

Upcoming Events

Sunday, July 27th

Worship, 10am, In-Person and Livestream
Followed by Fellowship Time in the Hall

Monday, July 28th

Bocce League 1:15pm, 6356 Oldfield Rd.

Tuesday, July 29th

Worship Meeting, 10:30am, Friendship Room



Keep in Touch

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Here are all the programs and activities happening at CBUC this week. Church activities are listed in yellow.

Sunday, July 27

Worship, 10am, Sanctuary, followed by Fellowship Time in the Hall

Monday, July 28

- Bocce League 1:15pm, 6356 Oldfield Rd.
- Jazzercise, 6pm ,Hall

Tuesday, July 29

- Jazzercise, 8:30am, Hall
- IH Adult Day Program, 9:30am—3pm, Hall
- Worship Meeting, 10:30am, Friendship Room Zumba, 5:30pm, Hall
- KSI Karate, 7pm, Hall

Wednesday, July 30

Jazzercise, 6pm ,Hall

Thursday, July 31

- Zumba, 5pm, Hall
- Jazzercise, 8:30am, Hall

Friday, August 1st

- Jazzercise, 8:30am, Hall
- Chair Yoga, 10:30am, Hall
- KSI Karate 4:30pm, Hall

Saturday, August 2nd

- Jazzercise, 8:30am, Hall
- Zumba, 10:30am, Hall

To reserve a room for a meeting or activity, please contact the office by phone or email. And just a reminder that setting up a room, particularly the hall, in advance may not be possible due to other renters.



Bocce League

It's that time of year again! The 4th Ethel Wilson Summer Bocce Ball League is up and running. It is open to all women. Bring a friend.

We will follow last year's schedule. We will go every Monday 1:15 - 3:30 during July and August.

If you cannot make a Monday, NO problem. Come when you can.. Being summer we know you will have holidays and company may show up. Not to worry. We will just work around it.

The remaining dates are Mondays:

July 28th August 4th August 11th August 18th August 25th

We thank Linda Snelling for hosting us again this year on The Keith Snelling Memorial Field (6356 Oldfield Road).

We have ONE goal to have fun, many laughs and enjoy the sun and summer with friends. (I guess that's 3 goals) Don't want to play just come and socialize.



Cross Canada Adventureswith Erich and Ruth Schulz

As many of you know, Erich and Ruth Schulz are spending four months travelling across Canada. Contrary to what I incorrectly reported last week, their adventures continue and their fifth travelogue is linked reserved, and available on the main bulletin board! (Narthex).

Thursdays in Black

Join the Movement: Thursdays in Black

The United Church of Canada is renewing its commitment to the Thursdays in Black campaign, a global movement dedicated to ending gender-based violence. This initiative, started by the World Council of Churches, peacefully protests the attitudes and systems that cause harm, particularly in times of conflict.

You are invited to join this powerful statement of solidarity. Starting with the 45th General Council on August 7, and every Thursday thereafter, wear black to show your support for eliminating gender-based violence and to stand with survivors. To deepen your involvement, explore the resources available from The United Church of Canada and the World Council of Churches to learn how you and your community can take meaningful action.









OurPlace Sock Challenge

Our Place, a long-standing partner of diverse faith communities, received a special visit from longtime volunteer Margaret Schaffer and Oak Bay United Church Minister Sarah Fanning to commemorate the United Church's centenary. As a gesture of support, they personally delivered over 200 pairs of socks and underwear.

Inspired by this act, Margaret and Sarah have launched the "Our Place Sock Challenge," urging all United Churches and other faith communities across the island to organize their own drives to collect socks and underwear for the Our Place family. This initiative aims to celebrate the centenary with "compassion and purpose" by addressing the high need for these items.

Donations of items and monetary gifts can be dropped off at 1027 Pandora Ave, Monday through Friday, from 8 AM to 4 PM.



Farmland Decay

Local Farming, Global Challenges

Support transparent organizations today

Urban Sprawl and Development

The expansion of cities and infrastructure leads to the irreversible conversion of fertile agricultural land into residential, commercial, and industrial areas. This development pressure is most intense in regions where prime farmland coincides with growing population centers.

Soil Degradation and Erosion

Unsustainable agricultural practices like intensive tillage, monoculture cropping, and the overuse of chemical fertilizers can strip the soil of its organic matter and essential nutrients.



Crop Rotation and Diversity

Planting a variety of crops in a rotational sequence helps to improve soil health, control pests and diseases, and reduce the reliance on chemical inputs. This practice mimics natural ecosystems, leading to a more resilient and productive farming system

Integrating Livestock and Crops

Combining animal and crop production creates a symbiotic relationship where animal manure is used to fertilize crops, and crop residues can be used as animal feed.



"Hunger is not an issue of charity, it is an issue of justice and equality."

- Jacques Diouf

\$456+ million

The 2024 net loss for farmers in British Columbia; the largest of any province in Canada.

757,000 acres

Farmland lost in British Columbia since 2016, due to urbanization, flooding, and poor soil practices.