

Indigenous Perspective!

Teachings / Sharing Circles

Every Monday: 2:30p.m. – 4:00p.m.

Limited Seats – Covid Protocol Followed

Masks and Social Distancing

No-one knows / understands where you are coming from.

Don’t know where to turn to.

Consider choices.

# Peers / Grandmothers / Grandfathers / Ancestors / Creator

***Ka’nikuhli:yo*** *implements trauma-informed and strength-based cultural approaches to address community-based mental health and well-being concerns!*

*Geared to meet the needs of adults.*

Contact: Ken Oliver, Coordinator

Phone: 519-672-0131 Ext 246

E-Mail: koliver@namerind.on.ca