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JANUARY 2024

Bill Kearney,

Neil Murray, Jean Steuding,

Fr. Edmund Burke.

Fr. Kevin Malick,

Fr. John Kearney,

News for AOH Fr. Con C. Woulfe Division 1 Ulster County

P.O. Box 2026 Kingston, NY 12402 www.ulsteraoh.com

OPEN THE BACK DOOR

LET THE OLD YEAR

OUT AND OPEN THE

FRONT DOOR AND LET

THE NEW YEAR IN

GOD BLESS US

LOOK FORWARD TO

GREAT THINGS THAT

WILL HAPPEN THIS

YEAR



NEXT MEETING
SECOND TUESDAY OF
EACH MONTH
JANUARY 9, 2024
WHITE EAGLE HALL
6:30 PM

BROTHER ISMAEL RIVERA SERVED UP A DELICIOUS DINNER AT OUR DECEMBER MEETING. THANK YOU TO ALL THAT COULD ATTEND.



PAST PRESIDENT MARK GEARY PRESENTED THE FOLLOWING

BROTHERS FOR OFFICES FOR 2024 AT OUR DECEMBER MEETING AND CONDUCTED OUR ELECTION FOR OUR 2024 SLATE OF OFFICERS.

OUR 2024 OFFICERS:
PRESIDENT JIM CAREY
VICE PRESIDENT BILL KEARNEY
RECORDING SECRETARY GREG
ROGERS
FINANCIAL SECRETARY KEVIN
GINTY
TREASURER PAUL GEARY
MARSHALL ERIC HANSEN
SENTINEL JEFF CARR
CHAIRMAN OF STANDING
COMMITTEES MARK GEARY



THE PARADE COMMITTEE IS MEETING ON THURSDAY JANUARY 11, 2024 AT 6:30 PM AT THE OLD TOURISM OFFICE ON BROADWAY KINGSTON.

OUR PARADE CHAIRMAN JOHN KELLY IS SCHEDULING FUTURE MEETINGS FOR TUESDAYS. PLEASE CONSIDER JOINING THE COMMITTEE AND HELP PLAN THE BEST PARADE IN THE VALLEY. Jim Carey, Patricia Boyle Jacob, President AOH Division 1 President LOAH Division 5

CONGRATULATION TO OUR
2024 ST. PATRICK'S

DIGNITARIES

Editor Columnist/Historian AOH

Chaplain AOH Emeritus

Columnist LAOH

Chaplain AOH

Chaplain LAOH

GRAND MARSHAL



STEVE TERPENING

STEVEN J TERPENING WAS BORN ON 1/3/1952 TO THE PARENTS OF SIMON AND GERALDINE TERPENING. HE WAS A LONG LIFE PARISH HOLDER OF ST. PETER'S IN ROSENDALE N.Y. HE WAS BAPTIZED, RECEIVED 1ST HOLY COMMUNION, CONFIRMED, AND GRADUATED FROM SAINT PETER'S SCHOOL IN 1966. IN 1970 HE GRADUATED FROM KINGSTON HIGH SCHOOL IN KINGSTON, NEW YORK AND ATTENDED ULSTER COMMUNITY COLLEGE, FOLLOWING GRADUATION. IN APRIL 1974, HE WAS HIRED BY NEW YORK TELEPHONE AND RETIRED FROM THE PHONE COMPANY IN JUNE 2010. STEVEN HAS BEEN A MEMBER OF THE RIFTON FIRE DEPARTMENT SINCE JANUARY 1970 AND WILL BE CELEBRATING 53 YEARS WITH THE COMPANY. STEVEN WAS ASKED BY JIM CAREY TO JOIN THE **AOH IN DECEMBER 2000 AND** BECAME A MEMBER IN JANUARY 2001. HE IS CURRENTLY A

MEMBER OF THE HONOR GUARD AND IS THE STAGE MANAGER FOR THE BILL YOSH STAGE ALONG WITH BILLY TAYLOR FOR THE HOOLEY ON THE HUDSON. STEVEN'S IRISH ROOTS, COME FROM HIS MOTHER, GERALDINE DOYLE. HER FATHER EDMOND, CAME TO NEW YORK FROM DUNDALK. MARGARET HER MOTHER AND GRANDMOTHER, CAME FROM LIMERICK. EDMONDS MOTHER MARIA CAREY WAS FROM TIPPERARY AND HIS FATHER EAMON DOYLE WAS FROM CARRICK ON SUR. I AM VERY PROUD TO BE CHOSEN AS THE 2024 GRAND MARSHALL OF THE ST. PATRICK'S PARADE IN KINGSTON N.Y.

