



APRIL
2020



Teacher's Report

We sure miss all our students and families and want to keep in touch. Be sure to watch the weekly videos the teachers are posting on the private FB pages and have fun responding back.

April marks the arrival of Spring, the Easter Season! The weather is starting to feel more like spring so we are hoping your children can be out in their back yards looking for the signs of spring!

With the sudden shutdown of all schools and childcare centers, and the doctors recommendations to stay home and practice physical distancing, means parents everywhere are suddenly spending more time at home with their children. With such short notice, many parents are left scrambling to find ways of keeping their children occupied. Here are a few sites to check out.

Kids Activities Blog

Visit Kidsactivitiesblog.com for a collection of [educational YouTube channels](#) for kids, dozens of [online field trips](#) they can take to different parts of the world, and an [exhaustive list](#) of educational organizations offering free subscriptions as a result of school closure.

Busy Toddler

[Busy Toddler](#) is a website full of hundreds of fun activities for kids. While geared towards younger children, the page offers ideas for kids up to 12 years old. Exercises include creating a toy washing station, making a literacy bin and designing a comic book.

Quality Time Activities

<https://qualitytimeactivities.blogspot.com/>



Note to the Parents:

The future of the Brooks Preschool school year of 2019/2020 is unknown. The updates on the Covid-19 situation is changing on a daily basis, which makes it hard to know what the right decisions are. The Preschools Board of Directors want what's best for the Preschool and the Children's families. That being said, if the school year is in fact closed until fall, all families who have paid in full will receive a refund for the remainder of the school year for the months of April and May. Reimbursements will be mailed out at the beginning of June.

Thank you for supporting the Brooks Preschool and for your patience during this unprecedented time!

Alisha Johnson
Chair
Brooks Preschool

Take time to Care for one another!

For young children, caring means:

- Being kind to people.
- Showing friends and family that you care.
- Saying please and thank you.
- Helping people.

As parents, you are constantly teaching your child something. By demonstrating caring and kindness to our friends and family, and then explaining our need to be kind to one another, your child is picking up on these behaviors. You may find that you are repeating yourself often, but one day, you will be surprised to notice that your preschooler has been listening and knows how to act in a kind manner towards others. There are many ways to encourage your preschooler to be a caring person. One important way is to spend individual time with them each day; get down to their level to talk or listen, tell them that you like what they are doing, or read books about kindness and caring to them.

Check Out Our Website!

www.brookspreschool.com

Mrs. Bruce, Mrs. Webb, Mrs. Jackson and Mrs. Donald
Monday, Tuesday, Wednesday & Friday

Like our Facebook page!

www.facebook.com/inspiringplay

If you have any concerns or questions throughout the year, please feel free to contact your teachers at the preschool or email at bpsteachers@brookspreschool.com

Special Thanks

To all the children and families that at taking part in the weekly videos the teachers have been providing to keep some form of normality.

Special thanks to our Board of Directors who continually work together supporting the teachers during these trying times.

We also want to thank the City of Brooks for providing up to date information for the Citizens of Brooks and County of Newell.

<https://www.brooks.ca/CivicAlerts.aspx?AID=158>

Please keep an eye on the preschools Facebook page and class groups for information about our upcoming Prairie Meats Fundraiser as well as for dates for registration for the 2020/2021 school year.

COVID-19 INFORMATION

HELP PREVENT THE SPREAD

Prevention starts with awareness. Be informed on how you can protect yourself and others from novel coronavirus:

- Self-isolate if you're feeling sick
- Wash your hands frequently
- Cover coughs and sneezes
- Avoid touching your face

Concerns about your health?
Call Health Link 811.

alberta.ca/covid19



A clean hand is a caring hand.

Did you know proper hand hygiene is the #1 way to prevent the spread of germs?
Follow these simple steps for proper hand hygiene.



Soap and water

- 1 Turn on water
- 2 Wet hands
- 3 Apply soap to palm of one hand
- 4 Scrub for 20 seconds
- 5 Rinse
- 6 Dry with paper towel
- 7 Turn off water with a clean towel



Hand sanitizer

- 1 Apply to palm of one hand
- 2 Rub over both hands
- 3 Let dry

children'shealth?

