



***We're here to help with your job search.***

**Our services are individually planned with you and may include:**

- Job leads and job search assistance
- Resume development
- Cover letter development
- Career planning and exploration
- Community job board
- Labour market information
- Workshops
- Wage subsidy
- Short duration training
- Occupational skills training
- Self employment services
- Access to computers, internet, scanners, and fax machines
- Financial support for starting a new job or participating in the WorkBC program

### **How to get started**

Give us a call at 604 485-7958 or drop in to 4511 Marine Avenue, Powell River.

### **Office hours**

Monday 8:30am to 4:30pm  
Tuesday 8:30am to 4:30pm  
Wednesday 8:30am to 7:30pm  
Thursday 8:30am to 1:30pm

### **Website:**

<http://www.workbccentre-powellriver.ca/>



This program is funded by the Government of Canada  
and the Province of British Columbia.



[www.WorkBCCentres.ca](http://www.WorkBCCentres.ca)

[www.WorkBCCentres.ca](http://www.WorkBCCentres.ca)



**WorkBC**  
Employment Services

Helping British Columbians  
Find and Keep Jobs

[www.WorkBCCentres.ca](http://www.WorkBCCentres.ca)



Canada



This program is funded by the Government of Canada  
and the Province of British Columbia.

# FINDING THE RIGHT JOB STARTS HERE.

## We're Here to Help

No matter what your level of work experience or education, if you're unemployed your local WorkBC Centre is here to help you. We have the services and resources you need to start and succeed in your job search, including:

- Resume preparation
- Assistance with job searches
- Employment counselling and support
- Interview preparation
- Short-term certification
- Assistive technology & devices
- Work experience placements
- Skills training
- Preparation for self-employment
- Customized employment
- Job development
- Job coaching

## Job Search Resources

At your local WorkBC Centre, we have all the necessary tools and resources to streamline your job search. Whatever help you need, it's all here for you and it's all FREE and accessible for people with disabilities:

- Computer workstations
- Internet access
- Public telephones
- Fax machine
- Photocopier
- Informational materials

## Personal Employment Planning

If you need extra help getting started, our Employment Counsellors are here for you and will help you build your personal employment plan to identify what you'll need to get you job-ready.

## Skills and Training

Need to build your skill set and gain hands on experience? We have short-term and long-term training programs, depending on your needs and the skills you require. Visit your nearest WorkBC Centre and ask an advisor which programs will work best for you.

## Inclusive Services

Everyone's employment needs are different. So we cater to them all with inclusive services for immigrants, youth, people with disabilities, Indigenous people, Francophones, or any British Columbian who needs help finding work.

## Who Are Our Services For?

If you are eligible to work in B.C., our resources, training programs, and inclusive services are available to you. Visit [www.WorkBCCentres.ca](http://www.WorkBCCentres.ca) or your local WorkBC Centre to find out more.

**[www.WorkBCCentres.ca](http://www.WorkBCCentres.ca)**

## SERVICE CANADA INFORMATION

Below are various links that may be of use to someone not familiar with the EI process and unsure what to do.

<https://www.canada.ca/en/employment-social-development/programs/ei/ei-list/reports/regular-checklist.html> -

Checklist for EI Regular benefits. It will guide you through the information you should have on hand when you apply, when to apply, what happens after you apply.

<https://www.canada.ca/en/employment-social-development/services/my-account.html> - My Service Canada

Account. Your online account you will likely use during your EI period, but it can be set up now. This same account is used for pensions so keeping it updated by going in at least once a year and checking your information would be beneficial.

<https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit.html> - This link takes you to the page on EI regular benefits. There are six headings. Heading four is Apply. Here the link to making your online application can be found. It is part way down the page.

These three links will help those who may have some concerns about what to do or where to go. No one should feel they need to have all the answers before they apply. Fill out the application correctly and go from there.

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Link to find the unemployment rate in your region, the number of hours needed to qualify for benefits, the number of payable weeks of benefits and more.

[https://srv129.services.gc.ca/eiregions/eng/postalcode\\_search.aspx](https://srv129.services.gc.ca/eiregions/eng/postalcode_search.aspx)

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**Please do not to take any training without clearing it through WorkBC as it may affect your EI entitlement. WorkBC can give "permission" for training through a process with EI.**

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For those in or looking to move to a Red Seal trade and are in or will be in training, there are grants available.

