

COLLEGE HEIGHTS COMMUNITY ASSOCIATION

KOOL CATS KID CARE

**DISCIPLINE POLICY**

We will model relationships based on respect for the child, mutual trust, concerns and appreciation of the individual child. We will reward positive behaviour and ensure that negative behaviour is not rewarded. We will encourage children to take responsibility for their own behaviour and consequences. We will provide positive opportunities for each child to make choices and decisions.

We will clearly define limits and expected behaviour for the child to assist understanding the reasons for the limits. Self respect, respect of others and respect for the community property will be the guidelines used to limit behaviour. We will support the child in reaching the behaviour expectations of the Centre. We will try to anticipate and prevent unacceptable behaviour by distraction, redirection and physical intervention if necessary. We will approach the child in a caring manner to help the child express feelings in words and provide support by acknowledging appropriate behaviour in an emotional situation.

We will recognize and respond to both positive and negative feelings of children, recognizing that to become a healthy individual we need to express our emotions. In recognizing negative emotions we will provide opportunities for actions which do not harm the child or others harm the child or others but which do use up the energy generated by strong emotion. Physical intervention will only be used when a child or staff person is in danger.

We will provide creative activities with the opportunities to “pretend” with music, dramatic play, stories, songs and conversation to explore childhood emotional experiences. With the opportunity to make decisions and help in overcoming negative behaviour we will meet our goal of a happy healthy, self discipline child.

We believe in positive discipline that builds a child’s self esteem, not corporal punishment.

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## **GUIDELINES FOR DISPLINARY ACTIONS**

These are guidelines that staff will follow if there is a child being uncontrollable, hitting another child, staff member or any other incident requiring these actions. These 5 steps will be taken, in order, when major incidents occur.

1. Talk with the parents to come to a solution or work out a plan of action for staff, child and parents.
2. Written warning detailing consequences if behaviour does not improve or incidents happen again.
3. 2 day suspension after Emergency Board decision. The parents will be informed of this decision later that evening.
4. 5 day suspension same procedure as 2 day suspension
5. Expulsion from program

After any of the first 4 steps, there will be a 3 month probation period. If the child's behaviour improves with the absence of instances, during this time, then the procedure will start at Step 1.