



# ANAVETS ASSINIBOIA 283

**April 2024**



 *If You Love Your Freedom, Thank a Veteran* 



# ANAVETS ASSINIBOIA 283



## Executive Council

<b>Honorary President</b>	<b>Gord Criggar</b>
<b>Past President</b>	<b>Len Cook</b>
<b>President</b>	<b>Bill Sadler</b>
<b>1st Vice President</b>	<b>Shirley Lyon</b>
<b>2nd Vice President</b>	<b>Susan Paggett</b>
<b>Ways and Means</b>	<b>Bill Sadler</b>
<b>Sports</b>	<b>Len Cook</b>
<b>Membership</b>	<b>Shirley Lyon</b>
<b>Secretary &amp; Entertainment</b>	<b>Susan Paggett</b>
<b>Service Officer</b>	<b>Donna Hartie</b>
<b>Building &amp; Maintenance</b>	<b>Rick Jones</b>
<b>Lotteries</b>	<b>John Blair</b>
<b>Maintenance &amp; Fundraising</b>	<b>Terry McCharles</b>
<b>Publicity</b>	
<b>Over 55 &amp; Retired President</b>	<b>Roger Briand</b>
<b>Sergeant-At-Arms</b>	<b>Mike Ottenbreit</b>
<b>Pipe Major</b>	<b>Bill MacQuarrie</b>
<b>Unit Padre</b>	<b>Reverend Canon Dr. Murray Still</b>

**ANAVETS Assiniboia Unit 283**

**3584 Portage Avenue**

**Winnipeg, Manitoba**

**R3K 0Z8**

**Ph. (204) 837-4795**

**Fax (204) 888-6358**

**E-Mail: [office@anaf283.com](mailto:office@anaf283.com)**

**Web Site: [www.anaf283.com](http://www.anaf283.com)**

# PRESIDENT'S REPORT

*Bill Sadler*

I am very pleased to hear about the events our fund-raising committee have planned over the next few months. Now it will be up to us to get out and support them and their efforts.

At the last general meeting the membership has told the executive to send eight active or affiliate members to Sherbrook, Quebec in September as Al Dunham from Brandon will be letting his name stand for Dominion Command President and he needs our support. The Provincial Command will support us with twelve hundred dollars for each member sent if we send eight.

The name plaques have been selling well. The plaques are only one hundred dollars, and it gives you the chance to put your name or the name of a loved one up there under the light so we can remember you or your loved one and this is a fundraiser for your

club.

The upcoming summer months are normally very slow and costly for the club. You can help book your birthdays, anniversaries, and socials here at the club.

Your executive would also like to hear some suggestions.

My suggestion for next year is for our sports leagues to book longer seasons. Maybe an extra month.

Your executive needs your ideas.



## Donation Bin For Toiletries

Soup kitchens are always looking for donations of personal hygiene products etc.

These products can be any of the following:

Toothbrushes	We will also be collecting:
Toothpaste	Socks
Feminine Products	Coats
Shampoo	Hats
Conditioner	Mitts
Soap	Gloves
Deodorant	Sweaters
Klennex	
Hand/Body Lotion	

This will be on an ongoing basis. CVMS will be delivering on a regular basis to those in need.



**Monday May 20, 2024**  
**Western Days BBQ**  
**and Dance**

Stay tuned for more information in the upcoming newsletter and posters around the Club

# OVER 55 & RETIRED

*Roger Briand*

Greetings from the Over 55 & Retired Club.

I hope everyone had a Happy Easter. As always, I find those chocolate bunny ears very tempting.

Friday bowling is winding down with our roll offs on April 12th & 19th. On the 19th our bowling will be followed by the wind-up luncheon and awards.

On April 9th at our general meeting, we will celebrate our 40th Anniversary as a club within the 283. We hope all members will join us for cake and friendship.

At the time of this printing, we will have had our meat draw on Thursday March 28th. Thank you to all members who worked the draw and those who came out to support us.

Thursday afternoon Bingo is attracting more new players each week as our Bonanza game is over \$3,100.00. New players are always welcome.

The bus tour to South Beach Casino on April 17th is full. Good luck to you all.

The Over 55 will be having a bake sale table at the "Gently Used Treasures" on Saturday April 20th in the Stillwell Hall. We welcome all donations of baking and hope to see you there to support us.

Our Folklorama bus tour is in the planning stage. Look for posters on our bulletin board. They will be out as soon as plans are complete.

Enjoy the spring weather.

Good and Welfare:

April 2nd: Executive Meeting Boardroom 10:00 am.

April 9th: General Meeting 40th Anniversary, John Thompson Room 1:30 pm.

April 17th: South Beach Casino Trip - Bus Full.



