

Cordova Bay United

Announcements

October 8, 2023

Upcoming Events

Sunday, October 8

- * Worship, 10am, In-Person and Livestream
followed by Fellowship Time in the Hall

Tuesday, October 10

- * Worship meeting, 9:30am, Friendship Room

Thursday, October 12

- * Dementia Caregiver Support Group, 10am
- * Chime Choir, 6:00pm, Sanctuary
- * Choir practice, 7pm, Sanctuary

Saturday, October 14

- * Cordova Café and Books and More Sale

Dementia Caregiver Support Group

If you are a caregiver for a loved one with dementia or have recently lost a loved one to dementia, you are invited to join the Dementia Caregiver Support Group, facilitated by Rev. Wilda Cottam. The purpose of this small, monthly gathering is to meet and share with others in our congregation who are (or were) in a similar situation.

The support group meets on the 2nd Thursday of every month at 10am – 11:30am at the church. The next session will be on Thursday, October 12. If you would like to join this group, please contact the office.

Keep in Touch

Minister

Pastor Beth Parsons
bethparsons@cbunited.ca

Music Director

Sharon Prindle-Collins
music@cbunited.ca

Council Co-Chairs

Jiemei Li
jiemeili@hotmail.com
250.704.0168

Laurie Mueller
lmueller@shaw.ca
250.213.2355

Office Administrator

Jane Shumka
office@cbunited.ca

Children & Youth Program Coordinator

Leslie Moffat
childrenyouth@cbunited.ca

CORDOVA BAY UNITED

813 Claremont Avenue
Victoria, BC V8Y1J9
Phone: 250.658.5911
www.cbunited.ca

Children have fun at Messy Church

The sounds of laughter and fun filled the Cordova Bay United Church hall Friday night as nine children and more than 30 adults turned out for the first Messy Church of the fall.

The evening began with the kids taking part in a series of activities, including making a paper bird and a homemade bird seed feeder. There was a table with play dough and another where they made leaf stencils with paint.

The messiest part of the evening came when they had the chance to stick their hands into a bowl of green "slime". Yuck!

After cleaning up and saying a group grace, they enjoyed a hot dog dinner with raw veggies and potato chips, followed by popsicles for dessert.

When everyone was done, they moved into the sanctuary for songs and a sacred story with Pastor Beth Parsons.





See you at the Oct. 14 café and book sale

At The Cordova Café, the coffee is always on us. That's right, we offer free cups of Level Ground Coffee every second Saturday of the month from 10-noon in the hall at Cordova Bay United Church. It's our way of building community and helping neighbours meet neighbours.

And did we mention the homemade baked goods? We always have an assortment of delectable goodies on hand to have with your coffee.

On Saturday Oct. 14 we will also be featuring a book sale, along with the sale of purses, scarves and jewelry.

See you there!



Caring Committee chair Joanne Thomas shows off one of two new banners promoting the Cordova Café.

World Food Sunday, October 15

Everyone should have enough to eat, no matter where they live. Unfortunately, climate change, conflict, and growing inequality around the world means that the most vulnerable people don't have enough food. The Food and Agriculture Organization of the United Nations (FAO) created World Food Day on October 16, 1945. The goal of the FAO is to free humanity from hunger and malnutrition, and to effectively manage the global food system. World Food Day events are organized in over 150 countries across the world, making it one of the most celebrated days of the UN calendar. These events promote worldwide awareness and action for those who suffer from hunger and help strengthen the link between agriculture and food security. The United Church of Canada recognizes the third Sunday in October as World Food Sunday.

This year Cordova Bay United Church will support the Saanich Peninsula Lions Food Bank who are working to ensure that hungry people in our community get the support, assistance, and help they need.

On Sunday, October 15, we invite you to bring in any food that is not expired and worth eating such as:

- Peanut butter
- Canned soup
- Canned fruit
- Canned vegetables
- Canned stew
- Canned fish
- Canned beans
- Pasta
- Rice

Magic Wand needs your help

Elizabeth Surerus, who runs the Magic Wand for grads, is looking for an assistant to help with appointments when she is away from Nov. to Feb. Anyone interested, please call Elizabeth for more information - 250 658 0246.

Bookies

The Bookies are back in full read after a Summer recess and will meet in the Friendship Room at 10 am on October 20 to review *The Vanishing Half* by Britt Bennett. We are a welcoming group!



All Saints Day and New Member Sunday October 29

It is a time to remember the great cloud of witnesses that have come before us. On Sunday October 29 we will honour the saints in our lives, those who have lived faithful (not necessarily perfect) lives, and who encourage us to live faithfully.

Please send us the names of people in the congregation or close loved ones who have died in the last year. There will be a special time in the service to recognize those folks.

In addition, we will also welcome new members to our congregation. If you are interested in becoming a full member of Cordova Bay United, please contact Pastor Beth Parsons.

2024 united church calendars

If you would like to order a 2024 United Church Calendar, please contact Jane in the office to place your order. Calendars are \$10 and she will be accepting orders up to October 19.



