

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
3 STEM CHALLENGE: Using paper tubes, popsicle sticks and/or thick paper, build a bridge that toy people can walk over and toy animals can walk under	4 Spend some quality family time together playing "would you rather?"	5 Cloud Writing: Spread shaving foam or lotion onto a tray, practice printing letters; printing your name, or draw a picture. Rub your hand over the tray to "erase" and create something new!	6 Make some super soft Play-dough; mix 1 cup of lotion with 2 cups of corn starch; stir together until it starts to thicken, then knead it with your hands, the more you knead it the softer it becomes. Add food colouring if desired.	7 Work on your fine motor skills with some of these wonderful printables	8 Use painters tape and lay strips on a canvas there's no wrong way to do this, just keep laying down tape until you are happy with how it looks. Use different colours of paint to fill in the spaces; let it dry for a bit until paint is settled but not dry, remove tape to reveal your	9 I Spy Nature printable
10 Happy Mothers Day Make mom some real flower sun catchers!	11 How to Make a Rocket Straw	12 Cloud Writing: Spread shaving foam or lotion onto a tray, practice printing letters; printing your name, or draw a picture. Rub your hand over the tray to "erase" and create something new!	13 Body Breaks: roll a dice if you roll a 1) 10 toe touches 2)high knees for 10 seconds 3) hop on one foot 10 times 4)20 jumping jacks 5)ten leg lifts 6) lunges from one side of the room to the other	14 Pet Rock! Paint a rock to look like your favourite pet; dog, cat, rabbit, turtle, or frog.... Don't forget to give it a name!	15 Indoor Hallway Laser Maze!	16 Lay a blanket out in the grass and play a game of I-spy with my little eye together
17 How to make crystal geode eggs	18 Victoria Day Build a Feel and Guess Box	19 Cut 8 pieces of paper on the long side 4" wide and tape them onto the floor creating an arch shape; make a zig zag line of arches. Have child blow a ball through the arches; they cannot use their hands to get the ball through the arch just	20 Building Basic Social Skills	21 Fill 1/2 an extra large tote or bucket with water and a few balls; place a second container next to it, using only your feet squeeze a ball and transfer it to the empty container, keep going until all balls have been moved over to the opposite	22 Go for a walk or a drive and see how many signs (traffic or store) your child can identify; talk about the important ones that keep us safe.	23 Spell your name body movements
24 Tape lines on the floor and see how far you and your family can jump; see who can jump the farthest	25 Take a virtual field trip around the world	26 Nature Wands: Wrap sticks with tape, sticky side out, cover tape with leaves, flowers or grasses.	27 Draw Mat Man/Girl playing your favourite sport, or participating in your favourite activity; Mat man the hockey player, mat man the artist, mat girl the dancer	28 The Learning Station Crossing the Midline Body Break	29 Rhyme Time! Take turns rhyming one syllable words such as can, or cat back and forth with you child.	30 Have a picnic and complete a listening scavenger hunt: dog, car, train, airplane, birds
31 Walking Rainbow Science Experiment						

May Activity Calendar