## BINGO

Thursday, 1-4pm

LGA 2028-B1

All welcome

## Bowling

Friday mornings 9:30am

September to May

Must be a member

of Over 55's to play



## Over 55 & Retired Executive

<b>President</b>	<b>Roger Briand</b>
<b>Past President</b>	<b>Gord Ayotte</b>
<b>Vice-President</b>	<b>Lisette Madsen</b>
<b>Treasurer</b>	<b>Terry Hickman</b>
<b>Secretary</b>	<b>Marilyn Krebs</b>
<b>Bingo &amp; Charitable</b>	
<b>Donations Coordinator</b>	<b>Lisette Madsen</b>
<b>Club Events Coordinator</b>	<b>Mary Lou Talmage</b>
<b>Telephone Coordinator</b>	<b>Claudette Leclair</b>
<b>Membership Coordinator</b>	<b>Sharon Bugden</b>
<b>Sports Coordinator</b>	<b>Roger Briand</b>
<b>Sick &amp; Visiting</b>	<b>Tim McDonald</b>



## Army, Navy and Air Force Veterans Unit 283 Assiniboia

249 followers • 14 following

Message

Follow

Search

# MEMBER SPOTLIGHT

*Rick Wheeler*



As a member of ANAF 283 for 47 years, I feel honored to be selected for the Member Spotlight.

During those years, I have participated in many activities sponsored by the club. Although my primary reason for joining the club was to be active in the Snooker League, I also enjoyed

participating in curling, baseball, shuffleboard and

golf. Through snooker I have made many life-long friends, enjoying the comradery and competition. I especially cherish the memories of playing with my buddy Ron Henderson, an accomplished player who was instrumental in organizing and running the Snooker League.

I thank all volunteers who have donated their time and effort over the years to make it possible for all of us who have enjoyed participating in the many activities that make ANAF283 truly the friendly club.

# Hoping Everyone had a Happy St. Patrick's Day



Bill Sadler and Maxine Beatty volunteering at the March 16<sup>th</sup> Meat Draw



James Badger is all decked out with twinkling lights



Brenda McLeod manning the Pastry Table



Decked out down to the socks



Barb Sadler and the Easter Hamper

## LADIES SNOOKER

*Linda O'Brien*

We are now in division play and we are on track to hold our awards night on April 25, 2024.

Division A – Bea Aymont & Dorothy Hollins; Gail Karman & Linda Greenwood; Barb Sadler & Linda Messervey; Diane Lenchuk, Kandia Sarides & Linda Oleschuk.

Division B – Bernice Kwasnicki & Jane Langtry; Cheryl Samson-Siemens & Bev Cronin; Linda O'Brien & Janette Trach.

## BAR MANAGER

*Bren Nichols*

Hi everyone, we have been pretty busy this month. I hope everyone has a very Happy Easter.

From the Staff and management, Thank you for your continued support.



**DRINK SPECIALS**

## MEMBERSHIP

*Shirley Lyon*



We closed Q1 with 629 memberships. Last year we closed Q1 with 392 so this is very exciting! Payment has been remitted to Dominion. Current membership is 704 as of March 18th. I continue to check that all memberships are up to date with all of our Sports Leagues and card groups. We continue to receive transfers from Unit 1. I've contacted the few members who still have to pick up their Long Service Pins from last year.

I was pleased and honoured to attend, on behalf of ANAF Unit 283, the opening of a commemorative exhibit: The Royal Canadian Air Force Centennial Milestones and Trailblazers at the Royal Aviation Museum of Western Canada. If you haven't seen the museum yet I highly recommend it.

If you wish to contact Mary Pryma, you can e-mail her at: [goldenwestlodge.ca](mailto:goldenwestlodge.ca). She is in room 202 on the second floor. Someone will deliver your message to her.

## WAYS AND MEANS

*Bill Sadler*

The Ways and Means portfolio consisting of Saturday afternoon meat draws, 50/50, pastry table and hamper draws continues to do well, making a good profit and attracting people to the club rooms.

Over the last month Barb Sadler and her crew held a hamper draw for two hampers that included a ham and ten pounds of potatoes. Thanks to the workers and you the buyers, everything went over very well. Thank you for your support. A special thanks to Mary Lou Talmage and Sandra & Don Seal who donated money to help buy the baskets and hams. Faye Davidson your two afghans are always a hit.

The meat draw on March 23, 2024, ran by Dave Barham and his crew of volunteers was a huge

success with 2500 meat draw tickets sold, over two hundred pastry tickets, 240 fifty-fifty tickets sold and the draws for two hamper baskets. The winners were Hilda Towerzey and Nikolas (no last name).

