

# BROOKS PRESCHOOL

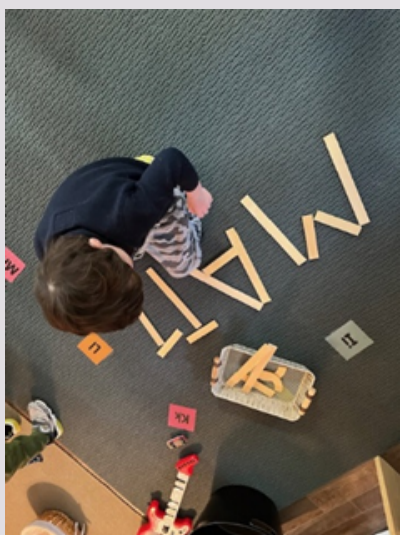
## APRIL 2024 NEWS

### TEACHERS REPORT

When we return from Spring break on April 8th, we look forward to celebrating the long awaiting new season!

As the weather starts to feel warmer, we will begin to talk about and explore the changes in nature that come with Spring.

We are mighty learners growing to be young responsible citizens with creative minds.



[www.brookspreschool.com](http://www.brookspreschool.com)

<https://www.facebook.com/inspiringplay/>



I/we are caring about family, self, and others. Each child caring about the world and all living things, someone who says and demonstrates “I can help,” is a mighty learner.

A special observance on April 22nd each year is Earth Day. The children will learn environmentally and socially responsible practices through reducing consumption, reusing, and recycling. Discovering through activities and stories how important it is to take care of our earth, keeping our air and lakes clean.

The children will be engaged in playing activities that encourage their developmental learning in the direction of right and left, and positional words such as above, around, behind, inside, etc.

Our science area is always busy as the children are discovering and predicting. This month we will once again begin the cycle of raising butterflies and hatching chicks and observing other bugs. We will also discover that different liquids have different weights and will be making mini tornados and rainbows.

**See Canada’s Food Guide for continued support in providing healthy meals and snacks for your families. <https://food-guide.canada.ca>**



## SPECIAL DAYS

### **Spring Walk: April 24, 25, and 26**

Families are welcome to come for our spring walk. Please note parents must be in supervision of any siblings present. We will be walking for the last 20 minutes of each class. Please dress your child according to the weather.

## LITTLE REMINDERS

Weather permitting, we continue to be outdoors. Please be sure you send proper wear for Spring outside play.

## SPECIAL THANKS

Thanks to all our excellent parent helpers for the month of March; your help in class has been incredible! Special thanks to our Board of Directors who continually work together to build community and a quality place for early childhood education.

If you have any concerns or questions throughout the year please feel free to contact your teachers at the preschool or email at [bpsteachers@brookspreschool.com](mailto:bpsteachers@brookspreschool.com)



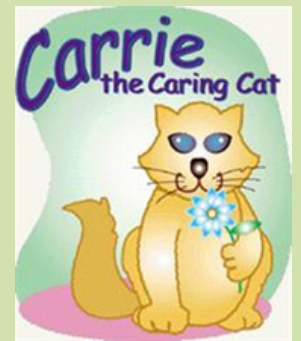


## CHARACTER EDUCATION

### We are learning about the disposition of “CARING”

For young children, caring means:

- Being kind to people.
- Showing friends and family that you care.
- Saying please and thank you.
- Helping people.



Your child will meet Carrie the Caring Cat and be encouraged through stories, games, songs, and examples to care about those around them.

As parents, you are constantly teaching your child something. By demonstrating kindness to our friends and family, and then explaining our need to be kind to one another, your child is picking up on these behaviors. You may find that you are repeating yourself often, but one day, you will be surprised to notice that your preschooler has been listening and knows how to act in a kind manner towards others. There are many ways to encourage your preschooler to be a caring person. One important way is to spend individual time with them each day; get down to their level to talk or listen, tell them that you like what they are doing, or read books about kindness and caring to them.

# SNACK ATTACK

## 3 ingredient banana mini muffins

2 medium bananas, mashed

180g (2/3 cup) thick and creamy  
vanilla yogurt

150g (1 cup) self-raising flour



1) Preheat oven to 180C/160C. Grease a 24-hole mini muffin pan.

2) Combine yogurt & banana in a large bowl. Gradually stir in flour until just combined.

3) Spoon mixture into muffin holes. Bake for 15 minutes or until a toothpick center comes out clean. Set aside in the pan for 2 minutes to cool slightly before transferring.

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