

July 2016

We're moving



July 13-15 we will be closed to accommodate our move to 100 Main St E (Unit 103)

Though we are sad to leave our current home we are excited to welcome you to our new home at 100 Main St E. Enter through the Commercial Entrance to Landmark place and go left down the main floor hall. Our phone number and email addresses stay the same. We will close our doors at 20 Emerald St S July 11 at 4 pm and reopen July 18, 11 am at 103-100 Main St E.



Mental Health Rights Coalition, | Phone 905-545-2525 | fax 905-545-0211 | www.mentalhealthrights.ca

Notice of

Annual General Meeting

POWER/SCOPE Awards

Tuesday, September 27, 2016

35 Aikman Ave., Hamilton, ON 4 p.m. to 6:30 p.m.

4 pm Entertainment & Speaker 5 pm Dinner 5:30 pm AGM 6 pm Award Presentations

SCOPE is a non-competitive award event: every nominee receives a SCOPE certificate and is invited to the award presentations, along with their nominator.

This meeting will include the election of officers to the board of directors.

Please update membership to ensure voting privileges.

If you will be attending please call 905-545-2525

SCOPE Award—Supporting Consumer Opportunities for Personal Empowerment

SCOPE awards recognize people for their contributions and efforts which empower consumer/survivors of the mental health system in Hamilton.

Nominations are made by mental health consumer/survivors who are members and staff of the MHRC. Those receiving the award may be family, friends, and support workers. It is an opportunity for consumers to publically thank those who have supported and continue to support them in their

recovery. MHRC staff are not eligible for this award.

SCOPE Award forms may be picked up at the MHRC offices,

20 Emerald St S. or on the website at <u>www.mentalhealthrights.ca</u> or email mhrcprograms@bellnet.ca

Nominations close September 9, 2016 SCOPE awards will be presented at the Annual General Meeting, September 27, 2016

Power Award

The deadline for nominations is September 9 th, 2016, 4pm



Nominations are to be submitted to the Execu-

tive Director of MHRC in the form a letter stating:

- the name and workplace of the nominee
- the reason the nominator believes this peer supporter to be worthy of the nomination
- two names supporting the nomination including contact information.

The nominee does not need to be aware of the nomination.

The award will be presented to the selected recipient at the Annual General Meeting of MHRC.

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Call for Board Members

Mental Health Rights Coalition is looking for members to serve as directors on its board of directors.

Interested applicants must be willing to attend monthly board meetings. Board experience and experience working in consumer-survivor initiatives and the mental health system is an asset.

Our mission is to encourage, enable and empower the voice of consumers in the mental health system.

Eligibility Criteria & Required Information

- Have the nomination of a member of MHRC
- I am a consumer/survivor of mental health services/system.
- I am a Citizen of Canada or Other _____
- I am a Canadian Resident
- I live, work, or receive mental health service in Hamilton/LHIN 4
- I am not an undischarged Bankrupt
- I am not subject to a certificate of incompetence to manage my own affairs.
- I was not employed by MHRC in the two years prior to election date.
- If elected, I will;
 - Sign an agreement of ethical conduct
 - Sign an agreement of confidentiality

Please pick up your application at Mental Health Rights Coalition 20 Emerald St S **until July 12 103-100 Main St E **reopening July 18

Special Events Art Gallery of Hamilton

July 20, 2016 Meet at MHRC at 1 pm 1:30-2:30 tour You may browse the gallery afterward Cost: FREE!

Bayfront Picnic

August 12, 2016 Meet at MHRC at 11 am Picnic and games at Bayfront Park (Hutches side) Please RSVP 905-545-2525 Please bring your own money if you wish to get anything at

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Hutches but subs will be provided for lunch.