Congratulations to all the winners and volunteer workers.

Volunteers believe it or not, the summer months are coming, and we will need more volunteers. Are you available to fill in?



## CRIBBAGE

*Darlene McWilliams & Weldon Hiebert*

March came in like a lion with cold and snowy conditions, but hardy crib players were undeterred and made it out to play. This year, Easter falls on the last day of March and with it are dinners of ham and trimmings that go along with traditional family gatherings. Once again Barb Sadler prepared two Easter hampers for the holiday, and we were happy to make raffle tickets available at crib. As usual, cribbage players rose to the occasion and generously supported Barb's efforts. Also, four lucky cribbage players won \$25.00 Food Fare gift certificates to help with their holiday festivities. Not to be overlooked, the Easter Bunny made an appearance and brought a basketful of chocolate eggs for everyone! With the end of Easter season, we are hopeful that March will go out like a lamb, and we can look forward to an early spring.

We welcome all Anavets members to join us on Thursdays for an evening of friendship, fun, and a chance to win some money. There are cash prizes for the top four winners, "24" hands, "28" hands, and of course the "29" pot (which is at \$480.00 and growing!).



## Weekly Cribbage

**Thursday 7:30pm-10pm**

\$5/person (partner cribbage)

**Weekly:**

**50/50 draw**

**Cash prizes for top 4 winners**

**"24" hand, "28" hand**

**And a "29" hand gives you the pot**

29 pot grows nightly until it reaches \$1000

**1st Thursday: various draws**

Note: Rescheduled to Wednesday night before the Unit 283 General Meeting.



## SPORTS

*Len Cook*

I have just assumed responsibility as the Sports Officer. The next Provincial Command sports will be the Triathlon on April 13th. A sign-up sheet is available in the Games room. Play-off will be Saturday March 30th if necessary.

I will try to have a longer report for the next Newsletter.

Planning an event?

Call us at 204-831-8268 or email us at [barmgr@anaf283.com](mailto:barmgr@anaf283.com) for availability & rates.

### Weekly Bingo Games

**Monday, Wednesday,  
and Friday: 7:00pm**

LGA 784-B1

**Thursday: 1:00pm**

LGA 2028-BI



## Never Miss an Issue Again



## Get This Newsletter

## in your Inbox



Send Your Email to:

[assiniboiaunit283@outlook.com](mailto:assiniboiaunit283@outlook.com)

# CANADIAN VETERANS MANITOBA & SUPPORTERS

*Sven Leppik*

Greetings from your Brothers and Sisters at CVMS!

March was a busy month for us, as seems to be the norm nowadays! On the 5th of March, we patched in two new members, Dan and Cheyenne, and on the 9th of March, CVMS held their Annual Horse Races fundraiser.



Dan & Cheyenne patching in

Many thanks are due to you, the membership of ANAVETS 283, for helping make this event such a great success. In particular, CVMS recognized Dave Barham for his outstanding support for our event, selling in excess of 50 tickets again this year! Dave was presented with a CVMS coin by RG Hemlow at the Horse Races, and we are forever grateful for his support!



Dave receiving CVMS Coin from RG



2024 CVMS Horse Races

This year's Horse Races were very well attended, and by all accounts, those attending had a great deal of fun. Bidding for the horses was particularly aggressive, helping raise much-needed funds for our chosen charity this year, Homes for Heroes.

This year, we broke all previous records for our Horse Races, raising \$6,778.00, which we will round up to \$7,000.00 and donate to the local Homes for Heroes representative before the end of March.

Spring is certainly in the air, and with a few April Showers, we can wash the last remnants of that nasty snow away, so we can get back to doing outdoor activities once again. TTFN!



## MEN'S SNOOKER LEAGUE

*Rick Thain*

Men's Singles League (Monday nights) - is just completing the Divisional Group Playdowns to see who will make the final Top 4 positions in both the A & B Divisions. In Group A1 Rick Ratte and Mauro Biefeni lead the way with 4 points each while in A2 Sheldon Clupp and Paul Maier lead their group with 4 points. In the B Division Wayne Des Roche and Rick Thain have secured the top two positions in Group B3, while Tom Scerbo and Patrick Land lead the way in Group B4. The top 2 players in each Group will advance to play in the Page System Playoffs starting April 1st.

Men's Doubles League (Wednesdays nights) - Wayne Des Roche & Warren Dyer lead the way in the A Division followed closely by Sheldon Clupp & Mark

Buchan with the teams of Brian Dougherty & Frank Lindal and John Goodwin & Rob Vosters advancing to compete in the Page System Playoffs. In the B Division Andy Parker & George Glatz and Rick Thain & Paul Maier lead the way with the Top 4 teams including the teams of Scott & Larry Lowman and Ken Cade & Glen Collins making the Playoffs starting April 3rd.

