



**Biathlon Canada  
United States Biathlon Association  
Québec Biathlon Federation  
Invite you to attend the  
North American Summer Roller Biathlon Championship  
SPRINT AND INDIVIDUAL  
August 9 – 11, 2019**

Event Sanctioned by the IBU, Awarded to Biathlon Canada,  
Hosted by Volunteers of the Quebec Biathlon Federation

**IBU / NorAm Roller Biathlon Categories**

Men, Women  
Junior Men, Junior Women  
Youth Men, Youth Women

Senior Boys and Girls who want to roller-ski will need to race in the Youth category.

**Myriam-Bédard Biathlon Centre  
Valcartier, Québec, Canada, G0A 4Z0**

Registration opens July 17, 2019 at [www.zone4.ca](http://www.zone4.ca)



**NORTH AMERICAN SUMMER  
ROLLER BIATHLON  
CHAMPIONSHIP 2019**

Dear Biathlon Friends,

It is my honour and great pleasure to invite you on behalf of the Quebec Biathlon Federation and Biathlon Canada to the 2019 North American Summer Roller Biathlon Championship in Quebec City.

It will be a distinct and genuine pleasure to be the host to teams from across the continent here in the Quebec summer wonderland where our particular *joie de vivre* is constantly abundant.

The event is scheduled to take place on 10 and 11 August at the biathlon venue located on the Valcartier military garrison. The detailed schedule of the event is provided further in this document. Official training will take place for the NorAm athletes only on Friday, August 9<sup>th</sup>. If you decide to come earlier and enjoy the great hospitality of the region and the trails during the early part of the week, we kindly ask you to inform our point of contact at [laurianne.noel2017@gmail.com](mailto:laurianne.noel2017@gmail.com) no later than August 2<sup>nd</sup>. A daily trail fee of \$15 CAD per person will be requested to be paid at the venue. Only Range Safety Officers registered with the Valcartier Garrison Range Control are authorized to supervise range activities.

We are now working hard to prepare the venue in order to welcome all athletes with the best conditions we can provide.

On behalf of our Organizing Committee, I wish all of you good luck at this Championship, and I look forward to meeting you during the event.

Yours sincerely,

Jean-Guy Levesque  
Organizing Committee Chair  
President – Quebec Biathlon Federation

## **Organizing Committee**

<b>Chair</b>	<b>Jean-Guy Levesque</b>
<b>Chief of Competition</b>	<b>Michel Gasseau</b>
<b>Competition Secretary</b>	<b>Laurianne Noel</b>
<b>Chief of Course</b>	<b>Lise Le Guellec</b>
<b>Chief of Range</b>	<b>Serge Donaldson</b>
<b>Chief of Stadium</b>	<b>Serge Le Guellec</b>
<b>Chief of Timing</b>	<b>Normand Gonthier</b>
<b>Technical Delegate</b>	<b>Appointed by Biathlon Canada</b>

Questions should be directed to:

OC Chair	Jean-Guy Levesque <a href="mailto:jg.levesque@bell.net">jg.levesque@bell.net</a> Phone 418-655-3414.
Competition Secretary	Laurianne Noel <a href="mailto:laurianne.noel2017@gmail.com">laurianne.noel2017@gmail.com</a>

**IBU rules of competition and the Biathlon North America Hosting Policy will be in effect for this event.**

**All competitors must have a 2019-2020 season membership from their respective division or state. A proof of membership may be asked by the Competition Secretary.**

**Competitors from outside of Canada must declare their rifles at the Canadian border, complete the necessary documentation, and pay the required fees when bringing rifles and ammunition into Canada.**

All athletes must register their own rifles and pay the applicable fee.

A Letter of Invitation for entrance into Canada can be requested from the OC Chair at [jg.levesque@bell.net](mailto:jg.levesque@bell.net)

Import forms can be downloaded from the below site following directions given.

<http://www.rcmp-grc.gc.ca/cfp-pcaf/form-formulaire/pdfs/5589-eng.pdf>

Even though ammunition is available in Quebec City from sporting goods stores, specific ammunition for biathlon may be hard to find. Make sure to bring enough with you for your training and competition needs.

### Roller Biathlon

Competitors must bring their own roller skis with bindings, ski boots, poles and helmets.

Rifles will be carried for the roller event. The paved course will be used for roller ski competitors. Standing shooting lanes will have mats for the rollers.

Helmets are mandatory and must be worn whenever athletes are wearing roller skis including the warm-up, zero, and the competition. Helmets must be unmodified and be by a certified manufacturer and approved by the TD for the event.

## **Schedule of Events**

### **Friday August 9**

0800	Competition Office opens
0900	Team Captain Meeting: Course info and selection of Juries at biathlon building
1000-1200	Official Training Roller only
1230	Team Captain Meeting: Draw for Sprint competition.

### **Saturday August 10**

0900 - 0945 Zero (all categories)

1000 Sprint competition 30 sec starts (order of start to be determined)

1230 Team Captain Meeting: Draw for Individual competition.

Medals will be awarded immediately after the final results are posted.

