



# ANAVETS ASSINIBOIA 283

**November 2025**



*If You Love Your Freedom, Thank a Veteran*



# ANAVETS ASSINIBOIA 283

## Executive Council



|                                            |                                                 |
|--------------------------------------------|-------------------------------------------------|
| <b>Honourary President</b>                 | <b>Syd Stamper</b>                              |
| <b>Past President</b>                      | <b>Bill Sadler</b>                              |
| <b>President</b>                           | <b>Shirley Lyon</b>                             |
| <b>1st Vice President</b>                  | <b>Susan Paggett</b>                            |
| <b>2nd Vice President</b>                  |                                                 |
| <b>Membership</b>                          | <b>Shirley Lyon</b>                             |
| <b>Entertainment &amp; Special Events</b>  | <b>Susan Paggett &amp;<br/>Sandra Blackmore</b> |
| <b>Building &amp; Maintenance (Acting)</b> | <b>Rob Vosters</b>                              |
| <b>Secretary</b>                           |                                                 |
| <b>Ways and Means</b>                      | <b>Bill Sadler</b>                              |
| <b>Sports</b>                              | <b>Sylvia Shaler</b>                            |
| <b>Lotteries</b>                           | <b>Ken Cade</b>                                 |
| <b>Good and Welfare</b>                    | <b>Sandra Seal</b>                              |
| <b>Service Officer (Acting)</b>            | <b>Donna Hartie</b>                             |
| <b>Publicity</b>                           |                                                 |
| <b>Over 55 &amp; Retired President</b>     | <b>Roger Briand</b>                             |
| <b>Sergeant-At-Arms</b>                    | <b>Mike Ottenbreit</b>                          |
| <b>Pipe Major</b>                          | <b>Bill MacQuarrie</b>                          |

Newsletter Reports

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# PRESIDENT

*Shirley Lyon*

It's been a busy few weeks getting many boxes filled with shredding material. We scored a FREE shredding pick up; the membership office, the back furnace room, the paper storage room and office room have been well cleaned. We had 70 boxes for them!!

The roof repair is well underway and weather permitting will be completed by time of printing! Rob & I reviewed the cleaning contract saving \$500 a month. We are now reviewing the snow clearing contract. RCF charges us \$1100 a month but we have never seen the total bill, and we are working on this contract.

I contacted 3 museums to see if they wanted our extra pictures, mainly war history, as we are just storing them. None have responded as yet. It was suggested we put them on display on the stage at our Craft Fair, for free, or a donation. Some might just want the frames.

Nominations – I am working on the list of those who qualify. Ken has to run again, and the rest of the Executive have 1 year left plus, there are also four vacancies to fill.

We especially need a Treasurer and Secretary. Gertie has retired and we thank her for her

contribution! It was greatly appreciated.

The Quarterly Meeting was Sunday Oct 19th in Portage. 283 had 6 members in attendance.

There has been some concern with people arranging ideas without first reviewing things with the appropriate Chair from the Executive. Each Chair works hard at their position and needs to report to the Executive what the plans are regarding a Special Event, Sports idea or Fundraiser. Please consider talking to the proper Chair with your ideas.

Plans are well underway for our Remembrance Day Service. Dave Barham is working diligently with all aspects of this day. Even though he is currently immobile things are all falling into place. Thank you, Dave!

Our New Year's Eve plans are coming along nicely. Tickets are Only \$25.00!! The Band will be the Marvels, a light lunch will be served at 10:00 and there will be lots of Social Prizes to buy tickets on, plus a 50/50. We have room for only 150 so get your tickets soon!! Should you wish to donate a prize or a cash donation please speak to Susie.

We will be open January 1st for the Levy



**We need YOU!**

**Let your name stand for Executive!**



# OVER 55 & RETIRED

*Roger Briand*

Greetings from the Over 55 Executive.

Our activities are going well and continue to keep us busy.

The Friday morning bowling is finishing their first quarter on Oct 31<sup>st</sup>. We have a full slate of 8 teams and some new spares. We can always use more spares, so call me if you are interested.

Our meat draw on Oct 17<sup>th</sup> was well attended. Thank you to all who participated either by supporting or working. Our next Meat Draw is on Dec 19<sup>th</sup>. I will be posting a sign-up sheet for volunteers in the near future.

The last of this year's bus tours to South Beach will be on Nov 3<sup>rd</sup>. The bus is almost full but call Mary Lou if you are interested.

A nominating committee has been chosen for our elections on Jan 12<sup>th</sup>. Members are asked to consider taking a position on our executive. We need some new members to get involved as many of our present exec have served many years.

Our November General Meeting has been cancelled due to Remembrance Day ceremonies at ANAVETS 283. There will be no Over 55 general meeting in November.

The Over 55 club was pleased to donate \$100.00 to the 283 New Years Eve party for the Silent Auction prizes. Good luck to the committee for a successful evening.

Our Thursday afternoon Bingo continues to do well each week. Thank you to Lisette and her workers for their time and efforts to keep this activity successful.

We wish everyone a pleasant fall month. I know it has rained a lot, but it is such a beautiful time of the year.

Good and Welfare:

3 Nov -South Beach Casino Trip 8:45 AM  
Departure ANAF 283  
4 Nov -Executive Meeting Boardroom 1PM  
Nov -No General Meeting  
2 Dec -Executive Meeting Boardroom 1PM  
9 Dec -General Meeting John Thompson Room  
1:30PM  
19 Dec -Over 55 Meat Draw

## BOWLING

*Friday mornings 9:30am  
September to May*  
**Must be a member of**  
**Over 55's to play**



## BINGO

**Thursday, 1-4pm**  
**LGCA 2028-B1-36592**  
**All welcome**

## Over 55 & Retired Executive

|                                |                          |
|--------------------------------|--------------------------|
| <b>President</b>               | <b>Roger Briand</b>      |
| <b>Past President</b>          | <b>Gord Ayotte</b>       |
| <b>Vice-President</b>          | <b>Lisette Madsen</b>    |
| <b>Treasurer</b>               | <b>Terry Hickman</b>     |
| <b>Secretary</b>               | <b>Marilyn Krebs</b>     |
| <b>Bingo &amp; Charitable</b>  |                          |
| <b>Donations Coordinator</b>   | <b>Lisette Madsen</b>    |
| <b>Club Events Coordinator</b> | <b>Mary Lou Talmage</b>  |
| <b>Telephone Coordinator</b>   | <b>Claudette Leclair</b> |
| <b>Membership Coordinator</b>  | <b>Sharon Bugden</b>     |
| <b>Sports Coordinator</b>      | <b>Roger Briand</b>      |
| <b>Membership Welfare</b>      | <b>Ron Reader</b>        |



**Please note:** Photos from last month's Over 55's report are now featured in this month's newsletter. We apologize for the delay and appreciate you're understanding. We hope you enjoy revisiting these memorable moments.