A full report will be made available at the conclusion of the Playoffs for the May newsletter.





# Gently Used Treasures

## Fund-raising Event

**Saturday, April 20, 2024**

**9:30 am to 3:00 pm**

**Stillwell Hall**

Spring has arrived and it is time to clear away some of that clutter.

Let your ANAVET 283 help you with that.

### **DONATE**

We will eagerly accept all donations, excluding clothing, that are gently used and in good working order. The revenue earned from the sale of these items will go directly to help your Unit 283 meet its financial obligations.

Donations will be accepted the week leading up to the sale -- April 15 - 19. All leftover items will be donated to the Salvation Army or Ukrainian Congress to help our new Canadians.

### **RENT**

If you prefer, you can rent a table for \$35.00, to man and sell your own items. All items not sold must be removed from the venue immediately after the close of the sale.

### **ATTEND**

If you enjoy going to garage/yard/estate sales, please come and check out what we will have to offer.

A nominal donation of \$2 will be suggested at the door, another small way for you to support your "friendly club."

### **FOR MORE INFORMATION**

Please contact Wendy at 204-797-3301 or Maryanne at 204-807-4913



## PIPE BAND

*Rob Gillespie*

March has been a real Irish month for the members of Anavets 283 Pipes and Drums. We performed at The Wings and Wee Folks Irish concert on Saturday, March 2nd and had a great time being part of the entertainment. On Saturday, March 16th we were booked for St. Patrick's Day payouts at two locations. We played to a very appreciative group of young people at Underdogs and then the Band hightailed it over to The Thirsty Lion where a raucous crowd cheered us on.

Our next opportunity to spread the good word about Anavets Unit 283 will be at the Red River Exhibition in late June. In the meantime, our Pipe Major will continue to put us through our paces every Thursday evening.

The Band would again like to thank the Anavets members for their continued support of our Friday night 50/50 draw.



## MAINTENANCE & FUNDRAISING

*Terry McCharles*

I am an assistant to the Maintenance & Building committee. As of this date, my grandson, Matt Sandham, has been working on replacing ceiling tiles where needed. Matt along with Joel Nichols, Weldon Hiebert, and Ken Cade had removed and cleaned all shades and lights, vents and dusted all fans. Many volunteers came to assist. The screws in chairs were replaced with new screws and sliders were replaced. If you find a chair that has a missing or lose screws, please inform us asap. We move chairs back and forth for special events throughout the whole building.

We need to be kept informed when things pop up such as loose mirror brackets. We keep in close contact with Rick Jones for when a sudden issue occurs.

Outside of this task, I am also getting more involved in the Service committee. When there is an event that occurs, we get invited to them.

The Special Events Committee is a fund-raising project. We are very busy. The committee consists of Maryanne Jones, Wendy Hodges, Barb Adams and me Terry McCharles. Matt Sandham and Lorriane McLean assist whenever needed.

Fund Raising Events Schedule:

March 30 – LUNCH WITH THE EASTER BUNNY

- ◆ Easter Bunny to entertain and engage with children.
- ◆ Khartum Komediens to entertain and do balloons.
- ◆ Daughters of the Nile will do Face Painting.

April 20 - Gently Used Treasures Garage Sale - Stillwell Hall 09:30 am -1:00 pm.

May 20 - BBQ

June 1 - Fathers Day BBQ

July 1 - CANADA DAY BBQ

August 5 - BBQ

Sept. 21 - Beer Tasting

Oct 12 - Thanksgiving Pig Roast



Oct 19 - Craft Sale

# APRIL 2024





## Saturday Meat Draw Starts at 3:00pm

Date	April 6	April 13	April 20	April 27	 <b>THANK YOU TO OUR FABULOUS VOLUNTEERS</b> 
<b>MC</b>	Susan Paggett	Bill Sadler	Bea Aymont	Dave Barham	
<b>Cashier</b>	Linda O'Brien	Barb Sadler	Mary Lou Talmage	Deb Dodd Hemlow	
<b>Ticket Seller</b>	Linda Messervey	Judy Reed	Maxine Beatty	Bernice Kwasnicki	
<b>Runner</b>	Lisette Madsen	Darlene McWilliams	Birgitta McKay	Kandia Sarides	
<b>Runner</b>	Sherral Lillies	Rowan McWilliams	Jan Dowling	Nikki Fallon	
<b>50/50 Seller</b>	Shirley Lyon	Shirley Lyon	Shirley Lyon	Faye Davidson	
<b>Pastry Table</b>	Millie Blair	Louise Russell	Jean Moor	Diane Lenchuk	
<b>Pastry Table</b>	Sandra Seal	Eileen Pollock	Brenda McLeod	Adele Betts	
<b>Drum</b>	Dunc Manson	Weldon Hiebert	Wilf Betts	RG Hemlow	
<b>Drum</b>	Rob Vosters	Les Boyce	Roger Briand	Patrick Parago	

# APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
	1  Wizard 1-4pm Bingo 7pm	 2 Wpg West Cribbage 1-4pm 55+ Executive Meeting 10:00am CVMS Meat Draw 7:00pm Chase the Queen & 50/50 7pm Darts 8:00pm	3  Bingo 7pm
7	8  Wizard 1-4pm Bingo 7pm	 9 55+ General Meeting 1:30pm CVMS Meat Draw 7:00pm Chase the Queen & 50/50 7pm Darts 8:00pm	10  Bingo 7pm
14	15  Wizard 1-4pm Bingo 7pm	 16 CVMS Meat Draw 7:00pm Chase the Queen & 50/50 7pm Darts 8:00pm	17  Bingo 7pm Cribbage 7:30pm
21	22  Wizard 1-4pm Bingo 7pm	23 CVMS Meat Draw 7:00pm Chase the Queen & 50/50 7pm Darts 8:00pm	24  Bingo 7pm
28	29  Wizard 1-4pm Bingo 7pm	30 CVMS Meat Draw 7:00pm Chase the Queen & 50/50 7pm Darts 8:00pm	

# 2024

THURSDAY	FRIDAY	SATURDAY
<p>4</p>  <p>55+ Bingo 1:15pm Cribbage 7:30pm</p>	<p>5 <b>RED SHIRT FRIDAY</b></p> <p>Sports Meat Draw (Darts) &amp; Pipe Band 50/50 6:30pm Bingo 7pm Band 8pm: Rockets</p>	<p>6</p>  <p>Meat Draw &amp; 50/50 3pm</p>
<p>11</p>  <p>Unit Executive Meeting 55+ Bingo 1:15pm Cribbage 7:30pm</p>	<p>12 <b>RED SHIRT FRIDAY</b></p> <p>Sports Meat Draw (Shuffleboard) &amp; Pipe Band 50/50 6:30pm Bingo 7pm Band 8pm: Blackwater</p>	<p>13</p>  <p>Meat Draw &amp; 50/50 3pm</p>
<p>18</p>  <p>55+ Bingo 1:15pm <b>Unit General Meeting 7:00pm</b></p>	<p>19</p> <p>Sports Meat Draw (Ladies Snooker) &amp; Pipe Band 50/50 6:30pm Bingo 7pm Band 8pm: Tanis T &amp; Diamond Backs</p>	<p>20</p> <p><b>Gently Used Treasures Sale</b> <b>9:30am-3pm Stillwell Hall</b></p> <p>Meat Draw &amp; 50/50 3pm</p>
<p>25</p> <p>Cribbage 7:30pm 55+ Bingo 1:15pm</p>	<p>26</p> <p>Sports Meat Draw (Senior Snooker) &amp; Pipe Band 50/50 6:30pm Bingo 7pm Band 8pm: D.M.G.</p>	<p>27</p> <p>Meat Draw &amp; 50/50 3pm</p>

# Become a Part of our Donor Wall



*Special thanks to all Anavets 283 members  
who have contributed \$100 or more  
towards our fundraising campaign.*

Support our fundraising effort with a personalized plaque.

**Donate Today!**

## LOTTERIES

*John Blair*

As of March 20, 2024, Bingo has still two large jackpots \$41,585 and \$8,900.00.

Due to large crowds and hard work the Break Opens continue to have records sales.

Chase the Queen is at \$1,972.50, and our Tuesday 50/50 continues to have sales of over \$200.00.

Lotteries continues to do well in all areas.

# Wizard



Played every Monday

in the Games Room at 1:00pm

## BUILDING & MAINTENANCE

*Rick Jones*

We'll welcome spring soon, we will be working on the deck getting it ready for BBQs and possibly our members who like to sit outside.

I would like to thank the members who have helped out, also without your help we can't get things done.

We repaired our roof twice during the thaw and cleaned the fans and fixtures in the club room and John Thompson room thank you to the members. Next is the Stillwell Hall in early April hopefully, will keep you posted.

If you see something that needs attention, please let me know and it will be addressed asap.



