

February 2023



The Beacon

A Publication of the St. Albert Knights of Columbus Council #4742

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Grand Knight's Report

My Brothers, my friends,

Aristotle classified three types of friendship: pleasure (hockey friends), utility (business friends) and of virtue. St. Thomas Aquinas adds to this when he says:

"a happy person needs friends ... He does not need them for purposes of utility or pleasure, as he has perfect enjoyment of his virtuous life. Friends are needed, rather, for good or virtuous activity."

Friends tease the good out, friends call us to the heights of our goodness, friends increase our capacity for friendship.

I recently lost a close friend; we weren't afraid to discuss hard things and challenged each other in our virtue and spiritual growth. It is in that pursuit of the good that we can recognize true friendship. Not just the enjoyment of each other's company, or what advantage we can get from the relationship, but all that and the pursuit of the good. Last general meeting brought forth a good discussion on love, friendship, charity, and tolerance. The conversation was pointed yet respectful, the kind that one can have between friends. We pursued the good.

As a side note but related... we can be welcoming and inclusive and tolerant and still stand firm in our faith. However as Catholic gentlemen we are not called to be tolerant – we are called to love; very clearly, we're told to love our enemies. Tolerance is nice – but it isn't a virtue...

"We need to remember that tolerance is not a Christian virtue. Charity, justice, mercy, prudence, honesty — these are Christian virtues. And obviously, in a diverse community, tolerance is an important working principle. But it's never an end itself. In fact, tolerating grave evil within a society is itself a form of serious evil." Abp. Charles Chaput

Keeping in mind Love, tolerance and charity, Friendship holds a privileged place in love. Christ calls us His friends (if you do what He commands), and says "No one has greater love than this, to lay down one's life for one's friends." Although, scripture says that Christ died for us while we were still sinners (i.e., We often treat Him as our enemy). St. Thomas again;

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Christ did not lay down his life for us his enemies as we remain his enemies, but that he might make us his friends. That is to say, even if we were not friends as those loving him, nonetheless we were his friends as loved by him.

I realize, that here in our council, in our parish, not only are we Christian brothers (sometimes we merely tolerate our family members, don't we?) but we are also friends. Since we share many interests, help each other along and are united in our pursuit of the good.

So, thank you my friends, for helping me and each other pursue what is good.

In Christ, through Mary and Joseph, **Brother Brent Heit - Grand Knight Council #4742**



Chaplain's Corner

Brothers,

Continuing with the February 5th Sunday gospel we have been following Our Lord's Sermon on the Mount. The whole of this sermon (Matt 5 to 7) can give us much thought for the Season of Lent which is just around the corner.

In the sermon Jesus contrasts a moral life that focuses on right external behaviour with a moral life focused on the life of the heart. The heart is the inner capacity to listen to God, to do good just because something is good and to pursue the freedom to love. This freedom requires us to live virtues (skills of the heart) and to form long lasting attitudes of the heart. When Jesus calls his disciples to go above the act of murder and go beyond even anger what attitude of heart does he wish us to have (Matt 5: 21-22)? When Jesus calls us to go above the act of adultery and go beyond lust what virtue is he asking us to live (Matt: 5 :27-28)?

The word Lent is an old English word meaning Spring. Let this lent be a fresh time of growth for the life of our hearts.

Father ED, OMI

UPCOMING EVENTS

February 2023

5 – Sunday, Pancake Breakfast after 9AM and 11AM masses

6 – Monday, 5:30 PM Executive Meeting

11 – Saturday, 10AM – Noon, Food Collection (for Sacred Heart Parish) and Grocery Card Sales

15 - Wednesday, 7PM General Meeting (Coffee & Donuts)

25 – Saturday, 10AM – Noon, Food Collection (for Lac Ste. Anne) and Grocery Card Sales

March 2023

5 – Sunday, Pancake Breakfast after 9AM and 11AM masses

6 – Monday, 5:30 PM Executive Meeting

11 – Saturday, 10AM – Noon, Food Collection (for St. Albert Food Bank) and Grocery Card Sales

15 - Wednesday, 7PM General Meeting (Coffee & Donuts)

25 – Saturday, 10AM – Noon, Food Collection (for Sacred Heart Parish) and Grocery Card Sales

April 2023

2 – Sunday, Pancake Breakfast after 9AM and 11AM masses

3 – Monday, 5:30 PM Executive Meeting

8 – Saturday, 10AM – Noon, Food Collection (for Lac Ste. Anne) and Grocery Card Sales

19 - Wednesday, 7PM General Meeting (Coffee & Donuts)

22 – Saturday, 10AM – Noon, Food Collection (for Sacred Heart Parish) and Grocery Card Sales

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Food Drives and Grocery Gift Card sales continue every second Saturday from 10AM until Noon in the Parish Hall.

Thank-you to everyone who supports the Food Drives & Grocery Gift Card sales



Photos from our February Pancake Breakfast...



Worthy Grand Knight Brent Heit with his daughter Maria preparing sausages and pancakes before the 9AM sitting. Br. Brent presenting cheque to Br. John Groten on behalf of funds raised at the January Pancake Breakfast for the Society of Saint Vincent De Paul.