### **Sunday August 11**

0900 - 0945 Zero (all categories)

1000 Individual competition 30 sec starts (order of start to be determined)

Medals will be awarded immediately after the final results are posted.

This schedule may change due to registration numbers, weather and Garrison requirements.

Course information and maps will be available on site prior to official training.

The Organizing Committee reserves the right to modify the parameters of the event based on local conditions such as weather, volunteers, trails, equipment and military operations.

Start lists will be available on [www.zone4.ca](http://www.zone4.ca) prior to each day's event.

<b>Class of Competitor</b>	<b>Course Length &amp; Competition Type</b>	<b>Shooting Bouts 5 Rounds per Bout</b>	<b>Shot Penalty</b>
Men	7.5 km Sprint	P, S	25 seconds
	12.5 km Individual	P, S, P, S	45 seconds
Junior Men	7.5 km Sprint	P, S	25 seconds
	12.5 km Individual	P, S, P, S	45 seconds
Youth Men	7.5 km Sprint	P, S	25 seconds
	12.5 km Individual	P, S, P, S	45 seconds
Women	7.5 km Sprint	P, S	25 seconds
	12.5 km Individual	P, S, P, S	45 seconds
Junior Women	7.5 km Sprint	P, S	25 seconds
	12.5 km Individual	P, S, P, S	45 seconds
Youth Women	7.5 km Sprint	P, S	25 seconds
	12.5 km Individual	P, S, P, S	45 seconds

### **Awards:**

Medals for the North American Roller Biathlon Championship will be awarded to the top three finishers in each IBU category, in accordance with the North American Hosting Policy.

### **Registration:**

Registration will be on the Zone 4 website (<http://www.zone4.ca/>) starting July 17, 2019 by Visa and Mastercard only. Deadline is August 7, 2019 at midnight. No entries will be accepted after this time.

### **Fees for the event:**

**Two competitions**

**\$85.00, including daily trail fee, plus on-line charge**

**One competition**

**\$45.00, including daily trail fee, plus on-line charge**

## **Myriam-Bédard Biathlon Centre**

The biathlon facility to be used for the event is located on Canadian Forces Base Valcartier. Located 29 km northwest of downtown Quebec City, this military garrison comprises close to 5500 Armed Forces service personnel. The biathlon venue was established at its actual location, into the base recreational area, in 1980. Between 1995 and 1997, it went through a major construction project in order to host the World Military Ski Championships in March 1997. Named the same year after Canada's best athlete, the Myriam-Bédard Biathlon Centre was awarded an IBU B-License in June 1997 and hosted the World Junior Biathlon Championships in 1998, a Biathlon World Cup in 1999, numerous Canadian and North American Biathlon Championships and the World Masters Games in 2015.

### **Venue access**

To access the Valcartier Garrison from the Trans-Canada (Highway 20), the Pierre-Laporte Bridge must be taken, followed by highways 73 North, 573 North and 369 North. All participants to the North American Summer Roller Biathlon Championship must access the biathlon venue through the garrison's main entrance. This entrance can be found on the right hand side of Highway 369 North. Once on the base, signs on the side of the road will bring you directly to the venue.

### **Available facilities at the venue**

- Technical building: Competition Office, Timing, Jury Room.
- Wax cabins (3 m x 6 m).
- Toilets.
- Free parking space.

Keys to the cabins may be picked-up during normal business hours from 9 to 11 August 2019 at the Competition Office, with a \$50.00 deposit. A \$20.00 fee will be kept from the deposit for the use of the wax cabins. Wax cabins must be cleaned and keys returned to the Competition Office before 4:00 PM on Sunday August 11.

Food service is available at Centre Castor Golf Club located on the base, about 3 km from the biathlon venue.

### **Suggested Accommodations**

- **Hotels Jaro:** 6 hotels available in Québec City. [www.hotelsjaro.com](http://www.hotelsjaro.com)
- **Best Western Premier – Hôtel l'Aristocrate:** 3100 chemin Saint-Louis, Québec, QC G1W 1R8, 418 653-2841
- **Grand Times Hôtel :** 6515, blvd. Wilfrid-Hamel, Québec, QC, G2E 5W3  
<http://www.timeshotel.ca/fr/contact.htm> [reservation@timeshotel.ca](mailto:reservation@timeshotel.ca)
- **Hotels and Suites Normandin :** 2 hotels in Québec City. [www.hotelnormandin.com](http://www.hotelnormandin.com)  
Information : [info@hotelnormandin.com](mailto:info@hotelnormandin.com)
- **Auberge La Seigneurie de la Valcartier :** 53, 5th Avenue, St-Gabriel-de-Valcartier, G0A 4S0.  
[www.laseigneurie.com](http://www.laseigneurie.com) 844 3166, 1 877 264 3166
- **Québec Tourism Bureau :** <http://www.quebecregion.com/fr/hotels/>