# TUESDAY NIGHTS

## CHASE THE QUEEN

## OF SPADES



# &



## CVMS

## MEAT DRAW

Every Tuesday 7:00 TO 8:00  
Chase the Queen Accumulating  
Jackpot  
50/50 Draw

## WINNIPEG WEST Cribbage Tournament

*1st Tuesday of Every Month*

*1:00pm - 4:00pm*

*\$5.00 Per Person*

*Partner cribbage*

*Prizes and 50/50 Draw*





**"FOREVER YOUNG CLUB PRESENTS"**

**"ANNUAL FUNDRAISING DANCE"**

**SATURDAY APRIL 27, 2024**

**7:30 pm - 11:30 pm**

**ANAVETS #283 HALL 3584 PORTAGE AVE**

**IN SUPPORT OF**

**"CANDELIGHTERS CHILDHOOD CANCER & WINNIPEG HARVEST"  
MANITOBA**



**"PLEASE BRING A TIN FOR THE BIN"**

**ADVANCED TICKET SALES ONLY**

**MEMBERS \$20 NON-MEMBERS \$25**

**CALL (204)-261-4442 TO RESERVE**

**OR email [fycwpg@gmail.com](mailto:fycwpg@gmail.com)**

**ENTERTAINMENT**

**"VINYL REVIVAL"**

**(MUSIC FROM THE 50'S / 60'S / 70'S / 80'S)**



**With DJ's Ray & Sheila Wheeler**

**"SPOT DANCES" - "DOOR PRIZES" - "50/50 DRAW"**



Candlelighters Childhood Cancer Support Group (CCCSG) supports Manitoba families affected by childhood cancer. We work in close conjunction with CancerCare MB and The Children's Hospital of Winnipeg.

CCCSG is 100% volunteer led. Each board member has been directly impacted by a childhood cancer diagnosis. We all offer hope, information, support, care and understanding to others who are travelling the same path we have travelled.

### Mission:

Candlelighters exists to be a shining light for Manitoba families who are affected by childhood cancer.

### Vision:

Candlelighters vision is to provide meaningful emotional, social, informational and tangible support as well as creating connection between families.

*"We were not the type of people to ask for help or advice of any kind, but when another family told us about Candlelighters, we contacted them. We attended family camp, and found the experience extremely rewarding. They are a wonderful group of caring people."*



Candlelighters  
Childhood Cancer  
Support Group



Candlelighters  
Childhood Cancer  
Support Group

For more information:

Email:  
support@manitobacandlelighters.org

Website:  
www.manitobacandlelighters.org



@manitobacandlelighters

When a child is  
diagnosed with cancer,  
the whole family is  
affected.



Supporting families  
touched by childhood cancer



Candlelighters  
Childhood Cancer  
Support Group

Each year more than 50 families in Manitoba hear the words "your child has cancer". When your child is diagnosed with cancer, you feel like the world has dropped out from under you. It may be one of the most painful challenges that you will ever have to face.



There are many challenges associated with the diagnosis of childhood cancer. We can't make the pain go away, but we can do our part to make sure that families don't face this journey alone.

## PROGRAMS & SERVICES

Candlelighters Childhood Cancer Support Group strives to meet the needs of families touched by childhood cancer. Here is a list of some of the things we do:

- Quarterly newsletters - available at The Children's Hospital, CancerCare Manitoba, and by email.
- Parking passes on CKS - for those with extended hospital stays.
- Care packages for newly diagnosed families.
- Food cart with tea, coffee and snacks on the Children's cancer ward (CKS).
- Plan approximately 6 events per year, both in person and virtual.
- Gifts for childhood cancer survivor high school graduates.
- Benevolent fund to help families with funeral costs.
- Weekly meals for parents who are staying with their children on CKS.
- Birthday Celebrations.

*"I was afraid to open up to another parent because they have their own battles to face. I quickly realized that was exactly what all of us needed. They are some of the best people I've ever met and we have now become lifelong friends. I'm so thankful to be connected with them!"*

## HOW TO HELP

Everything Candlelighters Childhood Cancer Support Group does is made possible by the generous donations of our community. If you are interested in making a tax deductible contribution, please Etransfer: support@manitobacandlelighters.org or make cheques payable to:

### Candlelighters Childhood Cancer Support Group

PO Box 48135 Lakewood PO  
Winnipeg, MB  
R2J 4A3



*"We are so incredibly thankful for the families who reach out to us. We know that the words "support group" can sound intimidating, but really, we are just like you. We have all been directly impacted by childhood cancer."*



# Western Days BBQ and Dance

Fund-raiser Event

## Monday May 20

Our Western Days BBQ is back this year, so dust off your Stetson and cowboy boots on **Monday, May 20**, for a fund-raiser at your "friendly club". There will be the usual hot dogs and burgers off the grill. A live band will have you up on the dance floor two-stepping and line dancing. Arrest warrants will be issued, and people will be put in jail.

