

LUXURIOUS You

because you are

All Professional Services Provided by Patricia Herold, Owner of Light Works Esthetics, Master Educator, Advanced Skin Care Specialist.

I am here to serve all genders and ages. Whether you are looking for a pampering facial or require assistance beginning or altering your skin care routine I am well versed in skincare and understand that all treatments are unique and not one treatment is suitable for everyone.

"Specialized Treatment for what is You"

We are Located at:
9807 105st
Grande Prairie, AB
T8V 4Y8

Phone: 780-882-2270
Text: 780-402-0875



[instagram.com/luxuriousyou_/](https://www.instagram.com/luxuriousyou_/)
[facebook.com/YouRLuxurious](https://www.facebook.com/YouRLuxurious)

PROFESSIONAL SKIN CARE
SERVICE MENU

LUXURIOUS You

because you are

MAKE-UP APPLICATION

We use a completely pure all natural, micronized based makeup, that is an extension of our professional skin care products.

These minerals are naturally anti-inflammatory and act as an antiseptic on the skin. No additives, oils, perfumes, talc, alcohols, dyes or chemicals.

Recommended by dermatologists, estheticians and plastic surgeons, these minerals are non-comedogenic and form a natural barrier with a chemical-free broad spectrum sun protection. Light reflective minerals minimize appearance of fine lines, are water resistant, oil free and ideal for rosacea and acne prone skin. It feels weightless and has an extremely low risk of reaction.

Minerals offer the most advanced effective makeup available and are good for your skin.

MAKE UP LESSON

\$100

This is an interactive treatment. We will aid and advise appropriate make up application for day and night looks and teach you how to perform your own make up. An in depth skin analysis and basic skin care recommendations will also be included.

Your lesson includes a personal skin care travel kit, lipstick or gloss and mascara. 90-120 min

BRIDAL PACKAGE

\$145

We are committed to making sure everything is perfect for your special day right down to the last detail.

Our Bridal package includes your trial application recommended within 2 weeks prior to the day of the wedding. Your own personal lipstick or gloss, mineral powder and mascara. 90-120 min

EVENT PACKAGE

\$85

We are committed to making sure that you look fabulous for your special event.

Our Event package includes your own personal lipstick or gloss and mascara. 60-90 min

5 REASONS TO GET A FACIAL TODAY

1. Professional Skin Analysis

The benefit of getting a professional skin analysis is to reveal your true skin type, allowing your skin care technician to cater to your unique needs with professional treatments and product suggestions for your home care routine. It is very common for individuals like yourself to be unaware of your individual skin type and the appropriate care required. This often leads to skin problems by simply using the incorrect skin care products for your skin type. Don't worry you are not alone and we are here to help.

2. Professional Exfoliation

Our facials include the appropriate form of exfoliation using one of our professional grade exfoliating products such as manual, chemical or enzyme. Other methods include the use of professional equipment such as diamond microdermabrasion or galvanic desincrustation. We will select the product and or methods best suited for your skin type or conditions. This will leave you with results that smooth the skin, increase cellular turnover, soften lines, and break up skin discoloration to promote more even-toned skin.

3. Clean Out Blackheads and Clogged Pores

With appropriate preparation and skin softening techniques that aid in the extraction process, your skin care technician can safely and effectively clean clogged pores, blackheads, and impurities without causing harm to your skin. Individuals usually have a difficult time eliminating blemishes and blackheads at home, oftentimes causing damage to the tissues and sometimes causing scarring.

4. Hydration Maintenance

Every skin type needs hydration. Regardless if you have oily, acne-prone skin, or dry and flaky skin. Your skin cells are like fish and need water to survive. Most often individuals confuse the difference between Dry and Dehydrated skin or Oily and Hydrated skin. The difference is Dry and Oily are skin types and determined by the amount of oil in the skin. Dehydration and Hydration refers to the condition of the skin and the amount of water it contains.

5. Because You Deserve It!

We tend to spend an exceptional amount of time caring for the other people in their lives. While this can be rewarding, at times it's just mentally exhausting. Take just a couple of hours to yourself to do something for yourself. A facial is just for you and will give you time to re-energize and clear your mind. Nourish your soul and pamper your skin in just a few blissful hours at the spa.

FACIAL TREATMENTS

All our facial treatments include a thorough skin analysis, cleanse, exfoliation, clarification, steam, extractions (when necessary), massage (unless acneic) mask.

