

FEBRUARY

2021

TEACHER'S REPORT

Welcome to the wonderful month of February. We encourage you to stay active by joining in on your class walks celebrating Alberta's annual Winter Walk Day on February 3rd. Notes have been sent home.

Rhyming with Nursery rhymes and Dr. Seuss has been a favorite of the children so will continue. Preschoolers love games, teaching opposites are an ideal way to help improve your child's vocabulary and ability to communicate. Along with words such as behind and in front we will have fun with Opposites and Movement.

Early learning development generally occurs in a certain sequence and within certain timelines, but there can be a great deal of individual variation from one child to another. Children need environments that foster their overall development without forcing it. We carefully plan different activities through play to provide the age-appropriate concepts being taught (i.e. colors, shapes, numbers, and vocabulary supporting the children's learning outcomes.

As you have noticed name tags have changed to last names for the 4-year-olds. Thank you for helping your child find and say their last name. This helps in the process of school readiness.

Valentine's Day is just around the corner, and we look forward to celebrating by exchanging valentine cards with one another.

WINTER WALK DAYS:

Families are welcome to come for our winter walk in celebration of Alberta's annual Winter Walk Day. **Please note parents must wear masks and be in supervision of any siblings present.** We will be walking for the last 20-25 minutes of each class Tuesday Feb. 2nd, Wednesday Feb. 3rd, and Friday Feb. 5th.

COME JOIN IN THE FUN OF PROMOTING HEALTH AND WELLNESS.



REMINDERS

Family Week: Preschool will be closed February 15th-19th enjoy your time together and stay active.

Parents, please let teachers know of any changes in phone numbers, addresses or medical concerns. We need to keep all information current.

Please continue to send full winter wear, snow pants, mittens, boots etc. as the children will be going outside.

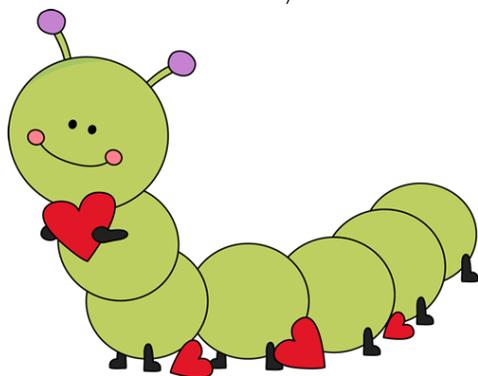
During bad weather conditions, our school will be closed when temperatures drop to -35 degrees (excluding wind chill). Parents, please listen to our local Radio Station for conformation. FM 101.1 or Q105.7

If you have any concerns or questions throughout the year please feel free to contact your teacher at the preschool or email at bpsteachers@brookspreschool.com

SPECIAL DAYS

Valentines Exchange/Parties

Tues. Feb. 9th, Wed. 10th Fri. 12th, encourage your child to wear something **red**, **pink** or **grey**. We will exchange Valentines on these days. Please write **ONLY YOUR CHILD'S NAME** on each valentine to be distributed. If you would also help your child put a valentine in each child's bag, it will make things run smoothly.



Pioneer Villas Delivery

While on our Winter Walk all classes will be dropping off their cards and treats that they made for the seniors in the Pioneer Villas at 426 - 3 Ave. W across the alley from our preschool to share a little friendly Valentine Love. Tuesday Feb. 2nd, Wednesday Feb. 3rd, and Friday Feb. 5th



The Preschool will be holding our annual Cash Raffle Fundraiser in February. Please keep an eye out for booklets and more information.

The cost of each ticket will be \$20.
ALL SOLD and UNSOLD TICKETS
MUST BE RETURNED TO THE
SCHOOL BY FEBRUARY 26TH 2021

Extra tickets are limited

Check out our Website

www.brookspreschool.com

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FAMILY LITERACY TIPS

Family literacy refers to the many ways families develop and use literacy skills, from enjoying a storybook together, to playing word games, singing, writing to a relative or friend, sharing day-to-day tasks such as making a shopping list or using a recipe, and surfing the Internet.