<https://www.canada.ca/en/employment-social-development/services/apprentices/grants.html>

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Whatever the type of benefits you receive, EI payments are taxable income, meaning federal and provincial or territorial taxes, where applicable, are deducted when you receive them.

At the time you file your income tax return, depending on your net income and if you were paid regular benefits, including regular fishing benefits, you may be required to repay some of the EI benefits you received.

<https://www.canada.ca/en/employment-social-development/programs/ei/ei-list/reports/repayment.html>

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Information on the types of income that may affect your EI. For those receiving or looking to receive at this time their CPP, scroll down to the pensions section. Whether or not your CPP will affect your EI is situational. For those not yet receiving their CPP but thinking of applying at this time, it will be deducted from your EI. For those who have already been receiving their CPP and have worked enough hours to qualify for EI since starting CPP, it may not. You will need to apply for EI and they will let you know.

<https://www.canada.ca/en/services/benefits/ei/variety-types-earnings.html>

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If you do need to call the EI call centre at 1-800-206-7218 you may have less of a wait time from Tuesday to Thursday from 2:00 to 3:30 pm.

# MEET TAWNI, YOUR LOCAL ITA APPRENTICESHIP ADVISOR

📍 North Island

*Think of us as your on-the-ground apprenticeship support team*



ita

## About Me

My name is Tawni and I'm your local Apprenticeship Advisor with the Industry Training Authority (ITA). I'm passionate about the skilled trades and I truly believe there's a trade for everyone. So whether you're an employer, apprentice, or someone looking to start their skilled trades journey, I can answer your questions or help guide you in the right direction.

## How I Can Help



### Apprenticeship Questions

Not sure how an apprenticeship works? If you're an employer, apprentice or new to the skilled trades, let's go over the basics.



### Finding Your Skilled Trade

Thinking about joining the skilled trades? Unsure of your next move? Let's explore options and find a career path for you.



### Financial Support and Resources

Let's chat about the many financial supports you may be eligible for through the federal and provincial governments for employers and apprentices.



### Exam and Study Support

Do you have an upcoming exam? Let's go over study strategies and resources to help you better prepare for your exam.

## Let's Get In Touch

Let's chat over the phone or setup a meeting.

### TAWNI WILKINS

Apprenticeship Advisor, Industry Training Authority (ITA)

📍 North Island

**EMAIL** twilkins@itabc.ca

**PHONE** 250-702-3365

# Who is ITA?







## **Industry Training Authority (ITA)**

**The Industry Training Authority (ITA) leads and coordinates British Columbia's skilled trades system.**

We work with employers, apprentices, industry, labour, training providers and government to issue credentials, supports apprenticeships, fund programs, set program standards and increase opportunities in the trades.

# What Does ITA Do?

- Support apprentices and employer sponsors through continuation and completion
- Provide funding for apprenticeship and pre-apprenticeship programs
- Issue credentials
- Develop program standards to reflect changing industry needs
- Promote skilled trades careers
- Advocate and support equity and anti-racism in skilled trades.
- Lift barriers and create equitable access to trades training and careers for under-represented groups



# Apprenticeship Advisors

[www.itabc.ca/advisors](http://www.itabc.ca/advisors)



**20 Apprenticeship Advisors**  
located throughout the province.

Provides second-tier support for **apprentices and employer sponsors**

Support continuation and completion of apprenticeships

# What Are The Skilled Trades?





## The Skilled Trades

When people think of skilled trades, there's a few that immediately come to mind – Plumber, Carpenter, Electrician – but the trades are much more extensive with **over 100 to choose from in BC.**

Skilled Trades people use their head, hands and heart to get the job done



# Why Choose The Trades?

Earn a good living doing something you love. The Skilled trades offer endless opportunities for a mobile, flexible career that suits your unique interests. As a certified skilled tradesperson, your skills are in high demand all over the world.

- **Do something you LOVE**
- **Make good Money**
- **Be part of a COMMUNITY**



# What is an Apprenticeship?







## What is an apprenticeship?

An apprenticeship is a combination of on-the-job training and classroom learning that **leads to a trade credential** – or “ticket”.

