

# Cordova Bay United

## Announcements

July 10, 2022

### Keep in Touch

**Minister for Children, Youth & Young Adults**  
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### Office Hours Update

Jane began her summer holidays on Friday, July 1 and will be away from the office until August 30. During July and August Leslie will be working onsite Tuesday and Thursdays from 9am—2pm.

### This Week

#### Sunday, July 10

Worship, 10 am, In-Person and Livestream (doors open at 9:30am)  
In-Person Fellowship Time in the Hall following the service

#### Thursday, July 14

Messy Beach Day, 10am,  
Cadboro-Gyro Park

### Beach Day

July 14, 10 am - 2 pm



Bring a lunch & sunscreen to **Cadboro-Gyro Park**. We will hang out, splash in the water, play on the play ground, and other awesome beach things.

For more information contact Nancy: 250-658-5911  
[nancywalker@cbunited.ca](mailto:nancywalker@cbunited.ca)

**Please note: The office will be closed Thursday, July 14.**



## Ministry and Personnel (M&P) Committee Update on COVID19 Situation

The M&P Committees of the United Church are charged with ensuring a safe environment for worship, work, and study in all communities of faith, institutions, agencies, and organizations, or other bodies that operate under its name (M&P Manual page 14). This includes maximizing safety from COVID as far as possible.

There has been a lot of discussion in the news about a third wave of Omicron and the possible need for an additional booster dose in the fall. Traci Williams, the translator for Pfizer and Moderna, suggests that this additional dose may require recipients to be up to date with their eligible booster doses. Adrian Dix, BC Health Minister, in an interview Monday July 4, stated that preparations are underway to help B.C. fight any potential surges in COVID-19 this fall.

What can we, as individuals, do to try to keep ourselves and others safe? The most important action is to ensure that your COVID 19 immunizations are up to date. (This is the “new” terminology for “fully vaccinated”). When you are eligible, get your booster. Do not “wait and see”.

Information on eligibility can be found on the BC Public Health website: Get a booster dose - Province of British Columbia ([gov.bc.ca](http://gov.bc.ca))

The Vancouver Sun Article about projections for Omicron in B.C. can be found at: Third Omicron wave has begun in B.C. and it's expected to grow rapidly | Vancouver Sun

Both articles can be read by holding the “Ctrl” key and left clicking.

Remember our best protection against hospitalization and severe illness from COVID 19 is to keep our immunizations up to date.

Respectfully submitted by Atholl Malcolm,  
Chair M&P

### Coming Soon!

In September, the Caring Committee are hosting a Coffee Morning to give folks an opportunity to meet casually, invite friends and neighbours and have a relaxing time. We are looking for ideas for the name of this get-together [Cordova Cafe?] and designs for posters, flyers etc. Also we would ask for help in the kitchen too. If you would be willing to help in any way please get in touch with Caring Ministry members Jean Hazemi or Joanne Thomas.



## Message from Rev. Bill Cantelon

“I thank God upon every remembrance of you.”

This expression of thanks is (woefully) inadequate but my profound sense of gratitude is real. It has been an absolute privilege to minister amidst you these past 16 years. For all the retirement wishes contained in emails, text messages, cards, phone calls, reflections and memories, please accept my heartfelt appreciation. But special thanks for such a memorable send-off on June 26. I was so pleased that the festivities took place in the friendly confines of the sanctuary and hall. The program—filled with music—was at times both humorous and heart-rending. The album of memories and the monetary gift were overwhelming (and humbling!). I am confident that you as a congregation will honour the legacy of 70 years of faithful service and witness to the gospel in this community by continuing (uninterrupted) well into the future.

With gratitude and affection,

(Rev.) Bill

## Update from Council

The June Council meeting took place on June 22nd. The new Music Director, Sharon Prindle Collins came to meet and greet the Council members. The Council received a report from the Chairs of the Country Fair, Erich Schulz and Alan Priestley. Based on the feedback and discussion, the Council decided that there would not be a Fall Rummage Sale.

## Tea & Tour at the Parliament Buildings

The Legislative Assembly of British Columbia invites you for morning tea in the Parliamentary Dining Room followed by a guided walking tour with a costumed member of the Parliamentary Players Program. Explore the history and significance of the Legislative Assembly of British Columbia and engage directly with an historical character from British Columbia's past. Tours run every Wednesday in July and every Tuesday and Wednesday in August and September from 9:00-11:00am. The cost is \$14.00 per person. To register please email [Tours@leg.bc.ca](mailto:Tours@leg.bc.ca) or call (250)-387-1771.



## Church Library Update

The Library Committee has been busy shelving books collected during the past two years, and we would like to highlight some in this and future announcements. These books can be found in our New Books shelf or shelved according to the Dewey Decimal number.

Church Library



FIC She Hidden Figures, a novel by Margot Lee Shetterly, tells the story of female African American mathematicians who were instrumental in launching John Glenn's orbit around the earth.

179 Kor The Art of Forgiveness, Loving Kindness, and Peace by Jack Kornfield

202 Mar Between Heaven and Mirth: Why Joy, Humour, and Laughter Are At The Heart of Spiritual Life, by James Martin

294.3 Han Living Buddha, Living Christ by Thich Nhat Hanh

305.2 Pip Women Rowing North: Navigating Life's Currents and Flourishing As We Age, by Mary Pipher

648 Kon The Life-Changing Magic of Tidying Up: the Japanese Art of Decluttering and Organizing, by Marie Kondo

759.11 Bra Emily Carr: Rebel Artist, by Kate Braid

**Alzheimer Society** The Alzheimer Society's dementia workshops educate and empower people living with dementia and their families and friends .

### Online education

Online education offers small-group information workshops, facilitated to provide opportunities for live discussion. A range of days and times of day, including evenings, are available.

**Focus on behaviour: Bathing and hygiene** | Learn how dementia impacts bathing and hygiene and explore strategies for managing these changes. For caregivers.

**Wednesday, July 13 from 6 to 7:30 p.m.**

**Understanding communication changes** | Explore how communication is affected by dementia and learn effective communication strategies. For caregivers.

**Thursday, July 21 from 10 to 11:30 a.m.**

**For more information:** Sessions are free to attend. For more information, call our First Link® Dementia Helpline at 1-800-933-6033 or visit [alzbc.org/edu-workshops](http://alzbc.org/edu-workshops).

### Webinars

**Transit accessibility and challenges: Tips for people living with dementia** | Explore some of the challenges and strategies for using public transit when living with dementia. Chris Chan, Manager of Travel Training with Public Affairs at TransLink, will discuss Metro Vancouver's diverse and accessible public transit system, and what it takes to create a dementia-friendly system altogether. Also joining the conversation, Jim Mann, a long-time advocate for the rights of people with lived experience of dementia, shares his personal experience in navigating the public transit system. For the general public.

**Wednesday, July 13 from 2 to 3 p.m.**

**An introduction to brain health** | It's never too soon or too late to make changes if you are concerned about dementia. Learn strategies to maintain or improve your brain health. For the general public.

**Wednesday, July 20 from 2 to 3 p.m.**

**How to support a friend who has dementia or is a caregiver** | Learn practical tips on how to offer support to a person living with dementia, their caregiver or family. For the general public.

**Wednesday, July 27 from 2 to 3 p.m.**

**For more information:** Sessions are free to attend. To watch recorded videos from previous webinars, visit our website at [alzbc.org/webinars](http://alzbc.org/webinars) .