The golf group of Wednesday mornings ended their season on Sept 17th at John Blumberg with play-offs, trophy presentations and a luncheon. Congratulation to Dave Barham and Terry Hickman for winning the men's and ladies low-net trophies.



### Weekly Bingo Games

**Monday, Wednesday, and Friday: 7:00pm**  
**LGCA BI-39080**

**Thursday: 1:00pm**  
**LGCA 2028-B1-36592**



## MEMBERSHIP

*Shirley Lyon*

We are currently at 790, which means we will only have 8 delegates going to Convention next year.

New first-time members enrolling before January 6, 2026, and current members who renew their membership before Jan 6, 2026, will be entered in the Early Bird Draw for reimbursement of the 2026 membership fee of \$55.00.

At our November General Meeting we will be setting up the Nomination Committee, and they will be contacting all who are eligible to run for office.

**WE NEED YOUR HELP!**  
**PLEASE CONSIDER LETTING YOUR NAME**  
**STAND FOR THE EXECUTIVE.**  
**THIS IS YOUR CLUB!**

**BECOME A MEMBER**  
**What Are You Waiting For?**

*Join Today!*

## LADIES SNOOKER

*Candance Stevenson*

Ladies snooker has taken off, and we have played our first few games, we are now coming to the end of October, and we are going to have the ladies dress up for Halloween hopefully we will have a lot of ladies participating as it will be fun to see all of the costumes.

Plans for the Christmas party are in the works.

I don't see any high runs on the sheet yet... come on ladies let's see who can get on that sheet.

Hope everyone is keeping warm for this fall season.

# MEMBER SPOTLIGHT

*Bea Aymont*



Bea says jokingly, "My mom liked to move around, and I guess it stayed with me for a while." To name just a few, over the years, Bea has resided in Manitoba, Saskatchewan, Alberta, Ontario, Vancouver, B.C., before finally settling back in Manitoba.

While in the workforce, Bea held mostly office jobs, but when she turned 60, she took a course in Health Care Aide to work with the elderly in their homes, nursing homes, and assisted living facilities. She then took another course to become a Medical Office Assistant and worked at a local walk-in clinic. Bea is currently working part-time at H&R Block during tax season as a Customer Service Representative.

"When I first joined ANAVETS Unit 283 in 2010, I didn't know anything about the game of snooker. It took me a year to learn." Bea has been playing snooker for around 15 years and has received several trophies and eight medals." Bea is now the president and former secretary of the ladies' snooker league.



Bea's three children (left to right) Kim, James, Candace.

Bea is a proud mother of three adult children, Kim, James, and Candace, 10 grandchildren and four great-grandchildren. At home, Bea has two dogs and a cat, which keep her on her toes.



After a recent celebration of life, (left to right) Stan (Brenda's husband), niece Brenda, son James and his partner Mike, Louise (sister from Alberta), Bea, and then her brother from Newfoundland, Robert (Bob).

Bea is a strong supporter of this Unit's fundraising efforts. She regularly works the meat draws with the snooker league and on some Saturdays as emcee and runner, all of which she enjoys.







# ANAVETS Unit 283 Assiniboia

3584 Portage Avenue Winnipeg, MB R3K 0Z8



## Remembrance Day Ceremony November 11, 2025

*Doors to Stillwell Hall open at 9:30 am*

*Guests seated no later than 10:30 am*

**LEST WE FORGET**



**Post-Service Entertainment 12:45 pm - 6:00 pm**

*Unit 283 Pipes and Drums and live band "Just Us"*

*A light lunch and cake will be served*

# WAYS AND MEANS

*Bill Sadler*

The Ways and Means portfolio consist of Saturday afternoon meat draws, 50/50, pastry table and hamper draw.

First of all, many people are asking who won the two Thanksgiving hamper draws. Well, the winners were Hayden Kent and Candace Stevenson, both first time winners. Barb and I would like to congratulate you both.

We would like to thank everyone who bought a ticket supporting your club, lets hope it's your turn next time. We would also like to thank the hamper ticket sellers. In a special note Hayden Kent sold 50 booklets, I wonder how many of those booklets he bought for himself! He has now returned the empty basket for us to fill for the Easter hamper draws, thanks Hayden. We would also like to thank Barb Sadler, through her Thanksgiving hamper draws and ticket sales and your ticket buying, showed a profit of \$1733.00. Also, a Big Thank you to the members who donated money and goodies to fill the baskets. It's a great and generous club we belong to.

The Saturday afternoon meat draws, 50/50 and pastry tables has also been doing very well. Thanks to you the buyers and our loyal group of workers,

who come out to support their club each week.

The plaque board has slowed down over the summer. How would you like to get your name, or some loved one's name up under the lights. All proceeds go to support your club.



## Follow Us On Facebook



**Army, Navy and Air Force Veterans Unit 283  
Assiniboia**

309 followers • 15 following

[Message](#)

[Follow](#)

[Search](#)

## Support Veterans — Support ANAVETS Unit #283

**Bring your friends, meet new ones, and experience  
the camaraderie of our vibrant community.**

**Whether you're a veteran, a supporter, or simply curious,  
you're welcome here.**

**Together, we celebrate service, foster connection, and uphold tradition.  
Let's stand together for those who stood for us.**



# QUILTS OF VALOUR - CANADA SOCIETY

*Nicole Young*

## Honouring Our Heroes at ANAVETS 283

This month, I had the privilege of presenting three Quilts of Valour to deserving Veterans at ANAVETS Unit 283 — Randy Morningstar, James Popplow, and Gordon Bugden.

Together, these three remarkable individuals have dedicated over 120 years of combined service to our country. It was truly an honour to wrap each of them in a quilt — a symbol of comfort, gratitude, and appreciation for their selfless service.

These were just three of the nine quilts my team and I have presented across Manitoba this month alone. Each presentation is a meaningful moment — a chance to acknowledge our Veterans in a tangible and heartfelt way.

