



**ANCIENT ORDER
OF
HIBERNIANS
IN AMERICA**

NOVEMBER 2024

*News for AOH
Fr. Con C. Woolfe Division 1
Ulster County*

P.O. Box 2026
Kingston, NY 12402
www.ulsteraoh.com

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Fr. John Kearney,	Chaplain LAOH
Jim Carey,	President AOH Division 1
Patricia Boyle Jacob,	President LOAH Division 5



NEXT MEETING
SECOND TUESDAY OF
EACH MONTH
NOVEMBER 12, 2024
WHITE EAGLE HALL
6:30 PM



ELECTIONS

MARK GEARY OUR IMMEDIATE PAST PRESIDENT WILL BE CONDUCTING OUR ELECTION FOR OUR 2025 SLATE OF OFFICERS.

HERE ARE THE OFFICES WE WILL BE VOTING FOR:

PRESIDENT
VICE PRESIDENT
RECORDING SECRETARY
FINANCIAL SECRETARY
TREASURER
MARSHALL
SENTINEL
CHAIRMAN OF STANDING COMMITTEES MARK GEARY

ANYONE CAN RUN FOR ANY OFFICE. IF YOU ARE INTERESTED, PLEASE CONTACT MARK GEARY

**THE ST. PATRICK'S
PARADE
MARCH 16, 2025**



**2025 ST. PATRICK'S
PARADE
MARCH 16, 2025**

OUR PARADE CHAIRMAN JOHN KELLY IS SCHEDULING FUTURE MEETINGS. PLEASE CONSIDER JOINING THE COMMITTEE AND HELP PLAN THE BEST PARADE IN THE VALLEY.



ST. PATRICK'S PARADE JOURNAL
AS YOU KNOW EACH YEAR, WE PUBLISH A PARADE JOURNAL TO HELP PAY FOR THE PARADE EXPENSES. PLEASE TAKE AN AD AND ALSO PLEASE SELL AN AD THE ST. PATRICK'S PARADE IS NOT FREE TO PRODUCE; WE NEED ALL OF THE HELP YOU CAN GIVE US.

SELL THOSE ADS!! THIS IS THE WAY WE PAY FOR THE PARADE LET'S MAKE SURE THIS CONTINUES TO BE THE GRANDEST PARADE IN THE VALLEY!!!

NOW IS THE TIME TO SEND IN THOSE SUGGESTIONS FOR THE BEARER OF ST PATRICK AND THE IRISH PRINCESS.



THE HISTORIAN'S CORNER NEIL MURRAY

Irish Proverbs & Sayings

The Irish people have long been admired for their wit and humor. This is clearly evident in many of the sayings and proverbs we have come to associate with Irish culture. All though their origin in many cases is unknown, their messages are clear. Please enjoy these 50 Irish sayings.

1. If you're enough lucky to be Irish... You're lucky enough!
2. Here's health to your enemies' enemies!
3. May you live as long as you want, and never want as long as you live.
4. May the wind always be at your back.

5. May you be at the gates of heaven an hour before the devil knows you're dead!

6. Here's to a long life and a merry one. A quick death and an easy one. A pretty girl and an honest one. A cold pint and another one!

7. Every man is sociable until a cow invades his garden.

8. May neighbors respect you, trouble neglect you, the angels protect you, and Heaven accept you.

9. It's easy to halve the potato where there's love.

10. I complained that I had no shoes until I met a man who had no feet.

11. May you have the hindsight to know where you've been, the foresight to know where you are going, and the insight to know when you have gone too far.