Frequently Asked Questions on COVID 19 in Alberta

<https://www.albertahealthservices.ca/assets/info/ppih/if-ppih-ncov-2019-public-faq.pdf>

SNACK ATTACK

Berry Frozen Yogurt Bark

Ingredients:

- 3 cups yogurt
 - 2 Tbsp vanilla
 - ½ cup raspberries 1/2 cup
 - ½ cup strawberries 1/2 cup
 - ½ cup blueberries 1/2 cup
 - ½ cup mango 1/2 cup
- *substitute fruit with your favourites



Instructions:

1. Chop all the fruit in small pieces (smaller if you are serving the bark to a baby)
2. Mix the vanilla with the yogurt
3. Spread the fruit on a baking sheet lined with some parchment paper
4. Spread the yogurt on top, level and freeze for 2 hours min.
5. With a knife break into pieces, as small or big as you like.
6. Serve immediately, or store in freezer.

Easter Egg Smoothie Popsicles

Ingredients:

- 1.5 cup mixed strawberries and raspberries
- 1 cup coconut milk
- .5 banana
- washed plastic easter eggs
- lollipop sticks

Instructions:

1. In a blender, blend strawberries, coconut milk and banana until liquidy with no chunks of fruit.
2. Line up your eggs so the pointy side of the eggs face down. Using a chopstick or a pen, poke a hole in each plastic egg on the wider side of the egg. Wash well after.
3. Fill a squeeze bottle with smoothie mix. Make sure your eggs are closed tightly, then carefully fill each Easter egg with the smoothie mixture.
4. Add a lollipop stick to each egg in the hole in the egg.
5. Freeze Easter Egg Smoothie Popsicles for a minimum of six hours, preferably overnight!



April Daily Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 LEGO CHALLENGE: try building your name using LEGO	2 Line up plastic bottles in the shape of a triangle and have fun bowling	3 Sing 5 little Monkeys jumping on the bed, don't forget to stretch those fingers	4 Build a fort using cushions, pillows and blankets and read a story together inside
5 Marble Play-Doh STEM Challenge	6 Practice printing your name 5 times. Make sure each letter starts at the top and moving from left to right	7 Print names of animals on strips of paper and put them in a jar, pull one out and act out the animal, the way they walk, run, and hop.	8 Build a bridge or a tower using marshmallows, play-doh, toothpicks, or straws.	9 LEGO CHALLENGE: Build something that flies	10 Make your own Easter Cards	11 15 Egg Decorating Ideas
12 Easter Egg Relay race.	13 Flashlight Scavenger Hunt. Turn off the lights and hide objects around the house to find using the flashlight.	14 Pick out two different snacks and try lining them up in an A B pattern (ex. goldfish, pretzel, goldfish, pretzel)	15 Practice printing the numbers 0-10 be sure to start each number at the top and move from left to right	16 The Floor is Lava. Tape or secure pieces of paper onto the floor, hop from paper to paper around the room	17 Grow a sprout House	18 Build a boat out of tin foil count and see how many coins it will hold before it sinks
19 Hidden Volcano Colours	20 Practice Printing your name 5 times. Making sure each letter starts at the top and goes left to right.	21 Fill a balloon 1/4 full with baking soda, fill a plastic bottle 1/3 way full with vinegar. Attach balloon to the top of bottle and slowly pour baking soda inside... Causing the balloon to self inflate.	22 Do something good for our planet, pick up garbage, walk or ride your bike as a family instead of driving. Plant something.	23 Marble Process Art Rainbow Painting	24 Use Masking tape to create lines all over the floor, in straight or zig zag Pattern and use it as a balance beam, a bridge between rooms.	25 Galaxy in a Jar
26 Practice Printing your name 5 times and each number from 0-10 5 times each	27 Recycled Plastic Cup Flowers	28 Make a rain stick. Decorate the outside of a paper towel tube, fill with crumpled newspaper, cover one end with tin foil and secure in place, add a cup of rice and cover other end with secured foil. Tip back and forth for rain sound	29 Take a walk and look for signs that Spring has sprung Nature walk Scavenger Hunt Printable	30 Ice Cube on a String: Fill a glass with water and place an ice cube on top, lay a string across the top of the cube and sprinkle it with salt, let it sit for 30 seconds- 1min gently lift the string and the cube should be stuck to it		