

Upcoming Events

Sunday, September 29

* Worship, 10am, In-Person and Livestream Followed by Fellowship Time in the Hall.

Tuesday, October 1

* Worship Meeting, 9:30am, Friendship Room

Wednesday, October 2

Library Committee, 2pm, Library

Thursday, October 4

- * Chime Choir, 6pm, Sanctuary
- Choir Practice, 7pm, Sanctuary

Sunday, October 6

- World Communion Sunday, Worship, 10am
- * In-Person and Livestream

 Followed by Fellowship Time in the Hall.



Keep in Touch

Minister

Pastor Beth Parsons bethparsons@cbunited.ca

Music Director

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Council Chair

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Office Administrator

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CORDOVA BAY UNITED

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CBUC Peninsula Co-op member # 51194 Here are all the programs and activities happening at CBUC this week. Church activities are listed in yellow.

Sunday, September 29

- Worship, 10am, Sanctuary
- Saanich Squares, 7pm, Hall

Monday, September 30

- * Yoga, 10:45am, Hall
- * Embers, 6pm, Youth Lounge
- Jazzercise, 6pm, Hall
- Victoria Arion Male Choir, 6:30pm, Sanctuary
- * Embers, 7pm, Hall

Tuesday, October 1

- * Jazzercise, 8:30am, Hall
- * IH Adult Day Program, 9:30am, Hall
- Worship Meeting, 9:30am, Friendship Room
- * Zumba, 5:30pm, Hall
- * KSI Karate, 7pm, Hall

Wednesday, October 2

- * Yoga, 10:45am, Hall
- Library Committee, 2pm, Library
- Sparks, 5pm, Hall
- * Jazzercise, 6pm, Hall

Thursday, October 3

- * Jazzercise, 8:30am, Hall
- * IH Adult Day Program, 9:30am, Hall
- * Zumba, 5pm, Hall
- * Cubs, 6pm, Hall
 - Chime Choir Practice, 6pm, Sanctuary
- Choir Practice 7nm Sanctuary

Friday, October 4

- * Jazzercise, 8:30am, Hall
- Chair Yoga, 10:30am, Hall
- Mavericks Square Dance Club, 7pm, Hall

Saturday, October 5

- * Jazzercise, 8:30am, Hall
- * Zumba, 10:30am, Hall

A reminder that if you require a room for a meeting or activity, please contact the office by phone or email to reserve the space. Thank you.

Mission & Service Birthday & Anniversary Recognition October 6



We will be recognizing birthdays and anniversaries on Sunday October 6. In honour of a birthday or anniversary in this month we invite you to make a donation towards the United Church of Canada Mission & Service Fund.

For those worshipping in person, donations will be accepted during the singing of the birthday/ anniversary song. Donations can also be made through e-transfer. Send your e-transfer to treasurer@cbunited.ca. If you have an envelope number, please include it in your message.

For those watching online who would like an anniversary or special birthday mentioned, please email the church office.



2nd Saturday of the month Time: 10 a.m.

Cordova Bay United Church Hall 813 Claremont Ave.

Where friendships are made

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strong community is cultivated.

Volunteer Opportunity

We are seeking a volunteer to organize the Christmas
Poinsettia sales. If you would be willing to take on this fundraising project or would like more information about what is involved, please contact the church office. Thank you.

Want the best seat on Sunday mornings?

Get involved with the livestream/audio/visual ministry here at CBUC. We will train you! In a short period of time, you could be part of this very important team. Contact the office via email or phone or pop up to the sound booth after a service for more information.





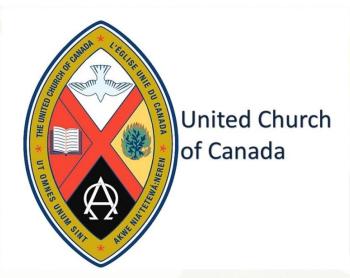
Walnuts in abundance

Some years ago, Barbara Waldner's husband Harvey, planted a walnut tree in their yard. That tiny tree came to produce award winning walnuts at the annual Saanich Fair.



This year, again, Barb has an abundance of walnuts and she would like to offer them for sale. Price, you ask? Pay from the Heart with all proceeds to support Mission and Service.

To arrange pickup, contact Barb directly (250.658.5680). Please bring gloves (the walnut husks can stain your hands) and your own bag. Thank you.



Greetings from the National Office

The annual General Council meeting is scheduled for October 19. We invite you to join an informal, thoughtful national town hall on Oct. 22 at 6 p.m. with the General Secretary, Rev. Michael Blair, and guests from the GCE – LIVE ONLINE. They want to hear from the church across the country, so they can prepare for the November GCE meetings and beyond.

This personal invitation from General Secretary Rev. Michael Blair is for you, for staff and congregations. It is an opportunity to engage with the decisions and dialogue from the annual meeting – right after it happens.

Whether you're a listener or a caller, this check-in is where you can have a conversation with leaders in real time.

The General Secretary and members of GCE are listening. Live. In real time.

Everyone is welcome. Register on **CHURCHx**.

A note: This is a pilot project. We hope it will be the first of quarterly check-ins next year. While this live event will not offer interpretation or translation, we are planning to hold one check-in fully in French next year (or as fully as we can, with the help of our bilingual GCE members and Ministries in French staff).

Watch for scheduling and updates by subscribing to the General Council website.

SAANICH EMERGENCY PROGRAM **Education and Volunteer Opportunities**

FREE Emergency Program Events

PREPAREDNESS 100: EMERGENCY PREPAREDNESS SPEAKER SERIES

Each session covers a different topic (TBA) that could include the hazards that surround us, the utilities we use, or a different perspective related to emergencies and events in our community. Register early to reserve a spot.

September 24, 2024

7 to 8 p.m.

Call Saanich Commonwealth Place to register, 250-475-7600

November 4, 2024

7 to 8 p.m.

Gordon Head Recreation Centre to register, 250-475-7100

PREPAREDNESS 101: EMERGENCY PREPAREDNESS PRESENTATION

Are you and your family ready for an emergency? The Saanich emergency program offers individual and family emergency preparedness presentations for residents of Saanich. Learn how to plan and prepare before disaster strikes. Register early to reserve a spot!

Each participating household will receive a copy of the **Prepare Yourself** workbook. <u>Click here</u> to learn more.

September 12, 2024

7 to 8:30 p.m.

Call Cedar Hill Recreation Centre to register, 250-475-7121

October 8, 2024

7 to 8:30 p.m.

Virtual, call or email the Emergency Program to register, 250-475-7140

November 13, 2024

7 to 8:30 p.m.

Call Saanich Commonwealth Place to register, 250-475-7600

sep@saanich.ca Follow us on X: @SaanichEP @SaanichFire saanich.ca/prepare

Can't make our regularly scheduled Preparedness 101 dates?

If you can get a group of ten or more people together, our presenters will come to you! Contact the Saanich Emergency Program office to schedule your presentation. Call 250-475-7140 or email sep@saanich.ca

VOLUNTEER INFORMATION SESSION

The Saanich Emergency Program is looking for volunteers! Support your community, gain valuable experience, learn about emergency management and meet amazing people. Volunteers needed for emergency support services, neighbourhood emergency preparedness program and radio communications. Training provided

September 17, 2024

7 to 8 p.m.

Call Gordon Head Recreation Centre to register, 250-475-7100

November 20, 2024

7 to 8 p.m.

Call G.R. Pearkes Recreation Centre to register, 250-475-5400

Scan me to register with RecOnline