12. May the enemies of Ireland never meet a friend.

13. You've got to do your own growing, no matter how tall your father was.

14. May you live to be 100 years, with one extra year to repent.

15. May the roof above you never fall in and those gathered beneath it never fall out.

16. Tis better to spend money like there's no tomorrow than to spend tonight like there's no money!

17. May the saddest day of your future be no worse than the happiest day of your past.

18. A man loves his sweetheart the most, his wife the best, but his mother the longest.

19. Forgetting a debt doesn't mean it's paid.

20. A good laugh and a long sleep are the two best cures.

21. Here's to eyes in your heads and none in your spuds.

22. A little fire that warms is better than a big fire that burns.

23. There is no such thing as bad publicity except your own obituary.

24. Do not resent growing old. Many are denied the privilege.

25. If it's drowning, you're after, don't torment yourself with shallow water.

26. There's no need to fear the wind if your haystacks are tied down.

27. Don't be breaking your shin on a stool that's not in your way.

28. May the enemies of Ireland never eat bread nor drink whisky but be tormented with itching without benefit of scratching.

29. May the most you wish for be the least you get.

30. Wherever you go and whatever you do, may the luck of the Irish be there with you.

31. The man who has luck in the morning has luck in the afternoon.

32. Men are like bagpipes – no sound comes from them until they are full.

33. A family of Irish birth will argue and fight, but let a shout come from without, and see them all unite.

34. In every land, hardness is in the north of it, softness in the south, industry in the east, and fire and inspiration in the west.

35. May misfortune follow you the rest of your life, and never catch up.

36. The older the fiddle the sweeter the tune.

37. May the grass grow long on the road to Hell for want of use.

38. Always remember that hindsight is the best insight to foresight.

39. Lie down with dogs and you'll rise with fleas.

40. May your heart be light and happy, may your smile be big and wide, and may your pockets always have a coin or two inside!

41. It is often that a person's mouth broke his nose.

42. What butter and whiskey won't cure, there is no cure for.

43. There is only one thing worse than being talked about, and that is not being talked about.

- 44. Here's to Hell! May the stay there be as fun as the way there!
- 45. Never scald your lips with another man's porridge.
- 46. May the hinges of our friendship never grow rusty!
- 47. Where the tongue slips, it speaks the truth.
- 48. May you get all your wishes but one, so that you will always have something to strive for!
- 49. May your home always be too small to hold all your friends.
- 50. You'll never plough a field by turning it over in your mind.
Slainte
Neil



AOH
"LUCKY THREE" IRISH
CALENDAR WINNERS
 Bill Murphy

OCTOBER

- 10/03 #316 \$35 Ellen Cafaldo
- 10/03 #316 \$35 Louise Gallagher
- 10/03 #316 \$35 Lorraine Krasinski
- 10/05 #545 \$35 Lori Wenzel c/o Susan Newell
- 10/10 #023 \$35 Carter Hastings
- 10/14 #130 \$75 Jonethan T Wolf (Columbus Day)
- 10/16 #643 \$35 Henry J Bruck
- 10/18 #319 \$35 Peter Cafaldo
- 10/18 #319 \$35 Susanne Allison
- 10/22 #330 \$35 Henry Wallace
- 10/22 #330 \$35 Michael Raub
- 10/28 #328 \$35 Mary-Jo Martin
- 10/30 #987 \$35 Mimi Croswell
- 10/31 #404 \$35 James Kelly
- 10/31 #404 \$35 Jessica Brewer
- 10/31 #404 \$35 Diane Lannon



DUES-DUES-DUES
DUES ARE DUE FOR 2025

The bills for the 2025 are being prepared; please make sure you pay your dues on time. Please pay as soon as you can, we need your help this year more than ever. Our dues are very reasonable at \$25.00 per year. You can still pay your dues at our next meeting and receive your membership card. Keep up your support for our efforts to educate our kids and the general public about our great culture. Remember we need to pay for all those on our membership list for National and State Dues. Send your dues and also for any other prior years to:

UCAOH Div 1
 PO Box 2026
 Kingston, NY 12402



THE IRISH SHOW

Every Sunday Morning at 8:00 AM WKNY with Ken and Anna Brett. www.radiokingston.org
 1490 AM 107.9 FM



PRAYERS FOR THE SICK

Please keep in your prayers all our members who may be experiencing ill health.



