



ANAVETS ASSINIBOIA 283

February 2025



If You Love Your Freedom, Thank a Veteran





ANAVETS ASSINIBOIA 283

Executive Council



Honorary President	
Past President	Bill Sadler
President	Shirley Lyon
1st Vice President	Susan Paggett
2nd Vice President	Rick Jones
Membership	Shirley Lyon
Entertainment & Special Events	Susan Paggett & Sandra Blackmore
Building & Maintenance	Rick Jones & Terry McCharles
Recording Secretary (Appointed)	Gertie Barron
Ways and Means	Bill Sadler
Sports	Sylvia Shaler
Lotteries	Ken Cade
Good and Welfare	Sandra Seal
Service Officer	Donna Hartie
Publicity	
Over 55 & Retired President	Roger Briand
Sergeant-At-Arms	Mike Ottenbreit
Pipe Major	Bill MacQuarrie

ANAVETS Assiniboia Unit 283

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PRESIDENT

Shirley Lyon

I just want to thank everyone for your support!

It was a great turn out on election night!

I have lots of plans going forward and I know I can count on your support and assistance when required, Volunteers are always needed and appreciated.

It's great that we have some new members on our Executive, and we'll all learn together! Working together is KEY! I'll be able to explain more in the March issue.

I've was very pleased to accept a Very Generous donation of \$3000 from our ANAF Unit 283 Pipes and Drums! Please continue to support their Friday night 50/50!



SATURDAY'S ONLY COVER CHARGE

2 for **1** *

Dates get in free with
the purchase of one
cover charge.

*May not apply to special events

Weekly Cribbage

Thursday 7:30pm-10pm
\$5/person (partner cribbage)

Weekly:
50/50 draw

Cash prizes for top 4 winners
“24” hand, “28” hand
And a “29” hand gives you the pot
29 pot grows nightly until it reaches \$1000

1st Thursday: various draws

Note: Rescheduled to Wednesday night
before the Unit 283 General Meeting.

PAST PRESIDENT

Bill Sadler

This will be my last report.

Three years ago, I was promising to do the best for our club. My main goal was to put in handicap doors. Have you ever watched some people getting in and out our doors? Well, it never happened. I found out it takes money and every time you save up money it was needed for another repair. This old building has a lot of aches and pains.

After covid we were heavily in debt. Well, our membership has banded together to bail us out with personal donations, club donations club functions, groups with donations. To name a few CVMS, Snooker leagues, cribbage, pipe band, special events, and more. I just want to thank all these members for their support.

Speaking of thanks, I would like to thank my executive for the past years.

Past president Len Cook who was always there with his help and never said no when I needed help.

First vice President Shirley Lyon who took on membership and doing a fantastic job.

Susan Paggett took on entertainment and also secretary's job, as I needed help.

Ken Cade, lotteries, pipe band liaison. Ken will do any job you ask of him

Donna Hartie is known as the best Service Officer and does a lot of work with our Metis and first nations.

Rick Jones our Building and Maintenance man, keeps us broke looking after this old building's aches and pains.

Terry McCharles joined the executive last year and has become Building and Maintenance helper and assists with the Fund Raising Group.

I hope what I have just mentioned a president is only as good as the executive supporting him or her, so you need a strong executive. The executives here is not just running a social club. With this unit you are all running a two million dollar business.

I plan to stay around for the next two years. If the new executive needs my help I will continue to do my best.

WAYS AND MEANS

Bill Sadler

The Ways and Means consisting of Saturday afternoon meat draws, 50/50, pastry draws and hamper draws continue to do well each week, attracting members and guests to the club rooms each Saturday and in turn showing a profit each week. This is not done without the support of our volunteers and you the ticket buyers.

Barb is already looking for bargains to fill two more hamper baskets for Easter.

The plaque board has also done well. I would like to thank all the donors; they have donated about nine thousand dollars to help out their club.