IRISH PRINCESS



TAMZIN DOYLE

MY NAME IS TAMZIN DOYLE. I AM 12 YEARS OLD AND A SEVENTH GRADER AT MILLBROOK MIDDLE SCHOOL. I AM A PRACTICING PARISHIONER AT IMMACULATE CONCEPTION CHURCH. IN MY SPARE TIME, I ENJOY GOING TO GIRL SCOUT MEETINGS, READING AND HANGING OUT WITH FRIENDS. I ALSO DO IRISH STEP DANCE, AS WELL AS PLAY THE BAGPIPES. MY IRISH HERITAGE ON MY MOM'S SIDE GOES ALL THE WAY BACK TO MY GREAT-GREAT GRANDMOTHER, KATHERINE WHALEN. WHEN SHE WAS JUST 16, SHE IMMIGRATED BY HERSELF FROM IRELAND TO NEW YORK IN ORDER TO FIND A BETTER LIFE. SHE CAME RIGHT FROM COUNTY CARLOW. MY MOM HAS MINIMAL

MEMORIES OF HER, AS SHE PASSED WHEN MY MOM WAS YOUNG. ON MY DAD'S SIDE, MY GREAT-GREAT-GREAT GRANDPARENTS CAME FROM COUNTY GALWAY BETWEEN 1867-1870. I AM HONORED TO BE THE 2024 IRISH PRINCESS

BEARER OF ST. PATRICK



CAVAN JURAS

CAVAN JOHN JURAS WAS BORN JUNE 8TH 2016, TO JILL MARY RUTHERFORD AND KENNETH JOHN JURAS. CAVAN HAS TWO PROUD SISTERS, NOLA AND FIADH. CAVAN, NAMED FOR THE COUNTY WHERE HIS MATERNAL GREAT GRANDMOTHER MOYA O'REILLY FLYNN WAS BORN, IS PROUD TO REPRESENT HIS IRISH HERITAGE. CAVAN'S TIES FROM IRELAND INCLUDE HIS GREAT GRANDPARENTS BEATRICE (NÉE GAFFNEY) BORN AND RAISED IN COUNTY MAYO AND JAMES McCoy from County Armagh, HIS GREAT GREAT GRANDFATHER JOHN FLYNN WHO HAILED FROM LIMERICK, AND HIS AFORE MENTIONED GREAT GRANDMOTHER Moya.

CAVAN IS A SECOND-GRADE STUDENT AT KINGSTON CATHOLIC SCHOOL. HE ENJOYS SOCCER, BUILDING WITH LEGOS, READING NATIONAL GEOGRAPHIC BOOKS, BEING OUTDOORS AND SPENDING TIME WITH HIS FAMILY. CAVAN, WHO IS KNOWN FOR HIS SMILE AND GOOD HUMOR, IS HONORED AND EXCITED TO SERVE AS THIS YEAR'S BEARER OF SAINT PATRICK.