SIGNATURE FACIAL

\$90

Our signature facial treatment is suitable for all skin types and ages. This treatment is a good starter facial for those who are looking for some expert advise and guidance to start or make adjustments to their skin care routine. 60-75 min

MOISTURE FACIAL

\$125

Our moisture facial is composed of the appropriate products to clarify and hydrate the skin. This treatment makes use of either of our rich rubberized peel off masks. Suitable for all skin types.

Vitamin C Modeling mask which hydrates and supports collagen production.

Purifying Marine mask which is and alginate (algae) modeling mask used for super hydration. Great for rosacea. 60-75 min

DEEP PORE STEAM FACIAL

\$115

Our deep poor cleansing facial utilizes the use of steam to its ultimate ability. In addition to the use of our gentle charcoal purifying mask which deeply detoxifies while nourishing skin, leaving it feeling clean, clear & hydrated while actively deep cleansing & draws out deep-dwelling pore-cloggers, bacteria, toxins, chemicals, dirt and impurities. This treatment best suited for oily and combination skin types. Individuals with congested and clogged pores, build up of oil and dead skin cells. Not recommended for dry skin or individuals with skin sensitivity. 60-75 min

ADD CHEST & BACK (add 90 min)

\$215

CHEST & BACK TREATMENT

\$135

COLAVOCADO

\$125

Colavocado Kefir supplementation may help a person take an inside-out approach to skin care. Maintaining youthful looking skin is a priority for many men and women, yet skin care products and cosmetic procedures may not deliver the desired or anticipated results due to gut imbalances from environmental influences.

Colavocado Kefir is used as a powerful facial mask as well as a natural supplement and when taken internally, has the potential to help clients address symptoms of common skin problems, such as eczema, psoriasis, rosacea, and acne. 60-75 min

ADD CHEST & BACK (add 90 min)

\$225

CHEST & BACK TREATMENT

\$145

PEEL FACIAL TREATMENTS

Our professional peel facial treatments include a thorough skin analysis, cleanse, clarification, steam, extractions (when necessary), massage (unless acneic) mask.

PROTEOLYTIC ENZYME PEEL

\$125

This treatment utilizes enzymes that function to remove accumulated dead skin cells leaving younger smoother skin with more uniform pigmentation, improving texture and tone leaving the skin soft and smooth. The skin will better accept creams and lotions as well as their active ingredients. The Proteolytic Enzyme Peel is one of the mildest forms of peels for the simple reason that the enzymes work specifically on only dead skin cells. This treatments utilizes steam to enhance the activity of the enzyme requires for maximum performance.

This treatment is best suited for oily, acneic and dry skin types. 60-75 min

FORBIDDEN FRUIT PEEL FOR ACNE PRONE

\$135

Incorporates a mild enzyme peel in addition to the forbidden fruit peel with the added benefits of steam.

FORBIDDEN FRUIT PEEL FOR MATURE SKIN

\$135

Utilizes the forbidden fruit peel as and exfoliant with added hydration of our seasonal moisture mask.

Our therapeutic Forbidden Fruit Peel Facial combines the hydrating, exfoliating and anti-oxidant properties of glycolic, lactic and malic acid. The Forbidden Fruit Peel removes dead skin cells, reduces fine lines and wrinkles, improves texture evening out skin tone and helps to fade age spots due to over exposure to the sun. This lavish facial will leave your skin feeling smooth, refreshed and hydrated. For most skin types especially Acne-prone, problematic, dehydrated, sun damaged mature and prematurely aging. Not Recommended for sensitive skin types. 60-75 min

GLYCOLIC ACID CHEMICAL PEEL

\$150

SAVE 15% when you purchase a series of 3 or more treatments.

Glycolic acid peels are effective for treating acne skin conditions. Effective in the reduction of pore size. Consistent and repeated use of glycolic acid peels have been shown to be effective for removing cystic lesions and acne scars from skin. Dark spots (post-inflammatory hyperpigmentation), Melasma or Cholasma Effective for treatment of Photoaging from too much sun exposure can cause premature aging of the skin including sagging, wrinkling, dark spots, actinic keratosis.

A Consultation / Pre Treatment is required. Pre & Post Treatment skin care kits are included in a series of 3 treatments.

