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RECTOR'S REFLECTION

submitted by Reverend Dr. Alana McCord

Greetings to you all in the Parish of West Carleton -March!

As promised, I am back from my holidays all bright-eyed and bushy-tailed, refreshed and ready for everything we're planning for our upcoming Advent and Christmas Seasons in the Parish.

Once again, my thanks go out to Canon David Clunie for leading Sunday services while I was away, and to the Rev. Dr. Mary-Cate Garden for being our pastoral back-up, in case of any emergencies. I was able to relax on my vacation, knowing that you were all in good hands, and I know how much Canon Clunie enjoyed reconnecting with so many of you during those four weeks.

On the very day that I returned, we began our annual Diocesan Synod, starting with a Eucharist at Christ Church Cathedral. I am grateful for all the hard work of your Synod Representatives, Suanne Dorion and Martin Cleary, who have written a detailed report of Synod events and decisions, which you can read in this edition of our newsletter.

As I said, we have many wonderful things in store in the next couple of months at the Parish. On the first weekend of December, we have two special

events – on Saturday the 2nd, from 11am to 1pm, St. Paul's will be holding their Annual Christmas Bazaar, and the following day, December 3rd, we will be having one Eucharist service at 11am at St. Thomas', and at 3pm at St. Mary's, we will have a service of Lessons & Carols, featuring Anthems by our Parish Choir. Donna Hawkes and all our Parish singers have already been hard at work preparing music for Lessons & Carols (and for Christmas too!)

Then, on December 9th, St. Thomas' will be holding their Annual Christmas Cookie sale. Stay tuned for how to make your cookie purchases ahead of time for pick up on the 9th. This will be my first Christmas Bazaar and Christmas Cookie Sale with you all, and I can't wait!

I hope to see many of you at St. Paul's, St. Mary's, and St. Thomas' for those special events at the beginning of next month. A list of our Christmas services will also soon be available for those of you who will be in town to celebrate the birth of our Saviour at our Parish.

Wishing you all a very happy and healthy November,
Alana+



St. Paul's Anglican Church



St. Thomas Anglican Church



St. Mary's Anglican Church

*Dear God, Thank you for all who have served and are serving.
Bless the families whose loved ones made the Ultimate Sacrifice*

MEET EVAN DESLETS

You have seen Evan Desilets at Parish services and events. He is the Diocese's intern, assigned to our area, but he may look familiar from elsewhere.



Evan is originally from Ottawa. He grew up in Bells' Corners and the southwest end of Stittsville. It is no surprise that he feels very much at home in rural communities like West Carleton-March. His father is a Dunrobin carpenter and general contractor, and Evan was working for him last year. That could, in part, explain why he may have reminded you of that guy on the worksite!

While Evan did not grow up in a religious household, he did have a great-great aunt who was a nun. Evan came to his relationship with Christ while he was going to Carleton University during the pandemic. He started attending St. Paul's in Kanata. That was when he learned that

his great-grandfather had been an Anglican priest. Perhaps a lot of people have been praying for Evan for a long time.

Why the Anglican church for Evan, family connections aside? It was largely because of its rich history, with its artists and musicians. In particular, the English Saint Abis Hilda of the medieval era. (Note, she founded a double abbey of monks and nuns, which included Caedmon, the English Christian poet)

COVID first hit when Evan was in third year at Carleton. It was a challenging time for him, as it was for most of us, and he decided to try something different. So, he shifted to taking forestry at Algonquin College in Pembroke. Halfway through he realized that there was something else that he needed to do and he spoke with the Vicar at the Cathedral about going into the ministry.

Evan is now finishing his BA at St. Paul's University, while working towards doing a Masters in Divinity. Why this bend in the road? "It was the only thing that made sense," Evan explains. "Jesus' call to give up everything and follow me. Spread the Good News."

Last year Evan joined the Anglican Youth Internship Program, and let them know that he would like to work in a rural setting. Rev. Alana was the Assistant at St. Paul's Kanata when he was

submitted by Lorraine Madore

attending there and now she is overseeing his work here in West Carleton-March.