Our monthly Pancake Breakfast has been such a success in the St. Albert Parish community that we desperately need help in the following areas;

- ✓ Early morning set-up – We have had enough volunteers for this shift and wish to thank the Br. Knights that come out early and participate
- ✓ Serving after 9 and 11AM masses – We need servers of both the food and coffee/tea at both of these
- ✓ Takedown & Clean-up – This is where we need the most help! Please consider sticking around after the 11AM sitting and assisting with this. If you attend the 9AM mass, please consider coming back and lending a hand.

Thank-you.

After expenses we raised **\$1,200** for
CATHOLIC SOCIAL SERVICES OF EDMONTON at the
February 5th Pancake Breakfast.



"As a Catholic social services agency, we are guided by faith to care for and bring hope to people in need with humility, compassion and respect."

At the March 5th Pancake Breakfast, we will
be raising funds for: hope MISSION of Edmonton



Hope Mission exists to serve, strengthen and uplift men, women, youth and children through the life-changing gospel of Jesus Christ.

Film Review of ...



I was very moved by her great humility and courage and love she had working first hand with the poorest of the poor. I was also inspired by how she also, like a number of souls, had to live through the dark night of the soul. Her genuine love for the poor was amazing and how she inspired and moved the souls of the people who met her. She displayed fearless faith and spiritually touched almost everyone she met. It was a great show and we would definitely recommend it.

Br. Marc Lambertus, Worthy Deputy Grand Knight,
Council #4742

This Knights of Columbus produced film of Mother Teresa was released in 2022 to coincide with the 25th anniversary of her passing in 1997. This film is a must-see for all Christians. I joined a full theatre at Cineplex North Edmonton on January 23rd and thoroughly enjoyed learning more about this great woman. I learnt that Mother Teresa was born in 1910 in Skopje, North Macedonia to Indian-Albania parents. She left home at the age of 18 to join the Sisters of Loreto at the Loreto Abbey in Ireland. While in Ireland she learned English which she needed to fulfill her desire of becoming a missionary (English was the language of instruction of the Sisters of Loreto in India).

She began her missionary work with the poor in India in 1948, and received Vatican permission for a diocesan congregation which would become the Missionaries of Charity. The charity would care for “the hungry, the naked, the homeless, the crippled, the blind, the lepers, and all those people who feel unwanted, unloved, uncared for throughout society, people that have become a burden to the society and are shunned by everyone”.

The film centers around her work in establishing no less than 600 missions (they are called tabernacles), schools, and shelters in 120 countries. In each missionaries chapel the words “I thirst” is displayed prominently. This is like a mantra that impels the Sisters to go out and serve — and serve not only those with the least material goods.

The film opens with Supreme Grand Knight Patrick E. Kelly had inspirational opening and closing comments in the film. I have never been prouder to be a Knight than I was watching this film knowing that our fellow Brother Knights brought this to the world. *Ed*

Rides to our Monthly General and Executive Meetings

Further to our Grand Knight's appeal for Brother Knights within our Council to “*look for opportunities to share your talents*”, we are asking any and all Br. Knights that are able to assist with giving rides to Brothers that are no longer able to drive to these meetings to put your name forward to assist with this worthy cause. And also, any Knight that wishes to attend the meetings but is not able to get to the meetings on their own, to please forward their name to our Deputy Grand Knight, Br. Marc Lambertus (587)982-3557 or by email at; lambertusm@shaw.ca



Photos from recent Knights of Columbus Council #4742 events...

On Saturday, January 28th, Pat Beier and Nick Syrnyk became the newest members of Council #4742 at the *Fraternal (1st-3rd) Degree Exemplification* held at St. Agnes Catholic Church.



Beacon Contest...

We will reveal who this mystery Br. Knight of Council #4742 is at the February 15th monthly General Meeting. We will be giving more clues and awarding the winner a Tim Horton's \$10 Gift Card. You must be in attendance to win.



Council Meeting Message February 2023

During the month of February and especially around Valentine's Day, we spend a lot of time thinking about our loved ones.

We do much more than think about loved ones at Valentine's Day; we give flowers and chocolates and send greeting cards. Why all the fuss? To show our love, of course! But have you ever considered that you should insure your love?

That's really what insurance is all about. Why does a member buy life insurance? Because he loves someone. He buys life insurance because he loves a wife or children. He doesn't want his loved ones to experience a lack of money if he is not there to provide for them. He wants to make sure his family can stay in the same home they love; he wants to make sure his children will have the college education they will need; he wants to ensure that his daughter will have the wedding she's always dreamed of; he wants his family to continue to live the lifestyle he's been able to provide.

In addition to life insurance the Knights of Columbus offers long-term care insurance, disability income insurance, and retirement annuities. All of these, like life insurance, help insure your love. Need extended care? Long-term care coverage can help. Can't work because of illness or injury? Disability income insurance can provide for some family necessities until you can work again. Want guaranteed interest on your retirement savings? An annuity might be right for you. All these products can help insure your love.

