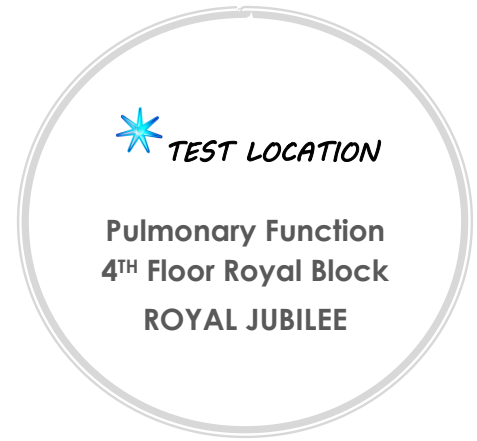


June 14, 2017



PULMONARY FUNCTION LAB—PATIENT INSTRUCTIONS

Patient Name
Address Line 1
Address Line 2

Appointment Date:

★ **Test Start Time:** (but please arrive 15 minutes earlier—thank you)

Your test is a: Spirometry/Pulmonary Function Test

Please be sure to follow the instructions below because failure to follow these instructions could result in your test being cancelled.

- ❖ Report to the **Pulmonary Function Department** at the Royal Jubilee Hospital 15 minutes prior to your appointment start time.
- ❖ **Have your CareCard or BC Services Card ready for our receptionist. She will confirm that the information we have for you is current and correct.**
- ❖ If the reception is away from her desk, please sit in the **waiting room, Room 410**, located on the 4th floor of the Royal Block as the respiratory therapist will be looking for you there. Therapists work a 12 hour shift and have their breaks from 12:00-12:45 pm and 4:45-5:30 pm, Monday to Friday, and their lunch break from 12:00-12:30 on Saturday.
- ❖ Thank you for not wearing scented products or lipstick.
- ❖ Avoid caffeine (tea, coffee, chocolate, pop) for 4 hours prior to test. You may eat as normal, avoiding caffeinated products.
- ❖ Do not smoke any substances for 4 hours prior to test.
- ❖ You will not be exercising for either test—no need for gym wear.



Please note:

- ❖ Spirometry Test takes 30 minutes
- ❖ Pulmonary Function Test takes 60 minutes

You will do ONLY ONE of the above tests NOT BOTH (*instructions are the same for both tests*) 😊

Please turn over

PLEASE AVOID THE FOLLOWING MEDICATIONS BEFORE YOUR TEST:

12 HOURS BEFORE YOUR TEST

Do not use long-acting bronchodilators or inhaled corticosteroids (Serevent, Oxeze, Advair, Foradil Symbicort, and Spiriva) **unless directed otherwise by your physician.**

4 HOURS BEFORE YOUR TEST

Do not use short-acting bronchodilators (Ventolin, Salbutamol, Bricanyl, Berotec, Atrovent) **unless directed otherwise by your physician.**

CANCELLATIONS:

Unfortunately, appointment cancellations could result in a delay for your test. If you have a personal emergency and need to cancel, please try to call at least 48 hours in advance and leave a message with **Dee** at the PFT Booking Office at **250-519-1642**.



OUR LOCATION

We are located on the **4th floor of the Royal Block**, located at the older (original) side of the Royal Jubilee Hospital. If you park in the parkade at the newer side of the hospital (Bay Street entrance) to reach the Royal Block you would:

- ❖ Enter Main Entrance of the D&T Centre (Diagnostic & Treatment Centre).
- ❖ Proceed past Tim Hortons, past the information desk, past a set of two elevators on your right, and continue down a wide and long corridor. If you can see the chapel on your right you are in the right hallway. At the end of the hall there are two elevators. Take one to fourth floor. Exit. Around the corner and you will see the Royal Block hallway.
- ❖ **Reception** is half way down the hall on your right, **waiting room** half way down the hall on your left.

If you wish to enter from the Old Main Entrance (**West Block Entrance on map**) which is closer to Richmond and Fort Streets:

- ❖ Enter foyer of Old Main Entrance, turn to your right, where a few steps away you will find a bank of four elevators. Take any one of those to the fourth floor. The Royal Block will be just outside the elevators on the 4th floor.

Please see the attached map for our location!

PARKING

Parking rates are: \$2.75 for two hours and \$1.50 for each hour after that.