MEMBERSHIP

Sponsor someone for membership. Applications are on the website and dues are only \$25.00 per year.

Keep searching out those Irish sons that qualify for membership. 2025 Dues mailing are being prepared. Thank you to all.

Please pay your dues.

Remember-

There are no strangers here; Only friends you haven't yet met.
 W.B. Yeats.



AOH JUNIOR DIVISION

As always, we need your help to spread the word. Nephews, Cousins, Grandsons, Family Friends... we need them all to join! Please help keep the AOH alive by infecting our youngsters with the same beliefs and cultural richness as we have! Any input and assistance are welcomed!!



TIN WHISTLE LESSONS

Saturday Mornings
Arace, Broadway, Kingston, NY

Did you ever want to learn to play the Tin Whistle? Well, you are in luck. Stay Tuned for our new schedule coming up. Our very own Shea Gallagher who is a Piper in the band will be organizing a 10-week class at Arace just after pipe practice Saturday Mornings. Bring your own tin whistle or we have them for sale. Give a call 845-338-6622 and get the details as to what you need to start.



PIPE, DRUM AND HONOR
GUARD NEWS

Scott Benson

Feel free to join us at any event and all are welcome to come and learn Saturday mornings with Jim Carey or with the band at Monday night practice.



ULSTER COUNTY AOH
DIVISION 1
FACEBOOK & INSTAGRAM

Facebook:

<https://www.facebook.com/UlsterAOH>

We also have pages setup for the Irish Cultural Center Hudson Valley. They can be found at:

Facebook:

<https://www.facebook.com/ICCHudsonValley>

Web: <http://www.icchv.org>

Instagram @icchudsonvalley

Finally, if you have any pictures, events, or announcements you would like to have posted on the AOH or ICC Facebook pages, please send a message to either Facebook Account.



IRISH CULTURAL CENTER
(ICC) - HUDSON VALLEY
www.icchv.org

There are a lot of activities the ICCHV is conducting each month.



GAELIC CLASSES

Gaelic Classes conducted by our own Bob McDonald. Classes are each Friday during the school session- Gaelic in the Glen, online language classes 5:30pm Beginner 6:30pm Intermediate



TRAD SESSIONS

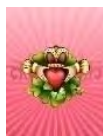
Trad Sessions will start up again on Sunday October 6, 2025, at the Ole Savannah Restaurant on the Rondout.

Next Trad Session November 3, 2024

And every first Sunday of the month there after.

Come on down and join the fun.

Check out the ICCHV website ICCHV.ORG support our loyal sponsors. Thank you. Keep Moving Forward!!



LAOH DIVISION 5
NEWS

Jean Steuding

NEXT MEETING

NOVEMBER 12, 2024

St. Mary's St. Peter's

Divine Mercy Room

5:30 P.M

Next Meeting, November 12, 2024 – 5:30 PM, Mass for deceased members then meeting following.

“Designer Pocketbook BINGO” is scheduled for November 3, 2024 – White Eagle Hall. Doors open at 12 noon, bingo starts at 1 PM. The cost is \$45 and includes 10 cards each with 3 games. Additional cards will be sold for \$5 each. For reservations or to buy tickets notify Chrissie Wrixon 845-901-1191 or Pam Boyle 845-901-1465.

You may still purchase 20-week club tickets for the duration of the drawing.

Notify Andrea Beaver 845-417-4302, Chrissie Wrixon 845-901-1191 or Pam Boyle 845-901-1465

The winners for week 10: Patricia Gilpatric \$50, Theresa Glennon \$25, Week 11: Dennis Crowell \$50, Rebecca Dunne \$25, Week 12: Beth Verdichizer \$50, Chrissie Wrixon \$25, Week 13: Karen Anderer \$50, Gerri Wilson \$25.

At The November meeting there will be election of offices. You may run for any position, and if you do so, you must attend the November 12, 2024, meeting, and all future meetings. Some of the officers have decided not to run again, and we need members to step up to the plate. We have a good thing going! Help us never to have to disband for lack of offices!!