## What is Quilts of Valour – Canada Society?

The **Quilts of Valour – Canada Society** is a national, volunteer-led organization whose mission is simple:

*“To ensure that every Canadian Armed Forces member, past or present, who has been injured as a result of their service, is recognized and honoured with a comforting, handmade quilt”*

To date, over 27,000 quilts have been presented across Canada — each one made by volunteers and donated to the cause. No two quilts are alike, and every one of them is stitched with respect, care, and love.

## Nominate a Veteran

If you know someone who meets the criteria and deserves to receive a Quilt of Valour, please visit [www.quiltsofvalour.ca](http://www.quiltsofvalour.ca) – There you can find the nomination form and full details on eligibility.

## We Need Sponsors

While the quilts are lovingly made and donated by volunteer quilters, the cost of materials can add up quickly — and most of that comes out of the quilters' own pockets.

We're currently seeking sponsors to help offset the costs. Sponsorship options:

**1 Quilt – \$250**

**2 Quilts – \$500**

**3 Quilts – \$750**

If you're able to contribute or know an organization that may be interested in supporting this meaningful initiative, please reach out.

## Contact Information

**Nicole Young**

Regional Coordinator – Manitoba

**Email:** [dnayoung1967@gmail.com](mailto:dnayoung1967@gmail.com)

**Phone:** 431-997-9329

***Let's continue to show our Veterans that their sacrifices are never forgotten — one quilt at a time.***



Randy Morningstar



James Popplow



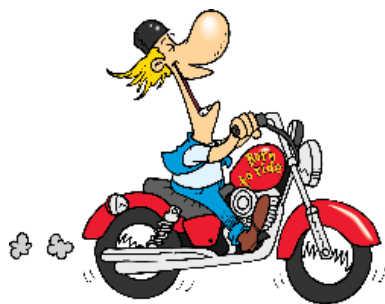
Gordon Bugden

October has drawn to a close and November is upon us.

Deb Dodd-Hemlow and RG Hemlow had the privilege of donating a \$2,000.00 cheque to Veterans Association on 27 September 2025.

There were 10 members in attendance for a breakfast at Scotswood Links Golf Course in Elm Creek on Saturday 11 October.

We are having a Craft Sale on Saturday 1 November in the Stillwell Hall from 09:00 am until 3:00 pm.



Thursday 6 November will be a full day for CVMS, first will be attending the annual Unified Veterans of Manitoba at the Riverton & District Friendship Centre from 09:00 am until 1:00 pm. We will also be attending the annual Anavets Bowl Football Championship at Princess Auto Stadium from 6:30 pm until 8:00 pm.

Of course, the most important day for Veterans is 11 November at ANAF Unit #283.

From all of us to all of you, Thank you for the continued support to our group. We couldn't do what we do without all of you.

## Tuesday Night

### Chase the Queen of Spades and CVMS Meat Draw

Every Tuesday 7:00 TO 8:00  
Chase the Queen Accumulating Jackpot  
50/50 Draw



LGCA RF - 39083  
LGCA RF -39082



# FOOD, HOUSING & GENTLY USED ITEMS

*Deb Dodd Hemlow*

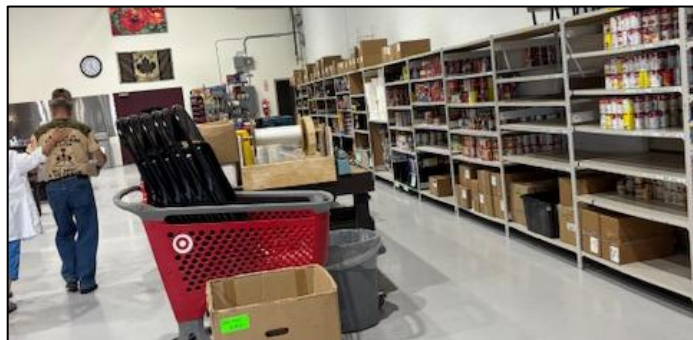
On September 23<sup>rd</sup> RG and Deb Hemlow headed out to Calgary to visit their son and daughter-in-law. During their visit they took a detour to the SE end of the city to visit ANAVETS #2 and present a \$2000.00 donation cheque to the Veterans Association. A friend and Veteran who RG served with at 14 Service Battalion in Calgary, George Carbert, or as he is fondly referred to as “Little George” (see picture) is part of this wonderful organization. Some of you may remember him as he attended the Dominion Convention in Winnipeg a few years ago.

George was very excited to be able to explain how their organization works and show us around the facilities which consisted of 4 donated warehouse bays where the food bank is located, office space where they conduct the Veteran Outreach Program and a separate Thrift Shop. The food bank area was very clean, stocked and organized. The 4 stacked boxes you see in one of the pictures is designed to feed a family of 4 for 1 month. They not only

provide non-perishable items, but also meat, bread, and fresh eggs and produce. They have a library/quiet room. They also have wheelchairs and walkers for those who require them. The Thrift Shop has clothes, shoes, furniture, kitchen ware and much, much more. It is open to the public and if you show your Veteran card you get 50% off. They have an 8-passanger van that was donated to them, and they use it to take Veterans to and from their medical appointments.

The Veterans Association recently took over Veteran Outreach responsibilities for Veterans in BC, AB, SK, and MB who require assistance in finding housing. As a matter of fact, they had just provided this assistance to one of our own CVMS member. They are now working on being able to have Medical Personnel right on the premises.

This is a great organization, and they are doing a Class A Job.





## BAR MANAGER

*Bren Nichols*

Unit 283 is a friendly place to enjoy good company. The atmosphere is relaxed yet lively, with friendly staff always ready to greet you with a smile and serve up your favourite drinks. Whether you're here to unwind after work, catch up with friends, or meet new faces, our customers bring a vibrant energy and warmth to the space. Where everyone is treated like a regular and every night is memorable.

I would like to extend my heartfelt thanks to my bar staff. Their dedication and positive attitude help create the welcoming atmosphere that makes Unit 283 such a special place. Each of you are amazing individuals who bring something unique to Unit 283. Your enthusiasm and dedication truly add pizzazz to our place, making it more than just a venue—you help create the welcoming, vibrant atmosphere that our guests enjoy every day.