We are always interested in more volunteers. Please let Barb or myself know, we will find a job for you.

Barb and I hope you have a Healthy and prosperous New Year.

OVER 55 & RETIRED

Roger Briand

Greetings from the Over 55 Executive.

It looks like we are in for a few months of good old fashion Manitoba winter.

Things have been a little quiet since the new year. Our January General Meeting was held on Jan 14th with 60 members in attendance. Elections were held with no change to our Executive for the next year.

Mary Lou, our Event Co-ordinator has booked a casino day trip to South Beach for Wednesday Feb 26th. Information sheets have been posted on the bulletin board and Bingo Hall with instructions for paying etc. If you have any questions, call Mary Lou at 204-895-2739. Do not leave cash at the bar only cheques.

Bowling continues Friday mornings. With illnesses and vacations, we are always needing spares. See Roger for details.

Our next Friday Night Meat Draw is on Feb 7th. Thank you to those who have volunteered. As of today, all positions are filled. We hope to see the rest of our members there to support us.

See you at the next General Meeting in February and stay warm & healthy for the next couple of months.

Good and Welfare:

4 Feb: Executive Meeting Boardroom 1:00pm

7 Feb: Over 55 Meat Draw 6:30pm

11 Feb: General Meeting John Thompson Room 1:30pm

26 Feb: South Beach Casino Trip leaves ANAVETS @ 8:45am

Over 55 & Retired Executive

Past President	Gord Ayotte
President	Roger Briand
Vice-President	Lisette Madsen
Secretary	Marilyn Krebs
Treasurer	Terry Hickman
Club Events Coordinator	Mary Lou Talmage
Membership Coordinator	Sharon Bugden
Sports Coordinator	Roger Briand
Telephone Coordinator	Claudette Leclair
Membership Welfare	Ron Reader
Bingo & Charitable	
Donations Coordinator	Lisette Madsen

BOWLING

Friday mornings 9:30am

September to May

**Must be a member of
Over 55's to play**



BINGO

Thursday, 1-4pm

LGCA 2028-B1-36592

All welcome

**Never miss an issue again get this newsletter in your inbox, please
email us at assiniboiaunit283@outlook.com**

MEMBERSHIP

Shirley Lyon

Renewals and new memberships are going well with 540, but this is a moving target daily. The winner of the free Membership draw was Garry Tiller. Thank you, Debbie, for filling in for me while I was away. Your assistance is greatly appreciated!



DARTS

We have started the McMillan league. We have 32 players. So, 8 teams of 3-4 players. We also have 3 new people that have joined us for Tuesday night darts. This league goes until April.

Please note if not feeling well stay home, your team will manage without you missing a game night. Stay healthy!

Secretaries
Lori Loch and Kerry Miller
President of Dart League
Bert Loch



Memberships On Sale Now

GAME DAY BUCKETS

Join us in celebrating the Winnipeg Blue Bombers and Winnipeg Jets at every home and away game with our beer promotion! Get (4) cans of beer in a bucket of ice. Check out our posting board for the kinds of beer you can order

Bring your friends and cheer on your favorite teams as they score points and win games!



CRIBBAGE

Weldon Hiebert & Darlene McWilliams

Cribbage ended the year with a two-week break but was back in full force to start the new year. The coldest month hosted five evenings of cribbage, and we are pleased to see the numbers increase. The numbers have not been this high since before Covid. What better way to loosen winter's icy grip than playing cards in a warm, friendly atmosphere!

The Provincial Command Cribbage Tournament will take place on February 8 at the Selkirk Unit. A cribbage qualifier for interested players will be held on January 30. Up to three teams will represent the Unit at the tournament. Good luck to

all participants.

We welcome all Anavets 283 members to join us on Thursdays (and the occasional Wednesday) for an evening of friendship, fun, and a chance to win some money. There are cash prizes for the top four winners, "24" hands, "28" hands, and of course the "29" pot (which is now close to the \$1000.00 maximum!).



