



SLAVE LAKE DANCE CREATIONS
SOCIETY

rules & regulations

HANDBOOK

UPDATED SEPTEMBER 2025

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Mission Statement

Slave Lake Dance Creations Dance Society is dedicated to igniting and supporting a lifelong passion for dance in dancers, instructors, parents, and the public. We foster physical and personal growth by developing dancers and instructors in an open and inclusive environment.

Open Door Policy

The Instructors and Executive Members are here to help you. If you have any questions, or require assistance in any manner, please contact us. Please refer to the list of Executive Members on our website for contact information. Be specific in explaining your inquiry, and the member will assist you where possible, or direct your question to the appropriate member.

Introduction to Dance Creations

Slave Lake Dance Creations Society is a non-profit organization which utilizes its funds to operate the dance studio. Any profit which may be realized is put back into the society for the benefit of the organization and its members. SLDCS is owned by the collective membership who elect a Board of Directors to represent them in leading the work of the Society. The Board of Directors hires and supervises the Artistic Director to administer the studio. While the Board of Directors is responsible for the governance of the Society, the Artistic Director is responsible for operations. SLDCS parents and guardians are required to volunteer their time and expertise through the work of operational committees. The Artistic Director, Staff and Board of Directors work together to address concerns and to nurture innovation and accountability in the programs of the Slave Lake Dance Creations.

Dance Creations is proud to staff instructors who are trained and certified in Acrobatic Arts, Alixa Flexibility, Canadian Dance Teachers Association, and Cecchetti Ballet & Classical Ballet Progressions of Canada. Dance Creations offers many genres of dance lessons to children aged 18 months-adult. The studio's goal is to inspire students to be the best dancer they can be by delivering quality lessons and opportunities for performances, workshops, and exams.

Dance Teachers

Miss Jodi (Van den Heuvel), Miss Reanna (Maitland) Associate Diploma CC-CICB, 200 YTT, PBT L1 Certified, CBPC Junior and Senior Grades Examiner, Miss Mikayla (Ching), Miss Chelsia (Baxter) & Miss Blake (Maitland) are all instructors at the studio.

Guest Choreographers: Kara Wozniak, Georgina Moore, Quincey Pipella, Madison Price, Bailey Rae & Cadence Bellerive

***The studio is a NO NUT, FISH, SHELLFISH or PET environment due to severe allergies. ***

Contact Information

Website: www.dancecreations.ca

Email: info@dancecreations.ca

Address : 336 - 3 street NE, Slave Lake, Alberta, T0G 2A2

Please note: the studio does not have a staffed office or cell phone. If you have questions or concerns you may email and one of the board members will get back to you.

Board Members and Contact Emails

President - Christine Lillo

president@dancecreations.ca

Treasurer - Rachael Bellerose

treasurer@dancecreations.ca

Vice President - Karen Dana

vicepresident@dancecreations.ca

Fundraising Director -

Chelsea Saluk

fundraising@dancecreations.ca

Registration Director-

Veronica Ching

registrations@dancecreations.ca

Performance Director -

April Garon

performances@dancecreations.ca

Communications Director -

Joanna Raymond

communications@dancecreations.ca

Costume/Apparel Director -

Tara Maitland

costumes@dancecreations.ca

Secretary - Holly McDonald

secretary@dancecreations.ca

Artistic Director - Reanna Maitland

reanna@dancecreations.ca

Dance Creations 2025-2026 Calendar

September 8	Full-season classes commence
September 30	National Truth and Reconciliation Day (Closed)
October 1	Cut-off for class registration
October 13	Thanksgiving (Closed)
October 15	Costume Deposits are due
November 1 & 2	Convention & Competition, 1820 (open to all competitive dancers)
November 8 - 16	Fall Break (Closed)
November 30	Festival Deposits are due
Dec 20 - Jan 11	Winter Break (Closed)
February 4 & 5	Teacher Convention (OPEN)
February 16	Family Day (Closed)
Mar 14 - 22	Spring Break (Closed)
March 24-25	Stage Rehearsals
March 26-28	Convention & Competition, Live to Dance* (convention open to all competitive dancers without extra numbers)
April 6	Easter Monday (Closed)
April 11	Dance Photos
April 15-19	For The Love Of Dance Festival, Fort Sask**
May 1-3	Shyann Dance Festival, Edmonton**
May 8-11	Danceworks Festival, Red Deer***
May 18	Victoria Day (Closed)
May 23-24	Recital, Slave Lake Legacy Centre****

Other Important dates to watch for:

Guest Group Routine Choreo (Weekends)

MUSICAL THEATRE with Miss Georgina September 5-7

X-LARGE JAZZ with Miss Jodi/Miss Reanna

COMPETITIVE & ADULT HIP HOP with Quincey September 2-4

CONTEMPORARY with Kara

ADULT MUSICAL THEATRE with Reanna

*Live to Dance Event = All dancers with an extra number attend.