Evan enjoys the strong sense of community at West Carleton-March Parish, something he has not often found elsewhere. Not only is he busy at school, but he also helps his parents who both have mobility issues. While interning here, he hopes to get more involved with the work of the priest, including helping at services, attending vestry and synod.

Evan is also learning to trust God and listen to his call. He does not



know what the future will bring or how his call to ministry will look. What he does know is that he has to, as he says, "Trust in God, take comfort in that. Even in your darkest moments, He is still there. That is the only way. Also, trusting in what is good, and doing that in all costs. Being patient in figuring that out."

A Hug

submitted by Karen Wilson



It's wondrous what a hug can do. A hug can cheer you when you're blue.

A hug can say "I love you so." Or, "Gee, I hate to see you go." A hug is "Welcome back again." And "Great to see you! Where've you been?"

A hug can sooth a small child's pain,
And bring a rainbow after rain.
The hug! There's just no doubt about it,
We scarcely could survive without it!
A hug delights and warms and charms.
It must be why
God gave us arms.

Hugs are great for fathers and mothers,
Sweet for sisters, swell for brothers.
And chances are your favourite aunts,
Love them more than potted plants.
Kittens crave them, puppies love them.
Heads of state are not above them.

A hug can break the language barrier,
And make your travels so much merrier.
No need to fret about your store of 'em,
The more you give, the more there's more of them.
So, stretch those arms without delay,
And give someone a hug today!!!

Dean Walley



ANGLICAN YOUTH INTERSHIP PROGRAM

material from Internet <https://ottawa.anglican.ca/yip>

PROGRAMS & PARTNERSHIPS

Youth Program & Youth Internship Program (YIP)

The ADO (Anglican Diocese of Ottawa) youth program seeks to support the work of youth leaders across the ADO region. This spans across eastern Ontario and western Quebec. This includes the vibrant city of Ottawa, Canada. The aim is to foster

community and help grow a brighter future for young people.

What is YIP?

YIP – Youth Internship Program – is a paid internship for youth ages 16-23 that runs from September until June. Upon completion of our program, the interns receive an honorarium of \$975.00 for participating in YIP. This honorarium does not come

from participating parishes or the host organizations.

YIP is an opportunity for our young people. It's a powerful starting point for entering into and opening up to a transformative experience: meaningful work, resume building; networking team development; personal mentorship; faith formation; and leadership skill development.

OUT AND ABOUT IN THE PARISH

submitted by Lorraine Madore

With three churches now making up our parish of West Carleton-March, there are more activities than ever. Here are just a few of the highlights from the last several months.

MEMORIAL SERVICES

The churches of West Carleton-March hold memorial services. St. George's and St. Thomas' were held in June.



St. Mary's memorial services took place at the Old St. Mary's Cemetery at Pinhey's Point in August



St. Paul's Memorial Service was at St. Paul's in the church, ending with a procession out to the Memorial Stone in their graveyard in August



The Reverend Dr. Alana McCord at St. Mary's Memorial Service at Pinhey's Point



So if you faithfully obey the commands I am giving you today—to love the Lord your God and to serve him with all your heart and with all your soul—Then I will send rain on your land in its season, both autumn and spring rains, so that you may gather in your grain, new wine and olive oil.

Deuteronomy 11:14

BLESSING OF THE ANIMALS



Canon David Clunie filled in for Rev. Dr. Alana for the Blessing of the Animals, in celebration of St.

animals ranged from cats and dogs to pigs and turtles—some of which represented through their pictures.



Francis of Assisi Saints Day. Blessings took place at St. Mary's and St. Thomas'. The animals that they were all quite well-behaved.



Perhaps we should not be surprised



ST. MARY'S CORN ROAST

St. Mary's held its annual corn roast on the church grounds, back in August. Technically it was a corn boil, with the cobs undergoing their magical transformation in a 100-year old cauldron hanging from three sturdy poles over a bonfire. Placed near the side of the road, it was an open invitation to anyone driving by to stop and have a bit.



Church members worked hard to put it all together. They not only

set up the tables and tents, they also donated the food, shucked the corn, provided dessert and salad, along with plenty of coffee and juice. The lingering threat of rain did not hinder anyone's enjoyment of the food and company. Thanks to all who put together the event and to everyone who attended.