LADIES SNOOKER

Linda Oleschuk

Despite the cold weather everyone is showing up and having a good time. Great camaraderie. The balls seem to roll faster on our newly recovered tables. Not always in the right direction. Good job to those who volunteered their time.

Wizard

Played every Monday
in the Games Room at 1:00pm

Weekly Bingo Games

**Monday, Wednesday,
and Friday: 7:00pm**
LGCA BI-39080

Thursday: 1:00pm
LGCA 2028-B1-36592



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Army, Navy and Air Force Veterans Unit 283
Assiniboia

309 followers • 15 following

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Happy New Year. Our CVMS final Meat Draw for 2024 was held on 17 December and our first Meat Draw for 2025 was held on 7 January.

CVMS has new Executive Members.

Sven Leppik has stepped down from his position as President and Lisa MacGillivray has assumed the position.

Rick Jones has stepped down as Vice President and Bryan MacGillivray has assumed the position.

Lisa MacGillivray has stepped down as Treasurer and Deb Dodd-Hemlow has assumed the position.

Joan Leppik has stepped down as Secretary and Bren Nichols has assumed the position.

We thank Sven and Rick for their hard work and dedication for the past 5 years and Joan for her dedication for the past 7 years as Secretary.

Welcome to our new Executive and we will endeavour to continue our support of Veterans and Veteran Organizations.

Until next month stay safe and warm.



TUESDAY NIGHTS CHASE THE QUEEN OF SPADES & CVMS MEAT DRAW

Every Tuesday 7:00 TO 8:00
Chase the Queen Accumulating Jackpot
50/50 Draw



LGCA RF - 39083

LGCA RF -39082



Planning an event?

Call us at 204-831-8268

or email us at barmgr@anaf283.com for availability & rates.

MARCH 22, 2025
7:00PM SHARP



CVMS PRESENTS THE
ANNUAL HORSE RACES

ANAVETS 283, 3584 PORTAGE AVE

TICKETS \$20/EACH · LIGHT LUNCH
50/50 · SILENT AUCTION

Tickets Available at the Bar

SENIOR SNOOKER

Bruce McBeth

Our Singles league (24 players) continues round robin play with 17 of 23 matches completed as of January 20th. Top players include Mark Buchan and Tom Smith tied at 31 points, Leo D'Ascanio at 29 points, Les Kaplan at 28 points and Harry Steingart at 26 points.

Our Doubles league (24 teams) continues Round 2 of Divisional play with 4 of 7 matches completed as of January 21st. Top teams in Division "A" are: Gord Finland/Gary Lacey (6), Tom Smith/John Goodwin (4), and Harry Steingart/Hugh Kessler (4). Top teams in Division "B" are; Leigh Sherry/Lloyd Thibert (6), Allan Jones /Bruce McBeth (6) and Hart Kapitoler/Garth Dow (5). Top Teams in Division "C" are; Fern Scanlon/Doug Meakin (6) and Dunc Manson/Brian Towse (6).

High Runs as of January 21st are; Singles: Tom Smith (32) Doubles: Leigh Sherry (44).

DID YOU RECEIVE YOUR NEWSLETTER?

Monthly Newsletter Notice

Our newsletters are sent out via email at the beginning of each month. With over 500 emails distributed monthly, there may occasionally be a few that don't reach their destination or are returned as undeliverable.

If you haven't received your copy within the first week of the month, or if you would like to be added to or removed from our mailing list, please contact us at:

assiniboiaunit283@outlook.com



Check Your



HAPPY VALENTINE'S DAY



Weekly Member Draw (use current year's membership)



Join the fun and win some cash with the Weekly Member Draw!

To participate, all you need is a loonie and your member number. Write your name and member number on the clipboard and on an envelope. Place a loonie inside the envelope and drop it in the wooden box. Every Saturday morning, we use a random software to select a number. If it matches yours, you win the prize! Remember, you must play to win. If your number is chosen and you didn't play, you miss out. Don't forget to check the posting board at the bar to see who won the prize amount.