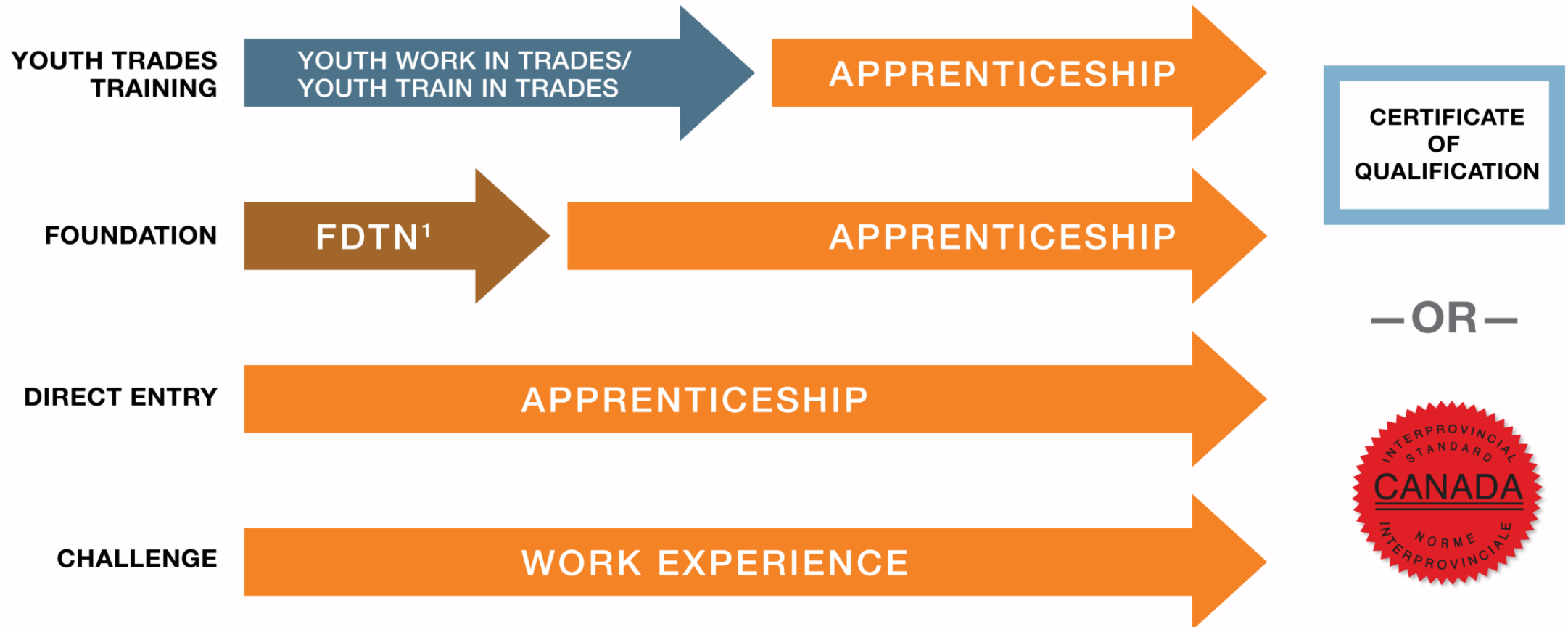
**80%** of your apprenticeship is on-the-job training, the other **20%** is classroom learning