Be glad, people of Zion, rejoice in the Lord your God, for he has given you the autumn rains because he is faithful. He sends you abundant showers, both autumn and spring rains, as before.

Joel 2:23

ST. THOMAS' LASAGNA DINNER

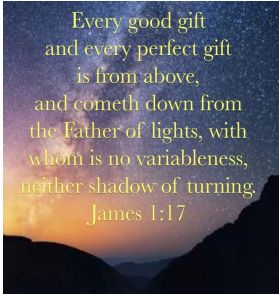


St. Thomas' held its annual Lasagna Dinner at the Fitzroy Harbour Community Centre. Music was provided by Kevin Davis and Bill Wilson, with the entire room singing along. Thanks to Bev Cowan for organizing the event and to the cooks, bakers and kitchen staff!

Sing along at Lasagna Dinner



A Good Time was had by All



In the Bible, the phrase “Father of Lights” is used in James 1:17. According to some interpretations, this phrase refers to God as the source of all good things and perfect gifts. The phrase “lights” is thought to represent the light of the natural world, the light of reason and conscience, the light of God’s law, the light of prophecy, the light of the gospel, the light of apostles, confessors, martyrs, bishops, and priests, and the light of the Holy Ghost shining in our hearts

World hunger is a growing problem.

Since 1983 the Canadian Foodgrains Bank and its members have been devoted to their mission to end world hunger.



He told them, “The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field.

Luke 10:2

REPORT OF 143RD SYNOD OF THE ANGLICAN DIOCESE OF OTTAWA

submitted by Parish Synod Reps Martin Cleary and Suanne Dorian

ADO Synod 2023 Summary Highlights October 20th and 21st 2023.

Together with Rev. Dr. Alana McCord, Martin Cleary and Suanne Dorian attended as Synod Reps for the Parish of West Carleton-March. In total there were 56 clergy and 123 Lay Synod representatives that attended at the St. Elias Centre in Ottawa, along with Bishop Shane and the Diocesan leadership team.

Alana was also called up to act as Head Scrutineer for the elections that were held during Synod. Also, during Synod, it was announced that Alana was appointed to the Diocesan Council.

On the night before Synod, a service was held at Christ Church Cathedral. Bishop Shane remarked “That good order has been a major focus for our diocesan church in a three-year journey of “honestly assessing where we are at, and of carefully and collaboratively discerning what God is calling us to do.”

This was a reminder that the 2023 Synod is a continuation of the work that has been gone on before, including the Shape of Parish Ministry Consultations.

With so much to cover, the report today is intended to provide highlights from Synod – the full report is available online at Ottawa.anglican.ca.



Diocese of
Ottawa

Shape of Parish Ministry Consultations and The Eleven Actions

During diocesan-wide Shape of Parish Ministry Consultations (SPMC), parishes reported being challenged by volunteer fatigue, property and administrative responsibilities, finances, evangelism, and aging congregations - but also spoke of their desire to share God’s love and engage with more people in their communities in new ways. Three proposals were resoundingly approved at Synod in 2022, and in the past year, the Eleven Actions called for in the proposals were developed. At this Synod, Bishop Shane said, we will see how each of the Eleven Actions has been addressed, listing the hoped-for results:

1. **There will** be less reliance on parish revenues to fund the operating budget;
2. **Diocesan staff** will provide increased assistance and support to parish leaders as they manage parish finances, properties, stewardship, communications, human resources, and administration;
3. **Bishop Shane** will provide guidance to parishes facing major changes, and will promote and enable innovation and collaboration;
4. **Parish officers** and leaders will receive training and more learning opportunities, and there will be a clear understanding of how parishes operate;

cont'd on page 5

CANADIAN FOODGRAINS BANK

submitted by Gary Weir



Canadian Foodgrains Bank

The Parish of West Carleton-March continues to support the Canadian Foodgrains Bank, by growing a crop each year. We are supported by Christ Church Bells Corners and St. Johns Kanata as well as Bit-Luk-Farms and Syn-Agri.

