## BROOKS PRESCHOOL - NOVEMBER NEWS

#### A Message from Our Teachers

All the children seem to have settled into their new routines extremely well. We have enjoyed watching new friendships blossoming and the reconnecting of friends from last year. You should all be very proud of your little ones as they are doing an amazing job of learning their new routines, being responsible helpers, and thoughtful friends.



As educators we see the image of the child as Mighty Learners and Citizens! We are participating, we are engaging with others. We are listening to and sharing ideas, thoughts, and feelings. We are negotiating, taking turns, and observing. If you hear your child talking about fine motor practice, we are encouraging our children in this area by

providing several different activities to strengthen that much needed area of development.

We encourage you to stay involved in your child's everyday experiences and celebrate how well they are doing.



#### A Message from Our Teachers Continued

'Mat Man' continues to be popular with the classes as the children learn body awareness, cooperation, organization, and sequencing as they build Mat Man. Our time includes building ` Mat Man' individually and in large groups working on being a team player.

By the end of the month children are already starting to feel the excitement of the holiday season, so we talk about what they see, hear, or smell that tells us that our holiday season of Christmas is coming.



#### CHARACTER EDUCATION

#### "CITIZENSHIP"

Your preschooler will meet Cindy the Citizen Crab and be encouraged through stories, songs, and activities to:

- · Cooperate
- · Obey rules
- · Respect people in charge
- Not to litter

Before children can be citizens of the community, they must learn to be citizens in the classroom. Children who learn to get along with their classmates will be able to learn to get along in their community. One way to help preschool children become good citizens is by teaching them not to litter; to do their share to make your home, school, and community a better place for everyone!



#### SPECIAL DAYS

**Brooks and Newell Safe Communities** will be in this month to talk to the children about community safety.

**Cookies and Kindness: November 22-24** the children will be decorating and delivering cookies. To deliver to places close by, Pioneer Villa, Police Station, and Food Bank. Staff will deliver some to the Hospital and Fire Hall.

#### REMINDER NOTICE

**Our Evacuation Meeting Place** is now Newell Associate Clinic at 220-4th St W Brooks, AB by school staff and volunteer parents.



#### SPECIAL THANKS

We are very grateful for our volunteers, you're terrific in helping in so many ways. We appreciate the parents that are volunteering to make our playdough for the year, thank you so much! Due to health reasons, we are changing our playdough out once a week.

Special thanks to all the parents who supported us during our Fall Walks and Pick a Pumpkin and Bake Sale Fundraiser.

Thank you for your donations to the Brooks Food Bank during Thanksgiving week. This is a way for the children to practice being good citizens, by helping and caring about people in our community, the children brought in 125lbs of items.

> www.brookspreschool.com https://www.facebook.com/inspiringplay/

#### LITTLE REMINDERS

Parents, please let teachers know of any changes in phone numbers, addresses or medical concerns. We need to keep information current.

<u>Please clearly label your child's belongings</u> (lunch bag, backpack, shoes, etc.) to avoid any confusion or lost items.

During bad weather conditions, our school will be closed when temperatures drop to -35 degrees (excluding wind chill). Parents, please listen to our local Radio Station for conformation. FM 101.1 or Q105.7

**Doors at the preschool** open at 8:15 pick up times is 12:00 noon doors will remain locked until then. If you need to pick up your child earlier, please ring the doorbell.

**Play Zone** – Be advised, children paint, use markers, and glue at school. We recommend that you DON'T dress your child in their best clothes as stains are a possibility.

If you have any concerns or questions throughout the year please feel free to contact your teachers at the preschool or email at bpsteachers@brookspreschool.com

#### FOR E-TRANSFER PAYMENTS:

PLEASE EMAIL- BROOKSPRESCHOOL123@GMAIL.COM PLEASE USE CHILD'S NAME AS THE TRANSFER PASSWORD.

INVOICES ARE SENT OUT BY THE 15TH OF EACH MONTH, WITH PAYMENT DUE BY THE 1ST OF EACH MONTH.

## SNACK ATTACK

### BLUEBERRY AVOCADO MUFFINS



- BLUEBERRIES
- AVOCADO
- FLOUR
- EGG
- BUTTER OR OIL
- MAPLE SYRUP

- MILK
- VANILLA EXTRACT
- BAKING POWDER
- BAKING SODA
- SALT

#### DIRECTIONS:

- PREP: HEAT OVEN & SPRAY OR LINE A MINI MUFFIN TIN
- DRY INGREDIENTS: IN A MEDIUM BOWL, WHISK TOGETHER: FLOUR, BAKING POWDER, BAKING SODA & SALT
- WET INGREDIENTS: MIX AVOCADO UNTIL CREAMY. ADD MAPLE SYRUP AND OIL, MIX WELL. ADD IN EGG, MILK, AND VANILLA UNTIL COMBINED.
- **COMBINE:** POUR FLOUR MIXTURE INTO WET INGREDIENTS. GENTLY FOLD THE INGREDIENTS TOGETHER UNTIL COMBINED. DONT OVERMIX.
- ADD BLUEBERRIES: GENTLY FOLD IN BLUEBERRIES.
- FILL: SPOON THE BATTER INTO THE MUFFIN TIN, FILLING 3/4 TO TOP.
- BAKE: BAKE FOR 12-15 MINUTES UNTIL GOLDEN BROWN.



Flight: Alberta's Early Learning and Care Framework is a play-based curriculum inspired by a vision of strong, active, energetic childhood communities-places of vitality-that welcome and invite the participation of children and their families.

I am a child, capable of contributing to early learning communities, strong in my unique abilities to play and learn, and resourceful in communicating my thoughts, questions and ideas.

flightframework.ca



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## Introduction to Flight for **Families**

play participation possibilities







# *Flight* calls for a strength-based view of children and families.

*Flight* inspires educators to be alongside children in their play and learning.

Families may see documentation of children's play in photos with printed descriptions that highlight what is meaningful about such moments. Educators using *Flight* strive to strengthen family relationships to nurture children's home-community-program connections.

Programs using *Flight* seek to learn about family experiences, insights and

#### Play-based goals:

--- Well-Being

- --- Play and Playfulness
- ... Communication and Literacies
- ... Diversity and Social Responsibility

Children learn by:

- --- Playing and Being Playful
- Seeking
- --- Participating
- ... Persisting
- ... Caring



#### Flight values:

- -- Early childhood communities as places of diverse and meaningful participation and possibilities.
- Early learning processes that embrace children's active explorations, investigations, and representations of their everyday experiences.
- Meaningful family relationships for promoting children's care, play and learning.