

THE HERRING CHOKER ASHRAE NB PEI CHAPTER

2020-2021 Executives

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November 2020 Issue

NEXT MEETING Virtual Webinar – TUESDAY November 24th, 2020 Topic: EQ is the new IQ: How to use emotional

intelligence to become a better person at work and at home

Presentation Abstract:

"People will forget what you said and what you did, but they will never forget how you made them feel, ~Maya Angelou"

Have you noticed how much society is all about grades; who has the best grades and which school you have been graduating from. But why is it that 70% of people with average IQs are doing better than those with the highest IQs? Why is it that we have managers and CEO that are not performing or that are not liked by their employees?

Emotional intelligence is definitely one of the key elements in improving your leadership skills in life, at work and within your volunteer organization like ASHRAE.

During the presentation, we will go through the meaning of emotional intelligence, the 4 different skills and strategies to improve EQ to prove that Emotional intelligence is the key to your success!

When: Tuesday, November 24th, 2020, 12:00PM-1:00PM (ADT)

Please click the link below to join the webinar: https://zoom.us/j/91248878294

Webinar ID: 912 4887 8294

N.B. P.E.I. Chapter ASHRAE, P.O. Box 1629, Moncton, N.B. E1C 9X4

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Introduction to Our Speaker – Karine Leblanc

Karine Leblanc received her Bachelor degree in Mechanical engineering from Ecole de Technologie Superieure, an engineering school in Montreal, Canada. She was awarded an honorary medal as part of the 50th anniversary of the University of Quebec for her exceptional contribution to the institution.

Karine has been working as an HVAC sales engineer for US Air Conditioning Distributors since 2001 and has been an active member of ASHRAE since she was a student.

Karine has served on the ASHRAE Society Board of Directors from 2014-2017 and became the first female Region X Director Regional Chair since 1959. In 2009-2010, she was at that time the youngest President of the chapter of Southern California which was founded in 1930.

She has received the Louise & Bill Holladay Southern California chapter Distinguished service award, the Region X Director's Cup award, the Regional Award of Merit and the Distinguished Service Award.

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Jeopardy Night for ASHRAE NB/PEI

We'll be asking some questions and you'll be impressing us with your recall!

On Tuesday December 8th starting shortly after 6:00 pm we'll be asking history questions and maybe a few others. We'll be sending out a mail chimp email this week for contact information. There will be some prizes for highest score and best story.

1) What is this award?



- 2) Who was instrumental in getting the NB/PEI chapter started?
- 3) What do Joe Biden and John Willden have in common?

Have a look through the updated Chapter History before Dec 8th to stimulate your memory.

See next page for answers.

The Herring Choker

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Jeopardy Night for ASHRAE NB/PEI

Answers:

- 1) What is the Travelling Meatball Award?
- 2) Who is Kirk Bavis?
- 3) What is President Elect?

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