If you have any western-themed decorations your club could borrow for the day, please let us know.

More information will follow in the coming weeks.

# A fun day for all!

# SHORT STACK'S GALLEY

*Maryanne Jones*



Welcome to Spring!

Regular Hours:

Monday: 9:30am-2pm / 5pm-8pm  
Tuesday: Closed (unless catering is requested)  
Wednesday: 9:30am-2pm / 5pm-8pm  
Thursday: 9:30am-2pm  
Friday: 9:30am-2pm / 5pm-8pm  
Saturday: 8:30am-5pm



Catering and special requests may be accommodated during these times also.

We are welcoming some new menu items in April so be sure to drop by to browse the menu.

“March Madness”

Buy one breakfast for \$9.50 and get the second one for \$6.00 9:30am to 2:00pm daily (except Tuesday).

Special for April All Day (except Tuesday).

MJ Special (BLT & Turkey) and Fries \$10.25 or 3 Perogies and Kielbasa \$9.00

We also offer all our guests both dine-in and takeout options for all menu items. As well as a variety of catering options for those booking for functions within our Unit. Any questions may be directed directly to Maryanne by calling 204-807-4913. You may call ahead for your takeout order – 204-807-4913.

Friday Night Dinners 5:30pm-7:00pm \$14.00. Pre-Ordering is always recommended.

Call 204-807-4913.

April 5

Stuffed Roast Beef Roll - Mashed Potato - Mixed Vegetables - Dessert

April 12

Penne Pasta - Chicken Strips with Marinara Sauce - Garlic Toast - Dessert

April 19

Chicken Pot Pie - Oven Roast Potato - Bun - Dessert

April 26

Meatloaf - Scalloped Potato with Cheese - Carrots - Corn - Dessert

May 3

Baked Ham or Kielbasa - Perogies - Cabbage Rolls - Dinner Bun - Dessert

**May 10 Mother's Day**

Oven Roast Chicken Breast - Mashed Potato - Mixed Vegetable - Dessert

Every lady having dinner will receive a flower.

**Support Veterans — Support ANAVETS #283**

**Visit our Club, bring your friends, and make new friends!**

# CUE SPORTS GROUP *Art Cabel*

Greetings ANAVETS #283 Snooker Players,

The members of the cue sports group are proposing to hold a member's only 6 red Handy-cap tournament / Club Fundraiser in the week commencing Monday April 29.

We are proposing a 32 player, single elimination format.

The entry fee is \$20 dollars which includes table time.

Match times will be scheduled at 17:00, 18:30 and 20:00 or similarly at 5:00, 6:30 and 8:00 and will consist of a 1.5-hour match per day and the victor will continue to play in the next round, the next day.

Interested players can sign-up on the entry sheet posted on the Bulletin board with their contact info and current club membership number.

We have determined a generalized points system as follows:

A side Master League player -20  
B side Master League players -10

A side Men's League players 0  
B side Men's League players +10

A side Men's senior players +15  
B side Men's Senior players +20

A side Women's players +25  
B side Women's players +30

Players who lose in the first round will have their handy-cap increased for a future event. In turn the two finalists will have their handy-cap reduced for potential future events.

Interested players can sign up on the Bulletin Board Entry Sheet by April 22nd as a courtesy to the organizers to create the draw. The \$20 entry fee will be collected at the beginning of the tournament play.

The organizers reserve the right to modify the tournament criteria.

In Solidarity, the Snooker Leagues' Group

## Upcoming Bands

April	5	Rockets
April	12	Blackwater
April	19	Tanis T & Diamond Backs
April	26	D.M.G.
May	3	Marvells
May	10	Double Duty
May	17 & 20	Deputy
May	24	Destiny

**RED shirt**



on

**Fridays!**

**Show your red and win steaks!**

Come to our Unit on Fridays wearing a **red shirt** and you could win **five tickets** for the final round of the Meat Draw. Everyone in red will be in a **lucky draw** for this prize. Don't miss this chance to have some fun and enjoy some juicy

Support our Troops  
Wear **RED** on Fridays



**Remember  
Everyone  
Deployed**



## SERVICE OFFICER

*Donna Hartie*

The library is in its final steps and will be open shortly. Any books that were donated and not going into the library will be available on display April 5th, Friday 1100hrs-1500hrs. Any not picked up will be put in the sale at Unit, April 20th 0930-1500hrs.

There is new information on Veterans board so take some time to browse, there are some very interesting articles. There is information relating to harassment physical, verbal and sexual abuse. This is for members to review and how you should not speak to people. Words are very hurtful. This has always been a safe and Harassment free environment and if you are feeling you are being treated differently than it is up to you to inform the Executive for us to deal with the issue. Everything must be in writing, signed and dated by the complainant in order for us to take action.