**GRAB YOUR FREE  
COPY IN THE FOYER!  
SHOULDER TO SHOULDER  
MAGAZINE**

The logo for ANAVETS (The Army Navy & Air Force Veterans in Canada) is displayed. It features a circular emblem on the left with a Union Jack in the center, surrounded by the text 'THE ARMY NAVY & AIR FORCE VETERANS IN CANADA'. To the right of the emblem, the word 'ANAVETS' is written in large, bold, yellow capital letters. Below 'ANAVETS', the words 'SHOULDER TO SHOULDER' are written in white capital letters on a black background.

**Prefer to read online?  
[anavets.ca/publications/](http://anavets.ca/publications/)**

# Weekly Cribbage

**Thursday 7:30pm-10pm**

\$5/person (partner cribbage)



**Weekly:**  
**50/50 draw**

**Cash prizes for top 4 winners**

**“24” hand, “28” hand**

**And a “29” hand gives you the pot**

29 pot grows nightly until it reaches \$1000

**1st Thursday: various draws**

Note: Rescheduled to Wednesday night  
before the Unit 283 General Meeting.

**WINNIPEG WEST**  
**Cribbage Tournament**

*1st Tuesday of Every Month*

*1:00pm - 4:00pm*

*\$5.00 Per Person*

*Partner cribbage*

*Prizes and 50/50 Draw*



# November 2025

## Saturday Meat Draw Starts at 3:00pm

| Date             | November<br>1      | November<br>8         | November<br>15      | November<br>22       | November<br>29 |
|------------------|--------------------|-----------------------|---------------------|----------------------|----------------|
| MC               | Donna<br>Hartie    | Bill<br>Sadler        | Linda<br>Oleschuk   | Dave<br>Barham       | Peacekeeper    |
| Cashier          | Linda<br>O'Brien   | Barb<br>Sadler        | Mary Lou<br>Talmage | Deb Dodd<br>Hemlow   | Peacekeeper    |
| Ticket<br>Seller | Linda<br>Messervey | Judy<br>Reed          | Sharon<br>Bugden    | Bernice<br>Kwasnicki | Peacekeeper    |
| Runner           | Lisette<br>Madsen  | Darlene<br>McWilliams | Birgitta<br>McKay   | Kandia<br>Sarides    | Peacekeeper    |
| Runner           | Kandia<br>Sarides  | Rowan<br>McWilliams   | Bea<br>Aymont       | Cheri<br>Chowen      | Peacekeeper    |
| 50/50<br>Seller  | Jean<br>Moor       | Marjorie<br>Hnydiuk   | Linda<br>O'Brien    | Brenda<br>McLeod     | Jean<br>Moor   |
| Pastry<br>Table  | Millie<br>Blair    | Louise<br>Russell     | Jean<br>Moor        | Pat<br>Larkin        | Pat<br>Larkin  |
| Pastry<br>Table  | Sandra<br>Seal     | Eileen<br>Pollock     | Lorraine<br>McLean  | Adele<br>Betts       | Tom<br>Larkin  |
| Drum             | Dunc<br>Manson     | Weldon<br>Hiebert     | Wilf<br>Betts       | Tom<br>Larkin        | Peacekeeper    |
| Drum             | Rob<br>Vosters     | Les<br>Boyce          | Roger<br>Briand     | RG<br>Hemlow         | Peacekeeper    |

**A.N.A.F. 283**

*Presents*

# **CHASE THE QUEEN OF SPADES**



**TUESDAYS**

**TUESDAYS**

**TUESDAYS**



## **CHASE THE QUEEN**

**Tickets go on sale from 7pm to 8pm**

**Accumulating Jackpot:**

**Payout is 100% of the Pot plus**

**50% of Gross Ticket Sale**

**Tickets are \$1.00 each**

**Draw at 8 pm**

**Come on out and try your luck on Tuesdays**

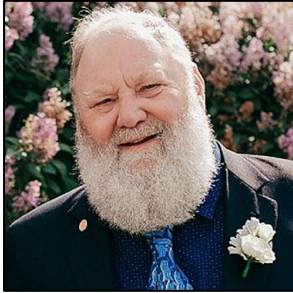
**LGCA RF-39083**



# CRIBBAGE

*Weldon Hiebert & Darlene McWilliams*

Cribbage was saddened by the news of the passing of Marvin Braun. A longtime card player at Anavets, Marvin enjoyed his Thursday evenings teaming up with Shirley Banks. Marvin was the organizer of the West Winnipeg Cribbage Club with their monthly tournaments held at Anavets. He also enjoyed playing Wizard. Marvin will be dearly missed.



Thanksgiving came and went with four lucky cribbage players winning \$25.00 Food Fare gift certificates to help with their turkey purchases. Of course, October ends with Halloween and there were lots of treats for all.

We welcome all Anavets members to join us on Thursdays for an evening of friendship, fun, and a chance to win some money. There are cash prizes for the top four winners, “24” hands, “28” hands, and of course the “29” pot (which is at \$450.00 and growing!).



Planning an event?

Call us at 204-831-8268 or email us at [barmgr@anaf283.com](mailto:barmgr@anaf283.com) for availability & rates.

# SHUFFLEBOARD

*Bren Nichols*

The Shuffleboard League season has been full of friendly competition and strong sportsmanship. Each match brought players together, building camaraderie and fostering new friendships both on and off the boards. As the season has progressed, everyone demonstrated impressive improvement and enthusiasm, making each game memorable and enjoyable for all involved. The positive atmosphere and community spirit has truly made this year's league a highlight for both seasoned players and newcomers alike.

 **Current Standings:**  
1<sup>st</sup>: Team 19 – Danny & Katherine (14 wins)  
2<sup>nd</sup>: Team 5 – Dawn & Jeanette & Team 1 – Adele & Linda (13 wins each)  
4<sup>th</sup>: Team 12 – Wayne & Mike (12 wins)

 **Hanger Leaders:**  
Tanis and Ron are tied with 7 hangers.  
A HUGE thanks to Don and Albert for prepping the Shuffleboards. Thanks guys you “ROCK” 😊

 **Interested in Shuffleboard?**  
If you'd like to learn shuffleboard, we offer casual lessons for beginners. You could join next season!

