



JANUARY



2020

BROOKS PRESCHOOL NEWSLETTER

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Teacher's Report

January is sure to hold lots more fun as we embark into this New Year 2020. We will be focusing on hands-on activities that explore the unique nature of cold weather, hibernation and the different experiences that snow brings.

Fairy Tales and Nursery Rhymes will also ring in the New Year as the children will have fun dressing up and acting out their favorite stories and Nursery Rhymes. Rhyming is a concept that children need to learn to develop in the early stages of reading.

Sometimes it takes a few days for children to get back into their preschool routines after a couple weeks away. This is quite common and certainly nothing to be concerned about. Keeping your drop off routine brief and positive and trying not to linger too long in the classroom will help your children get back into the swing of things in no time. This also allows us to focus on the children and help them to settle into their day and maintain our routines.

The children will continue to work on their self-help skills such as: dressing in winter wear and zipping up their own coats.

Remember to take time to discuss your child's day at Preschool and share in their learning.

"To assist a child we must provide him with an environment which will enable him to develop freely." - Maria Montessori

Check Out Our Website!

www.brookspreschool.com

Mrs. Bruce, Mrs. Webb, Mrs. Jackson and Mrs. Donald
Monday, Tuesday, Wednesday & Friday



www.facebook.com/inspiringplay

**If you have any questions throughout the year please
contact Mrs. Bruce at the Preschool or**

bpsteachers@brookspreschool.com



Character Education “FAIRNESS”

Your preschooler will meet Fran the Fair Frog and be encouraged through stories, songs and activities to:

- Know and follow the rules
- Share with friends and family
- Listen to friends and family
- Do not blame friends and family

Young children are very impressionable, and parents are the most important teacher children ever have. One way you can help your child learn to be fair is by example. If your child sees you following rules, sharing with your family, listening to others and not placing blame, he or she will be likely to follow your example.

Special Days

Jan. 7th, 8th & 10th - **Pajama Day**
- Wear your cozy pajamas all day.

Jan. 14, 15 & 17th - **Fairy Tales & Nursery Rhymes** - Children may dress up as they wish in their favorite characters.



Special Thanks

Thank you to the Brooks Bandits & Manager of Sales & Marketing for reading to the children during our Scholastic Book Fair.

Thank you to the Legion for the use of their hall for all our Christmas Parties, the space was so festive.

Thank you to all the parents who provided such great snacks and drinks for our Christmas Parties and to all the families and friends in attendance. Your support encourages your child and helps them have a great year, reinforcing how special your child is.

Thank you to everyone for your thoughtfulness of gifts and cards at Christmas.

Thank you to Stephanie Smith, Ivon Gutierrez, Chantelle Landry, and Michelle Retzlaff for baking the yummy gingerbread cookies the children loved decorating them.

Thank you to Whitney Legare for the donation of office supplies for our school, these are greatly appreciated.

Thank you to January parent helpers, all your help is so sincerely appreciated.

Little Reminders

Parents please let teachers know of any changes in phone numbers, addresses or medical concerns. We need to keep information current.

Please send full winter wear, mittens, boots etc. as the children will be going outside on most days.

During bad weather conditions, our school will be closed when temperatures drop to -35 degrees (excluding wind chill). Parents please listen to our local Radio Station for conformation. FM 101.1 or Q105.7

Parents help yourself to the information & pamphlets available in the front entrance of our preschool **PARENTS CORNER**. We have lots of current community resources and information about nutrition, exercise & well-being.

REMINDER: POTENTIAL HEALTH RISK

Is when a staff member knows or has reason to believe that a child is showing signs or symptoms of vomiting, having a fever of 38.3C, diarrhea or a new or unexplained rash or cough. If a child requires greater care and attention than can be provided without compromising the care of the other children in the program, or having or displaying any other illness or symptom the staff member knows or believes may indicate that the child poses a health risk to persons on the program premises. The child's parent will be contacted to remove the child from the school immediately. The child may return back to preschool if parent provides written notice from a physician or when a parent can report to the staff that the child has been symptom-free for a period of 24 hours and no longer poses a health risk to persons at the preschool. This policy is in place to help keep our students and staff as healthy as possible, thank you for your cooperation.

If you have any concerns or questions throughout the year please feel free to contact your teachers at the preschool or email at bpsteachers@brookspreschool.com

Family Literacy Tips

1. Introduce children to books early. Infants will be delighted by the sounds, shapes and colors.
2. Read together every day. Set aside a time before naps, after meals, or before bedtime.
3. Set the stage. Turn off the TV and cuddle up somewhere cozy.
4. Get your child involved. Ask questions about the book as you go along.
5. Add drama. Adopt different voices for different characters.
6. Read whenever you can.
7. Keep books by their beds or in the car for long trips.



Snack Attack

Yogurt Dipped Strawberries

Ingredients:

- Strawberries
- Vanilla Yogurt
- Cheerios



Instructions:

1. Wash strawberries and slice leaves off.
2. Dip bottom 2/3rds of strawberry into yogurt.
3. Roll strawberry in cheerios. You may have to press them in to get them to stay in place.

Traffic Light Snack

Ingredients:

- Graham Crackers
- Peanut Butter (or substitute)
- Strawberries
- Banana
- Grapes



Instructions:

1. Break apart graham crackers and spread peanut butter on.
2. Slice fruit into circles.
3. Place a banana circle in the middle of the cracker, followed by a strawberry slice above, and grape slice below.

Banana Snowman

Ingredients:

- 1 banana, peeled and sliced (3 banana slices for each snowman)
- 5 mini chocolate chips
- 1 pretzel stick, broken into 2 pieces
- 1 baby carrot, sliced
- 1 strawberry, sliced into quarters

Instructions:

1. Line up three banana slices.
2. Use two mini chocolate chips for the eyes. Use the other three for the buttons on the snowman.
3. Use a slice of the carrot and poke it into the top banana slice under the eyes to serve as the nose.
4. Poke pretzels into the sides of the middle banana slice.
5. Place one of the strawberry quarter slices above the top banana slice to serve as the hat.



BROOKS PRESCHOOL - JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 No School Christmas Break	2 No School Christmas Break	3 No School Christmas Break	4 No School Christmas Break
5 Keeping Warm / Hibernation	6 Keeping Warm / Hibernation	7 Hibernation/ PJ Day Wear your favourite PJs	8 Keeping Warm / Hibernation Wear your favourite PJs	9 Keeping Warm / Hibernation	10 Keeping Warm / Hibernation Wear your favourite PJs	11 Keeping Warm / Hibernation
12 Fairy tales & Nursery Rhymes	13 Fairy tales & Nursery Rhymes	14 Fairy tales & Nursery Rhymes Dress up as a character from a story	15 Fairy tales & Nursery Rhymes Dress up as your favourite character	16 Fairy tales & Nursery Rhymes	17 Fairy tales & Nursery Rhymes Dress up as your favourite character	18 Fairy tales & Nursery Rhymes
19 Fairy tales & Nursery Rhymes	20 Fairy tales & Nursery Rhymes	21 Snowy Days Wear Blue/white	22 Fairy tales & Nursery Rhymes	23 Fairy tales & Nursery Rhymes	24 Fairy tales & Nursery Rhymes	25 Fairy tales & Nursery Rhymes
26 Rhyming with Dr. Seuss	27 Rhyming with Dr. Seuss	28 Winter Activities	29 Rhyming with Dr. Seuss	30 Rhyming with Dr. Seuss	31 Rhyming with Dr. Seuss	