The kitchen has had a review and is being kept up to Health standards. I have permission from the owner to go in to observe whenever an issue has been brought to our attention. But again, everything must be in writing and signed and handed to the owner and myself which will then be followed up. The owner is open to people to speak to her personally and will deal with it on the spot. New staff have been hired and she asks that you give them a chance to adapt to the environment.

There is a meeting at Legion 100 for Manitoba Town Halls Veterans Ombud at 1900-2100. Colonel (Ret'd) Nishika Jardine and team members. I have reserved 12 chairs to ensure we have a place to sit. If interested please let me know or just go yourself, your choice.

I have been working with Al Dunham from Dominion, on the new PACT Act. Command is looking for Veterans who had Military Service in the US and live in Canada, as well as, US Veterans living in Canada may be eligible. Information on Veterans board. Names are due today it was on Veteran Board with no response. Please contact Dominion Command and let her know tonight. There are different pilgrimages that come with opportunities and information will always be posted on Veterans Board.

Last item Gord and I were invited to the Aviation Museum for the 100th Anniversary of the RCAF and had a great time with many of my contacts. The display of pictures of planes from beginning to now and used by the RCAF and I listened to their stories. I hope you get a chance to go and see the museum. Gord has been invited to have a talk with a cadet from Squad 573 about the water bombers and other planes he flew; which I will be attending with him.

Peacekeepers 50-year Memorial commemorate 50 years since the shooting down of a Buffalo Aircraft over Lebanon/Syrian Border killing all nine Peacekeepers who on board. They are organizing parking and there will be a reception at Parliament. It would show the true Spirit of Camaraderie to come and show your support. Gord and I will be there in full dress carrying Colours and lying a wreath. A sign-up sheet is on Veterans board for an idea as to how many will be attending. Please try and come.

There is also a Pilgrimage to Cyprus 2024. You must have been there or a family member of someone who had been there, good health and an up-to-date passport. If interested, please contact Dominion.

Manitoba Town Hall with the Veterans Ombud. April 16, 2024, at 1900-2100 CDT; Royal Canadian Legion, Charleswood, Branch #100, 6003 Roblin Blvd, Wpg, Mb. I have reserved 12 chairs. This is for Veterans and serving CAF and RCMP members, survivors, families and friends. The Speaker is Colonel (Ret'd) Nishika Jardine and team members at town Hall.

Hong Kong V-J Day 80th Anniversary is in 2025, August 14,15,16 and 17, 2025. I, along with Gord, will be carrying colors and lying a wreath. At our own expense. More information needed please contact 2025reunion@hkva.ca

The Veterans Board always has information as I receive, please watch for upcoming events and more.

**Never miss an issue again get this newsletter in your inbox, please email us at [assiniboiaunit283@outlook.com](mailto:assiniboiaunit283@outlook.com)**

# HOSPITAL AND CARE FACILITIES

*Donna Hartie*



**Simpkin Centre**  
Gordon Criggar

**Golden West**  
Mary Pryma

**St. Boniface**  
Beryl Torgasows



**Poseidon**  
Brian Smith

**Home**  
Linda Everall



**NOTE:** If anyone hears of a member who is ill, hospitalized or at home, please let us know.

## Game Day Buckets

Join us in celebrating the Winnipeg Blue Bombers and Winnipeg Jets at every home and away game with our beer promotion! Get (4) cans of beer for \$17.00. Check out our posting board for the kinds of beer you can order

**Bring your friends and cheer on your favorite teams as they score points and win games!**



**Support Veterans — Support ANAVETS #283**

**Visit our Club, bring your friends, and make new friends!**

# *In Remembrance*



*Donna Megarry*

Associate

D.O.D.: March 3, 2024



*Clare Sweeting*

Active

D.O.D.: March 17, 2024

*Lynn Crawford White*

Associate

D.O.D.: March 26, 2024



*They shall grow not old, as we that are left grow old, Age shall not weary them, nor the years condemn, At the going down of the sun, and in the morning*

*WE WILL REMEMBER THEM*

Silver Heights

# **FOODFARE**

2285 Portage Avenue, Winnipeg, Manitoba R3J 0L9

Your Supplier of Meat for Unit 283

Friday & Saturday Meat Draws

## We would like to serve YOU



Meat Department

(204) 885-2387



Grocery Department

Ph: (204) 885-2381

Fax: (204) 831-9787

## — WE DELIVER —

**Silver Heights' Foodfare** has been part of our team to offer quality meats to our Unit Meat Draw events for many years. We hope you will drop by their store and patronize this community serving store.