Thanks to all players for a great year and thank you to our Shuffleboard  
Execs and volunteers for helping with the 50/50.



| Sunday                                                                                              | Monday                                  | Tuesday                                                                                                                                                                                                                                                                                                    | Wednesday                                                                                             |
|-----------------------------------------------------------------------------------------------------|-----------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
|                                                                                                     |                                         |                                                                                                                                                                                                                                                                                                            |                                                                                                       |
| 2                                                                                                   | 3                                       | 4 <div>  <p>Wpg West Cribbage 1-4pm</p> <p>55+ Executive Mtg 1:00pm</p> <p>CVMS Meat Draw 7:00pm</p> <p>Chase the Queen &amp; 50/50 7pm</p> </div>                                                                       | 5                                                                                                     |
| 9 <div>  </div>    | 10                                      | 11 <div>   <p><b>Remembrance Day</b></p> <p>Doors open 9:30am</p> <p>Seated before 10:30am</p> <p>Entertainment until 6:00pm</p> </div> | 12                                                                                                    |
| 16 Grey Cup Party<br>Doors open at<br>3:00pm<br>\$10 Meal<br>\$2 No Meal                            | 17                                      | 18 <div>  </div>                                                                                                                                                                                                       | 19                                                                                                    |
|                                                                                                     | <p>Wizard 1-4pm</p> <p>Bingo 7:00pm</p> | <p>CVMS Meat Draw 7:00pm</p> <p>Chase the Queen &amp; 50/50 7pm</p>                                                                                                                                                                                                                                        | <p>Cribbage 7:30pm</p> <p>Bingo 7:00pm</p>                                                            |
| 23 <div>  </div> | 24                                      | 25                                                                                                                                                                                                                                                                                                         | 26 <div>  </div> |
| 30                                                                                                  | <p>Wizard 1-4pm</p> <p>Bingo 7:00pm</p> | <p>CVMS Meat Draw 7:00pm</p> <p>Chase the Queen &amp; 50/50 7pm</p>                                                                                                                                                                                                                                        | <p>Bingo 7:00pm</p>                                                                                   |

| Thursday                                                                                                                                                                                                   | Friday                                                                                                                                                                                                                                                                   | Saturday                                                                                                                                                                                                   |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                          | <div>1</div> <div></div> <div>CVMS Craft Sale</div> <div>9:00am to 3:00pm</div> <div>Meat Draw &amp; 50/50 3:00pm</div> |
| <div>6</div> <div>55+ Bingo 1:00pm</div> <div>Cribbage 7:30pm</div>                                                                                                                                        | <div>7</div> <div>Red Shirt Friday</div> <div>Sports Meat Draw (Ladies Snooker)</div> <div>&amp; Pipe Band 50/50 6:30pm</div> <div>Bingo 7:00pm</div> <div>Band 8:00pm: Hometown</div>  | <div>8</div> <div>Meat Draw &amp; 50/50 3:00pm</div>                                                                                                                                                       |
| <div>13</div> <div></div> <div>Unit Executive Meeting 7:00pm</div> <div>55+ Bingo 1:00pm</div> <div>Cribbage 7:30pm</div> | <div>14</div> <div>Red Shirt Friday</div> <div>Sports Meat Draw (Senior Snooker)</div> <div>&amp; Pipe Band 50/50 6:30pm</div> <div>Bingo 7:00pm</div> <div>Band 8:00pm: Tanis T &amp; Diamondbacks</div>                                                                | <div>15</div> <div></div> <div>Meat Draw &amp; 50/50 3:00pm</div>                                                       |
| <div>20</div> <div>55+ Bingo 1:00pm</div> <div>General Meeting</div> <div>7:00pm</div>                                                                                                                     | <div>21</div> <div>Red Shirt Friday</div> <div>Sports Meat Draw (Men’s Snooker)</div> <div>&amp; Pipe Band 50/50 6:30pm</div> <div>Bingo 7:00pm</div> <div>Band 8:00pm: Just Us</div> | <div>22</div> <div>Meat Draw &amp; 50/50 3:00pm</div>                                                                                                                                                      |
| <div>27</div> <div>55+ Bingo 1:00pm</div> <div>Cribbage 7:30pm</div>                                                                                                                                       | <div>28</div> <div>Red Shirt Friday</div> <div>Sports Meat Draw (Curling)</div> <div>&amp; Pipe Band 50/50 6:30pm</div> <div>Bingo 7:00pm</div> <div>Band 8:00pm: Deputy</div>        | <div>29</div> <div></div> <div>Meat Draw &amp; 50/50 3:00pm</div>                                                     |



# ENTERTAINMENT & SPECIAL EVENTS

*Sandra Blackmore*

A heartfelt thank you to Bren and Joanne for their incredible help coordinating dates and creating eye-catching posters!

Huge thanks to Cheri Chowen, Jean Moor, Zach Creaser (Sandy's son-in-law), and Joanne Clupp for planting Craft Sale signs all around the city - your efforts didn't go unnoticed.

And a special shoutout to Delaney Creaser (Sandy's daughter) for spreading the word far and wide on social media for this event and the ones to come. Your digital outreach makes a big impact!

Your support means the world - thank you all!

## SPECIAL EVENTS CALENDAR

### SAVE THESE DATES\*



#### Grey Cup Sunday Celebration



Sunday, November 16<sup>th</sup> | Doors open at 3:00 pm. Join us to cheer on your team and dig into a hearty meal prepared by our own Canteen Café. Chili, a bun, potato salad, and coleslaw — all for just \$10! Or buy an entry ticket for only \$2.00, (meal not included). Tickets go on sale November 3rd and are available at the bar or from Sandra Blackmore.

- Door Prizes
- Football Squares (70/30 payout to the winner)
  - Sales for squares close at 4:45pm
- 50/50 Draw

Come hungry, leave happy - and maybe a little richer!

### Karaoke Bingo Night

Saturday, December 6<sup>th</sup> | 8:00 pm to midnight. Game prizes galore! Step up to the mic or cheer on your brave friends. A toonie for the tunes would be awesome!



### New Year's Eve Bash

Wednesday, December 31<sup>st</sup> | Band will play 7:00 pm to 1:00 am. Ring in the New Year with the marvelous Marvell's — right here at your favorite club! Silent Auction, 50/50 and a late lunch. Tickets \$25 - rush seating. Tickets on sale October 1st | Only 150 available — grab yours early!

### New Music Saturdays (Starting in the New Year)

We're mixing things up with themed nights featuring Golden Oldies, Classic Rock, Pop, and more.

Whether you're a regular or a new face, come out and "Bust a Move" — and yes, we said "Bust a Move," not a Hip!