** = All Competitive dancers attend.

*** = All Performance and Competitive dancers (not TinyDancers)

****Recital = All dancers

Tuition & Payment Policies

1. \$40 registration fee per dancer (to a max of \$80 per family) is due at time of registration to secure your dancer's placement in class.
2. Tiny Dancer and single (45 minute) classes are payable in 2 payments; September & December 1st.
3. Full Season Program Tuition Fees is calculated on at least 33 weeks of classes, and divided evenly over 9 months (Sept-May).
4. EMT payments sent to treasurer@dancecreations.ca
5. Monthly tuition is due on the 15th of every month using EMT, or post dated cheques, for the remaining 8 months tuition installments (Oct to May). If paying by cash arrangements need to be made through the Registrations Director.
6. Late fees may be assessed on a case by case basis. Any payment outstanding more than 15 days past the due date will incur a late fee of \$15 per week until the balance is paid in full.
7. The option of paying tuition in full is available. You will receive a 10% discount on tuition only. To qualify one must pay full tuition and all costume deposits and festival fees, by September 30th. Contact the registration director if you are interested in this option.
8. There will be a \$25 recital fee per family.

Cancellations:

1. Registration fee is non-refundable.
2. Class cancellation is accepted by providing 30 days written notice for the first of the following month, and refunds on pre-payments will only be issued on un-used classes.
3. Class transfer cut-off is October 1st. No new registrations after October 1st.
4. No refunds will be issued from dance fees for any missed regular dance classes or any unattended make-up classes.
5. No refunds will be issued from dance fees for days with months of Statutory Holidays.

Costumes & Festival Fees:

1. Costume deposit of \$120 per costume is **DUE October 15th** and are non-refundable. This applies to all groups, solos, duets and trios. Note: Costume credits will be applied to your account if applicable.
2. Festival registrations of **\$50** for groups per festival, per routine and **\$65** for solos. These are **DUE November 30th** and are non-refundable.
3. Costume charge adjustments +/- (if any) will be due when costumes arrive. Differences in budget costume costs are related to conversion rates, and delivery/duties.
4. Costume and festival fees will be posted to your account at the beginning of the year.

Costuming

All dancers enrolled in the full season dance program will be required to purchase a costume for each class that includes choreography. All classes have a choreography routine to perform.

We attempt to keep our costuming as economical as possible, however the average price of each costume can vary depending on the currency conversion rate and delivery costs to Canada.

Costumes are special order; therefore cannot be returned or refunded.

Please note: costumes are ordered based on a general measurement chart. Therefore, it is possible that minor alterations may be required for your dancer's costume(s) at the responsibility of the parent.

*Costumes deposits are **DUE October 15th** and are required before a costume is ordered.

Costume Requirements – A list of information referred to as “Costume Requirements” will be provided via email and posted on the notice board for each class costume. The sheet will have the Instructors Name, Class, Discipline, Class Day and Time, Name of the Class Dance (as listed in the recital program), general performance dates, a description of the costume, as well as detailed information regarding the tights, shoes, hair, makeup and accessory requirements for each dancer.

Dance & Costume Accessories - Dance tights, and all other requirements will be needed for dress rehearsal & performances.

Festival Information

Festivals provide dancers the opportunity to perform their class dance on stage in front of an audience, and have an adjudicator (judge) assess their performance. All participants of festivals will receive a medal for each performance based on the adjudicator's assessment. The festivals take place in the spring and each class will perform once at each of the festivals. This may take place during the school/workday, and an estimated 2 to 3 hours will be required at the venue for each performance. You may notice that the leveling for festivals may differ at different festivals. The leveling is determined by the specific rules set out by each individual festival.

*The cost for festival registration deposits are **DUE by November 30th**.

Festivals for Performance Level & Combo Classes:

All performance level dancers and combo classes (excluding Acro) participate in one festival.

Festivals for Competitive Level:

All competitive level classes attend all festivals. - with the exception of MINI (who will attend 2 OR 3).