February 2025

Saturday Meat Draw Starts at 3:00pm



Date	February 1	February 8	February 15	February 22
MC	Susan Paggett	Bill Sadler	Linda Oleschuk	Dave Barham
Cashier	Linda O'Brien	Barb Sadler	Mary Lou Talmage	Lorraine McLean
Ticket Seller	Linda Messervey	Judy Reed	Sharon Bugden	Louise Russell
Runner	Lisette Madsen	Darlene McWilliams	Birgitta McKay	Kandia Sarides
Runner	Kandia Sarides	Rowan McWilliams	Bea Aymont	Cheri Chowen
50/50 Seller	Shirley Lyon	Shirley Lyon	Shirley Lyon	Shirley Lyon
Pastry Table	Millie Blair	Louise Russell	Jean Moor	Diane Lenchuk
Pastry Table	Sandra Seal	Eileen Pollock	Tara Palka	Adele Betts
Drum	Dunc Manson	Don Cozine	Wilf Betts	Paul Ramsay
Drum	Rob Vosters	Les Boyce	Roger Briand	Hayden Kent





THANK YOU TO OUR FABULOUS VOLUNTEERS



FEBRUARY

Sunday	Monday	Tuesday	Wednesday
2	3 Wizard 1-4pm Bingo 7:00pm	4  Wpg West Cribbage 1-4pm 55+ Executive Mtg 1:00pm CVMS Meat Draw 7:00pm Chase the Queen & 50/50 7pm	5 Bingo 7:00pm
9	10 Wizard 1-4pm Bingo 7:00pm	11 55+ General Mtg 1:30pm CVMS Meat Draw 7:00pm Chase the Queen & 50/50 7pm	12 Bingo 7:00pm
16	17 Wizard 1-4pm Bingo 7:00pm	18 CVMS Meat Draw 7:00pm Chase the Queen & 50/50 7pm	19 Bingo 7:00pm
23	24  Wizard 1-4pm Bingo 7:00pm	25 CVMS Meat Draw 7:00pm Chase the Queen & 50/50 7pm	26  Bingo 7:00pm

Thursday	Friday	Saturday
		1  Meat Draw & 50/50 3:00pm
6 Unit Executive Meeting 55+ Bingo 1:00pm Cribbage 7:30pm	7 Red Shirt Friday  Sports Meat Draw (Over 55) & Pipe Band 50/50 6:30pm Bingo 7:00pm Band 8:00pm: Hometown	8 Meat Draw & 50/50 3:00pm
13 55+ Bingo 1:00pm Cribbage 7:30pm	14 Red Shirt Friday Sports Meat Draw (Darts) & Pipe Band 50/50 6:30pm Bingo 7:00pm Band 8:00pm: Contraband	15 Meat Draw & 50/50 3:00pm Saturday Band Band 8:00pm: Contraband
20 55+ Bingo 1:00pm Cribbage 7:30pm	21 Red Shirt Friday Sports Meat Draw (Shuffleboard) & Pipe Band 50/50 6:30pm Bingo 7:00pm Band 8:00pm: Destiny	22  Meat Draw & 50/50 3:00pm
27  55+ Bingo 1:00pm Cribbage 7:30pm	28 Red Shirt Friday Sports Meat Draw (Ladies Snooker) & Pipe Band 50/50 6:30pm Bingo 7:00pm Band 8:00pm: Tanis T & Diamonbacks	

PIPE BAND

Rob Gillespie

HAPPY NEW YEAR!!! from the members of Anavets Unit 283 Pipes and Drums. We wish everyone in the Unit good health and happiness in 2025. The Band had a lot of fun playing at the New Year's Levee. It was our new bass drummer, Holly Musto's, first playout and she did a great job. We hope everyone at the Levee enjoyed our performance.