*\*Hours subject to change - attendance matters!*

**Meat  
Draws**

## Meat, Mingle & Make Memories

**Tuesday 7:00 pm, Friday 6:30 pm & Saturday 3:00 pm**

# KARAOKE



8:00 PM  
FRIDAY,  
DECEMBER 6TH  
ANAF # 283  
CELEBRATING  
70's & 80's  
MUSIC

## What is Karaoke Bingo?

It involves all attendees, including those who prefer not to sing, fostering a lively atmosphere for everyone. Participants receive a unique Karaoke Bingo card and marker from the host at NO COST.

Audience members are encouraged to request individuals to perform songs made famous by Artists/Bands of the 70's & 80's. Everyone will be able to mark off the Artists/Band spots on their cards, increasing their chances of winning. When you have a BINGO you win a prize!

# MEN'S SNOOKER LEAGUE

*Rick Thain*

## Men's Singles Snooker League – Monday evenings

After the first 6 weeks of action, Mauro Biefeni continues to lead the way with an amazing total of 16 points out of a possible 18 points. Following closely on Mauro's heels are Sheldon Clupp and Tom Smith with 14 points each. There are 20 players in the Men's Singles Snooker League which plays each Monday night from 4:00 to 10:00 PM.

## Men's Doubles Snooker League – Wednesday evenings

There are currently two teams tied at the top after the first 7 weeks of action. Wayne Des Roche & Warren Dyer are tied with Dave Larson & Henry Gerbrandt with perfect records of 7 wins and 14 points. The team of Mark Buchan and Sheldon Clupp are currently in third place with 11 points out of a possible 14 points. Each frame won is valued at 1 point each. There are 12 teams competing in this year's Men's Doubles Snooker League which goes each Wednesday night from 5:00 to 9:00 PM.



## Never Miss an Issue Again Get This Newsletter in your Inbox

Send Your Email to:

[assiniboiaunit283@outlook.com](mailto:assiniboiaunit283@outlook.com)



**"Raise a Glass to Good Times and Great Company."**  
**See you at ANAF Unit 283**  
Please drink responsibly



## Weekly Member Draw (use current year's membership)



### Join the fun and win some cash with the Weekly Member Draw!

To participate, all you need is a loonie and your member number. Write your name and member number on the clipboard and on an envelope. Place a loonie inside the envelope and drop it in the wooden box. Every Saturday morning, we use a random software to select a number. If it matches yours, you win the prize! Remember, you must play to win. If your number is chosen and you didn't play, you miss out. Don't forget to check the posting board at the bar to see who won the prize amount.

# BUILDING & MAINTENANCE (ACTING)

*Rob Vosters*

Hello Fellow Anavets Members,

I hope everyone enjoyed their summer!

With the start up of all our sports leagues activities at Anavets #283 picking up again. Thought I'd share some updates relating to the ongoing Building & Maintenance file.

The new roof is progressing well. The crew have been working long hours whenever possible and, from what I can tell, are doing a commendable job.

As with any major project there are always some hiccups along the way, and this was no different. Parking has been an issue, as expected; and safely removing the old roof debris has been a challenge; but Jason (King Roofing) has tried to accommodate our needs as best they can.

The old roof materials have all been removed now and all the new insulation and protecto board has been installed. Weather permitting, they should

complete the top layer of roll roofing and all finishing work (capping) by the first week of November. Good news: we should soon be putting the "leaky roof" behind us!

As for other news; we have now finalized our new (revised) garbage service contract, with significant savings for the club.

We recently signed a new contract for a snow cleaning service; and we should be signing a new building cleaning service contract next week.

In addition, we have attempted to negotiate a new fairer parking arrangement with River City Ford (RCF) over the past several weeks. To date, RCF has declined our offers, and we have not been able to reach an amicable agreement. We are still in discussions over the ownership of four existing parking stalls.

Further details on all the above to follow at the next general meeting.

## Planning an Event?



Call 204-831-8268

**Meat Draws**

**Tuesday 7:00pm**

**Friday 6:30pm**

**Saturday 3:00pm**

**Try Your Luck**

Multiple Draws  
Tickets \$1.00 each

**ALL  
WELCOME**



Good morning, afternoon and evening everyone

Rob and Patrick put on a 6 Red Ball tournament on Saturday October 4<sup>th</sup>, 2025. It was well received by all players. They had a full slate of 16 players with some heavy hitters in the house! We even had one fellow in from Thunder Bay. I want to thank Rob and Patrick for all their hard work and time to put this all together with hopefully the 8 Ball tournament coming soon.

On October 18<sup>th</sup>, 2025, we hosted Command Ladies Shuffleboard. We had 11 teams with 8 teams from our Unit 283 and 3 teams from Unit 303 Rockwood, the ladies had a great time. First place went to our Unit 283 team of Suzanne & Cynthia way to go ladies. Command had the Quarterly Sports meeting in Portage La Prairie on Sunday October 19<sup>th</sup>. I was not in attendance; Susie Paggett went in my place thank you Susie.



1st place  
Cynthia Chudyk-Collins and  
Suzanne Sinclair  
ANAF 283 members

The next command event is Ladies' Dart being hosted at Unit 151 Selkirk on November 22<sup>nd</sup>, 2025, with the cutoff date to sign up on November 13, 2025.



CUE 54 ~ “WHERE ARE YOU?”

**There are 22 cues located in the Games Room cue racks for which the Club has no registered owner, despite several attempts to find out who they are. A final notice, attached to cues on October 2, 2025, has been given, a sample of which shown below:**

Cue/Rack Spot: **A4 / H1**

This cue is NOT registered in the Club’s Cue Rack Registry. You are asked to complete a Cue Rack Information form, available from the Bar or Office, by Friday November 28, 2025.

Where “A4” means: The cue is currently located in cue rack “A”, slot # 4. Where “H1” means: The cue was originally located in cue rack “H”, slot # 1. In many cases cues have not moved, and the two locations are the same.

Missing owners include those with cues in the following locations:

|         |         |         |
|---------|---------|---------|
| A3/A3   | C1/C1   | F5/F5   |
| A4/H1   | C2/G1   | F9/F9   |
| A5/H3   | C3/G3   | J2/J2   |
| A8/A8   | C6/C6   | J5/J5   |
| A10/H10 | C7/G5   | J9/J9   |
| A11/H11 | C11/C11 | J12/J12 |
| B9/B9   | D2/D2   |         |
| B12/B12 | E6/E6   |         |



If any of the cues in the locations listed above belong to you, complete a Cue Rack information form as requested by the deadline date of **Friday, November 28, 2025.**

# Forever Young Club

## *Remember When Dance* 50's, 60's & 70's Music

**Saturday, November 29<sup>th</sup> 2025**

**7:30pm - 11:30pm**

ANAF #283 3584 Portage Ave.