# Certification Pathways

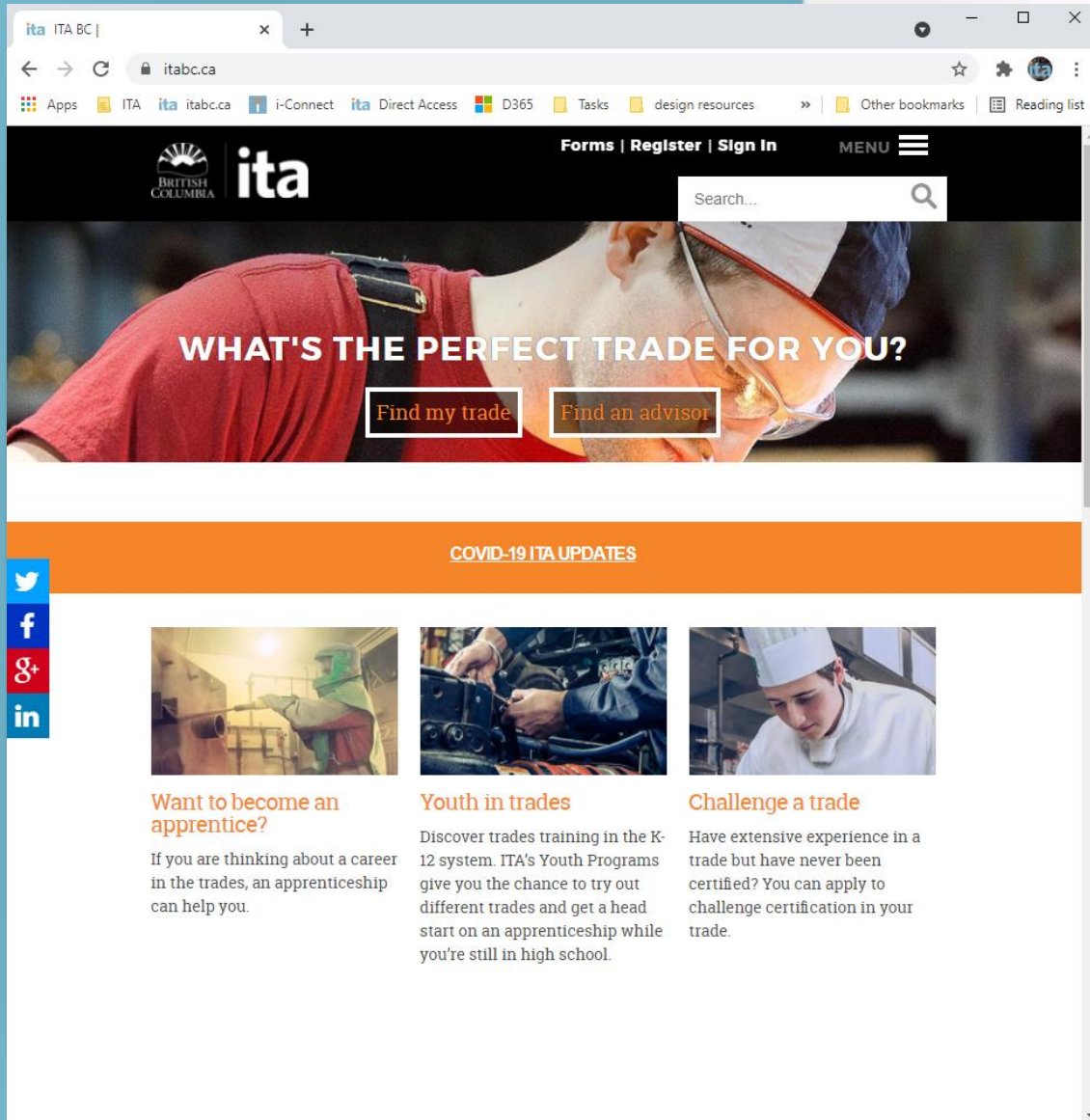




# Different Pathways To Certification



<sup>1</sup> Foundation Programs (FDTN) are entry-level courses averaging 24 weeks in duration that are intended to provide participants with basic skills and trades knowledge in order to help them secure an apprenticeship in the same trade



# Links

**[itabc.ca/programs](https://itabc.ca/programs)** - Explore the trades programs

**[itabc.ca/advisors](https://itabc.ca/advisors)** – reach out to your local apprenticeship advisor if you have any questions about apprenticeship.

## Follow Us On Social Media



@ita\_bc



@ita\_bc



Industry Training Authority



Industry Training Authority



Industry Training Authority

## Visit Our Website

[www.itabc.ca](http://www.itabc.ca)

## Customer Service

Telephone: 778-328-8700

Toll Free in BC: 1-866-660-6011

[customerservice@itabc.ca](mailto:customerservice@itabc.ca)



ita

ita | YOUTH

## DISCOVER

### SPARK YOUR INTEREST IN TRADES WITH HANDS-ON TRADES ACTIVITIES

Do you want to learn more about what a trade is? Do you like getting creative when figuring out problems? Youth Discover Programs can help get you excited about trades.