We are presently getting ready for our annual Robbie Burns Night which will be part of the Meat Draw and 50/50 Draw evening on Friday, January 24th. Complimentary haggis and shortbread will be served and there will be a raffle for a Scottish gift basket.

Next on our list of priorities will be getting ready for our St. Patrick's Day gig at the Thirsty Lion Pub on Monday, March 17th. Hope to see you there.

BAR MANAGER

Bren Nichols

Hello everyone, at last, February is at our door. Pat yourself on the back: January (the longest period of stagnation) is over. We are reaching the finale of the coldest and "bluest" season.

FUN FACT: Did you know an important invention was declared on Valentine's Day.

How do you let distant loved ones know you care on Valentine's Day? Probably a call or text. Alexander Graham Bell, the man who invented the telephone, applied for a patent on February 14, 1876.

Thank you to my Staff and Customers you are all appreciated.

Thank You

ROBBIE BURNS NIGHT



THE GREATEST APPRECIATION FOR YOUR DEDICATION TO THE FUNDRAISING GROUP DURING 2024



\$14,262.45

Debbie Dodd Hemlow
Maryanne Jones
Wendy Hodgins
Terry McCharles
Barb Adams
Vicki Lund
Millie Blair

Honorable Mention

Weldon Hiebert
Mathew Sandham
John Blair

who were regularly called upon to scale ladders and lift heavy boxes.

The dedication, donation, and hard work of these individuals enabled the Fundraising Group to end the year with an awe-inspiring amount raised for our unit ... \$14,262.45. The Texas Mickey Draws, Rummage Sale, and Craft/Vendor Sale were our shining stars, but each event did raise money for ANAF283. As we turn the calendar to 2025, we look forward to more successful events with, of course, the support and participation of our Executive and membership.

The Fundraising Group is always looking for individuals who want to support our Friendly Unit by assisting in organizing special events for its membership. If interested, please speak to one of the volunteers mentioned above.



HISTORY

The Army, Navy and Air Force Veterans in Canada is the oldest Veteran's Organization in the country. Established in Montreal in 1840 by a charter from the then new young Queen Victoria, it was a Canadian counterpart to the long-established Army and Navy Veterans in Great Britain which, along with Militia Institutes and United Services Institutes, was vigorously supported by the celebrated Duke of Wellington.

The ANAVETS in Canada, as we know it, is a not-for-profit organization with 15,000 members in 67 units across Canada. It was created by an Act of Parliament in 1917, which was amended in 1946 to include RCAF Veterans. We have one unit in the USA called ANAVICUS (Army, Navy and Air Force Veterans in Canada United States); and one unit in Mexico called ANAVETS Mexico Unit #19 (located in Lake Chapala, Jalisco, Mexico).

ANAVETS UNIT 283: "THE FRIENDLY CLUB"

Our Unit is very active in all sports. We have a large participation, an excellent sports program and many in-house tournaments throughout the year. The Friendly Club welcomes all new people to join in the fun and comradeship and also look forward to seeing old familiar faces back again.

Assiniboia Unit 283 is one of seven Units under the ANAVETS Manitoba & Northwest Ontario Provincial Command and has been a part of the Kirkfield/Westwood, Assiniboia Crestview area since 1946. We are home to the Canadian Veterans in Manitoba & Supporters (CVMS) and the Canadian Association of Veterans in United Nations Peacekeeping (CAVUNP).

We aim to provide a safe and welcoming home away from home where members and guests can enjoy camaraderie and hopefully make lasting friendships.

OUR UNIT OBJECTIVES

- To serve the Veterans and their families in our community
- Support the Canadian Forces and other Veteran organizations
- Support our local community and businesses
- Participate in local and regional parades and other activities
- Welcome all veterans and our neighbours to The Friendly Club
- Raise funds to assist our community and local events
- Oversee the welfare of our members and Association
- Donate volunteer expertise organizing events for the community



ANAVETS UNIT 283 MEMBERSHIP

The annual membership is due on the 1st of January. For 2024, the cost is \$55 per person. For new member(s), you have to fill an application form available at the Bar; you will also need two recommendations from existing members of ANAVETS Unit 283. Military background is not required to apply for membership.

