



## ***Let's Make Tracks***

*Let's Make Tracks* is a hiking group for those who are strong, healthy, and fit enough to hike 8 – 10 km., with some elevation gain. Typically, about 3 – 4 hours. It is for those who recognize there is safety in numbers.

### **Hike #2 – Ann & Sandy Cross Conservation Area**

**Monday, September 20, 2021  
9:30 a.m.**

We welcome and encourage those of you who are interested in hiking, but are unsure how far you can go, to come out and give this hike a try. It is a great opportunity to meet people and see what you can do!

**Location:** roughly 40 minutes from Chestermere

### **The Hike – Paradise Trail**

**Paradise Trail** is the perimeter of the park and is about an 8 km loop with an elevation gain of 231 m. *All Trails* rates this trail as moderate. We will hike to the right up Mountain Trail over to Aspen Trail and then join to Paradise, continuing around the outside perimeter.

The short option is taking Fescue Trail back through the middle, instead of doing the full loop. This route is about 4.7 km, 114 m, rated as easy.

Maps will be emailed to those who sign up.

#### **Meetup and Parking:**

Park in the main designated lot. The parking lot is small. There is a \$10 vehicle charge so this might be a good time to carpool. (Do not park on the road).

If the hike is cancelled due to weather or unforeseen circumstances, those who signed up will be emailed the evening before. Check your email before heading out in the morning.

If anyone gets lost or is delayed, my cell number is 403-870-3875 for texting or phoning.

#### **To Register:**

RSVP Marilyn Konyk by email at [mkonyk@ikonyk.ca](mailto:mkonyk@ikonyk.ca) and indicate the number in your party. Deadline to register is **8:00 p.m., September 15<sup>th</sup>**. (Because I need to pre-register our hike with the park).

Although our intent is to always do the full hike, this hike provides an opportunity for those who are uncertain of their capability to take a shorter route.

#### **Other Notes:**

- Bring a bagged lunch and water.
- Bear spray is recommended for this hike.