MAYOR OF THE DAY



PATTI GILPATRIC

I PATRICIA (PATTI) GILPATRIC A LIFELONG KINGSTON NATIVE FEEL SO BLESSED TO RECEIVE AOH MAYOR OF THE DAY HONOR. & CAN'T WAIT FOR ALL IT ENTAILS. THANK YOU TO ALL INVOLVED! I AM THE PROUD DAUGHTER OF JAMES F. (DIGGER) GILPATRIC (4 GENERATIONS (+ HISTORY) OF UNDERTAKERS, HIS MOTHER, MARIE MURPHY WAS NYS YOUNGEST FEMALE LICENSED UNDERTAKER) AND JEANNE M. McCutcheon RN Graduate FROM BENEDICTINE SCHOOL OF NURSING LIKE HER MOTHER, JANET. SO, WITH THE MARRIAGE OF GILPATRIC/MCCUTCHEON MY ROOTS ARE OBVIOUSLY FROM IRELAND AND SCOTLAND. ON MY BUCKET LIST DREAM TRIP TO EMERALD ISLE, I RESEARCHED TO FIND THE GILPATRICK'S WERE 1ST PART OF THE "BORDERLAND" CLANS OF SCOTLAND & ENGLAND. CONFLICT & FEUDING IN THESE ANCIENT TERRITORIES UNITED THESE CLANS AND THEY HAD THEIR OWN "LAW CODE" WITH EMPHASIS ON NEIGHBORS ASSISTING IN RECOVERING PROPERTY. IN 1603 THE SCOTTISH PARLIAMENT CONDEMNED CERTAIN FAMILIES FOR LAWLESSNESS AND BEGAN BREAKING UP THE OLD BORDER CODE, FORCING THEM TO SIGN AN "Undertaking" to remain PROTESTANT & LOYAL TO THE CROWN, THUS BECOMING KNOWN AS THE "UNDERTAKERS"! HOW IRONIC. THEY WERE DISPERSED &

NINTERNINTEN NINTERNINTEN NINTEN NINT

GRANTED LAND IN IRELAND PREVIOUSLY HELD BY CATHOLIC IRISH OR SENT DIRECTLY TO THE NEW WORLD MOST OF MY FAMILY CAME FROM COUNTY CORK IRELAND AND SETTLED IN MAINE & MA 1800'S EVENTUALLY SETTLING IN THE HUDSON VALLEY. MY THRICE GREAT AUNT WAS MAME MOLLOY WHO UPON THE DEATH OF HER FIANCÉ, BECAME A BENEDICTINE NUN (SISTER ALOYSIA) WHO WAS FOUNDRESS OF THE HOSPITAL ON HER COUSIN'S O'REILLY'S PROPERTY. MY GREAT GRANDFATHER JAMES M. MURPHY WAS PRESIDENT OF LOCAL AOH AND A MEMBER OF THE FRIENDLY SONS OF ST. PATRICK WHICH HE MARCHED IN THE NYC PARADE FOR YEARS. MY TRIP WAS AMAZING & ALL THOSE STORIES DAD TOLD ME OF THE IRISH BEAUTY, TRADITIONS. CULTURE, SCENERY, AND FRIENDLY FOLKS WERE ALL TRUE! FAMILY NAMES INCLUDE MURPHY, SMITH. MOLLOY, McCaffery, Neenan, GRIMES, RIGGINS, GILPATRIC, McCutcheon. SO, when you HEAR ME SAY HI COUS...I REALLY MEAN IT:)

GROWING UP ABOVE THE FUNERAL HOME ON BWAY, I LEARNED TO RIDE MY BIKE IN THE NEW DOUBLE LEVEL CHURCH PARKING LOT. AND MY NEIGHBOR FRIENDS WERE THE PRIESTS AND NUNS. I WAS THE 1ST GRADUATING CLASS OF KINGSTON CATHOLIC SCHOOL, THEN KHS, SUNY AND CHOSE A CAREER AS A DIETITIAN IN HEALTHCARE. 40+ YEARS AT THE HOSPITALS WHERE I ALSO SERVED AS A EUCHARISTIC MINISTER. I SERVED ON THE NYS DIETITIANS ASSOC. ASSEMBLY & WAS PRESIDENT OF THE MID-HUDSON DIETETIC ASSOCIATION. I'M AN AVID VOLUNTEER. I JOINED LAOH IN 2015 & WAS PRESIDENT FOR 2020 & 2021. SUCH A JOY TO BE A PART OF, MY FAVORITES ARE THE HOOLEY, THE 20 WK. CLUB GOLDEN WHEEL TRAVELS, &

GETTING THE AOH/LAOH BREDA McMahon memorial library set up in the St. Mary's office building. As parents know my True unmeasurable love the past 38yrs doing All I can being Mom to my Jamie & Lucas and Grandma to my Jacob & Benjamin. I truly enjoy Life, People, & time with Family & Friends. May Neighbors respect you, Trouble neglect you, the Angels protect you, & Heaven Accept you



ST. PATRICK'S PARADE JOURNAL

AS YOU KNOW EACH YEAR, WE
PUBLISH A PARADE JOURNAL TO
HELP PAY FOR THE PARADE
EXPENSES. PLEASE TAKE AN AD
AND ALSO PLEASE SELL AN AD THE
ST. PATRICK'S PARADE IS NOT
FREE TO PRODUCE; WE NEED ALL
OF THE HELP YOU CAN GIVE US.