MEMBERSHIP BENEFITS

- Create new friendships and renew old ones.
- Open doors to other activities within the unit.
- Are eligible to compete in Unit and Command sports events.
- Attend and vote at Unit General Meetings.
- Get great reception as a visitor at other Veteran clubs and organizations.
- Run for Executive Council (*Active and Affiliate Members*).
- Qualify for long service pins.
- Qualify for volunteer awards.
- Rent the Club venues at a reduced rate.
- No cover charge for Friday/Saturday night dances with live bands (*may not apply to special events*).



FABULOUS FEBRUARY
******* DANCE *******

SATURDAY FEBRUARY 22, 2025

7:30 pm - 11:30 pm

ANAVETS #283

3584 PORTAGE AVENUE

with **THE BIIVERS BAND**

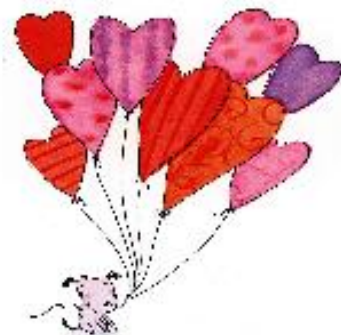
and **SPECIALTY MUSIC RAY and SHEILA**

DANCING IS GOOD FOR YOUR HEART AND SOUL

MEMBERS \$15.00 NON MEMBERS \$20.00

PLEASE TEXT or CALL 204-261-4442 TO RESERVE
or EMAIL fycwpg@gmail.com

light lunch * door prizes * 50/50 draw
spot dance prizes * cash bar



Men's Singles Snooker League: Monday Evenings

Mauro Biefeni leads the Men's Singles Snooker League with a total of 36 wins out of a total of 45 frames played for a whopping 80% win percentage. Mauro is followed closed behind by Tom Smith who has won 34 frames and a 75% win percentage.

The league has now been broken down into A & B Divisions with 8 players in each for the balance of the season as follows:

A Division - Al Dyker, Chuck Dewey, Mauro Biefeni, Rob Vosters, Sheldon Clupp, Tom Scerbo, Tom Smith and Wayne Des Roche.

B Division - Brian Dougherty, Chuck Lewis, Frank Lindal, Graham Smith, Leigh Sherry, Patrick Land, Paul Maier, and Perry Whitesell.

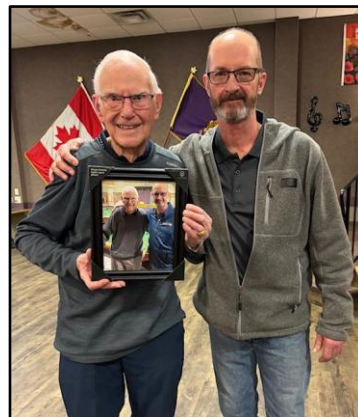
Men's Doubles Snooker League: Wednesday Evenings

The team of Sheldon Clupp & Mark Buchan continue to lead the way with a first place total of 27 points. In 2nd and 3rd place are the teams of Perry Whitesell & Ed Buchan and Wayne Des Roche & Warren Dyer with point totals of 22 and 23 respectively. Play continues until February 19th after which the league will be divided into A & B Divisions.

Larry Lowman Turns 95.

On Wednesday, January 15th, Larry Lowman celebrated his 95th Birthday along with family, friends and players from the Men's Snooker League. This is a wonderful milestone occasion which didn't go unnoticed. Larry was presented with a couple of framed photos along with his son and snooker partner Scott and a couple of gift certificates to the Keg Restaurant. The Lowman

family brought in some Jeanne's cake for everyone to enjoy. Larry has been playing in the Men's Snooker League for over 30 years. Happy Birthday Larry and may you have many, many more.