Lisa Probst and Gary Weir have been actively involved supporting this outreach. This past summer, they had an information booth at the Constance Bay market. They also attended the 40th anniversary celebration for the inception of the Canadian Foodgrains Bank which was held at Carp on October 27, 2023. This event was a thank you to all the people who have been a part of growing projects in the Ottawa area over the years.

This fall the Canadian Foodgrains Bank is asking for donations to support humanitarian assistance in Gaza. The Canadian Government will match each

dollar donated up to \$10 million until November 12, a date which may be extended. You can find the info on Gaza Humanitarian Emergency.

Facts about Canadian Foodgrains Bank:

Provided over \$1 billion of food related assistance

Worked with over 100 International partners to address global hunger

Worked in over 70 countries around the world

REPORT OF 143RD SYNOD (CONT'D)

5. A Learning Commons and a Program for Parish Development will provide resources, knowledge, and practical instruction on all essential aspects of parish ministry;

6. We will learn how to practice contextual mission as we engage with the world and establish new worshipping communities (NWCs).

Rather than go into detail today on the Eleven Actions that now form the top Strategic Priorities of the Diocese, we will highlight the key Actions presented at Synod as motions carried and a short overview of the Budget.

Synod adopted A Plan for Parish Development (Action 10)

Parish development is about equipping congregations with core knowledge and skills that are essential to thrive—particularly during times of significant change.

Knowledge and resources from diocesan participation in the School for Parish Development will be combined with new educational and training resources to create a program of modules for parish development. The modules will be short (maximum 30 minutes) low-cost, slide-based videos, easily accessible from our diocese website, and initially addressing 5 key areas:

- parish governance
- building healthy communities
- visioning and priority-setting
- effective stewardship
- engaging with the wider community

It is expected the leadership teams of each parish and congregation will complete the modules in a time frame that will be determined later. The purpose of this support to the parishes is to make operations easier and to more importantly allow time for engagement within our community. This will be a particularly valuable resource for us as a newly established parish.

Synod approved the Action Plan for Contextual Mission and New Worshipping Communities (Action 2) plus Proposal for a Future Fund (Action 11)

Contextual mission begins with the question: “How is God calling us to proclaim the Good News in our time and our place?” In 2023, in a post-pandemic, multicultural, largely secular culture, the church has to find new ways to engage with the people and communities around us.

The Reverend Thomas Brauer offered an example from the experience of St. James Church in Perth when kids broke into the church basement with their skateboards. The church’s initial reaction was to put up “No skateboarding” signs, but when challenged by a young adult parishioner, it changed course and instead added skateboarding ramps to welcome and engage with the community. Not every effort in contextual mission will lead to an opportunity to create a new worshipping community, but it offers an opportunity to engage, build relationships, and to explore potential.

The vision is that every parish and congregation will initiate or collaborate at least one identifiable new venture by 2028. By 2032, the 135th anniversary of the founding of our diocese, we will have created 35 new worshipping communities, in a great variety of shapes and sizes.

The Action Plan for Contextual Mission and New Worshipping Communities has Six Components:

A Time of Prayer – Listening for Divine Sparks in our Midst – A diocesan-wide initiative, A Time of Prayer, was launched on the final morning of Synod. The first microgrants will be available in May 2024. It calls on all parishes, groups, and individuals to participate in regular prayer to discern where God wants us to act. Bishop Shane will appoint a working group to pray for, oversee, and implement “A Time of Prayer.” Each parish and group will identify a point person. Prompts, resources, and prayers will be generated.

Establishing and overseeing the practice of Contextual Mission – Bishop Shane, the Diocesan Council and other lay and clergy leaders will play an essential role in the support, monitoring, evaluation, and communications.

Supporting Leaders, Lay and Clergy – with resources such as a knowledge network, qualified coaches, symposia, opportunities to participate in courses and workshops.

Supporting Parishes and Congregations – with a step-by-step guide to engaging in contextual mission and new worshipping communities as well as multiple sources of funding and other resources.

Financial Resources – Parish funds used to support new contextual mission initiatives and New Worshipping Communities will be exempt from assessment for Proportional Parish Share, and a microgrant program will be established to support contextual mission and New Worshipping Communities and will be financed from the Future Fund.

So how would this new worshipping community initiative be funded?