SELL THOSE ADS!!
THIS IS THE WAY WE PAY
FOR THE PARADE
LET'S MAKE SURE THIS
CONTINUES TO BE THE
GRANDEST PARADE IN THE
VALLEY!!!



HISTORIAN'S CORNER

Neil Murray

Please find attached a link to a great video that discusses the "Origins" of the modern Irish by exploring DNA and genetic history.

https://www.youtube.com/watch?v=HxivGM_LESk Slainte, Neil



THE IRISH SHOW

Every Sunday Morning at 8:00 AM WKNY with Ken and Anna Brett. www.radiokingston.org 1490 AM 107.9 FM



Please keep in your prayers our brother Jack Finch who passed away this past month. Please remember Jack and his family in your prayers. May he rest in peace, may perpetual light shine upon him.



John "Jack" Finch, 95, passed away Sunday December 3, 2023. Born and raised in Kingston, he is the son of the late Morton and Marie Vollmer Finch. Jack served our country and enlisted in the United States Navy, serving from 1946-1948 aboard the USS Missouri. When he returned home, he attended New Paltz College where he earned his Bachelor's Degree in Education. It was during this time that he met the love of his life, Sharon Leaycraft, while sharing rides to college. They married after graduating college in 1953.

He began his teaching career in Kerhonkson, New York but spent most of his career in the Kingston City School District teaching middle school social studies and ultimately became principal of

<u>NANANANANANANANANANANANANANANAN</u>

Ernest C. Meyer Elementary School in Hurley, where he retired in 1987. During this time, he also served as a Kingston City Alderman and Majority Leader of the Common Council. He then became an Ulster County Legislator. Additionally, Jack owned and operated John Finch Realty, as a Broker specializing in residential real estate sales. He enjoyed serving on the Board of the following organizations: SUNY Ulster Board of Trustees, NYS Heart Association, Senate House, and the Wiltwyck Cemetery Board.

Surviving are his children,
Cynthia Dunn and her husband
Mark, John Finch Jr. and his wife
Maureen, Mark Finch, Michael
Finch and his wife Beth, his
grandchildren, Allison Levi,
Jeffrey Dunn, Matthew Finch,
Abigail Finch, and Madelyn
Finch. Three great-grandchildren
also survive, Owen, Emma and
Nathan. Jack's wife of 51 years,
Sharon Finch predeceased him in
2004.



PRAYERS FOR THE SICK

Please keep in your prayers all our members who may be experiencing ill health. Please keep in your prayers Eric Hansen, Frank Egan, Fr. Edmund Burke, Larry Dunne.



DUES-DUES--DUES DUES ARE DUE FOR 2024

The bills for the 202 are being prepared and will be sent to the membership shortly. Please pay as soon as you can, we need your

help this year more than ever. Our dues are very reasonable at \$25.00 per year. Or you can pay at the next meeting.

Keep up your support for our efforts to educate our kids and the general public about our great culture.

Remember we need to pay for all those on our membership list for National and State Dues.

Send your dues and also for any other prior years to:

UCAOH Div 1 PO Box 2026 Kingston, NY 12402



Sponsor someone for membership. Applications are on the website and dues are only \$25.00 per year.

Keep searching out those Irish sons that qualify for membership. Dues mailing is out and dues are coming in. thank you to all and please pay your dues.

Remember-

There are no strangers here; Only friends you haven't yet met. W.B. Yeats



AOH JUNIOR DIVISION

As always, we need your help to spread the word. Nephews, Cousins, Grandsons, Family Friends... we need them all to join! Please help keep the AOH alive by infecting our youngsters with the same beliefs and cultural richness as we have! Any input and assistance are welcomed!!



