 4pm.



This fun golf event for friends and family members will have 36 golfers over 9 holes at The Ridge. Afterward an unlimited number of friends and family members will

join the golfers for a potluck social at the church. To sign up to participate please email Doug Thompson at dbtfriends@outlook.com

Summer BBQs at the Our Place housing sites



Your congregation is invited to sponsor and serve a BBQ meal and meet the residents of our housing sites.

Summer BBQs are such a treat for our "family members" and are always a cause for celebration. Please consider joining us for these joyful occasions and making a positive impact on the lives of people in our community looking for connection and belonging.

For more information, please contact Melissa at melissam@ourplacesociety.com or 250-940-5065.

Our Place Hungry Hearts

As the largest provider of emergency meals in the Greater Victoria region, the rising cost of ingredients has become a major challenge for Our Place.



"We need to find \$175,000 this year alone just to purchase protein," says Kitchen Manager Brian Cox whose team serves over 1,200 nutritious meals each day to those in need.

Our Place hopes to make a significant dent in food costs through its signature fundraising campaign, Hungry Hearts. The event will tie in the need for protein with a black box type competition.

"It's exciting to think that nine years ago, Hungry Hearts started out as a simple soup and sandwich competition amongst 5 local restaurants," explains Our Place CEO, Julian Daly. "Now it has grown into the region's favourite culinary gala fundraiser."

Tickets are now available for the gala at www.hibid.ca or by calling 250-940-5064. Meanwhile, item viewing for Our Place's Best of the Region online auction, with over 200 great items (including restaurant, hotel, health, beauty and pet packages) begins in late August also at hibid.ca. Bidding begins Aug 31 and Auction closes on Saturday, Sept 9 at 8:30 pm.

Since its inception, the event has raised over a million dollars in support of vital programs and services provided to those struggling with poverty and homelessness in Greater Victoria."

Alzheimer Society

The Alzheimer Society's dementia workshops educate and empower people living with dementia and their families and friends .

In-person education

My wishes, my care: Starting the conversation | A guided conversation to help you start thinking and talking about the values, beliefs and wishes that matter most to you when planning for your future health and personal care.

Monday, July 24, 1 – 3 p.m.

Victoria Resource Centre 202 – 306 Burnside Road West

Navigating the dementia journey: Living well with dementia | Explore the journey ahead with others who are going through similar experiences. Topics include: the brain and dementia, practical strategies to live well and how to access resources, so that people impacted by dementia have the confidence to navigate the journey ahead.

Monday, August 21, 1 – 2:30 p.m.

Victoria Resource Centre 202 – 306 Burnside Road West

Online education

Considering the transition to long-term care | Learn about the options for accessing long-term care, including eligibility requirements. We will also discuss factors to consider when planning a move and provide tips for easing the transition. For caregivers.

Tuesday, July 25, 1 – 2:30 p.m.

From home to care home: Preparing and adjusting to the new environment | Making a transition into long-term care can be challenging for both the person living with dementia and the caregiver. Discuss strategies for minimizing the challenges, including how to prepare for the move and respond to common issues. For caregivers.

Tuesday, August 1, 1 – 2:30 p.m.

Equip yourself: Knowledge and skills to help get the support you need | Gain the skills and knowledge you need to advocate for yourself and your family member along the dementia journey, including responding to common challenges, getting a diagnosis and accessing home support. For caregivers and people living with dementia.

Thursday, August 17, 10 – 11:30 a.m.

Delusions, hallucinations and visual mistakes | Learn about the causes and triggers of delusions, hallucinations and visual mistakes, and explore strategies for responding to these behaviours to best support people living with dementia. For caregivers.

Tuesday, August 29, 2 – 3:30 p.m.

Registration:

In-person workshops: Call our First Link® Dementia Helpline at 1-800-936-6033.

Online workshops: Register online by visiting alzbc.org/edu-workshops or call the First Link® Dementia Helpline at 1-800-936-6033. You will receive an email with a link to join the event prior to the event date.

With Sadness

Some of you will remember Pat Webber, a member of Cordova Bay United Church from 1977 up until her move to Salt Spring in 1998. Pat was a gifted artist and creator of our baptism fount and pitcher as well as other sacred pieces of pottery in our church. The following is her obituary that was published in the Salt Spring Exchange on June 12, 2023.

Patricia June Webber née Burritt,
Born March 25, 1945, died June 6, 2023
at Lady Minto Hospital, Salt Spring Island,
after a lengthy journey with cancer and
associated illness.



Pat was born in Vancouver, BC and is survived by her husband, Joe, two sons, Timothy and Michael, daughter's in-law, Lori and Jennifer, two grandchildren Oscar and Ruby and three siblings Lee McAleese, Arlene Dashwood and Harvey Burritt. She was particularly excited about the developing interests of Oscar in psychology and Ruby in music. Pat studied ceramic arts while Joe attended graduate school at Oregon State University, and expanded her pottery skills as an artist and teacher when she moved to Victoria in 1973, and finally at their Stewart Road property in 1996.

Pat was a lifelong member of the United Church, was involved as an elder, and helped guide the church with her many roles, as a board member, chair of the board and in the choir. Her compassion and generosity for all was punctuated with her never ending smile and robust laughter. She was deeply interested in natural systems and became an advocate for all plants and animals which was reflected in her animated pots featuring, among many, her soul creature, frogs.

A celebration of Pat's life is being planned for the last week in July.

Upcoming Memorial Services

Saturday, August 12

- Celebration of the life of Edwina Sprecher, 2:00 pm,, Sanctuary

Saturday, August 19

- Celebration of the Life of Judith Lokhorst, 11:00am, Sanctuary