Our Christmas Dinner is scheduled for Tuesday, December 10, 2024, at Little Italy. Cost and menu will be discussed at our November meeting. Reservations and payment are required.

If you have a daughter, granddaughter, Niece or Grand Niece that you would like to submit for Irish Princess, she must be between the ages 11 and 15 years old, and the applicant must be 11 years old by March 17, 2025. You may submit her name at any time. You can contact Arace Electric or email: events@ulsteraoh.com for form or more information.

Please pray for Kathleen Houghtaling, Terry Glennon, Paula Horvers and Jean Steuding.

Notify Judy Mathews at judymath4@yahoo.com or 845-338-1618 if you know of a member or friend of the LAOH you think should receive a card of some kind.

As you can see from the above, we have some wonderful events coming up, please join us. Please make every effort to participate. Make sure you do all things you need to do to prepare for winter to keep safe

and healthy. God bless us all and God bless America! Pray for Peace!



Best Tender Pot Roast

Time: **5 hours 5 minutes**

Yield: **8 servings**

Ingredients

For the roast:

3 tablespoons vegetable oil
3-5 pounds chuck roast, trimmed of excess fat.
6 cloves garlic, peeled.
carrots, peeled and optionally chopped, to taste.
3 cups low-sodium beef broth
2 tablespoons Worcestershire sauce
3 tablespoons dried minced onion
2 tablespoons beef bouillon
1 teaspoon onion powder
1 teaspoon garlic powder
1 teaspoon salt
½ teaspoon dried oregano
½ teaspoon dried basil
½ teaspoon dried thyme
½ teaspoon pepper
1 bay leaf

For the gravy: 2 cups low-sodium beef broth, less depending on the amount of broth/drippings in the pan after roasting
¼ cup flour, kosher salt, to taste, black pepper, to taste

Directions

Step 1 -Preheat the oven to 425 degrees F.
Step 2 -In a large cast-iron skillet or a heavy-bottom skillet, heat the vegetable oil over high heat.
Step 3 -Using tongs, add the roast to the hot oil and sear on all sides until lightly browned, about 2-3 minutes per side.
Step 4 -Transfer the roast to a shallow roasting pan.
Step 5 -Add whole cloves of the garlic into the crevices in the roast. You can usually find them wherever there is a seam of fat.
Step 6 -Add carrots to the roasting pan, surrounding the roast.
Step 7 -In a medium bowl, whisk together 3 cups of the beef broth, the Worcestershire sauce, the dried minced onion, the beef bouillon, the onion powder, the garlic powder, the salt, the oregano, the basil, the thyme, the pepper, and the bay leaf.

Step 8 -Pour the broth mixture over the roast and the carrots.

Step 9 -Cover the roasting pan tightly with foil and roast for 30 minutes.

Step 10 -Turn the roast over and re-cover it with foil.

Step 11 -Reduce the oven temperature to 300 degrees F.

Step 12 -Roast until the meat is fall-apart tender, about 4-5 hours.

Step 13 -Transfer the roast and the carrots to a serving platter, reserving the juices/broth in the pan. Let the roast rest for at least 30 minutes.

Step 14 -Strain the fat from the juices. Do not discard the fat.

Step 15 -Add the remaining beef broth to the juice in the pan just until it is equal to about 2 cups in total.

Step 16 -Add 4 tablespoons of the reserved fat to a saucepan over medium heat.

Step 17 -Sprinkle the flour into the melted fat and whisk until it becomes a smooth, golden-brown paste, about 2 minutes.

Step 18 -Slowly stir in the juices/broth mixture.

Step 19 -Bring the gravy to a simmer.

Step 20 -Season the gravy to taste.

Step 21 -Serve.



