



PEER SUPPORT NAVIGATOR

Position Title: Peer Support Navigator

Position Type: 24 week contract at 37.5 hours per week; start date approx. September 30th, 2019

Remuneration: \$23 per hour

Location: Joseph Brant Hospital (JBH)

Department: Emergency; Acute Inpatient Mental Health Unit

Reports to: Executive Director, Mental Health Rights Coalition (MHRC)

Posting Date: August 11th, 2016

Joseph Brant Hospital has received funding for a pilot project to study the impact of integrating a Peer Support Navigator within the Emergency Department (ED) and Inpatient Mental Health Unit. A partnership between Mental Health Rights Coalition and Joseph Brant Hospital involves the secondment of the position through MHRC.

POSITION SUMMARY

As part of the interprofessional team, the Peer Support Navigator will enhance services provided to patients in the JBH Emergency Room and Acute Inpatient Mental Health Service. The Peer Support Navigator role will assist the individual in navigating:

- Emergency Department and Acute Mental health Inpatients process – what to expect
- Resource information – what the role of hospital is and what support can be accessed in the community upon departure from the hospital
- Emotional support and problem solving opportunities
- Encourage and facilitate opportunities for community integration
- Education to individuals regarding Peer Support Services and the role of Peer Support Network
- Advocacy on behalf of individuals for access to required resources
- Discussions of recovery values and principles with a focus on strengths and wellness
- An introduction to a recovery support plan or recovery crisis plan
- Support in communicating with others (family, companion, care provider, clinical staff)
- Attend staff meetings and trainings with MHRC and JBH as required

QUALIFICATIONS

- Personal lived experience of mental illness and/or addiction as a consumer/survivor of the mental health system
- Honours and displays knowledge of recovery principles



- Shares an understanding and commitment to the MHRC mission –“To encourage, empower and enable the voices of participation of consumer/survivors of the mental health system.”
- **Successful completion of Peer Support Training Program at MHRC or equivalent i.e. OPDI including the completion of 20 to 50 hours of practicum**
- **Experience providing peer support; a minimum of one year preferred**
- Displays excellent business acumen, communication skills & punctuality
- Ability to act as a mentor to mental health consumers, modeling excellent communication skills, coping techniques and self-care
- Ability to establish and maintain trusting relationships with consumers of the mental health system while maintaining appropriate professional relationships and boundaries
- Demonstrates practical knowledge of community resources
- Demonstrate the ability to create a welcoming environment by being approachable, available and non-judgmental
- Demonstrate an ability to work as a member of a team
- Ability to maintain accurate records and possess basic computer skills
- Willingness to learn new skills, to take on additional duties as they arise and are appropriate
- ASIST, safeTALK, WRAP and Mental Health First Aid Training are considered assets

Please apply in writing with a cover letter by email, post or fax no later than Tuesday, September 3rd, 2019 to:

Frances V Jewell
Executive Director
Mental Health Rights Coalition
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Hamilton ON L8N 3W4
mhrced@bellnet.ca
fax 905-545-0211

MHRC wishes to thank all applicants. Only those chosen for an interview will be contacted. No phone calls please.