Masters Snooker League: Tuesday Evenings

David Larsson continues to lead the way in the Masters Snooker League. David completed a perfect season so far with a total of 51 Points out of 51 possible points after 17 matches in the first round robin portion of the schedule. David was followed by Mario Anania with 43 Points and Mauro Biefeni with 42 Points. The Masters league is now divided into two divisions A & B for the balance of the season as follows:

A Division: David Larson, Mario Anania, Mauro Biefeni, Alan Senkiw, Warren Dyer, Danny Potenza, Larry Kissick and Art Cabel.

B Division: Ted Kurtas, Rick Ratte, Bill Penwarden, Leigh Sherry, Terry Darraugh, Gord Brethauer and Rick Thain



NEW YEAR'S DAY LEVEE

A military levee is a reception traditionally held by the Canadian military on New Year's Day to welcome visiting military and civilian guests. The tradition dates back to 1646 and is an opportunity for the military to exchange greetings and best wishes, and for the public to meet with them.

In true military style, ANAF283 opened its doors to one and all on January 1st to pay tribute to our military forces, thank them for their service, and to promote camaraderie among our members, their families and friends. Invitations were extended to 17 Wing Voxair. In total, more than 140 attended.

Terry McCharles took up the challenge of organizing this year's Levee. He was assisted by Bren Nichols, Pat Parago, Bruce McBeth, Matt Sandham, Lisette Madsen, and Darlene McWilliams. The Pipe Band, led by Pipe Major Bill MacQuarrie, performed, the Executive provided pizza, and Rick Enns provided the music. Rick Jones acted as emcee, a strongly supported 50/50 Draw was won by Crystal, one of our bar staff, \$255.

TEXAS MICKEY DRAWS

What a fantastic way to start and then finish the fundraising campaign over the past 13 months! Debbie Dodd Hemlow spearheaded both the December 2023 and December 2024 Texas Mickey Draws. The 2023 event generated \$1,825 in revenue, and the 2024 event brought in a whopping \$2,160.

A heartfelt *thank you* to all members who assisted in selling draw tickets, including the various sports leagues and special events leading up to Christmas. And of course, a *huge thank you* to RG Hemlow and Hayden Kent, who generously donated the Texas Mickeys both years.



Debbie Dodd Hemlow provides details about the Texas Mickey Draw. Beside her are Dave Barham, RG Hemlow and Pat Parago, who worked that day's Meat Draw.

Rick Jones was one of the two lucky winners of the 2024 Texas Mickey Draw. Shirley Lyon, away on vacation at the time, was the other winner.



RED
shirt on
Fridays!



Show your red and win steaks!

Come to our Unit on Fridays wearing a **red shirt** and you could win **five tickets** for the final round of the Meat Draw. Everyone in red will be in a **lucky draw** for this prize. Don't miss this chance to have some fun and enjoy some juicy steaks!

Support our Troops Wear
RED on Fridays



**Remember
Everyone
Deployed**



Get your copy
of the band list on the
corner of the bar.



New Hours

Monday, Wednesday & Friday: 9:30am-8:00pm

Tuesday Closed

Thursday: 9:30am-2:00pm

Saturday: 8:30am-4:00pm

Saturday Only

Breakfast Bonanza 8:30am to 11:30am

Full Breakfast:

2 Eggs, Hash Browns, Bacon, Toast and Coffee \$7.50

2-2-2:

2 Eggs, 2 Pancakes, 2 Bacon, and Coffee \$7.50

Breakfast Poutine:

Home Cut Fries, Poutine Cheese, Bacon, Caramelized Onion, Gravy Topped with a Fried Egg \$8.00

Toasted Cinnamon Bun:

Cinnamon Bun Topped with Bananas and Whip Cream \$6.50 Add Fried Egg and Bacon \$8.50

Lunch Specials Daily - Home Made Soup Daily

Don't Forget Wing Wednesdays and Throw Back Thursdays

Earlier morning hours are available to bookings of 10 or more.