PIPE, DRUM AND HONOR GUARD NEWS

Scott Benson

Feel free to join us at any event and all are welcome to come and learn Saturday mornings with Jim Carey or with the band at Monday night practice.

The Pipes, Drums or participate as part of the Honor Guard you are welcome. Call for information about the band. Please contact Jim Carey or Robin Carey at 338-6622 or any member of the band. Bagpiping Lessons 8-9 AM, 357 Broadway Kingston



ULSTER COUNTY AOH DIVISION 1 FACEBOOK & INSTAGRAM

THIS HAS BEEN REBUILT. YOU SHOULD SEE NEW PAGES AND NEWS

 Facebook: https://www.facebook.com/Ul sterAOH

We also have pages setup for the Irish Cultural Center Hudson Valley. They can be found at:

- Facebook: https://www.facebook.com/IC CHudsonValley
- Web: http://www.icchv.org
- Instagram @icchudsonvalley

Finally, if you have any pictures, events, or announcements you would like to have posted on the AOH or ICC Facebook pages, please send a message to either Facebook Account.



IRISH CULTURAL CENTER (ICC) - HUDSON VALLEY

www.icchv.org

IRISH CULTURAL CENTER CONSTRUCTION

The ICCHV building project keeps moving forward. You may see some activity at the upper site (Parking Lot) we are preparing this site so we can stage materials etc. to start our project in full.

Stay tuned.

We need to organize a building construction-fund raising committee that will augment the grant funds so we can complete the building. Please let us know if you can help on this committee. Stay tuned exciting times are coming.

The Grand Irish Concert on November 25 was a great success. Attended by 127 people the venue at ask was full to capacity.

We need to thank Dan Carey and his committee for organizing this great event, the City of Kingston for contributing the finds. Dave Doyle for the great food, T McCann for organizing the music. It was a great time. Thank you one and all

The ICCHV will be presenting additional great Irish cultural events in the next few months.



GAELIC CLASSES

Gaelic Classes conducted by our own Bob McDonald Classes are each Friday – Gaelic in the Glen, online language classes 5:30pm Beginner 6:30pm Intermediate



TRAD SESSIONS

Trad Sessions at the Ole Savannah Restaurant continue on the first Sunday of each month.

NEXT SESSION

Sunday, January 8: Irish Trad Music Session 2-4pm Ole Savannah Southern Table & Bar

Mile buiochas (A thousand thanks) and we look forward to seeing YOU at the sessions this Fall!!

Check out the ICCHV website ICCHV.ORG support our loyal sponsors. Thank you. Keep Moving Forward!!



Bill Murphy

DECEMBER

12/3 #833 \$75 Jim Bruck (Sunday) 12/4 #230 \$35 Chris Constantine 12/5 #156 \$35 Gwen McCann 12/8 #525 \$35 Jean Mott 12/11 #105 \$35 James McGowan 12/11 #105 \$35 Donald VanLoan 12/11 #105 \$35 Meagan Cahill 12/11 #105 \$35 Arthur Smith 12/13 #251 \$35 Bill Kearney 12/15 #478 \$35 Lisa & Tim Linnartz 12/16 #724 \$35 Kevin Gage 12/16 #724 \$35 Chrissie Wrixon 12/16 #724 \$35 Ed Moore 12/16 #724 \$35 Melissa Schiskie 12/17 #254 \$75 Patti Duffy (Sunday) 12/17 #254 \$75 Anna O'Donnell (Sunday) 12/19 #550 \$35 Craig Crump 12/19 #550 \$35 William Pine 12/20 #775 \$35 John Gorman 12/22 #711 \$35 Paula Horvers 12/22 #711 \$35 Richard Alberstadt 12/26 #924 \$35 Eric Tavares 12/26 #924 \$35 Gay & Rick **Tavares** 12/30 #335 \$35 Cecilia Savona 12/31 #621 \$75 Cathy & Dick



