

# OCTOBER 2021



## A Message from Our Teachers

What a wonderful first month of preschool it has been. All the children seem to have settled into their new routines extremely well. We have enjoyed watching new friendships blossoming and the reconnecting of friends from last year. You should all be very proud of your little ones as they are doing an amazing job of learning their new routines, being responsible helpers, and thoughtful friends.

We are practicing problem solving, language skills and social-emotional skills through the power of play.

During the last month your children have been learning these new routines and skills:

- recognizing and remembering some of the children's names and the teachers' names (still working on that)
- lining up, taking turns, and sharing with our new friends
- experimenting with pencils, crayons, paint, glue, scissors (this is a skill that takes time and practice). They are really doing a great job.
- recognizing the special places to put jackets, shoes, and the things to take home
- using quiet indoor voices and saving their loud voices for outside
- remembering to use walking feet inside and saving the running feet for outside
- cleaning after themselves and putting things away (you could see a great cooperation between the children during our cleanup time – they all are doing a great job!!!)
- learning the fire drill where the children practiced how to exit the preschool calmly and quickly.

We absolutely love this time of year and for some reason it seems to inspire more art activities than almost any other season. It is the abundance of natural materials to use as well as the wonderful fall colors around us. And of course, the Halloween buzz has already started. Children may choose to wear their Halloween costumes to preschool or simply come with Wacky Hair. We would like to remind you that to examine nature and fall we will be outside, please remember to dress your child appropriately for play.



## Character Education

### This month we are learning about "BEING THANKFUL"

The phrase "Being thankful" is sometimes a difficult concept for the young children but when we talk about things that make us "glad or happy," it's a little easier to then move on to being "thankful." (We can be thankful for our families, our healthy bodies, our pets, our nice warm beds, our food that we eat each day, etc.)

## Little Reminders

**Parents, please let teachers know of any changes in phone numbers, addresses or medical concerns. We need to keep information current.**

- **Pick up Time:** We ask that parents please enter the school quietly as it is quiet reading time for the children.
- **Birthdays:** We like to celebrate children's birthdays before their date unless it falls on a school day.
- **Outside Play:** Depending on weather, and time, outdoor play/walk will be for the last 30 min. of the day. Please dress your child according to the weather and label your child's items.
- **Doors at the preschool** open at 8:30 am and pick up times is 12:00 noon doors will remain locked until then. If you need to pick up your child earlier, please ring the doorbell.
- Please take home all items at your child's coat hanger and shelf above.
- **Play Zone** – Be advised, children paint, use markers, and glue at school. We recommend that you DON'T dress your child in their best clothes as stains are a possibility.
- **For E-Transfers:** Please email [brookspreschool123@gmail.com](mailto:brookspreschool123@gmail.com) Use your child's last name as the transfer password

### Check Out Our Website!

[www.brookspreschool.com](http://www.brookspreschool.com)

### Find us on Facebook



<https://www.facebook.com/inspiringplay/>

*If you have any questions throughout the year please contact Mrs. Bruce at the Preschool or [bpsteachers@brookspreschool.com](mailto:bpsteachers@brookspreschool.com)*



### Daily Routine Highlights

- Please wear a mask during drop off and pick up times
- Staff and Parent Volunteers **MUST** wear a mask (disposable masks will be available if needed).
- Use the Alberta Health Daily Checklist (Adult or Child form as appropriate) before arriving at the preschool.
- We will continue taking Children's and Volunteers temperatures upon arrival.
- We thank you for your patience as we continue with staggered entrance and pick up times.
- Use the same path to enter and exit the preschool.

### Special Days

Oct. 5, 6, 7 - **Brooks Food Bank Donation** please **bring non-perishable food items** for your child to donate.

Oct. 12, 13, 14 - **Bring an Apple** we will be making apple sauce and using all our senses in this activity.

Oct. 26, 27, 28 - **Halloween Dress up** or come in your wackiest hair style.

### Special Thanks

To all our "Parent Helpers" you are such terrific support and help in our classes.

To all our Board of Directors and Room Reps who took part in helping during orientation week and working hard on the operation of our school.

**The teachers wish you  
a safe and Happy  
Halloween!!**



**If you would like to donate pumpkins for the pumpkin sale please let us know!**



### **Parents!**

The Preschools Annual Pick-A-Pumpkin Festival and Bake Sale is coming up on October 7th at the Farmer's Market and we are looking for parents who would like to donate some baking! Please let us know if you are interested!

There are guidelines we need to follow from Alberta health, and **all the baking we collect needs to be packaged and ready for sale with a list of ingredients attached. Please don't send baking in your personal Tupperware/ containers, the less people who handle the food items the better.** We will be putting an ID number on each item instead of each person's personal name, address and phone number.

**Baking drop off will be on October 7th at the following locations:**

**3 St. Mary's Cres - 8 AM - 11 AM**

**240 14th St E - 8 AM - 11 AM**

**Please do not bring your baking to the preschool as there is class that day and we don't want to disrupt it!**

# SNACK ATTACK

## Apple Muffins

### Ingredients:

- 1 3/4 c all-purpose flour
- 2 1/2 tsp baking powder
- 1 tsp fine sea salt
- 1 tsp ground cinnamon
- 2/3 c light brown sugar
- 2 large eggs
- 1 c whole milk
- 1 tsp pure vanilla extract
- 6 tbsp unsalted butter, melted
- 2 c finely diced apple



### Instructions:

1. Preheat the oven to 425° and have ready a greased, 12-cup muffin tin lined with muffin liners.
2. In a medium-sized mixing bowl whisk together 1 3/4 cup flour, baking powder, fine sea salt, and cinnamon.
3. In a large mixing bowl, whisk together brown sugar, eggs, milk, and vanilla. Whisk in melted butter. With a sturdy spoon, stir in dry ingredients just until the batter comes together. Do not overmix.
4. Toss the diced apples in the remaining 2 tablespoons of flour, add to batter, and gently to combine.
5. Fill the muffin liners 3/4 of the way full. Bake for 15 minutes. Allow to cool slightly, serve, and enjoy.

## Apple Chips

### Ingredients:

- 2-3 apples of a sweet variety such as Golden Delicious Macintosh or Honey Crisp
- 2 tsp Cinnamon
- 1/8 cup Sugar

### Instructions:

1. Preheat oven to 225 degrees.
2. Peel and core the apples and slice thinly.
3. Place sliced apples on parchment lined baking sheets.
4. Sprinkle some cinnamon and sugar on the apple slices.
5. Bake the apples for 1 hour and then flip the apple slices.
6. Sprinkle with some more cinnamon and sugar.
7. Return to oven for 1 more hour.
8. Turn off oven and keep apples in turned off oven for 1 more hour.