Catering available every day—luncheons, birthdays, business meetings, celebrations of life, weddings etc. just book with our bar manager then call Maryanne at 204-807-4913. available daily till 2pm. The full menu is available for takeout, and you may call ahead to order.

204-807-4913.

Don't forget Friday dinners 5:30pm to 6:30pm. Cost \$15.00.

February 7: Roast Beef - Baked Potato - Brussel Sprouts with Carrots - Dessert

February 14: Treat your Valentine

Oven Roast Chicken Breast – Fried Rice – Stir Fry Vegetables – Special Dessert

Pre-orders are always recommended by Thursday. See me at the canteen or call 204-807-4913

Place your order - get your buzzer and we will call you.

Throw Back Thursday

Every Thursday Between 9:30am and 2:00pm

The canteen will offer throw back prices from the 1970s.

Catch the posted menu at the Unit or on the website.



Well, The New Year came like a Lion and today as I write this, the Temperature outside is a balmy -31°C, with a Wind Chill of -55°to -60°.

For us Winnipeggers, this is to be expected, a bit cooler than Short Sleeve weather.

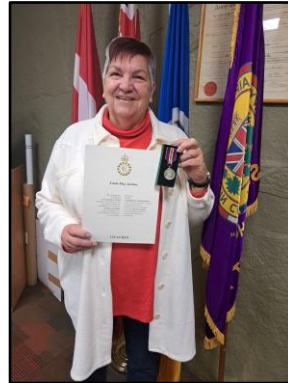
Our Peacekeeper Association has been fairly quiet this Month, 01 January saw us at the Unit to enjoy the RCAF Band perform for us.

Our Treasurer, Linda Jardine and the Unit's Service Officer, Donna Hartie, received the King Charles III coronation Medal from the Lieutenant Governor of Manitoba, for exemplary Service to their Community. Congratulations to both of these Ladies.

Lieutenant General R.R. Crabbe has undergone a medical procedure earlier this month, and we all hope he is recovering well. We plan to adorn the West Wall of the John Thompson wall with some UN memorabilia some time in February or March

2025. He mentioned that he would like to attend.

Our next Meat Draw will be on 29 March 2025.... please come out to support your Veteran Peacekeepers.



THANK YOU

Volunteers!

We couldn't do it without you

A.N.A.F. 283

Presents

CHASE THE QUEEN OF SPADES



CHASE THE QUEEN

Tickets go on sale from 7pm to 8pm

Accumulating Jackpot:

Payout is 100% of the Pot plus

50% of Gross Ticket Sale

Tickets are \$1.00 each

Draw at 8 pm

Come on out and try your luck on Tuesdays

LGCA RF-39083

***Have you checked out
anaf283.com Lately?***

HOSPITAL AND CARE FACILITIES

Donna Hartie

Golden West

Mary Pryma

Oakview Place

Bill Muir

Poseidon Place

Brian Smith

Luther Home

Al Haywood



Home

Mervin Braun



In Remembrance



*They shall grow not old, as we that are left grow old, Age shall not weary them,
nor the years condemn, At the going down of the sun, and in the morning*

WE WILL REMEMBER THEM

Silver Heights

FOODFARE

2285 Portage Avenue, Winnipeg, Manitoba R3J 0L9

Your Supplier of Meat for Unit 283

Friday & Saturday Meat Draws

We would like to serve YOU



Meat Department
(204) 885-2387



Grocery Department
Ph: (204) 885-2381
Fax: (204) 831-9787

— WE DELIVER —

Silver Heights' Foodfare has been part of our team to offer quality meats to our Unit Meat Draw events for many years. We hope you will drop by their store and patronize this community serving store.