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## EXPLORE

### TRY OUT DIFFERENT TRADES AND BUILD YOUR SKILLS IN MULTIPLE TRADES

Want to try out a few trades and see what they're like? Youth Explore Programs are for students in grade 10-12 who want to learn about trades and get some hands-on experience in different trades.

ita | YOUTH

## TRAIN

### GET A HEAD START ON YOUR TECHNICAL TRADES TRAINING

Are you keen to build your skills and experience in one specific trade? Do you want to start your training while you're still in high school? The Youth Train in Trades Program can give you a head start on your future in trades.

ita | YOUTH

## WORK

### GET ON-THE-JOB TRAINING AS A YOUTH APPRENTICE

Do you want to get on-the-job experience in your favourite trade? The Youth Work in Trades Program can give you the trade skills to land a job and earn a paycheck while you're still in high school.



# YOU'VE GOT WHAT IT TAKES

## Industry Training Authority – ITA

**The Industry Training Authority (ITA) leads and coordinates British Columbia's skilled trades system.**

We work with employers, apprentices, industry, labour, training providers and government to issue credentials, supports apprenticeships, fund programs, set program standards and increase opportunities in the trades.

## Apprenticeship Advisor

Tawni Wilkins

250.702.3365 – Text or Call

[twilkins@itabc.ca](mailto:twilkins@itabc.ca)



*ITA's head office is located on the unceded Coast Salish Territory, traditional land of the xʷməθkʷəy̍əm (Musqueam) people and our Apprenticeship Advisors are located across the province in the 204 First Nations territories that make up B.C.*

# Community Futures

Powell River



## Start-up, Expanding or Buying a business

For over 35 years, Community Futures has been a proven leader in supporting rural entrepreneurs and communities throughout BC and across Canada to survive and thrive. The businesses and regions we serve are sometimes faced with many challenges, including addressing disruptive change and economic uncertainty.

## HERE'S HOW WE'RE DIFFERENT



"You made the process easy & calm. You are genuinely interested in our success"

*Christine C.*

### WE OFFER

- ✓ Flexible Financing
- ✓ Business Advisory Services
- ✓ Business Planning Support
- ✓ Workshop & Training Resources

**If you think self-employment might be right for you, please contact us today!**

**Keith Allen,  
Business Analyst  
[keith@prfutures.ca](mailto:keith@prfutures.ca)**

**[www.prfutures.ca](http://www.prfutures.ca)**

**604 485-7901**



### qathet Region Economic Support Services

<p><b>Poverty Law</b> 604-485-0950</p> <ul style="list-style-type: none"> <li>➤ This program provides free and confidential service to individuals applying for provincial and federal benefits programs.</li> </ul> <p>Hours not posted. 4801 Joyce Ave. No website</p>	<p><b>Residential Tenancy Branch</b> 1-800-665-8779</p> <ul style="list-style-type: none"> <li>➤ If you have questions about your tenancy or need help with dispute resolution</li> </ul> <p>Mon – Fri. 9am – 4pm  <a href="https://www2.gov.bc.ca/gov/content/housing-tenancy/residential-tenancies/contact-the-residential-tenancy-branch">https://www2.gov.bc.ca/gov/content/housing-tenancy/residential-tenancies/contact-the-residential-tenancy-branch</a></p>