So go ahead and buy that box of chocolates, get a beautiful arrangement of flowers or a dozen roses and include a card; but then sit down with me and with your wife and let me show you how you can insure your love.

Vivat Jesus!

Kevin A. Paish FIC, CFP, CPCA Field Agent

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**From the desk of our Worthy Financial Secretary,
Br. Tony Csilics**



Membership Dues

The 2023 Membership Dues for Council #4742 were mailed out December 15th. Please consider using e-transfer to pay for your membership. Please use the following email address for e-transfers to Council #4742: kofc4742@gmail.com

This email address has been registered for Interac Autodeposit and doesn't require a security question. Transfers sent to this email address will be deposited directly into the account and cannot be cancelled. Please use "2023 Membership Dues" in the subject line of the email.

Thank-you for completing the "Annual Survey of Fraternal Activity" that was mailed with your 2023 Membership Dues Notice. It is very important for the Knights to track all of the hours Brother Knights are volunteering no matter how large or small, i.e., Food Drives, Pancake Breakfasts, Funerals, Mother's Day Roses, Parish Country Fair set-up, Parish Pilgrimage set-up, Ushers, RCIA program, ...

Summary of 2022 Annual Survey of Fraternal Activity for Council #4742:

- ⇒ **48** Total visits to sick & bereaved
- ⇒ **798** Total FAITH activities volunteer service hours
- ⇒ **218** Total FAMILY activities volunteer service hours
- ⇒ **457** Total COMMUNITY activities volunteer service hours

Please track your 2023 Fraternal Activity and submit at the end of the year – THANK-YOU!!!

Changes to your Contact Information

Please advise the Council of any changes to your mailing address, telephone number, and email address. Simply send an email to; kofc@stalbertcouncil4742.ca with all the particulars.

Good of the Order



Keep in your prayers our Brothers Gerry Woodlock (upcoming operation), Charlie McGregor, Joe Radosh, Liam Connelly, Albert Menard, Noel O'Sullivan, and Fred Esslinger.

We have returned to visiting our fellow Brothers who are ill and in continuing care. Please call Br. Tony Csilics at (780) 458-0065 if you are aware of a Knight who is ill or who has passed away.



Knights of Columbus®

Alberta/NWT State Council

50-50

CHARITIES APPEAL RAFFLE

In support of:
Educational Institutions, Community Charities,
Churches, Youth and Seniors Activities across Alberta

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takes half
\$25,000
minimum

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1 for \$5
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50 for \$50
200 for \$100

www.koc5050.com



Ticket sales end
at 6 PM on
April 22, 2023

Please Support
Member Council

**Draw on
April 22, 2023**

by AGLC-approved Random Number Generator
AGLC Licence 620517

Local Charity _____

Tickets sold only in Alberta - Must be at least 18 years of age to buy tickets - 1,279,698 tickets available for purchase



Formation Programme

We Are People of the Eucharist

Towards a renewed love for Holy Communion

Reflections on the Eucharist

By Bishop David Motiuk, Eparchy of Edmonton

February 2023

The Institution of the Divine Eucharist

The centre of Christian worship is the celebration of the Divine Liturgy (Mass).

The Divine Liturgy. Known by many names, each expressing different aspects of the one and same Divine Action. The Holy Mass. Sacrifice. Sanctification. Mysteries. Offering and Oblation. Eucharist. Thanksgiving. Breaking of the Bread.

From the words of the Institution of the Divine Eucharist, we pray:

“On the night Jesus was given over – or, rather, gave Himself for the life of the world – He took bread into his holy, most pure and immaculate hands, gave thanks, blessed, sanctified and broke it; he gave it to his holy disciples and apostles, saying:

“Take, eat: This is my body, which is broken for you for the forgiveness of sins.

“In like manner he took the cup after the supper, saying:

“Drink of it, all of you. This is my blood of the New Covenant, which is poured out for you and for many for the forgiveness of sins” (Anaphora, *Divine Liturgy of Saint John Chrysostom*).

But why? Why did Jesus institute the Divine Eucharist?

In one sense, from the moment of his birth, Jesus’ life took the shape of a pilgrimage, a journey that would take him from Bethlehem to Jerusalem, where he would endure his passion and death upon the cross for the forgiveness of our sins.

Yet, his life was not to end there. His pilgrimage would lead him from the earthly Jerusalem to the heavenly Jerusalem where Jesus has returned to the heavens and is seated at the right hand of the Father.

And where he is, he desires that we be there with him. You see, our very own earthly pilgrimage – from our first breaths as a child to our very last breaths as an older person – are leading us to a return to the Garden of Eden, to Paradise, where once again we are home with God, as God intended it from the very beginning.

The Eucharist is food for the journey. Whereas we quickly grow hungry having only eaten a meal a mere few hours earlier, Jesus nourishes us with his own body and blood, spiritual food which will sustain us for the journey home to the Heavenly Kingdom.

I invite you to share with your family, friends, and fellow Knights how the Eucharist, Jesus’ very own body and blood, has sustained you along the journey, in times of spiritual growth, but especially in times of trouble and distress.

We are people of the Eucharist.