6 to 8 treatments are recommended for the treatment of pigment conditions. 30-45min

No steam, extractions or massage is included in glycolic facial treatments

MICRODERMABRASION FACIAL TREATMENTS

Our professional microdermabrasion facial treatments include a thorough skin analysis, cleanse, clarification, and mask.

Studies on microdermabrasion have demonstrated an increase in superficial papillary dermal collagen as a result of the healing response of the skin following the treatment.

microdermabrasion is a innovative and effective skin resurfacing treatment, providing visible results by improving the appearance of fine lines and wrinkles, skin tone, blackheads, whiteheads, surface scaring, acneic scaring, superficial pigmentation, aging and sun damaged skin and decongest acneic conditions.

Following treatment the ability of the epidermis to retain moisture has been diminished and extra hydration and UV protection is required for 14 days. One of the benefits of microdermabrasion is the ability of the skin to assimilate treatment products into the skin to penetrate providing superior results.

The best results are achieved with a series of 4 to 6 treatments spaced 7 and 10 days apart for best results. Maintenance should be done every 2 months.

SAVE 15% when you purchase a series of 3 or more treatments.

Not Suitable for Active Acne, Retin A, Rosacea, Couperose, newly waxed skin.

MANUAL DERMABRASION™

\$90

This revolutionary treatment involves manually applying a micro magnesium oxide treatment to the skin to slough unwanted dry skin cells to too gently yet effectively smooth the epidermis while stimulating blood and lymph flow to nourish and oxygenate at a cellular level. Manual dermabrasion treatments require virtually no recovery time. The depth of the treatment is determined by the pressure exerted and the time of application. 30-45 min

DIAMOND DERMABRASION

\$120

Diamond-peel microdermabrasion is a safe, non-invasive skin resurfacing procedure that deeply polishes and stimulates the skin using densely packed laser-cut diamonds to remove dead skin cells and promote the growth of healthy, new cells for a smoother, more radiant and flawless complexion.

In addition to this treatment we include a ultrasonic facial treatment. This is a noninvasive medical procedure that aims to give the skin a tighter, younger-looking appearance by stimulating the bodies natural healing ability and increasing the production of collagen. 45-60 min

PURIFYING MOOR MUD FACIAL

\$115

Moor Mud is composed of decomposed herbs, flowers and grasses in special (moor-like) conditions over the course of thousands of years. Over 1,300 natural, organic plant enzymes, bio-minerals, trace elements, amino acids, fatty acids and vitamins have been identified within the mud. This purifying, organic black mud is rich in minerals and trace elements to deep cleanse as it moisturizes, softens, refines and beautifies dull skin and has healing properties that work on detoxifying and rejuvenating the skin. Moor mud treatments improves circulation, wrinkles and gives the skin a healthy glow. It is often used to treat skin problems like acne, eczema and psoriasis.

Suitable for all skin types, removes impurities from deep in the skin without drying or irritating, refines, nourishes and softens the skin. Protein-building amino acids and plant hormones are also present in Moor Mud making it one of the most beneficial and potent natural healing substances available. 60-75 min

ADD CHEST & BACK (add 90 min)

\$215

CHEST & BACK TREATMENT

\$135

ADD BODY WRAP

\$260

BODY WRAP (add 90-120min)

\$155

ALGAE REVITALIZING FACIAL \$125

A nourishing treatment utilizing a blend of marine elements full of proteins, amino acids and vitamins. Algae is rich in marine proteins, vitamins, and minerals designed to remineralize the skin, can provide a broad range of advantages that can contribute to younger, healthier looking skin. Algae is fantastic for hydrating, revitalizing and toning the skin and can also help to reduce or fully eliminate problems with acne, cellulite, and even wrinkles. Algae improves skin's elasticity. When used with a purifying, marine-based body treatment it detoxifies the body while restoring skin's tone and vitality drawing out toxins and delivering essential minerals to the skin. 60-75 min

ADD CHEST & BACK (add 90 min)

\$225

CHEST & BACK TREATMENT

\$145

ADD BODY WRAP

\$270

BODY WRAP (add 90-120min)

\$165

CBD FACIAL

\$115

Our THC Free Cannabidiol (CBD) facial treatment infuses this natural compound derived from the cannabis plant into our facial treatment. CBD oil has beneficial skin health uses for a variety of skin conditions due to its anti-inflammatory properties, making CBD useful for treating many skin conditions, including acne, eczema, and psoriasis. CBD contains many compounds with oil-reducing, anti-inflammatory, and antimicrobial properties, useful for treating dryness and itching helping sooth and reduce irritation, beneficial for sensitive skin.

