

College Heights Preschool COVID-19 Policy

The health and well-being of our families and staff are our highest priorities. In the interest of limiting the opportunity for transmission to us and our vulnerable community, we are taking the following precautionary measures:

- **ALL STAFF, FAMILIES, CHILDREN AND THEIR HOUSEHOLD MEMBERS MUST CONDUCT A DAILY HEALTH CHECK BEFORE COMING TO THE CENTER.** Children and staff upon arrival to the College Heights Preschool will be met at the door. Staff will have their temperatures checked and both staff and families will be asked the following questions.
 - (a) Have you recently travelled outside of the country or Province? If yes have you completed 14 days of self-isolation?
 - (b) Does your child have any Covid19, influenza or common cold symptoms?
 - (c) Does your child have a temperature of 38 degrees or higher?

- Should you or any household member have any of the following symptoms, we ask you to remain out that day and notify the preschool. If unsure of your child's temperature or you do not have access to a thermometer we will check your child's temperature before entering.
 - o Fever of 38 or higher, now or in the preceding 72 hours (or would have, but have used fever reducing medicine)
 - o Cough
 - o Sore Throat
 - o Muscle Aches
 - o Difficulty Breathing
 - o New Loss of Taste or Smell

- Your household must remain out of the preschool if any member of your household has (or has been in close contact with anyone who has):
 - (a) A suspected or confirmed case of COVID-19 (for example – close contact at school, work, religious service, social gathering); **or**
 - (b) Traveled internationally or domestically

- **HOUSEHOLD MEMBERS:** include individuals who may not live in the household but may be staying there or are otherwise present in the household on a regular basis (e.g. nannies, caregivers, home health workers, contractors, etc.) and includes anyone with pick up or drop off privileges at the center.

- 14 days after the last potential exposure, your household may return **Provided these three things have happened:**
 - (a) At least 10 days have passed since any household member first experienced symptoms; **and**
 - (b) Symptoms have improved for any household member that experienced

symptoms (for example, cough or shortness of breath has improved); **and**
(c)The household has been fever-free for at least 72 hours without the use of fever-reducing medicines.

- Please note, depending on the circumstances we may require you to obtain medical clearance before return to the center will be allowed. Children with allergies DO NOT need to stay home. If a child has a NEW onset of symptoms that are allergy related they will have to have a doctor's letter stating so.
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- If you have any doubts about your child's health, please call us at **250-964-7529** to be sure they may attend. If your child appears to be sick or has any of the above symptoms while at school, we will notify the parent or guardian immediately and your child will be isolated to one area away from the other children until a caregiver arrives.
- Staff presenting any symptoms will be sent home from work

DAILY COVID19 POLICIES/PROCEDURES

- Once in the building children and staff will be required to wash hands with soap and water for a minimum of 20 seconds
- Children will use designated tables for snack boxes. These will be sanitized before and after use
- We will limit the number of children per table to maintain separation during snack times
- Tables will be sanitized before and after crafts, snacks, and at the end of every class
- High volume play toys and activity centres will be cleaned/sanitized after every class with bleach and water
- Light switches, door handles & washrooms will be cleaned before and after every class
- Children and staff will wash their hands before and after eating snacks, after playing outside and blowing their noses as usual
- Children will be supported after using the toilet to wash their hands and staff assisting will do so as well
- All sensory bins, soft toys, pillows, dress-up clothes will be put away during this phase of opening
- Although we are sharing a space with before and after school daycare children, we will **NOT** be sharing high touch materials such as felt markers, glue sticks, scissors, any toys or activities
- Any toys that go into a child's mouth will be put into the disinfecting process like usual
- Garbage will be emptied daily
- As weather permits, windows will remain open to allow for air flow
- Indoor shoes will remain at the preschool and will not be allowed to be transported back and forth to be used at other programs
- At drop off and pick up a teacher will sign your child in and out

- While unrealistic for this age group to social distance, activity centres will be spaced so that there are plenty of options for children to explore and be spaced apart
- We will encourage children to keep hands to themselves
- We will be staggering drop offs to begin with (as extra adults will not be permitted into the classroom) until teachers are familiar with the children and their names
- We ask that you try to have the same adult pick up and drop off as much as possible
- Once teachers have established names of children and children are familiar with the preschool we will begin each day outside
- Parents will drop off outside and a teacher will sign your child in and another teacher will bring your child's backpack into the centre
- At pick up parents will not be allowed in the classroom. We will have all children ready and as parents arrive we will bring them to you outside and a teacher will sign them out
- If we are not starting our day outside then we will be ending our day outside where we will have the children dressed and ready to go
- We are limiting visitors at the preschool therefore until further notice ALL classes will be non-parent participating

While many things will seem different with new procedures in place for safety of all, the teachers and administration at the College Heights Preschool are committed to providing a quality program that is safe, educational, child-friendly, and fun! It is our goal to draw out and inspire the best in your children as we provide them with opportunities to create, explore, and learn.

