

# **Upcoming Events**

## Sunday, October 13

\* Thanksgiving Sunday, Worship, 10am, In-Person and Livestream Followed by Fellowship Time in the Hall.

## **Tuesday, October 15**

Worship Meeting, 9:30am, Friendship Room

## Wednesday, October 16

- \* Knitting Group, 1pm, Friendship Room
- Property Meeting, 3pm, Friendship Room

## Thursday, October 17

Choir Practice, 7pm, Sanctuary

## Friday, October 18

Book Club (The Bookies), 10am, Friendship Room

## Sunday, October 20

 Worship, 10am, In-Person and Livestream Followed by Fellowship Time in the Hall.



# Keep in Touch

### **Minister**

Pastor Beth Parsons bethparsons@cbunited.ca

#### **Music Director**

Sharon Prindle-Collins music@cbunited.ca

## **Council Chair**

John MacLeod patjohn@shaw.ca

## Children and Youth Program Coordinator

Moira Dennis moirapaints@icloud.com 250.818.2114

## Office Administrator

Jane Shumka office@cbunited.ca

#### **CORDOVA BAY UNITED**

813 Claremont Avenue Victoria, BC V8Y1J9 Phone: 250.658.5911 www.cbunited.ca

CBUC Peninsula Co-op member # 51194 Here are all the programs and activities happening at CBUC this week. Church activities are listed in vellow.

### Sunday, October 13

- Worship, 10am, Sanctuary
- Saanich Squares, 7pm, Hall

#### Monday, October 14

- Yoga, 10:45am, Hall
- Jazzercise, 6pm, Hall
- Victoria Arion Male Choir, 6:30pm, Sanctuary

#### Tuesday, October 15

- Jazzercise, 8:30am, Hall
- IH Adult Day Program, 9:30am, Hall
- Worship Meeting, 9:30am, Friendship Room
- Zumba, 5:30pm, Hall
- KSI Karate, 7pm, Hall

#### Wednesday, October 16

- Yoga, 10:45am, Hall
- Knitting Group, 1pm, Friendship Room Property Meeting, 3pm, Friendship Room
- Sparks, 5pm, Hall
- Jazzercise, 6pm, Hall
- Stewardship Meeting, 7pm, ZOOM

#### Thursday, October 17

- Jazzercise, 8:30am, Hall
- IH Adult Day Program, 9:30am, Hall
- Zumba, 5pm, Hall
- Cubs, 6:15pm, Hall
- Choir Practice, 7pm, Sanctuary

## Friday, October 18

- Jazzercise, 8:30am, Hall
- Book Club, 10am, Friendship Room
- Chair Yoga, 10:30am, Hall
- KSI Karate, 4:30pm, Hall
- Mavericks Square Dance Club, 7pm, Hall

#### Saturday, October 19

- Jazzercise, 8:30am, Hall
- Zumba, 10:30am, Hall

A reminder that if you require a room for a meeting or activity. please contact the office by phone or email to reserve the space. Thank you.

## Missing

Three terracotta pots and two matching saucers were left on the kitchen counter about three weeks ago. These were for sale with the proceeds to go to our Mission and Service fund. They seemed to have disappeared and we are wondering if anyone knows what has happened to them. Thank you.

- **Compassionate Warehouse** is looking for the following sewing notions and crochet and knitting supplies. Please put donations in the laundry basket in the Narthex and Barbara Shobbrook will deliver them to the Warehouse. Thank you.
- buttons
- measuring tapes
- pins
- needles
- thread
- elastic
- trims
- sewing scissors
- Velcro
- needle threaders
- thimbles
- small tins

- crochet cotton
- knitting wool
- embroidery supplies and kits
- floss
- hoops
- large embroidery needles



# **Volunteer Opportunity**

We are seeking a volunteer to organize the Christmas Poinsettia sales. If you would be willing to take on this fundraising project or would like more information about what is involved, please contact the church office.





The knitting ministry of CBUC will be meeting on Wednesday, October 16 at 1pm in the Friendship Room. You are welcome regardless of your age or ability. Come knit up some love!

For more information contact Jocelyn Jones.

## World Food Sunday, October 20

The world's farmers produce enough food to feed more than the global population yet, hunger persists.

Around 733 million people are facing hunger in the world due to repeated weather shocks, conflicts, economic downturns, inequality, and the pandemic. This impacts the poor and vulnerable most severely, many of whom are agricultural households, reflecting widening inequalities across and within countries.

Food is the third most basic human need after air and water – everyone should have the right to adequate food. Human rights such as the right to food, life and liberty, work and education are recognized by the Universal Declaration of Human Rights and two legally binding international covenants.

The Food and Agriculture Organization of the United Nations (FAO) created World Food Day on October 16, 1945. The goal of the FAO is to free humanity from hunger and malnutrition, and to effectively manage the global food system. World Food Day events are organized in over 150 countries across the world, making it one of the most celebrated days of the UN calendar. These events promote worldwide awareness and action for those who suffer from hunger and help strengthen the link between agriculture and food security. The United Church of Canada recognizes the third Sunday in October as World Food Sunday.

This year Cordova Bay United Church will support the Saanich Peninsula Lions Food Bank who are working to ensure that hungry people in our community get the support, assistance, and help they need.

We will recognize World Food Sunday on October 20, however, for the month of October, we invite your to bring in any food that is *not* expired and worth eating such as:

- Peanut butter
- Canned soup
- Canned fruit
- Canned vegetables
- Canned stew

- Canned fish
- Canned beans
- Pasta
- Rice



# 2025 united church calendars

If you would like to order a 2025 United Church Calendar, please contact Jane in the office to place your order. Calendars are \$11 (a slight increase to cover the cost of tax and shipping) and she will be accepting orders up to October 29.





Our thanks to Barrie Morson, who came in this week and quietly refreshed the entrance to the office. Thanks for your gardening expertise, Barrie.