Fundraising & Family Commitment Policies

Fundraising Cheque:

Fundraising will be an important tool to continue the financial stability of our studio and will continue to provide many benefits to our dancers and their families. Fundraisers and activities are an excellent way to become an active member of the Society and your child's studio. To help encourage families to do so we have implemented a Fundraising Policy which includes each family to provide the Society with a fundraising cheque. Fundraising not your thing? Just let the Society know and your fundraising cheque can be deposited. This is done to make it fair to the families that do participate in our fundraisers, as all dancers at the studio benefit from many of the events and items the Society works to provide. All families are encouraged to participate in the fundraisers to ensure the group is successful. Each family is required to provide a post dated cheque for **\$400** if you attend one festival. (This does not apply to any tiny dancers or adult group participants) In order for your cheque to be returned at the end of the season, each family will be required to participate in **4 fundraisers**. The fundraisers for the season will be shared in an email to all parents as they become available. Going forward we'd prefer to only accept EMT for fundraisers. EMT's for fundraisers must be sent to fundraising@dancecreations.ca

Family Commitment Cheque:

We can also continue to reduce the studios costs if our parents are willing to volunteer time. The Society has also implemented a Family Commitment Policy. By donating your time to the studio, we can also further reduce costs. Each family is required to provide a post dated cheque for **\$250** if you attend one festival, so again this does not apply to tiny dancers or adult group participants. In order for your cheque to be returned at the end of the season families must donate **3 (three) hours** of their time to the studio for Competitive level dance families and **1.5 (one and a half) hours** for Performance level families. A detailed list and opportunities will be provided by email throughout the year.

- *Please post date cheques to May 15, 2026 and drop off at the studio the first day of dance, include your dancers names in the memo.*
- *If paid by cash or e-transfer, a refund will be issued once commitments are met.*
- *Please make cheques out to SLDCS*
- **DANCERS WILL NOT BE ALLOWED TO PARTICIPATE UNTIL CHEQUES ARE RECEIVED.**

Student's Code

Attendance and Punctuality – All students are expected to attend classes regularly and on time, in consideration of the teacher and the other students. If a dancer is continually late, or absent, with no prior notification, they may be removed from competition dances - this is particularly enforced in the Competitive Program.

Conduct – We ask that all students and guests respect the studio and dancers by; using the boot racks provided/ placing shoes neatly in the entrance area, remaining quiet, & refraining from running or throwing items in the lobby. Dancers eating in these areas are expected to clean up after themselves. Water bottles are acceptable in the studios. Cell phones must be turned off while dancers are in class.

Attire – We ask that all dancers show up ready for dance wearing the proper attire and hair done as per the specifications for the class. Have your dance bag with you with all the essentials you need for class. Such as your water bottle, extra hair ties and bobby pins. Wear the correct footwear needed for your lesson.

Parent's Code

Attendance and Punctuality – Please use Jackrabbit or email to notify the studio instructor if any dancer will be missing.

Conduct – Every child is entitled to dance and is to be treated with kindness and respect. We expect that only positive comments and actions will be relayed between parents as well as towards ALL of our dancers. Questions and concerns should be addressed to the Artistic Director.

Parking – Please park respectfully to ensure all available 10 spaces may be used by studio parents. Parking spots to the rear of the building are reserved (from fence to garage). Additional space is available along 3rd street, and street parking in front of Pioneer drop in Centre. If your dancer is too young to locate your vehicle in the parking lot please come inside the studio to meet them. Please don't park in front of the fire hydrant.

Performances- Dance performances are a team effort and it is important to attend all performances. The studio and instructors provide lots of information on events such as dress rehearsals, festivals, recital, and photos.

Staying Informed – Remaining aware of what is happening within your child's program is extremely important. We at Dance Creations attempt to do everything possible to ensure that all parents and dancers are well informed. Email is our preferred method of communication. We also request that you ensure you are receiving studio emails (sent at least monthly), facebook page, and website at www.dancecreations.ca on a regular basis to stay informed.

Dress Code

Hair should always be slicked back. Ballet buns for all ballet classes, head band for short hair. Jazz can be a ponytail or a bun. Acro braids or low ponytail.

PERFORMANCE Level Classes:

Ballet – Tiny Dancer, Ballet 5/6, Ballet 6/7

True Pink Tank Bodysuit (Brand-Mondor #40095)
 Shoes- pink leather ballet shoe with elastics (boys=black leather shoes)
 Ballet pink tights (Brand – Mondor #316)
 Please, no fluffy skirts or distracting “costumes”

Ballet 8+

Black Mondor Bodysuit (Brand-Mondor #3523)
 Shoes- pink canvas ballet shoe (Brand – Capezio Hanami 2037) (boys=black leather shoes)
 Ballet pink tights (Brand – Mondor #316)
 Please, no fluffy skirts or distracting “costumes”

Jazz - Jazz 6/7, Jazz 8/9, Jazz 10+

BLACK bodysuit – any style will be required for classes.
 Shoes- Beige "Elasta-bootie" Bloche brand (non-lacing Jazz shoe) Boys=black colour.
 Beige tights (Mondor brand in 'light tan'). Optional black shorts/ leggings

Acrobatics

Shoes- none (bare feet)
 Attire- Black bodysuit, beige tights (Mondor *capri tights in light tan #317) Optional dance shorts, or leggings.