Another fun and easy way to increase vocabulary is to make up a story. Creating stories encourages creative thinking and imagination. Tracing letters provide children with a tray filled with sand, soil, rice, or any other similar material. Encourage your child to trace the letters they see around them.

SPECIAL THANKS

To all the Room Reps who continue to work hard on contacting parents and putting together our monthly schedules.

Thank you to the Takeda family and Heidmiller family for their wonderful donations of new books to our school library.

We also want to say thank you the Brooks community in general, we have all kinds of donations being dropped of that we always find a good use for.

Thank you to all our Preschool parents, grandparents, and other family members who volunteer in class on a regular basis. The children enjoy their special time with their family member helping and it shows you are interested in what they are learning.



**Please
remember
Criminal Record
checks are now
required by law
as of Feb. 1st.**

Snack Attack

Banana Oatmeal Pancakes

Ingredients

- 1 1/2 cups rolled oats or quick oats gluten free if needed; do not use steel-cut oats or instant oats
- 1 1/4 cups mashed banana about 2 very large bananas
- 1/4 cup nonfat plain Greek yogurt plus 2 tablespoons
- 1/4 cup nonfat milk plus 2 tablespoons, or substitute milk of choice
- 3 large eggs
- 1 tablespoon honey
- 1 1/2 teaspoons baking powder I recommend aluminum free
- 3/4 teaspoon ground cinnamon
- 1/2 teaspoon kosher salt
- 1/2 teaspoon ground nutmeg
- Optional for serving: maple syrup, butter, honey, Greek yogurt, fresh fruit, peanut butter, or any other pancake topping you love



Instructions

- If you'd like to keep the pancakes warm between batches, preheat the oven to 200 degrees F.
- Place the oats in the bottom of a blender. Process a few times to grind, then add the mashed banana, Greek yogurt, milk, eggs, honey, baking powder, cinnamon, salt, and nutmeg. (See notes to make this recipe in a food processor instead.) Blend on high speed, stopping to stir a few times as needed, until the batter is very smooth and well combined, about 2 minutes. Let sit 10 minutes.
- Heat a griddle or skillet over medium low. Brush lightly with olive oil or melt a little butter in the pan. Pour 1/4 cup of batter onto the hot griddle into the shape of a heart and cook 3 minutes, until the edges look dry (bubbles may not form on top). Flip and continue to cook for 1 to 2 additional minutes. Repeat with the remaining batter, adding a little more oil to the pan between batches as needed. For perfectly shaped heart pancakes, coat the bottom edges and the insides of a heart-shaped cookie cutter with oil or cooking spray. Lay it on the griddle and pour the batter inside. Cook until the edges are dry, then remove the cookie cutters, flip, and continue cooking as directed. Keep the pancakes warm between batches in a 200 degree F oven, if desired. Serve warm with desired toppings.

Add Chopped fruit and berries to a silicone iced cube tray top with your favorite Greek yogurt, and then freeze for 3-4 hours! Simple, healthy and Delicious!



Frozen Yogurt

BERRY BITES

Wednesday February 3, 2021



Join us!

Register your participation as a group or individual. Learn more at winterwalkday.ca

Open the door and go for it!

Get more active outdoors this winter.

winterwalkday.ca  WinterWalkDay  @WinterWalkDay #WinterWalkDay



BROOKS PRESCHOOL - FEBRUARY 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	Opposites	Opposites Winter Walk Last 20 min. of Class	Opposites Winter Walk Last 20 min. of Class		Opposites Winter Walk Last 20 min. of Class	
7	8	9	10	11	12	13
	Valentine's	Valentine's Fun wear red, pink or grey	Valentine's Fun wear red, pink or grey		Valentine's Fun wear red, pink or grey	
14	15	16	17	18		20
	Family Day No School	Family Week No School	Family Week No School		Family Week No School	
21	22	23	24	25	26	27
	Healthy Habits	Healthy Habits	Healthy Habits		Healthy Habits	
28						