Jean Steuding

NEXT MEETING

JANUARY 9, 2024
St. Mary's St. Peter's

HAPPY NEW YEAR! Our 20- week club raffle ended last month. The winners were: Week 1: Maryann Parker, \$25 and Sue Manfro, \$50; Week 2: Pat Finch, \$25 and Rose McKenna, \$50; Week 3: Evelyn Graziano, \$25 and Robin Cline, \$50: Week 4: June Miller. \$25 and Linda Moon, \$50; Week 5: Christine McKenna Casserly, \$25 and Rose Ferraro Bruck, \$50; Week 6: Rose Boyle, \$25 and John Boyle, \$50; Week 7: Judy Ryan, \$25 and Terry Glennon, \$50; Week 8: Pat Maher, \$25 and Debbie Hughes, \$50; Week 9: Janine Mower, \$25 and Denise Prendergast \$50; Week 10: Mary Bailey, \$25 and Linda Clausi, \$50; Week 11: Jack Flanagan, \$25 and Mary F. Clausi, \$50: Week 12: V. Sheeley, \$25 and Mary Williams, \$50; Week 13: Maryann Brundage \$25 and Helene Amato, \$50; Week 14, Barb Micheletti \$25 and Judge Gilpatric, \$50; Week 15: D. Minervini, \$25 and Elena Clausi, \$50; Week 16: Jesus Rajas \$25 and Don Kiernan, \$50; Week 17: Amy Flanagan, \$25 and Paula Horvers, \$50; Week 18: Henry Wallace, \$25 and Father Kevin Malick, \$50; Wek 19: June Miller, \$25 and Barbara Altheiser, \$50. CONGRATULATIONS TO THE BIG. FINAL, LUCKY WINNERS WHOSE NAMES WERE PULLED BY SANTA HIMSELF at our Christmas dinner. They are Colleen Reilly, \$250, Michael Schabot, \$500 and Michael Weishaupt, \$1000! Thank you all who bought and sold tickets. You continue to make the 20-week club raffle our best fundraiser! Thank you to Chrissie Wrixon and Pam Boyle for organizing it and doing a splendid job and to Patti Gilpatric, Queen Spinner, and all who helped spin! Besides spinning, Patti has always been behind the scenes doing all sorts of things which we may not even know about. Thank you Rose Ferraro-Bruck for ordering the tickets this year and for

Whiston (Sunday)

being the "founder" of this raffle. We always remember that this was your brainchild, and it has worked successfully all these years! Finally, our out-going treasurer, Ginger Mills, has done an extraordinary job keeping track of ticket sales, collecting money, depositing money, and ALWAYS in a timely manner. We are so fortunate to have these people on board! Our next BIG function is Grand Marshal Night on Saturday, February 17, at the While Eagle Hall. Patti Gilpatric, our very own mayor, will be honored that night along with the Grand Marshal, the Irish princess and the Bearer of St. Patrick. At our meeting on January 9, you will be asked to volunteer with setting up, bringing food and/or cleaning up. The LAOH members are the hostesses of this traditional event. Please make every effort to get involved. It is a fun night! More information is forthcoming at our next meeting. Please pray for Father Burke, Kathleen Houghtaling and Cathy Howard. Another one of our members, Mildred McCormick, is flying with the angels! Mildred went home to God on December 18. Any of you who knew Mildred know she was a strong woman of faith and in spite of her limitations because of her poor eyesight, she was uncomplaining and came to LAOH functions when she could. If you read her obituary, there were probably things you didn't know about this humble and kind person! Our condolences to her husband, Richard, her children and all of their families! Mildred, you will be missed! May your New Year be one of many blessings! Stay healthy, safe and happy. May God watch over you and your families. Pray for the sick and suffering throughout the world, and PRAY FOR PEACE!