Music & Entertainment Provided by:

**Rick Roschuk & Trish Bennett**

Please reserve by: **November 25<sup>th</sup>, 2025**

Text or Call FYC: **204.261.4442**

or eMail: **fycwpg@gmail.com**



# 55+ FIT AND FLEX

*Jeannette Vande Graaf*

Hello Everyone,

Well, the exercise class is back in full swing again this year. We continue to have a full complement of 70 members and a healthy waiting list of approximately 20 names. We did welcome 6 new members from our wait list this year. A few of our members from last year have moved on to other pursuits and sadly, we lost two long-term members who passed away this past year. Al Seredynski and Bertha Risbey are sorely missed.

We started on September 15th and will carry on 3 days a week until the end of May. We have 3 different instructors each with a unique program. This gives us a wonderful combination of aerobics, strength and stretch exercises which we all need as we navigate these wonderful "Golden Years".

We look forward to another year of great social interaction and camaraderie all in the guise of exercise.



**Never Miss an Issue Again**

**Get This Newsletter  
in your Inbox**



Send Your Email to:

**assiniboiaunit283@outlook.com**

**Come join the fun!**

**VEGAS**

**Friday 1 – 3pm**

**Lounge Area**



# Assiniboia Unit 283

Got a Talent? Share It With Us!

# WE NEED YOUR HELP



Do you have a knack for typing or reading financial statements? Are you crafty with decorations or handy with small repairs? Can you sell tickets, source donations, or simply love organizing?

Whatever your skills — we need **YOU!**  
There are many ways to get involved and make a meaningful impact.

**We're always looking for enthusiastic volunteers to:**

- Join a committee
- Lead a committee
- Serve on the executive team
- Support activities around the Unit

**Don't be shy many hands make light work!**

Stop by and let us know how you'd like to contribute.

**Together**, we can make a **BIG** difference!

Leave a note at the bar with your contact information



# CANTEEN CAFÉ

*Alton Watts*



Thank You for a Delicious Evening!

From all of us at The Canteen Café, we want to extend a heartfelt thank you to everyone who joined and supported our recent Roast Beef Dinner. Your presence, laughter, and appetite made the evening truly special.

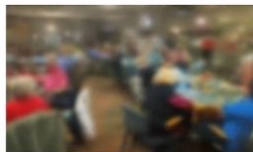
From Alton, Franklin, and the entire team, we're deeply grateful for your ongoing support. It's because of community members like you that we continue to grow, serve, and celebrate together.

We're excited to keep bringing new flavours to your table — for you and your family to enjoy. Have you had a chance to explore the **latest items on our menu yet?** There's something fresh and tasty waiting for you!

With gratitude,  
The Canteen Café Team  
Proudly Serving the Community Since 2025



Thank you to all who supported the roast beef dinner. From Alton, Franklin, and the team, we thank you for your ongoing Support. We can't wait to bring more flavours to you and your family. Have you checked out any of the new items in the menu yet?



# PIPE BAND

*Rob Gillespie*

Most of the Band's activities in October have been concentrated on preparing for our two Remembrance Day ceremonies at Riverview Health Centre on November 7th and at Unit 283 on November 11th. Pipe Major Bill MacQuarrie will be playing The Lament at the Unit service on Tuesday morning and the Band will be performing in the afternoon. Hilda Towerzey will also be piping at Beaumont School on November 4<sup>th</sup> for their ceremony.

On a happy note, Holly Musto, our bass drummer finally received her long awaited drum harness which will make her job of keeping us all in step much easier.

After our Remembrance Day ceremonies are completed, we will begin to practice for our playouts on New Years Day and our Robbie Burns Night on January 23<sup>rd</sup>.

## NEWSLETTER SUBMISSION REMINDER

Newsletter reports are due by the 23<sup>rd</sup> of each month. Please send your submissions to **assiniboiaunit283@outlook.com** **only**. Reports sent to any other email addresses will not be included.

To assist with layout and placement, early submissions are greatly appreciated.

Thank you for your cooperation!



# Join Us Today



Incorporated in 1917  
and Extended by Acts of  
the Parliament of Canada

## Army, Navy and Air Force Veterans in Canada

### APPLICATION FOR MEMBERSHIP

*"Shoulder to Shoulder"*  
Service Since 1840

APPLICATION FOR:  
**ACTIVE** \_\_\_\_\_ or **ASSOCIATE** \_\_\_\_\_  
MEMBERSHIP

DOMINION HEADQUARTERS  
6 Beechwood Avenue, Suite 2  
OTTAWA, ONTARIO K1L 8B4

Unit \_\_\_\_\_ Unit No. \_\_\_\_\_ Date \_\_\_\_\_

#### To The Army, Navy & Air Force Veterans in Canada:

I hereby make application for membership, and agree if accepted, to abide by its Constitution, Rules and Bylaws and to the best of my ability will assist in the aims and objects of the Association, namely: 1) to serve, care and advocate for Veterans, serving military personnel, RCMP and their families ensuring they are accorded the full support of the Government of Canada through benefits and programs designed to assist them; 2) to promote Remembrance and to commemorate those who served and those who gave their life in service; 3) to promote patriotic pride in our citizens; 4) to respect our Units as places of support and camaraderie 5) serve our communities through programs in support of Veterans, seniors, the disabled and others; 6) supporting Canada's youth through the teaching of leadership, sportsmanship, and citizenship and promoting academic development through bursary and scholarship awards programs. I further promise that I will maintain true allegiance to His Majesty King Charles III his heirs and successors.

PLEASE PRINT

Rank and/or Full Name \_\_\_\_\_ DOB: \_\_\_\_\_ Tel. No. \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ Province \_\_\_\_\_

Email: \_\_\_\_\_ Postal Code \_\_\_\_\_

Occupation \_\_\_\_\_ Emergency Contact \_\_\_\_\_ Contact Tel. No. \_\_\_\_\_

*For Active Members*

Date of Enrollment \_\_\_\_\_ Date of Release \_\_\_\_\_ Service # \_\_\_\_\_

Regiment, Ship, Wing or Unit \_\_\_\_\_ Countries (Where Served) \_\_\_\_\_

Medals/Decorations \_\_\_\_\_

Have you ever been suspended/expelled from any Veterans Association? \_\_\_\_\_ If yes, give details on back of this page.

