



19 August 2019

Job Posting

PT & Relief Peer Support Worker

Peer Support Worker shifts (4-5 hours). Must be available for one regularly scheduled shift per week and **available to cover additional shifts** as needed.

Position Summary

Peer Support Workers report directly to the Executive Director, and are responsible for:

- Maintaining confidentiality agreement in regard to all aspects of MHRC
- The daily operation and priorities of the drop in which involves:
 - Welcoming members and visitors
 - Maintaining a friendly, safe and clean environment for all who visit the drop in
 - Carrying out scheduled program activities
 - Represent MHRC in community (e.g. health fairs)
 - Answering the phones
 - Keeping statistical information
 - Mentor volunteers
 - Source information for members via computer and/or resource centre
 - Peer support in group or individually as the need is presented
 - Providing community resources
 - Emotional support and problem solving
 - Encourage and facilitate opportunities for community integration
 - Advocacy on behalf of individuals for access to required resources
 - Discussions of recovery values and principles with a focus on strengths and wellness
 - An introduction to a recovery support plan or recovery crisis plan
 - Support in communicating with others (family, companion, care provider, clinical staff)
- Attend staff meetings and trainings as required (e.g. WRAP, ASIST, etc.)

Qualifications

Peer Support Workers who qualify for the position will:

- Have personal lived experience of mental illness and/or addiction as a consumer/survivor of the mental health system
- Share an understanding and commitment to the MHRC mission –“To encourage, empower and enable the voices of participation of consumer/survivors of the mental health system.”



- Have successfully completed the Peer Support Training Program at MHRC or another recognized CSI organization, or equivalent peer support training.
- Be punctual and display excellent business manner and etiquette
- Demonstrate an ability to act as a mentor to other mental health consumers, modeling excellent communication skills, coping techniques and self-care
- Demonstrate experience providing peer support to members and in the community
- Honour and demonstrate principles of recovery-oriented mental health practice
- Demonstrate the ability to establish and maintain trusting relationships with consumers of the mental health system while maintaining appropriate professional relationships and boundaries.
- Demonstrate practical knowledge of community resources
- Demonstrate the ability to create a welcoming environment by being approachable, available and non-judgmental
- Be willing to carry out the day to day operations of a busy drop in, including scheduled programming, maintaining the drop in and resource rooms, with a minimum of supervision
- Demonstrate an ability to work as a member of a team
- Have experience with reception duties including answering phones, recording and forwarding messages, greeting people
- Be able to keep accurate records and possess basic computer skills
- Be willing to learn new skills and to take on additional duties as they arise and are appropriate.
- ASIST, safeTALK, WRAP and Mental Health First Aid Training are considered assets. Other relevant training will be considered but is not necessary for this position.

Please apply in writing with a cover letter by email, post or fax no later than September 11 at 4:00 pm.

Attention:

Frances V Jewell

Executive Director

Mental Health Rights Coalition

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No phone calls please!

Mental Health Rights Coalition wishes to thank all applicants. Only those chosen for an interview will be contacted.