A motion was carried to rename and repurpose the existing Second Century Fund as the Future Fund to provide resources for contextual mission and new worshipping communities.

The fund (currently about \$1.6 million) will essentially function as an endowment, maintaining its principal, while offering about \$62,000 in dividends each year for use as microgrants, with some possibility for draw-downs on the principal, which will not fall below \$1 million.

So what does this mean for Our Parish in our Community?

The creation of new worshipping communities supported by Synod will present our parish with opportunities to uncover what Divine Sparks are within our midst in our community, so that we may better serve our neighbours and those most vulnerable within our community.

Budget

Synod approved a balanced budget for the three-year cycle 2024 to 2026. In the presentation to Synod, Tracy Albert, chair of the Property and Finance Committee, said this budget is projecting an overall increase in revenue by about 5% in 2024 to \$4.5 million and will decline a little bit in 2025 and 2026.

And on the expense side, we do assume a growth rate of 5% over 2023, then decrease slightly from 2024 levels in 2025 and 2026.

Of key interest for parishes was the reduction in Parish Proportional Share (renamed from Parish Fair Share). In keeping with a resolution from Synod 2022, Parish Fair Share was reviewed and reduced by 22% (or about \$460,000 collectively.) Tracy Albert explained that this decrease is expected to be more than offset by a projected increase in revenues from the diocesan central funds and distributions from the Cathedral Hill Foundation and property income.

REMEMBRANCE DAY IN CONSTANCE BAY

submitted by Kirstin Davidson



On Remembrance Day members of the armed forces (soldiers, sailors and airmen) are commemorated.

The other common name for this day is Armistice Day which marks the date and time when armies stopped fighting World War I. on November 11th at 11am in 1918 (the eleventh hour of the eleventh day of the eleventh month). Some 100,000 Canadian soldiers died in the First and Second World Wars.

In Canada, Remembrance Day is a federal statutory holiday - with a notable exception of NS, NWT, ON and QC - as it is in many other countries in the world where this day is observed on the national level.

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we
lie,
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies
grow
In Flanders fields.



All government buildings fly the Canadian flag this day and people remember those who fought for Canada during a two minute silence at 11am. Many people wear poppies before and on Remembrance Day to show their respect and support for Canadian

Rev. Dr. Alana gave the blessing at the Royal Canadian Legion Branch 616's Remembrance Day celebration, held at their war memorial in Constance Bay. Rev. Alana laid a wreath on behalf of St. Thomas'.



troops. Poppies are generally handed out free but often a voluntary donation is given in exchange.



Almighty God, we are gathered today in remembrance for all victims of war. We honour those who sacrificed their lives in the defence of others, in military action, and in peacekeeping. We cherish the memories of the comrades, friends and family we have lost. We pray for those who returned from war suffering in body, or in mind. As we continue to live in a world which knows all too well the cost of war, we remember veterans, and all those who serve, their families and friends, and all refugees and civilians who no longer have a home. God, we ask you to gather us all from the storm of war into the peace of Your presence. We ask these things in the name of Jesus Christ, the Lord. Amen.



High Flight

by Royal Canadian Air Force fighter pilot John Gillespie Magee

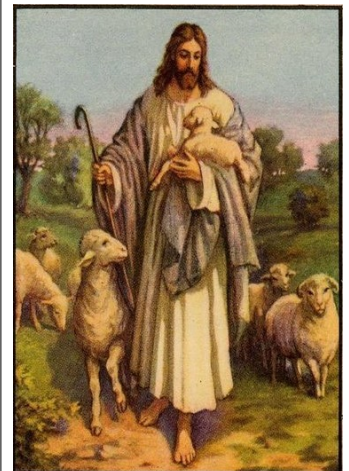
Air Force Fighter pilot John Gillespie Magee was a veteran of the Second World War. He was an American and his father was a curate of St. John's Episcopal Church in Washington DC. He died in 1941 in a training accident.

submitted by Lorraine Madore

Oh! I have slipped the surly bonds of Earth
And danced the skies on laughter-silvered wings.
Sunward I've climbed, and joined the tumbling mirth
Of sun-split clouds—and done a hundred things
You have not dreamed of—wheeled and soared and swung.
High in the sunlit silence, hov'ring there
I've chased the shouting winds along and flung
My eager craft through footless halls of air.
Up, up the long delirious burning blue
I've topped the wind-swept heights with easy grace
Where never lark, or even eagle flew
And, while with silent, lifting mind I've trod
The high untrespassed sanctity of space,
Put out my hand and touched the face of God.

