November 2022

The Beacon

A Publication of the St. Albert Knights of Columbus Council #4742

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Grand Knight's Report

Brother Knights,

Is now the right time to take that next step in your spiritual journey? I can recall many times in my own spiritual journey thinking; I just need to get a couple of loose ends tied up, then I can get serious.

Or, similarly, I've thought when I get a little bit of time to myself then I'll start thinking about giving some of that time away. I never for a moment believed that I could be a Grand Knight, who has time for that? That's for guys without kids, guys without jobs, certainly not for a guy who's got six kids and a full-time job.

But when you think about it – there never really is a 'good time' to start, or more specifically, one never finds time. That's true of all stages of life – you can only make time; you'll never find it. (One of the easiest things to find are excuses).

In fact, I still can't believe I have the time to do the things I do, but somehow, it always works out. I seem to rediscover that truth as often as I forget it.; the more time I give to God, the more time I have; He just gives it right back. I don't get it, it just happens. True, I've given things up, but I don't miss them, in fact I don't really remember what it was that I gave up for more worthy causes.

Advent is just around the corner, and I'm recommending giving just a little more time to Corporal Works of Mercy. There are many opportunities for these works of mercy within and outside of the Knights. Trust in Him, He will give you the time.

"Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God" Heb. 13:16

In Christ through Mary and Joseph,

Brother Brent Heit - Grand Knight



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Chaplain's Corner

Brothers,

All Saints Day is a response to the reality of Death and Remembrance Day to the reality of Evil.

When facing death and evil the key is leadership. The Knights of Columbus honour patriotism, and fundamentally patriotism is about leadership. In today's celebration (November 7th) of the pascal sacrifice (the mass) left to us by Our Lord to be his risen presence among us; God' Word (Titus 1:1-9 and Luke 17:1-6) concerns leadership.

Paul has given Titus the task of choosing leaders. Among the qualities of leadership noted by Paul I mention four:

- 1. Lover of goodness,
- 2. Prudence (i.e. knowledge of self),
- 3. Firm grasp of scripture, and
- 4. Hospitality.

In Luke's Gospel Jesus warns about putting a stumbling block before little ones (not practicing what we preach). Jesus calls us to bear witness with our lives to goodness and to be a model of the way of forgiveness and reconciliation.

Let us honour this Remembrance Day, November 11th, and All Saints day on November 1st, those who by their lives call forth the goodness of our Leadership.

Father ED, OMI





The 2022 CWL / Knights of Columbus Memorial Mass and ceremony to Honour our Deceased Knights was held on <u>Thursday, November 3rd at 7PM</u> in the Main Church. Our Council Chaplain, Fr. Ed McSheffrey OMI, presided over a beautiful mass that recognized five Knights and four CWL members that passed away since the 2021 Memorial Mass;

- Frank Brunning
- Gerry Buccini
- Lila Deguire
- Maurice (Moe) Douville
- Gus Hoffart
- Adelard Ouimet
- Shirley Sutherland
- Susan Viens
- Louise Zuk

Refreshments and snacks were shared in the Parish Hall immediately following the Mass. At the reception Grand Knight Brent Heit presented a white Knights of Columbus rosary to Anne Buccini, widow of Knight Gerry Buccini.



UPCOMING EVENTS

November 2022

- 3 Thursday, CWL/Knights Memorial Mass, 7PM in the Main Church
- 6 Sunday, Pancake Breakfast after 9AM and 11AM masses
- 7 Monday, 5:30 PM Executive Meeting

 $12-Saturday,\,10AM-Noon,\,Food$ Collection for Lac Ste. Anne and Grocery Card Sales

16 - Wednesday, 7PM General Meeting (Coffee & Donuts)

26 – Saturday, 10AM – Noon, Food Collection for Sacred Heart Parish and Grocery Card Sales

December 2022

- 3 Sunday, Pancake Breakfast after 9AM and 11AM masses
- 5 Monday, 5:30 PM Executive Meeting

 $10-Saturday,\,10AM-Noon,\,Food$ Collection for St. Albert Food Bank and Grocery Card Sales

- 21 Wednesday, 7PM General Meeting (Coffee & Donuts)
- 24 Saturday, 10AM Noon, Food Collection/Grocery Card Sales

January 2023

7 – Saturday, Starlight Mass & Dinner after 5PM mass at Star of the North Retreat Centre

- 8 Sunday, Pancake Breakfast after 9AM and 11AM masses
- 9 Monday, 5:30 PM Executive Meeting
- 14 Saturday, 10AM Noon, Food Collection/Grocery Card Sales
- 18 Wednesday, 7PM General Meeting (Coffee & Donuts)
- 28 Saturday, 10AM Noon, Food Collection/Grocery Card Sales

Food Drives and Grocery Gift Card sales continue every second Saturday from 10AM until Noon in the Parish Hall.