Bourbon Chicken

Recipe Saver
Chicken Slow Cooker Diner-Style
Time: 6 hours 15 minutes
Yield: 6 servings

Here is the winner, winner chicken dinner you've been needing to add to your dinnertime rotation! This Bourbon Chicken, a take on Bourbon Street Chicken, is so tender, so juicy, and just so flavorful, you'll want to eat it day after day! We love it over a bed of fluffy rice, but you can really serve it with whatever you're craving. Think shredded chicken sandwiched between a fluffy roll, over a bed of crispy salad, served next to your favorite Southern sides... truly, so many choices and so many opportunities for your tastebuds to eagerly receive the dinnertime "W"! We love a versatile main and this Bourbon Chicken is one of the best. Here's to never getting bored while eating the same thing on repeat ever again! Ingredients

- 4 chicken breasts, boneless and skinless
- 1/2 teaspoon garlic, minced
- 1/4 teaspoon ginger
- 1/4 teaspoon crushed red pepper flakes
- 1/4 cup apple juice
- 1/4 cup brown sugar
- 2 tablespoons ketchup
- 1 tablespoon apple cider vinegar
- 1/3 cup water
- 1/3 cup low-sodium soy sauce
- 2 tablespoons cornstarch
- rice, to taste, cooked and warm, for serving
- green onions, to taste, sliced, for serving

Directions

Step 1 -Place the chicken in the bottom of the slow cooker.

Step 2 -In a medium mixing bowl, combine the garlic, the ginger, the red pepper flakes, the apple juice, the brown sugar, the ketchup, the apple cider vinegar, the water, and the soy sauce. Step 3 -Pour the sauce over the chicken. Step 4 -Cover the slow cooker and cook the chicken mixture on low heat until it is cooked through and very tender, about 5-7 hours.

Step 5 -Transfer the chicken from the slow cooker and shred or cut it into chunks.

Step 6 -In a small bowl, whisk the cornstarch with 2 tablespoons of the sauce from the slow cooker together. Step 7 -Stir the cornstarch mixture into the sauce in the slow cooker until it thickens.

Step 8 -Return the chicken to the slow cooker and let it warm until ready to serve.

Step 9 -Serve the chicken over the warmed rice and garnish it with the green onions.

Lemon Poke Cake



Heartland Cooking
Time: 1 hour 15 minutes
Yield: 24 servings

Need a dessert, but don't have a ton of time to fuss over making it? Whatever it's for, this Lemon Poke Cake will exceed all of your expectations! We've found an easy way to doctor-up a moist and tangy boxed lemon cake so well that everyone will be asking for the recipe! How do you get there, you might be wondering? You just poke a few holes into top of the cake, fill them in with a rich and citrusy pie filling, and top it with some delicious whipped topping. And that's that! Super simple and yummy. We're happy to share this Lemon Poke Cake hack with you, and we hope it amazes everyone's tastebuds as much as it did ours!

Ingredients

1 (15.25-ounce) lemon cake mix, plus the ingredients called for on the package 1 (21-ounce) can lemon pie filling 8 ounces whipped topping, thawed lemon zest, to taste, for topping

Directions

Step 1 - Cook the lemon cake according to the package directions.

Step 2 -Allow the lemon cake to cool completely.

Step 3 - Use the bottom of the handle of a wooden spoon to poke holes in the top of the cake.

Step 4 - Spoon and spread the lemon pie filling onto the cake, ensuring the holes are filled.

Step 5 - Spread the whipped topping over the top and sprinkle with the lemon zest.

Step 6 - Refrigerate the cake for 1 hour.

Step 7 - Slice and serve.

ICCHV presents

GAELIC IN THE GLEN

Fridays 5:30pm Beginner, 6:30pm Intermediate









Online Gaelic language classes with in-person activities. Learn to speak, write, and sing songs in Gaelic, the beautiful language of Ireland and Scotland.

Contact Bob to register: bobdomhnallach10@outlook.com



www.icchv.org @icchudsonvalley \$80 Adults, \$70 Seniors \$50 ICCHV/AOH members Free to students K-college

MINING RICHARD RICHARD

ICCHV presents

IRISH TRAD MUSIC SESSION

Sunday, January 7th 2 - 4pm









Join us for a traditional Irish music jam session.

Bring an instrument and join the music, or join the audience and enjoy the show! Hosted by Terry McCann and Stephen O'Gara of the TMcCann Band the first Sunday of every month.



www.icchv.org @icchudsonvalley 01e Savannah







P.O. Box 2026 Kingston, NY 12402

Hibernian Motto

Friendship, Unity and Christian Charity (Cairdis, Aontacht agus, Chríostaí Carthanais)

Keep the Faith (Coinnigh an Faith)

Is Cuimhin Linn (We Remember)