Tap

Shoes- Beige “Tan” Tap shoes
 Attire- Black bodysuit, beige tights (Mondor *capri tights in light tan #317) Optional dance shorts, or leggings.

HIP HOP

Shoes- Indoor runners (MUST be clean)
 Attire- Something dancers feel comfortable moving and sweating in - no jeans.

COMPETITIVE Level Classes: Mini, Novice, Junior, Intermediate, Advanced

Ballet

Black Bodysuit (Brand – Mondor #3523) – Technique classes *MUST WEAR*

Pink Footed Tights (Brand – Mondor #316 or #319)

Pink Canvas Ballet Slippers, Split Sole (Brand – Capezio Hanami)

Dancers Choice of Bodysuit (Can be Bodysuit listed above) - unset +ballet choreo, demi pointe/pointe classes ONLY

Jazz

Shoes- Beige "Elasta-bootie" Bloche brand (no laces)

Attire- Black bodysuit, beige tights (Mondor convertible tights in light tan #319) Optional dance shorts, leggings, or yoga style pants.

Hair- slicked back ponytail, or hair band for short hair.

Lyrical/Contemporary

Shoes- = jazz shoes dancers already have. Contemporary will be bare feet.

Attire- Black bodysuit, beige tights (Mondor *capri tights in light tan #317) Optional dance shorts, leggings.

Hair- slicked back ponytail, or hair band for short hair.

Jazz/Lyrical/Contemporary/Modern/Musical Theatre CHOREOGRAPHY classes

Attire- dancers MUST be in all black for easy cleaning.

HIP HOP

Shoes- Indoor runners (MUST be clean)

Attire- Something dancers feel comfortable moving and sweating in - no jeans.

**Tights: CONVERTIBLE- have a hole in the bottom of the foot to allow conversion into bare feet. CAPRI- have no foot coverage.*

Miscellaneous:

Stay Connected: Join our facebook page to keep informed: SLDCS - Family Page

Check your emails regularly. Missed an email? They can all be found on your Jackrabbit Parent Portal.

DC branded gear: Wear with pride! SLDC has hoodies, tanks and many other awesome items. Watch for order forms!

Dancewear buy/sell/swap: access new, or gently used items and connect with the seller through facebook: Dance Resale Dance Swap! or Slave Lake and Area Dancewear Buy & Sell

DC Logo use: If you wish to use the SLDCS logo you must submit a request for permission to the Apparel committee. Please see Page 24 for further explanation.

Available Classes and Genre Information

Tiny Dancers (ages 3-5 - MUST be 3 upon classes starting in September)

Learn basic skills that will establish skills in your little one that will enable them to progress into specialized genres when their bodies and minds are ready. Creative dance develops movement skills, with musicality, while keeping young minds open to interpretation. Your dancer will develop strength, flexibility and rhythm through guided instruction. BALLET, JAZZ & HIP HOP classes available for all tiny dancers.

Ballet (Ages 5+ - MUST be 5 upon classes starting in September)

*The Cecchetti Ballet Syllabus & Classical Ballet Progressions of Canada are taught by the area's only trained and certified ballet teacher. Dancers learn ballet and dance techniques that will establish a strong technical base for other genres and promote safe practice. Exams are offered in the Accelerated level and provide individuals with attainable goals to reach and gain recognition for their achievements.

Jazz (Ages 5+ - MUST be 5 upon classes starting in September)

A high energy dance style that incorporates sharp, controlled movements and typically incorporates pop music. Although there are many different styles of Jazz, most children's jazz is linked closely to ballet technique then progresses with experience.

AcroDance (Ages 5+ - MUST be 5 upon classes starting in September)

The ACROBATIC ARTS syllabus is taught by certified instructors and is based on safe and effective progressions in five divisions of AcroDance: Flexibility, Strength, Balancing, Limbering, and Tumbling. Participants learn skills and must pass all skills in each division before entering the next level.