<p><b>Service BC</b> 604-485-3622</p> <ul style="list-style-type: none"> <li>➤ Income and disability assistance</li> </ul> <p>Mon – Fri. 9am – 4:30pm (closed 12 – 1pm)  <a href="https://www2.gov.bc.ca/gov/content/governments/organizational-structure/ministries-organizations/ministries/citizens-services/servicebc/service-bc-location-powell-river">https://www2.gov.bc.ca/gov/content/governments/organizational-structure/ministries-organizations/ministries/citizens-services/servicebc/service-bc-location-powell-river</a></p>	<p><b>Service Canada</b> 1-800-206-7218</p> <ul style="list-style-type: none"> <li>➤ Employment insurance</li> </ul> <p>Mon – Fri. 8:30am – 4:00pm (closed 12 – 1pm)  <a href="https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/apply.html">https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/apply.html</a></p>
<p><b>Work BC Centre Powell River</b> 604-485-7958</p> <ul style="list-style-type: none"> <li>➤ Community Job Board</li> <li>➤ Job Search supports</li> <li>➤ Wage Subsidy, Self-Employment, and Training supports based on circumstance and need</li> </ul> <p>Mon – Tue 8:30am – 4:30pm  Wed 8:30am – 4:30pm  Thu 8:30am – 1:30pm  4511 Marine Ave  <a href="http://www.workbccentre-powellriver.ca/">http://www.workbccentre-powellriver.ca/</a></p>	<p><b>Legal Aid BC</b> 1-866-577-2525</p> <ul style="list-style-type: none"> <li>➤ All callers receive an initial interview to determine eligibility for services</li> </ul> <p>Hours vary. Mon – Fri  <a href="https://lss.bc.ca/general/provincialCallCentre">https://lss.bc.ca/general/provincialCallCentre</a></p>
<p><b>Housing Hope</b> 604-414-2616</p> <ul style="list-style-type: none"> <li>➤ Supports families with children who are homeless or at risk of homelessness by paying for rent and utilities</li> </ul> <p>Hours not posted. 4351 Ontario Ave.  <a href="https://www.pressbc.com/program/housing-hope/">https://www.pressbc.com/program/housing-hope/</a></p>	<p><b>Community Futures</b> 604-485-7901</p> <ul style="list-style-type: none"> <li>➤ Support for entrepreneurs and owners of small and medium sized businesses</li> <li>➤ Workshops and training, export navigation, advisory, business loans</li> </ul> <p>4717 Marine Ave  <a href="https://prfutures.ca/">https://prfutures.ca/</a></p>
<p><b>United Way</b> 604-485-2132</p> <ul style="list-style-type: none"> <li>➤ Danielle’s Helping Hand Fund: help with emergency costs (rent, bills, vehicle repairs)</li> <li>➤ Hygiene Cupboard: access to basic personal hygiene supplies</li> </ul> <p>Hours not Posted. 4750 Joyce Ave  <a href="http://www.unitedwayofpowellriver.ca/danielles-helping-hand-fund.html">http://www.unitedwayofpowellriver.ca/danielles-helping-hand-fund.html</a>  <a href="http://www.unitedwayofpowellriver.ca/the-hygiene-cupboard.html">http://www.unitedwayofpowellriver.ca/the-hygiene-cupboard.html</a></p>	<p><b>Salvation Army</b> 604-485-6067</p> <ul style="list-style-type: none"> <li>➤ Food bank</li> <li>➤ Food hampers (by request)</li> <li>➤ Community lunch</li> <li>➤ Mobile outreach</li> </ul> <p>Hours vary. 4500 Joyce Ave  <a href="https://salvationarmypr.ca/">https://salvationarmypr.ca/</a></p>