Psalm 23

*The Lord is my shepherd, I lack nothing.
He makes me lie down in green pastures,
he leads me beside quiet waters,
he refreshes my soul.
He guides me along the right paths
for his name's sake.
Even though I walk through the darkest valley,
I will fear no evil,
for you are with me;
your rod and your staff,
they comfort me.
You prepare a table before me
in the presence of my enemies.
You anoint my head with oil;
my cup overflows.
Surely your goodness and love will follow me
all the days of my life,
and I will dwell in the house of the Lord
Forever.*



REPORT OF 143RD SYNOD (CONT'D)

Sanjay Grover, who is the director of financial ministry, offered Synod delegates assurance that any money used is from diocesan-owned funds, and parish funds are not involved.

More detailed information and graphs are available on the ADO website .

Anglican Community Ministries Report

The Reverend Canon PJ Hobbs, who is the director general of the Anglican Community Ministries, spoke of the challenges the ministries face alongside the vulnerable population they serve in our Diocese.

Describing his long habit of surveying the situation on the streets as he walks through downtown Ottawa, he said he was struck two years ago by the evidence of homelessness and poverty on almost every block. "It was like nothing I had ever seen. I could not imagine it getting worse. Sadly, today it is." Hobbs spoke about the challenges of dealing with the opioid crisis. "The incident of drug overdoses is on an exponential rise as toxic, deadly drugs are hitting the streets. People are dying. We are struggling to keep people alive for just another day."

He noted that these problems are not only in Ottawa. In Cornwall, Ont., an estimated 120 people are sleeping in tents or under tarps in three large encampments, and rural parishes have found that people are sleeping on church properties.

The question, "What can we do?" falls squarely within the framework of contextual mission, Hobbs said, recommending learning about the complex problems, volunteering, being an advocate with elected officials. In the broadest and most profound sense, however, he said the answer to the question, "what can we do?" is simply this, be ambassadors...for Christ.... We are called to the greater community, to collaboration and partnership, confident the Spirit moves in our midst."

ADO Synod 2023 Guest speaker:

The Very Reverend Canon Richard Sewell

The Very Reverend Canon Richard Sewell, Dean of St George's College Jerusalem and his wife

JulieAnn, who works at the Jerusalem Princess Basma Center (JPBC) travelled to Ottawa to join us. They began the first day with powerful, moving messages about the situation in Israel and Palestine, where war has raged for two weeks, killing and injuring thousands and traumatizing the populations on both sides.

Dean Sewell read a letter of greeting from Archbishop Hosam Naoum, Anglican Archbishop of Jerusalem and primate of the ecclesiastical Province of Jerusalem and the Middle East, who was invited to our Synod but was unable to attend.

Dean Sewell spoke of the profound trauma and grief caused by the war on both sides and of the shock of the October 17 bombing of the Al Ahli Hospital in Gaza, run by the Episcopal Diocese of Jerusalem.

"**It is going to be** a long hard road towards justice, peace, and reconciliation from here. It will begin by building bridges of understanding and those bridges cannot be built out of hatred," Dean Sewell said. "Let Christ be our way, our truth and our life, drawing us together in unity so that the world may know that we are the disciples of Jesus Christ."

The full text of his address is available for download from the ADO website.

Local representatives of The Primate's World Relief and Development Foundation announced it has committed \$30,000 in aid to the Al Ahli Hospital in Gaza and are accepting donations for their

long-standing partner.

Bishop Shane has the Last Word

Bishop Shane reminded those who attended that "the reason we need to be well-run and well-resourced is so we can focus outward with humble confidence and expansive generosity—as a resource to the wider community around us, sharing in God's mission to bring the whole world into the orbit of Christ's love."

