

BROOKS PRESCHOOL JANUARY NEWS



TEACHERS REPORT

Happy New Year and welcome back to classes!

We are looking forward to seeing what 2024 brings. We will be focusing on setting up our environment with hands-on activities that explore the unique nature of weather, snow, animals, and the different areas that the children show interest in.

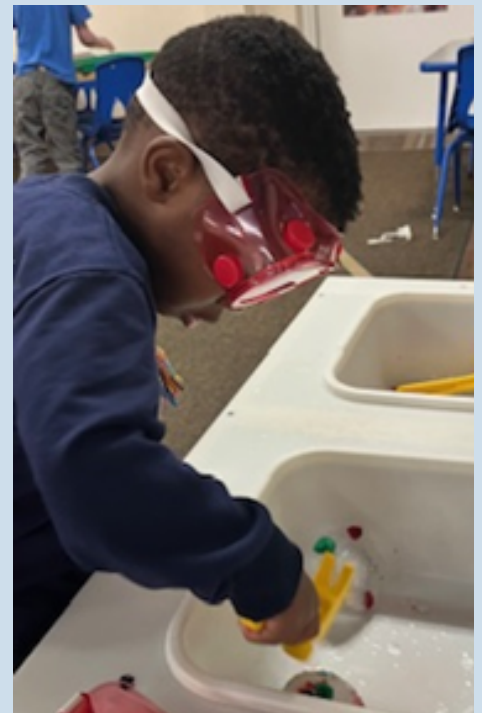
Sometimes it takes a few days for children to get back into their preschool routines after a couple weeks away. This is quite common and certainly nothing to be concerned about. Keeping your drop off routine brief and positive will help your children get back into the swing of things in no time.

This also allows us to focus on the children and help them to settle into their day and maintain routines. The children will work on their self-help skills such as: dressing in winter wear and zipping up their own coats.



www.brookspreschool.com

<https://www.facebook.com/inspiringplay/>



I/We are seeking, asking many questions, we are wondering and curious. exploring the world with all or some of his or her senses: touch, smell, taste, sight, and hearing, and whole-body exploration. Each child seeking and wondering about all kinds of ways that the world is familiar, different, changing, and challenging is a mighty learner. FLIGHT): Alberta's Early Learning Curriculum

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In honor of Family Literacy Day in January each year. We like to introduce a variety of books with rhyming words Dr. Suess, Fairy Tales, Nursery Rhymes etc. the children have fun learning and acting out their favorite stories and Nursery Rhymes. Rhyming is a concept that children need to learn to develop in the early stages of reading. Remember to take time to discuss your child's day at Preschool and share in their learning.

FAMILY LITERACY TIPS

1. Introduce children to books early. Infants will be delighted by the sounds, shapes, and colors.
2. Read together every day. Set aside a time before naps, after meals, or before bedtime.
3. Set the stage. Turn off the TV and cuddle up somewhere cozy.
4. Get your child involved. Ask questions about the book as you go along.
5. Add drama. Adopt different voices for different characters.
6. Read whenever you can.
7. Keep books by their beds or in the car for long trips.



CHARACTER EDUCATION

We are learning about "**FAIRNESS**"

Your preschooler will meet Fran the Fair Frog and be encouraged through stories, songs and activities to:

- Know and follow the rules
- Share with friends and family
- Listen to friends and family
- Do not blame friends and family

Young children are very impressionable, and parents are the most important teacher children ever have. One way you can help your child learn to be fair is by example. If your child sees you following rules, sharing with your family, listening to others, and not placing blame, he or she will be likely to follow your example.

SPECIAL DAYS

Jan 8 to 12- Children & staff may wear their pajamas all week!

This is one of our favorite relaxed weeks!

Jan 24,25 & 26- We will be honoring our parents & other volunteers with a **THANK YOU** breakfast as you go. Please watch for more details.



REMINDERS

All volunteers **MUST** provide a criminal record check before volunteering in our preschool.

Please clearly label your child's belongings (lunch bag, backpack, shoes, etc.) to avoid any confusion or lost items.

Parents, please let teachers know of any changes in phone numbers, addresses or medical concerns. We need to keep information current.

During bad weather conditions, our school will be closed when temperatures drop to -35 degrees (excluding wind chill). Parents, please listen to our local Radio Station for conformation. FM 101.1 or Q105.7

Doors at the preschool open at 8:15 a.m. and pick up time is 12:00 noon doors will remain locked until then. If you need to pick up your child earlier, please ring the doorbell.

Parents help yourself to the information & pamphlets available in the front entrance of our preschool PARENTS CORNER. We have lots of current community resources and information about nutrition, exercise & well-being.



POTENTIAL HEALTH RISK

Is when a staff member knows or has reason to believe that a child is showing signs or symptoms of vomiting, having a fever of 38.3C, diarrhea or a new or unexplained rash or cough. If a child requires greater care and attention than can be provided without compromising the care of the other children in the program or having or displaying any other illness or symptom the staff member knows or believes may indicate that the child poses a health risk to persons on the program premises. The child's parent will be contacted to remove the child from the school immediately. The child may return to preschool if parent provides written notice from a physician or when a parent can report to the staff that the child has been symptom-free for a period of 24 hours and no longer poses a health risk to persons at the preschool. This policy is in place to help keep our students and staff as healthy as possible, thank you for your cooperation.

If you have any concerns or questions throughout the year please feel free to contact your teachers at the preschool or email at bpsteachers@brookspreschool.com

SNACK ATTACK

CARAMEL APPLE DIP

Ingredients

- 1 1/2 cups whipping cream
- 1/2 tsp cinnamon
- 1/2 tsp vanilla extract
- 1 tbsp sugar
- 1/3 cup caramel sauce
- 4 oz cream cheese softened
- apple, sliced



1. Beat the cream cheese in a stand mixer or large mixing bowl, until smooth. Add the cream and mix well until stiff peaks form, about 3 minutes.
2. Mix in cinnamon, vanilla, sugar and caramel sauce until combined.
3. Serve with apple slices. Refrigerate leftovers.