In addition to antioxidant properties beneficial for mature skin which help prevent the appearance of aging. 60-75 min

ADD CHEST & BACK (add 90 min)

\$215

CHEST & BACK TREATMENT

\$135

SEASONAL FACIAL TREATMENTS

We offer 12 different Seasonal Scentsation Treatments that are only available for a limited time during their specific season.

All our Seasonal Scentsation facial treatments include a thorough skin analysis, cleanse, exfoliation, clarification, steam, extractions (when necessary), massage (unless aneic) mask.

AFTER EIGHT - JANUARY

\$90CHOCOLATE - FEBRUARY

COCONUT LIME - MARCH

LAVENDER - APRIL

MOONLIT - JUNE

JUICY APPLE - AUGUST

PUMPKIN SPICE - OCTOBER

PEPPERMINT STICK - DECEMBER

These treatment utilizes our seasonal moisture mask which restores the skins water-lipid layer and increases the amount of nutrients and oxygen in the cells, neutralizes free radicals and protects connective tissue. Excellent for dehydrated skin. 60-75min

ADD CHEST & BACK (add 90 min) **\$190**

CHEST & BACK TREATMENT **\$110**

ADD BODY WRAP (add 90-120min) **\$210**

BODY WRAP

\$130
CHAMPAGNE & ROSE - MAY **\$115**

Our luxurious Champagne Facial combines the hydrating, exfoliating and anti-oxidant properties of both Champagne oil and grapes. The Champagne Facial Mask removes dead skin cells, deeply hydrates and helps to fade age spots due to over exposure to the sun. This lavish facial will leave your skin feeling smooth, refreshed and hydrated. The Champagne Facial Mask provides a large variety of phyto-nutrients with anti-oxidant properties including vitamins, phenols, carotenoids and flavonoids. For most skin types (except sensitive) especially dry, sun damaged and aging.

ADD CHEST & BACK (add 90 min) **\$215**

CHEST & BACK TREATMENT **\$135**

ADD BODY WRAP **\$260**

BODY WRAP (add 90-120min) **\$155**

MANGO FACIAL ENZYME PEEL - JULY

\$125

This treatment utilizes enzymes that function to remove accumulated dead skin cells leaving younger smoother skin with more uniform pigmentation, improving texture and tone leaving the skin soft and smooth. The skin will better accept creams and lotions as well as their active ingredients. The Mango Enzyme Peel is one of the mildest forms of peels for the simple reason that the enzymes work specifically on only dead skin cells. This treatments utilizes steam to enhance the activity of the enzyme requires for maximum performance.

This treatment is best suited for oily, acneic and dry skin types.

60-75 min

ADD CHEST & BACK (add 90 min) **\$215**

CHEST & BACK TREATMENT **\$135**

ADD BODY WRAP **\$260**

BODY WRAP (add 90-120min) **\$155**

CLARITY - SEPTEMBER

\$90

This treatment utilizes Clarity Pulling Oil formulated with the finest organic cold pressed coconut oil infused with lemon myrtle.

This treatment offers an uplifting lemony scent. A refreshing treatment rich in naturally occurring medium chain triglycerides.

With its anti-bacterial, anti-fungal and detoxifying effects, Clarity treatments are very effective for oily and acneic skin conditions.

60-75min

ADD CHEST & BACK (add 90 min) **\$190**

CHEST & BACK TREATMENT **\$110**

ADD BODY WRAP (add 90-120min) **\$210**

BODY WRAP **\$130**

CRANBERRY MOISTURE FACIAL- NOVEMBER

\$125

Our Cranberry moisture facial is composed of the appropriate products to clarify and hydrate the skin. This treatment makes use of either of our rich rubberized peel off masks. Suitable for all skin types.

Cranberry Modeling mask which hydrates and supports collagen production. 60-75 min

ADD CHEST & BACK (add 90 min) **\$215**

Our Cranberry treatment is inspired by the fruit of the bog.

Cranberries contain ample amounts of polyphenols, tocotrienols, omega-3, omega-6 fatty acids and anti-oxidants providing protection against premature aging. For most skin types (except sensitive) especially dry, sun damaged and aging.

CHEST & BACK TREATMENTT **\$135**

ADD BODY WRAP **\$260**

BODY WRAP (add 90-120min) **\$155**