Tap (Ages 5+ - MUST be 5 upon classes starting in September)

Using specialized shoes with metal taps on the heel and ball of foot, dancers create music with their feet. A sense of rhythm and musicality is developed through tap dance.

Hip Hop (Ages 5+ - MUST be 5 upon classes starting in September)

Is a high energy street dance style that focuses on body isolations and freestyle movements. Danced to hip hop, rap and pop music it is an area of dance that is constantly evolving and developing.

Contemporary (Based on age and experience of your dancer)

An expressive dance that incorporates elements of several dance genres including ballet, jazz, lyrical, and modern. This is a mature style suited to older and experienced dancers.

Lyrical (Based on age and experience of your dancer)

Is a smooth moving dance form that merges jazz and ballet techniques and typically uses the lyrics of the music to accentuate a story or feeling.

Modern (Based on age and experience of your dancer)

Is a genre of dance that was created as a contrast to classical ballet to create more freedom in movement.

Fee Schedule for 2025-2026

Multiple children discount: Families with multiple children pay full price for the first child and get a 10% discount on all consecutive children registered.

Weekly Class Hours	Monthly Tuition (1st Child)	Monthly Tuition with Sibling Discount
30m	\$44.00	\$39.60
45m	\$60.50	\$54.45
1h	\$77.00	\$69.30
1h15m	\$92.40	\$83.16
1h30m	\$103.95	\$93.56
1h45m	\$121.28	\$109.15
2h	\$124.74	\$112.27
2h15m	\$140.34	\$126.31
2h30m	\$155.93	\$140.34
2h45m	\$161.99	\$145.79
3h - 3h29m	\$166.32	\$149.69
3h30m - 3h59m	\$181.92	\$163.73
4h - 4h59m	\$187.11	\$168.40
5h - 5h59m	\$209.64	\$188.68
6h - 6h59m	\$225.23	\$202.71
7h - 7h59m	\$233.89	\$210.50
8h - 8h59m	\$235.62	\$212.06
9h - 9h59m +	\$242.55	\$218.30

Dance Creations 2025-26

PERFORMANCE & RECREATIONAL CLASSES

3/4 YEAR OLDS

3-5 Ballet	0.50	Yearlong class – recital only
3-5 Jazz	0.50	Yearlong class – recital only
3-5 Hip Hop	0.50	Yearlong class – recital only
3-5 Tap	0.50	Yearlong class – recital only

5-7 YEAR OLDS

5-7 Ballet	0.75	Yearlong class – recital + one competition
5-7 Jazz	0.75	Yearlong class – recital + one competition
5-7 Hip Hop	0.75	Yearlong class – recital + one competition
5-7 Acro	0.75	Yearlong class – recital only
5-7 Tap	0.50	Yearlong class – recital + one competition
5-7 Ballet	0.75	Yearlong class – recital ONLY
5-7 Jazz	0.75	Yearlong class – recital ONLY
5-7 Hip Hop	0.75	Yearlong class – recital ONLY

8-10 YEAR OLDS

8-10 Ballet	0.75	Yearlong class – recital + one competition
8-10 Jazz	0.75	Yearlong class – recital + one competition
8-10 Hip Hop	0.75	Yearlong class – recital + one competition
8-10 Ballet	0.75	Yearlong class – recital ONLY
8-10 Jazz	0.75	Yearlong class – recital ONLY
8-10 Hip Hop	0.75	Yearlong class – recital ONLY

10 + YEAR OLDS

10+ Ballet	0.75	Yearlong class – recital + one competition
10 + Jazz	0.75	Yearlong class – recital + one competition
10 +Hip Hop	0.75	Yearlong class – recital + one competition
10 + Lyrical	0.50	Yearlong class – recital + one competition

ADULTS

Adult Jazz	0.75	Yearlong class – recital + one competition
Adult Tap	0.75	Yearlong class – recital + one competition
Adult Musical Theatre		Outside Choreo + cleaning throughout the year – recital + one competition
Adult Hip Hop		Outside Choreo + cleaning throughout the year – recital + one competition

Competitive Dancers

Introduction:

Dear parents of competitive-level dancers,
Please review the following. This information will give you lots of time to plan for festival and performance dates, and to consider the policies and ensure they align with your dancer's, and your family's values and commitment to dance and the team.

What is “Competitive”?

This term reflects both aspects of this level; training & performance.

Goals of the competitive classes:

- Have a strong sense of TEAM commitment.
- Create and reach GOALS set for each group, and all individuals.
- Higher expectation for attendance, and work ethic in and out of class.