Bishop Shane concluded with an echo of a message from his Charge about the importance of contextual mission. "We need to learn how to do this. We need to remind ourselves God is already at work in the world, and our task is to participate in God's work by listening in a new way to the Holy Spirit, because we cannot afford to repeat the colonial mistake of thinking we have the agenda in hand and have to get others to follow it. Instead, we must learn new skills which allow us to discern and understand how the Holy Spirit is already active in the people and communities around our churches. And when we have done this, we then need to ask how God is calling us to use our gifts to enable God's work in the rural areas, villages, towns, and cities of our diocese."



WEST CARLETON FOOD ACCESS CENTRE

Christmas Initiative 2023

Community coming together to ensure everyone has access to a joyous holiday celebration in their home.

I Need Help!	How Can I Help?
<p>If you find that you would like extra help this Christmas, and are a resident of West Carleton, please contact the WC Food Access Centre in strictest of confidence.</p> <p>Leave a message at 613-832-5685 with your name and contact number; a volunteer will return your call to make the necessary arrangements.</p> <p>-----</p> <p>Deadline for requests: December 20, 2023</p> <p>Pick up location: WCFAC Site (5670 Carp Road) By Appointment Only.</p>	<p>Local residents, Businesses, Clubs, Churches, etc. who wish to help:</p> <p>We offer recipients a gift that allows them to accommodate their family's preferences. Monetary donations are greatly appreciated!</p> <p>Cheques to: "West Carleton Food Access Centre" 5670 Carp Rd. Kinburn, ON K0A 2H0</p> <p>Info Requests/E-transfers to: Wcfoodaid@gmail.com</p> <p>Memo: Christmas Program</p> <p>Eligible donations over \$20 receive tax receipts. Please include your mailing address for tax receipt.</p>

**Parish of
West Carleton- March**

Phone : 613 623 3882
Email:
parishofwestcarletonmarch@outlook.com



St Mary's Anglican Church
2574 6th Line Road
North March, ON

St Paul's Anglican Church
1118 Thomas Dolan Parkway
Dunrobin, ON

St Thomas Anglican Church
3794 Woodkilton Road
Woodlawn, ON

PAYER REQUEST

Do you have a special prayer request, or a concern that needs prayer support? Please call the Parish Office at 613-623-3882 or email parishofwest-carletonmarch@outlook.com.

**West Carleton
Food Access Centre**

The West Carleton Food Access Centre is available if you, or someone you know, is experiencing food insecurity. **An appointment is required.** Call 613-832-5685 before 1:00 pm or email wfoodaid@gmail.com and you will be contacted back. There is also a [Facebook Page](#) for more information or if you would also like to donate. Please call if you would like to donate, do not leave items at the door.

Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere.

Ephesians 6:18



UP COMING EVENTS

Women's Bible Study. A weekly virtual Bible study, for women, will be held Thursday evenings, 7:30 to 8:00 pm, beginning on Thursday, November 23, 2023. It will be led by Gloria Wilson. Opening topic is the Book of Matthew. Please check the website: www.parishofwestcarletonmarch.ca for Zoom links, or email the office at parishofwestcaletonmarch@outlook.com



St. Thomas' Annual Christmas Cookie Sale. Take advantage of the excellent baking skills of St. Thomas' members and support the church at the same time!

Get your cookie order in by December 2, with pick up on December 9. Cost is \$30 for 3 dozen, \$45 for 5 dozen. **Remember that it is pre-order only.**



St. Mary's Advent Lessons and Carol Service – Dec 3rd

A festive celebration of Lessons and Carols at 3pm.



St. Paul's Annual Christmas Bazaar. December 2/23 11:00 am – 1:00 pm



Some jars *of St. Mary's Crab Apple Jelly* are still available! Contact Kirstin at kirstin@bell.net to get yours!



Look for the next Newsletter, due out in mid-December, for more information about services and events during the Christmas season. If you have anything relative to the Christmas Season to submit please email to the Church office parishofwest-carletonmarch@outlook.com

PRAYER

submitted by Reverend Dr. Alana McCord



Living God, may the power of your love, which we have known in word and sacrament, continue your saving work among us, and bring us to the joy you promise. We ask this in the name of Jesus Christ our Lord. Amen.