Have you ever been a member of ANAVETS before? \_\_\_\_\_ If yes, where? \_\_\_\_\_

**I solemnly declare the above to be true.**

Signature of Applicant X \_\_\_\_\_

Proposer \_\_\_\_\_

Seconder \_\_\_\_\_

#### CERTIFICATE OF EXAMINING COMMITTEE

We the undersigned, having duly examined this application as well as the discharge certificate or other supporting documents declare that the information contained therein qualify the applicant for Membership in the Association.

Chairman \_\_\_\_\_ Member \_\_\_\_\_ Member \_\_\_\_\_

Date Examined \_\_\_\_\_ Date Approved \_\_\_\_\_ Date Initiated \_\_\_\_\_

# MASTERS SNOOKER

*Art Cabel*

Greetings, The Tuesday evening Master Snooker League is under way with 14 competitive Snooker players and if anyone is interested, we can still accommodate another new member/player.

The Master Snooker League is transitioning to a paperless, on-line sports league generating tool. Consequently, with the many parameters and exceptions, the program still requires tweaking from week to week in order to satisfy all the players' needs.

More importantly, subscribing to the Play-pass generating tool has allowed us the opportunity to reflect back to our originating years.

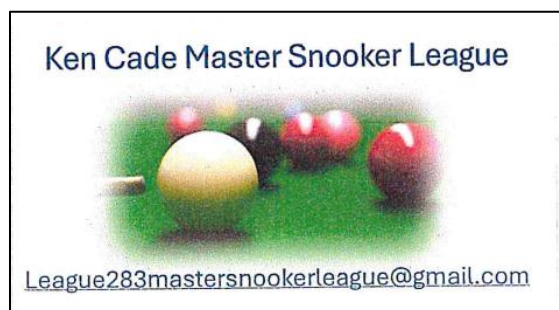
20+ years back the group of Darryl Yeo, Dave Larson, Stan Chartrand, and myself formed the Provincial Snooker Association with the oversight of our Sports Chair, Ken Cade.

Ken took the lead and produced the necessary Constitution & By-laws, and we became a registered Provincial Snooker Association and member of the C.B.S.A.

For many years following, we fundraised, hosted the Provincial Snooker Championship and with combined monetary assistance by our club, we were able to help sponsor our club member winners to attend the Canadian Snooker Championship in Toronto.

The player / members who attended brought back knowledge and expertise which benefited all player / members in various ways and has attributed to the competitive environment we enjoy today.

Therefore, today we are proud to announce the newly renamed Tuesday Evening Snooker League as the, **Ken Cade Master Snooker League** as per our newly printed player member cards below.



## SIX REDS SNOOKER TOURNAMENT

*Patrick Land*

The Inaugural Six Reds Snooker Tournament was held Oct. 4, 2025, at ANAF #283 and was very successful. Congratulations to David Larson who defeated Vince Chambers from Thunder Bay in the final. There were 16 players, and the tournament ran for approximately 8 hours.

From the tournament the club made \$180

for table time while the bar and canteen also profited but no figures are available. Eight of the players in the tournament were #283 members with the rest really enjoying our fine venue and hospitality.

There will be another tournament coming soon with a date to be finalized with #283.





# CAVUNP

*Charles Cameron*

October has been a very quiet Month...our Chapter has not been very busy at all.

We are in the process of rewriting our Web Page. If you wish to view the page, go to [cavunp.Winnipeg.ca](http://cavunp.Winnipeg.ca)

We have also found a shop where any of our Members can have the United Nations LOGO embroidered on the left side with either VETERAN or SUPPORTER under the LOGO.



We do not have a Meat Draw until 29 November 2025...100 percent of monies will be presented to our Host Unit, 283 ANAVETS...immediately after the event.

We will be attending various facilities to honour our Veterans by way of Remembrance Day ceremonies, Linda Jardine and I will be attending the Convention Centre, while Len Barnsley and Tom Larkin will be attending the 283 ANAVETS ceremony on 11 November 2025.

**Get your copy  
of the band list on the  
corner of the bar.**



## Break-Opens

Sold at our Unit:

In the main lounge

**Friday : 6pm to 8pm**

**Saturday: 3pm to 5pm**

**Monday, Wednesday,  
& Friday:**

In the Bingo Hall  
7pm to 9pm

**Thursday:**

In the Bingo Hall  
1:00pm to 4pm  
LGCA BO-39081



# Wizard



**Played every Monday  
in the Games Room at 1:00pm**

# GAME DAY BUCKETS

Join us in celebrating the Winnipeg Blue Bombers and Winnipeg Jets at every home and away game with our beer promotion! Get (4) cans of beer in a bucket of ice.

Check out our posting board for the kinds of beer you can order

**Bring your friends and cheer on your favorite teams as they score points and win games!**



## HOSPITAL AND CARE FACILITIES

*Donna Hartie*

### Golden West Centennial

Mary Pryma

### Oakview Place

Bill Muir

### Poseidon Place

Brian Smith

### Health Sciences Centre

Larry Lenchuk

### Home



## DID YOU RECEIVE YOUR NEWSLETTER?

### Monthly Newsletter Notice

Our newsletters are sent out via email at the beginning of each month. With over 500 emails distributed monthly, there may occasionally be a few that don't reach their destination or are returned as undeliverable.

If you haven't received your copy within the first week of the month, or if you would like to be added to or removed from our mailing list, please contact us at:

**assiniboiaunit283@outlook.com**



**Check Your**



# *In Remembrance*



*They shall grow not old, as we that are left grow old, Age shall not weary them,  
nor the years condemn, At the going down of the sun, and in the morning  
WE WILL REMEMBER THEM*



Silver Heights



# FOODFARE

2285 Portage Avenue, Winnipeg, Manitoba R3J 0L9

Your Supplier of Meat for Unit 283

Friday & Saturday Meat Draws

## We would like to serve YOU



Meat Department  
(204) 885-2387



Grocery Department  
Ph: (204) 885-2381  
Fax: (204) 831-9787

### — WE DELIVER —

**Silver Heights' Foodfare** has been part of our team to offer quality meats to our Unit Meat Draw events for many years. We hope you will drop by their store and patronize this community serving store.