- Participate in more festivals than Performance Level.
- Have opportunities for local performances.
- Option for extra numbers like solos/duets/trios.
- Ability to participate in exams for acro, and or ballet (which is highly encouraged to provide attainable goals, and progress technical capabilities).

Policy Background:

To help everyone understand the reasoning behind policies: These policies are not new. Instructors discuss these values on a regular basis in class, but sometimes parents don't receive the same discussion.

- Competitive group choreography is more detailed and intricate (especially for older dancers), so a missing dancer in a performance affects the entire group. Missing dancers can require changes to choreography and placements to be re-worked, which creates extra work for the teachers and students- valuable time that could be spent cleaning and making the dance routine better.
- The weeks leading up to festivals are our "cleaning" classes. When dancers miss a class (especially many weeks in a row) that individual dancer misses important information, and practice time which affects the group. It also hinders the individual's own knowledge and confidence.
- Dance is a progressive sport/art. Each practice builds strength, technique, muscle memory, and confidence (to name a few). Missing classes means losing that practice which can slow progress (even regress), while the rest of their class progresses. Think of dance class as climbing stairs- each class enables you to take a step. Missing a class keeps you on the same step (OR maybe take a step back) while others take their next step.

Policies:

ABSENCES:

- Extensive, recurring, or prolonged absences, will result in a review of participation in performances. IE) Hard work to gain the reward, and Team first. 2 or more consecutive weeks will result in a review of festival participation.
- Dancers must attend all classes within the 4-5 weeks leading up to festivals. These are our 'cleaning' weeks and important to individuals and the team.
- Guest choreography (scheduled some weekends in September/October) PLUS additional cleaning dates on weekends through the year will be mandatory for all dancers in the group. Dates to be released at the beginning of the season.

- Holidays/Vacations – We’re encouraging families to consider the dates the studio will be closed while planning for holidays and vacations. Please consult the schedule in this handbook for studio closures and important festival dates when planning vacations and holidays.
- **Note:** Understandably, emergencies and illness can arise, and the studio is sympathetic to special situations; however, dancers are expected to be able to manage their time with homework and social events to allow for their ongoing commitment to their team.

NON-COMPETE CLAUSE:

- We expect a certain level of loyalty from our Competitive dancers. Being a Competitive dancer at Slave Lake Dance Creations means that our studio will be the priority when it comes to class commitments and festivals. Failing to do so will result in a review of festival participation.
- All dancers that are involved, registered or participating in groups, studios or organizations outside of Slave Lake Dance Creations must disclose any additional classes to the Artistic Director.
- All dances choreographed within Dance Creations must be registered at all festivals and workshops under Dance Creations.

Competitive Requirements + Optional Classes Accelerated Program

Dance Creations 2025-26

MINI – 3 competitions + Live to Dance

ballet tech + choreography	1.00	Prerequisite Accelerated
jazz tech + choreography	1.00	Prerequisite Accelerated
acro	0.50	Prerequisite Accelerated
stretch and strength	0.50	Optional (but highly recommended)
lyrical tech + choreography	0.75	Optional
hip hop tech + choreography	0.50	Optional
tap tech + choreography	0.50	Optional

TOTAL HOURS – Prerequisite – 2.50

TOTAL HOURS – 3.75

NOVICE – 3 competitions + Live to Dance

ballet tech + choreography	1.50	Prerequisite Accelerated
jazz tech + choreography	1.25	Prerequisite Accelerated
stretch and strength	0.50	Prerequisite Accelerated
acro	0.75	Prerequisite Accelerated
lyrical tech + choreography	0.50	Optional
theatre choreography		Optional (outside choreographer - weekend choreography + cleaning 1x/month)
hip hop tech + choreography	0.75	Optional
tap tech + choreography	0.75	Optional

TOTAL HOURS – Prerequisite – 3.75

TOTAL HOURS – 6.00

JUNIOR – 3-4 competitions + Live to Dance

ballet tech + choreography	1.50	Prerequisite Accelerated
jazz tech + choreography	1.50	Prerequisite Accelerated
lyrical	0.75	Prerequisite Accelerated
stretch and strength	0.50	Prerequisite Accelerated
acro	0.50	Optional (but highly recommended)
jumps & turns	0.50	Optional (but highly recommended)
contemporary choreography	0.75	Optional (but highly recommended)
theatre choreography		Optional (outside choreographer - weekend choreography + cleaning 1x/month)
x-large jazz group		Optional but highly recommended (outside choreographer - weekend choreography + cleaning 1x/month)
hip hop tech + choreography	0.75	Optional
tap tech + choreography	0.75	Optional