Thank-you to everyone who supports the Drive & Grocery Gift Card sales





After expenses we raised \$812 for the Catholic Women's League of our Parish at the November 5th Pancake Breakfast.





At the December 3rd Pancake Breakfast, we will be raising funds for:

Sacred Heart Church of the First Peoples



Editor's Note: The Premier Association of Financial Professionals and the Million Dollar Round Table, an international organization that recognizes the top 1% of financial professionals in the world, recognized Br. Kevin Paish as one of 382 Knights of Columbus field agents for 2022. Br. Kevin was acknowledged for his commitment to excellence, outstanding service and highest ethical standards. He is one of only six field agents in Alberta that received this recognition. CONGRATULATIONS Br. Kevin!

FIELD AGENT

A message from Br. Kevin Paish... The following "Top 10 Facts..." is from the US but very relatable to our experiences in Canada.

Top 10 Facts to Know About Long-Term Care Planning

November is National Long-Term Care Awareness Month, an event recognized by Congress and a number of States. To mark the occasion, here are 10 interesting facts shared by the American Association for Long-Term Care Insurance;

1. Americans are living longer, in large part due to advances in medical care and public health. Life expectancy in the US for those reaching 65 was 20 years on average in 2019.

2. By 2030, one in five residents in the US will be age 65 or older.

3. The number of people in need of long-term support services (LTSS) in the United States is already at 14 million and expected to grow to 27 million by 2050.

4. Average out-of-pocket costs are \$140,000 for those individuals who utilize paid long term support services (LTSS). Roughly 17% will spend over \$100,000 on LTSS. Almost 9% will spend over \$250,000 on LTSS.

5. By 2040, the total prevalence of Alzheimer's disease and related dementias in the US is expected to approximately double from 7.2 million to nearly 13 million, with 8.5 million women and 4.5 million men expected to develop dementia.

6. For those requiring high levels of LTSS, individuals and families pay 55 percent of long-term care costs out of pocket.

7. Currently, the majority of older single-person households are female. Women comprised 74 percent of solo households age 80 and over.

8. Some 7.5 million Americans have some form of long- term care insurance. Two-thirds of all new individual long- term care insurance claims pay for care needed by women.

9. The long-term care insurance industry paid out \$11 billion in benefits to some 310,000 individuals with insurance protection in 2019. The number will increase each year as the current number of policyholders grow older and, as a result, are more likely to begin their claim.

10. 69.5% of new claims start after the policyholder reached age 80. If you live a long life, you are very likely to need long term care. You'll be very glad you have a policy to pay benefits.

Vivat Jesus!

Your Field Agent, Kevin Paish, CFP, FIC Office: 780-458-3936 Email: kevin.paish@kofc.org <u>Honorary Membership</u>: members who have attained the actual age of 65 years and who have been members of the Order for 25 consecutive years are designated as honorary members. Brother John Groten has reached the Honorary Membership milestone within the Knights of Columbus...

CONGRATULATIONS !

Br. John Groten

KNIGHTS OF COLUMBUS COUNCIL 4742 STARLIGHT MASS & DINNER Saturday, January 7th, 2023 Mass at 5:00 p.m. in Main Church Reception from 6:00 to 6:30 p.m. Dinner at 6:45 p.m. Social time after dinner. Star of the North Retreat Centre Tickets go on sale in December!



Start 2023 with a Party! Tickets just \$35 each or \$70/couple

Good of the Order



Keep in your prayers our Brothers Charlie McGregor, Joe Radosh, Liam Connelly, and Fred Esslinger.

We have returned to visiting our fellow Brothers who are ill and in continuing care. Please call Br. Tony Csilics at (780) 458-0065 if you are aware of a Knight who is ill or who has passed away.