<b>Good Food Box</b> 604-485-0992 <ul style="list-style-type: none"> <li>➤ A box of quality fresh fruit and vegetables</li> <li>➤ 1x month, \$25 a box</li> </ul> <a href="https://www.food.liftcommunityservices.org/show">https://www.food.liftcommunityservices.org/show</a>	<b>The CARE Project</b> <ul style="list-style-type: none"> <li>➤ Lift CARE project Facebook Page</li> </ul> <a href="https://www.facebook.com/liftcommunitysupportnetwork/">https://www.facebook.com/liftcommunitysupportnetwork/</a>
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### qathet Region Social Support Services

<b>Here to Help BC</b> <ul style="list-style-type: none"> <li>➤ Mental health and substance use information and resources</li> </ul> Online resource. <a href="https://www.heretohelp.bc.ca/">https://www.heretohelp.bc.ca/</a>	<b>Mind Map BC</b> <ul style="list-style-type: none"> <li>➤ Find mental health and substance use help</li> </ul> Online resource. <a href="https://www.mindmapbc.ca/">https://www.mindmapbc.ca/</a>
<b>Community Resource Centre</b> 604-485-0992 <ul style="list-style-type: none"> <li>➤ Lunch and Coffee</li> <li>➤ Overdose Prevention Site</li> </ul> Mon – Thurs. 12pm – 4pm. 4752 Joyce Ave No website.	<b>Overdose Prevention Site (OPS)</b> <ul style="list-style-type: none"> <li>➤ iOAT clinic 8am – 4pm</li> <li>➤ OPS 4pm – 8pm</li> </ul> Community Resource Centre (side entrance) <a href="https://prcat.ca/overdose-prevention-site/">https://prcat.ca/overdose-prevention-site/</a>
<b>BC211 211</b> <ul style="list-style-type: none"> <li>➤ Basic needs like food and shelter</li> <li>➤ Mental health and substance use support</li> <li>➤ Legal and financial assistance</li> </ul> Open 24/7 <a href="https://bc.211.ca/">https://bc.211.ca/</a>	<b>Health Link BC 811</b> <ul style="list-style-type: none"> <li>➤ Provincial health information line</li> <li>➤ Nurses, navigators, pharmacists, nutritionists, exercise professionals</li> </ul> <a href="https://www.healthlinkbc.ca/more/contact-us/8-1-1">https://www.healthlinkbc.ca/more/contact-us/8-1-1</a>
<b>Mental Health Support Line</b> 310-6789 <ul style="list-style-type: none"> <li>➤ Over the phone mental health support</li> <li>➤ Trained volunteers, referrals to services</li> </ul> Open 24/7	<b>1-800 SUICIDE</b> 1-800-784-2433 <ul style="list-style-type: none"> <li>➤ Non-judgmental, over the phone support</li> <li>➤ Suicidal thoughts and crisis situations</li> </ul> Open 24/7
<b>The Alcohol and Drug Information and Referral Service</b> 1-800-663-1441 <ul style="list-style-type: none"> <li>➤ Connects you to information, options and support</li> <li>➤ Referrals to counselling and treatment services across BC</li> </ul>	<b>Better Help</b> <ul style="list-style-type: none"> <li>➤ Affordable private therapy</li> </ul> Online resource <a href="https://www.betterhelp.com/">https://www.betterhelp.com/</a>
<b>Mental Health and Substance Use Services, VCH</b> 604-485-3300 <ul style="list-style-type: none"> <li>➤ Provides a single point of entry for mental health and substance use support through the health authority</li> </ul> Mon – Fri 8:30am – 4:00pm <a href="https://find.healthlinkbc.ca/ResourceView2.aspx?org=53965&amp;agencynum=17676757">https://find.healthlinkbc.ca/ResourceView2.aspx?org=53965&amp;agencynum=17676757</a>	<b>Harm Reduction Services, VCH</b> 604-4853-3310 <ul style="list-style-type: none"> <li>➤ Harm reduction supplies, naloxone kits and training</li> </ul> Mon – Thurs. 1pm – 4pm. 5000 Joyce Ave (3 <sup>rd</sup> floor entrance, public health) <a href="https://www.facebook.com/PowellRiverHarmReductionNeedleExchange/">https://www.facebook.com/PowellRiverHarmReductionNeedleExchange/</a>
<b>Tla’amin Health</b> 604-483-3009 <ul style="list-style-type: none"> <li>➤ For members of Tla’amin Nation</li> </ul> Mon – Fri. 8:30am – 4:30pm <a href="http://www.tlaaminhealth.com/">http://www.tlaaminhealth.com/</a>	<b>KUU-US Crisis Line</b> 1-800-588-8717 <ul style="list-style-type: none"> <li>➤ Culturally safe, over the phone support</li> <li>➤ Crisis, mental health, substance use, suicide</li> </ul> Open 24/7 <a href="https://www.kuu-uscrisisline.com/">https://www.kuu-uscrisisline.com/</a>

<p><b>Helpline for Children 604-310-1234</b></p> <ul style="list-style-type: none"> <li>➤ 24/7 helpline for children or youth. Free and confidential</li> </ul> <p><a href="https://www2.gov.bc.ca/gov/content/safety/public-safety/protecting-children/keeping-kids-safe">https://www2.gov.bc.ca/gov/content/safety/public-safety/protecting-children/keeping-kids-safe</a></p>	<p><b>Here2Talk 1-877-857-3397</b></p> <ul style="list-style-type: none"> <li>➤ 24/7 Here2Talk connects <i>any student registered in a BC post-secondary program</i> to counselling and community referral services. Free and confidential.</li> </ul> <p><a href="https://here2talk.ca/getStarted">https://here2talk.ca/getStarted</a></p>
<p><b>Kids Help Phone 1-800-668-6868</b></p> <ul style="list-style-type: none"> <li>➤ 24/7 national support service. Counselling, programs, and resources <i>for children and youth</i>. Available in French and English.</li> </ul> <p><a href="https://kidshelpphone.ca/">https://kidshelpphone.ca/</a></p>	<p><b>Confident Parents Program</b></p> <ul style="list-style-type: none"> <li>➤ This program has two program streams to help parents support their children aged 3-12 to manage either anxiety or behavior challenges.</li> </ul> <p><a href="https://welcome.cmhacptk.ca/#">https://welcome.cmhacptk.ca/#</a></p>