TOTAL HOURS – Prerequisite - 4.25

TOTAL HOURS – 7.00

INTERMEDIATE & ADVANCED – 3-4 competitions + Live to Dance

ballet tech	1.5	Prerequisite Accelerated
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unset + ballet choreography	1.0	Prerequisite Accelerated
jazz tech + choreography	1.25	Prerequisite Accelerated
lyrical choreography	0.75	Prerequisite Accelerated
stretch and strength	0.50	Prerequisite Accelerated
demi pointe/pointe	0.50	Optional (must be registered in to be considered for ballet exams for this level) - demi pointe (INTER) pointe (ADVANCED)
jumps & turns	0.50	Optional (but highly recommended)
contemporary choreography		Optional but highly recommended (outside choreographer - weekend choreography + cleaning 1x/month)
modern choreography	0.75	Optional *must be registered in all prerequisite classes AND contemporary choreography to join
theatre choreography		Optional (outside choreographer - weekend choreography + cleaning 1x/month)
hip hop choreography		Optional (outside choreographer - weekend choreography + cleaning 1x/month)
tap choreography		Optional (outside choreographer - weekend choreography + cleaning 1x/month)
tap tech	0.75	Optional but MUST be registered in to do tap choreography
x-large jazz group		Optional but highly recommended (outside choreographer - weekend choreography + cleaning 1x/month)

TOTAL HOURS – Prerequisite – 5.00.

TOTAL HOURS – 7.50

Ballet Exam Requirements – Dance Creations 2025-26

MINI

mini ballet tech + choreo	1.00	Prerequisite Accelerated
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Plus, all other Prerequisites for the MINI level.

NOVICE

novice ballet tech + choreo	1.50	Prerequisite Accelerated
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Plus, all other Prerequisites for the NOVICE level.

JUNIOR

junior ballet tech + choreo	1.50	Prerequisite Accelerated
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Plus, all other Prerequisites for the JUNIOR level.

INTER

inter ballet tech	1.5	Prerequisite Accelerated
unset + ballet choreo	1	Prerequisite Accelerated
demi pointe	0.5	optional (must be registered in to be considered for ballet exams for this level)

Plus, all other Prerequisites for the INTER level and at least ONE stretch and strength class.

ADVANCED

advanced ballet tech	1.5	Prerequisite Accelerated
unset + ballet choreo	1	Prerequisite Accelerated
pointe	0.5	optional (must be registered in to be considered for ballet exams for this level)

Plus, all other Prerequisites for the ADVANCED level and at least ONE stretch and strength class.

*Taking these classes does not guarantee exams but allows your dancer to be considered for an exam at their level.

**Taking demi pointe does not guarantee dancers will be put up on pointe. This will be considered as strength & technical ability grows.

Extra Group Routines:

- There will be an opportunity for dancers to enter into additional group/groups depending on dancer's level.

- Additional costs will be associated for the choreography of these routines. Depending on the number of registered dancers, the cost of these routines will fluctuate. This fee will be due prior to choreo starting.
- This routine will require up to two weekends of extra time to learn the choreo (September/October) PLUS additional weekends throughout the year for cleaning. Schedules will be sent out with advanced notice.
- Regular Festival and Costume Fees, as outlined in this handbook, would also apply to this routine.
- Deadline to enroll your dancer in this routine is **JULY 31st**

Solo/Duo/Small Group REQUIREMENTS BY LEVEL

Must be registered in the discipline of dance of solo they are requesting to do

MINI

All Prerequisite Accelerated classes for MINI

NOVICE

All Prerequisite Accelerated classes for NOVICE

JUNIOR

All Prerequisite Accelerated classes for JUNIOR

STRONGLY ENCOURAGED to also take; x-large jazz choreography.

INTER/ADVANCED

ALL Prerequisite Accelerated classes for INTER/ADVANCED

STRONGLY ENCOURAGED to also take; contemp, modern and x-large jazz choreography pieces.

Solo/Duo/Small Group DESCRIPTIONS & DETAILS

Solo- 1 person performs an individual routine, choreographed specifically for that dancer. Dancers are expected to rehearse on their own time to be prepared for each meeting with the choreographer.

- 2 minute solo choreography, and in their own space.

- 3 hours of private instruction.
- Scheduled practice times directly through the choreographer.
- Choreography costs vary based on instructor.
- Solos automatically registered for the same festivals as group participation.
- Festival registrations: APPROX \$65/ festival.
- Costume preference must be communicated to the choreographer, and must be confirmed to the Artistic Director prior to October 1st. Costumes will be charged to your account along with all group costumes, if you choose to reuse a costume the costume deposit will be credited back to your account.
- Costumes: can use previously worn costumes, or purchased new through the studios bulk ordering.
- All choreography fees must be paid in full prior to starting choreography and will be non-refundable.
- Costume Fees DUE October 15 and are non-refundable.
- Festival Fees DUE November 30 and are non-refundable.