Birthday Cake Cinnamon

Rolls

By Annalise Sandberg

Prep Time 30 min

Total 2 hr 30 min

Servings 12

Ingredients 10

Ingredients

1 1/4 cups warm water (105°F to 115°F)
1 package (2 1/4 teaspoons) active dry yeast, 1 box Betty Crocker™ Delights Super Moist™ Party Rainbow Chip Cake Mix, 2 1/4 to 2 1/2 cups Gold Medal™ All Purpose Flour
1/4 cup butter, melted.
1 teaspoon ground cinnamon
1/2 cup brown sugar
2 tablespoons from 1 container Betty Crocker™ Rainbow Sprinkles

1 cup from 1 tub (16 oz) Betty Crocker™ Rich & Creamy Cream Cheese Frosting. Additional Betty Crocker™ Rainbow Sprinkles

Instructions

Step 1 Grease bottom and sides of 13x9-inch pan or 2 (9-inch) round cake pans with shortening or cooking spray. Set aside.

Step 2 In small bowl, stir warm water and yeast until dissolved.

Step 3 In large bowl, stir cake mix and 2 cups of the flour. Add yeast mixture; stir with wooden spoon until dough forms. Add remaining flour 1/4 cup at a time, stirring after each addition, until dough comes together in a ball. Cover with plastic wrap; let rise in warm place until dough has almost doubled in size, about 1 hour.

Step 4 Gently punch down dough, and then reshape into ball. On lightly floured surface, flatten dough with hands or rolling pin into 18x12-inch rectangle. Brush with melted butter; sprinkle with cinnamon, brown sugar, and sprinkles. Roll rectangle up tightly, beginning at 18-inch side. Pinch edge of dough into roll to seal. Cut into 12 rolls.

Step 5 Place rolls in pan(s); cover with plastic wrap. Let rise in warm place until dough has almost doubled in size, about 30 minutes. Meanwhile, heat oven to 375°F (350°F for dark or nonstick pan(s)).

Step 6 Bake 20 to 22 minutes for 13x9-inch pan; 16 to 18 minutes for 9-inch round pans or until golden brown. Cool 5 minutes; spread with frosting. Sprinkle with additional sprinkles. Serve warm or at room temperature. Store tightly covered at room temperature.



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OF
HIBERNIANS
IN AMERICA

P.O. Box 2026
Kingston, NY 12402

Hibernian Motto

Friendship, Unity and Christian Charity
(Cairdis, Aontacht agus, Chríostaí Carthanais)

Keep the Faith
(Coinnigh an Faith)

Is Cuimhin Linn
(We Remember)



St. Patrick's Parade, Inc.
IRISH PRINCESS

IRISH PRINCESS INFORMATION FORM

PARADE DATE MARCH 16, 2025
KINGSTON PLAZA, KINGSTON, NY

NAME:		DATE OF BIRTH:
ADDRESS:		
CITY:	STATE:	ZIP:
PHONE:	EMAIL:	
NOMINATED BY:	EMAIL:	PHONE:
RELATIONSHIP TO AOH OR LAOH MEMBER		
SIGNATURE OF PARENT:	DATE:	PHONE:

Please Note:

**Qualifications are that the Princess be 11-15 years old
Applicant must be 11 years old by March 17 of the year of
the parade and related to a member of the Ulster County
AOH Div 1 or Ulster County LAOH Div 5, (Daughter,
Granddaughter, Niece or Grand Niece).**

The Irish Princess Duties:

- Participation at Grand Marshal's Night**
- Participation at Promotional Events (i.e. Radio Programs)**
- Participation and Support of the St. Patrick's Parade**
- Participation at Mass March 17th**
- Participation at the Mayor of the Day Ceremonies**
- Participation in the Hooley on the Hudson™**

**2025 INFORMATION FORMS MUST BE RECEIVED NOT
LATER THAN NOVEMBER 23, 2024**

**PLEASE RETURN THIS COMPLETED FORM TO:
Arace Electric or email: events@ulsteraoh.com**

THE PARADE, P.O BOX 2788, KINGSTON, NY 12402