More ways to participate in worship

If you are interested in participating in a new way on Sunday mornings, we are looking for individuals willing to greet members and visitors as they arrive, reading prayers and scripture, serving communion and offering flowers. If you are interested, please see the contacts below for more information.

Greeters—Bill Samis and Karen Strawn Samis

Scripture Readers—Bill Walker

Prayer Readers—Pastor Beth Parsons

Communion Servers—Stephen Godfrey

Flowers—Barbara Shobbrook

Poinsettia Fundraiser coming soon

Once again Poinsettias will be for sale with proceeds to support the work of Cordova Bay United Church. *The price is \$15.00 per 6.5 inch pot.*



Order forms will be included with the emailed announcements next week and will be available in hard copy on Sunday, October 15.

Orders **with payment** should be submitted no later than Sunday, November 5. Poinsettias will be available for pickup on Sunday, December 3.

Arlene Vickery will be collecting orders on Sundays, October 15, October 22, October 29 and November 5, following the worship service.

Ethel Wilson Women's group, October meeting

The Ethel Wilson Women's Group will meet on Tuesday October 24 at 7:00pm - note this is one week earlier than we normally meet so you can be at home handing out Hallowe'en treats on the 31st!! We will welcome Jessica Tuomela to our meeting. Jessica, who is totally blind is a medal winning Paralympian and is going to share with us some of her amazing life story. All women in the congregation are welcome to attend what we expect to be a most interesting and inspiring evening. Jessica will be accompanied by her guide dog Brandy who will be "working" so all you dog lovers please resist the temptation to reach out and pat Brandy!!!

Council approves new photo directory

By Jiemei Li, Co-Chair

Cordova Bay United Church Council met on Wednesday Sept. 27. It was the first time we met in-person in over three years!

Council wants to report to the congregation:

1. Council agreed that a new photo directory is needed for the church, especially now with a new ministry and music team in place. The last directory was done in 2014 — nearly 10 years ago. We need to put a team together to work on this project. Kathy Rassenti and John MacLeod have offered to join this team. They need a few more members to work with them. If you are interested, please contact John MacLeod.
2. The job description for the Children, Youth and Young Adult Program Coordinator has been approved by the Pacific Mountain Region and by the congregation on October 1st. A hiring team is in place to search for the suitable candidate. Meanwhile, Leslie Moffat will continue to lead the children and youth program as the Interim Program Coordinator in October.
3. Carrot Seed preschool is in need of a Chair and a Vice-Chair for the Board of Directors. The school is owned by the church and it has been providing much-needed service to the community. It has been contributing sizable revenue to the church for many years. The current enrolment is strong but it needs our members to come on the Board in order to maintain its strength and service. If you would like to serve on the board please contact Willa Burke.
4. We have a new and strong ministry team and a vibrant loving faith community! We have so much to thank for. Currently, our faith community is experiencing some financial pressure.

Council is actively working to bring our finances back on track so we can continue to carry out God's mission. Some of the ways we are doing that are:

- a. Through fundraising. Besides the Cordova Café's mini-fundraising event on Oct. 14, a series of concerts is coming to CBUC. In November, Pastor Beth and Glenn will put on a concert and offer a Christmas CD for sale, with all proceeds going to the church. Other concerts/shows will follow.
- b. Council approved a motion from the Trustees that the 2023 annual income and interest from the Legacy Fund will be included in the 2024 operating budget.
- c. A giving campaign is coming for this Thanksgiving and Christmas season. Let us all express our gratitude by giving financial support to our mission. More details of this campaign are coming in the next couple of weeks.

Laurie Mueller, CBUC member and author of: The Ultimate Guide on What to do When Someone You Love Dies will be participating in this event.

THE VICTORIA HOLISTIC
DEATH CARE COMMUNITY
PRESENTS

DOING DEATH BETTER

SUNDAY, OCTOBER 15
2:30 - 4:30 PM

THE CHURCH OF TRUTH
111 Superior St

\$5 - AT THE DOOR



Local Death Doulas

Deathcare Resources

Planning Tools

Creative Gift Ideas

Meaningful Conversations

Networking

Food Safe Course Level 1

The approach of flu season, the increase in the number of Covid variant cases, and the incidence of E. coli in day cares in Alberta remind us of our duty of care to the members of our congregations, following Christ's command to 'Love one another'. We want to prevent foodborne illnesses in those whom we serve. To this end, a Food Safe course Level I is being offered on Friday 25 October 9:00 am to 4:30 pm at Cordova Bay United Church, 813 Claremont Avenue. The Food Safe organisation will charge us a lower price for the course because of the number of participants: \$69/person.

To register, please contact Alanna Menu: by phone 250-656-0138, or by email camenu@islandnet.com.

Jam For Sale

The office has several varieties of jam made by Frank Gertsma. Jam is \$5 a jar with all proceeds to support the work of Cordova Bay United Church.