Duet- 2 dancers perform a routine, choreographed specifically for those dancers. Duets require additional rehearsal time to practice together on their own time and in their own space.

- 2.5 minutes duet choreography.
- 3-4 hours of private instruction.
- Scheduled practice times directly through the choreographer.
- Choreography costs vary based on instructor.
- Automatically registered for the same festivals as group participation.
- Festival registrations: APPROX \$65/ dancer, per festival.
- Costume preference must be communicated to the choreographer, and must be confirmed to the Artistic Director prior to October 1st. Costumes will be charged to your account along with all group costumes, if you choose to reuse a costume the costume deposit will be credited back to your account.
- Costumes: can use previously worn costumes, or purchased new through the studios bulk ordering.
- All choreography fees must be paid in full prior to starting choreography and will be non-refundable.
- Costume Fees DUE October 15 and are non-refundable.
- Festival Fees DUE November 30 and are non-refundable.

Trio- 3 dancers perform a routine,

- Same details as duet (above)
- Choreography costs vary based on instructor.

SOLO/DUO/SMALL GROUP REQUESTS:

If your dancer is interested in a Solo, Duet or Trio please follow these steps prior to the cut off of **July 31, 2025**

- To request a solo, duet or trio for your dancer, please register them in the “Competitive Extra Solo” or “Competitive Extra Duet”, or “Competitive Extra Trio” through your Jackrabbit parent portal. Also ensure that all parties involved have also registered as well. Registering your dancer does not ensure they will be guaranteed a routine. After your child is registered, the Artistic Director will work with instructors to connect your dancer with the choreographer that they feel will be best suited to the discipline they feel will be strongest and suited for. They may not get their first choice of discipline or choreographer.
- All solos must be registered through the studio and compete under DANCE CREATIONS at all competitions.
- The following benchmarks are taken into consideration of what solos, duets and trios will be selected for the year.

BENCHMARKS:

Each year, instructors and the Artistic Director will consider the following benchmarks when assessing a dancer’s readiness for an extra routine. If your dancer is not ready for an extra routine this season, you will be provided with feedback and a written note with explanation.

Benchmarks are:

- o Past attendance, and active participation in all their classes.
- o Ability to remember choreography and teacher feedback in their classes.
- o Musicality and coordination of timing, and steps.
- o Personality and confidence to perform onstage alone (use of facial expressions and energy while performing).
- o Ability to learn choreography quickly, and recall for future practices.
- o Workload of dancers existing group choreography for season.
- o Ability to meet, or exceed technical benchmarks for group level (described in written notes).
- o Ability to accept constructive feedback in a positive manner.

Approval:

Instructors along with the Artistic Director will communicate via email, their suggestion on the genre and instructor choice. Then will get approval from the parent for genre, instructor, and cost. After approval and payment is received, choreography planning with your dancer's instructor will commence.

Student Choreography:

Chosen with the approval of the Artistic Director. Maximum 1 solo - student choreographed number/dancer. MUST be of a **different genre** than any other solo choreography.

These are for COMPETITIVE DANCERS who have a minimum of 2 solos choreographed by choreographers working for DANCE CREATIONS.

Solo student choreography is SELF choreography and not choreography for other dancers (unless there is consent from the Artistic Director).

After approval, dancers will work with the Artistic Director to create concepts, pick music and costuming so there is no overlapping with other solos.

All student choreographers will be allotted 3 hours of studio time which must not interfere with other choreography or classes that need to be held by teachers/choreographers hired by Dance Creations.

All Student Choreography solos must be registered under DANCE CREATIONS at all competitions they perform at.

There will be a \$100 studio fee.

SLDCS LOGO USE:

The SLDCS Logo is not to be used by anyone without permission from the Apparel Committee. Please email costumes@dancecreations.ca with your request.

Best Practices:

- a. Apparel or logo embodied items should be sourced through local businesses, if at all possible.
- b. items should be family friendly, no profanity or derogatory images or words.

- c. The Organization logo can not be altered in any way on apparel (example colour change)
- d. When submitting an apparel/logo request, include the following information:
 - a. What is the item? (pictures if available)
 - b. Where is the logo going to be placed
 - c. Is this a team/coach/individual gift
 - d. Is there any other images or words going to be printed or stitched on the item