

I praise you for I am wonderfully made.

You press upon me behind and before and lay your hand upon me. Such knowledge is too wonderful for me; it is so high that I cannot attain to it.

I praise you for I am wonderfully made.

For you yourself created my inmost parts; you knit me together in my mother's womb. I will thank you because I am marvellously made; your works are wonderful, and I know it well.

I praise you for I am wonderfully made.

My body was not hidden from you, while I was being made in secret and woven in the depths of the earth. Your eyes beheld my limbs, yet unfinished in the womb; all of them were written in your book; they were fashioned day by day, when as yet there was none of them.

I praise you for I am wonderfully made.

How deep I find your thoughts, O God! how great is the sum of them! If I were to count them, they would be more in number than the sand; to count them all, my life span would need to be like yours.

I praise you for I am wonderfully made.

2nd Lesson

A Reading from the Letter of Paul to Philemon 1–21

Paul, a prisoner of Christ Jesus, and Timothy our brother, To Philemon our dear friend and co-worker, to Apphia our sister, to Archippus our fellow soldier, and to the church in your house: Grace to you and peace from God our Father and the Lord Jesus Christ. When I remember you in my prayers, I always thank my God because I hear of your love for all the saints and your faith toward the Lord Jesus. I pray that the sharing of your faith may become effective when you perceive all the good that we may do for Christ. I have indeed received much joy and encouragement from your love, because the hearts of the saints have been refreshed through you, my brother. For this reason, though I am bold enough in Christ to command you to do your duty, yet I would rather appeal to you on the basis of love — and I, Paul, do this as an old man, and now also as a prisoner of Christ Jesus. I am appealing to you for my child, Onesimus, whose father I have become during my imprisonment. Formerly he was useless to you, but now he is indeed useful both to you and to me. I am sending him, that is, my own heart, back to you. I wanted to keep him with me, so that he might be of service to me in your place during my imprisonment for the gospel; but I preferred to do nothing without your consent, in order that your good deed might be voluntary and not something forced. Perhaps this is the reason he was separated from you for a while, so that you might have him back forever, no longer as a slave but more than a slave, a beloved brother — especially to me but how much more to you, both in the flesh and in the Lord. So if you consider me your partner, welcome him as you would welcome me. If he has wronged you in any way, or owes you anything, charge that to my account. I, Paul, am writing this with my own hand: I will repay it. I say nothing about your owing me even your own self. Yes, brother, let me have this benefit from you in the Lord! Refresh my heart in Christ. Confident of your obedience, I am writing to you, knowing that you will do more than I say.

*The word of the Lord
Thanks be to God*

Gradual Hymn# 434 *The Love of Jesus Calls Us*

Gospel

*The Holy Gospel of our Lord Jesus Christ according to
Luke 14:25-33
Glory be to thee, O Lord.*

Now large crowds were travelling with Jesus; and he turned and said to them, "Whoever comes to me and does not hate father and mother, wife and children, brothers and sisters, yes, and even life itself, cannot be my disciple. Whoever does not carry the cross and follow me cannot be my disciple. For which of you, intending to build a tower, does not first sit down and estimate the cost, to see whether he has enough to complete it? Otherwise, when he has laid a foundation and is not able to finish, all who see it will begin to ridicule him, saying, 'This fellow began to build and was not able to finish.' Or what king, going out to wage war against another king, will not sit down first and consider whether he is able with ten thousand to oppose the one who comes against him with twenty thousand? If he cannot, then, while the other is still far away, he sends a delegation and asks for the terms of peace. So therefore, none of you can become my disciple if you do not give up all your possessions."

*The Gospel of Christ.
Praise be to thee, O Christ*

The Nicene Creed.....pages 71-72

The Sermon

Offertory Hymn#431 Take Up Your Cross the Saviour Said

Confession and Absolutionpage 76-78

Thanksgiving and Consecrationpages 78-83

Prayer of Humble Access.....pages83-84

Communion

Communion Hymns #479 Christ, the Master Carpenter

#585 Lord, Whose Love in Humble Service

Post Communion Hymn #445 God the Creator

The Lord's Prayerpage 85

Prayer after Communion.....pages 85-86

Father, your word and sacrament give us food and life. May we who have shared in holy things bear fruit to your honour and glory, in the name of Jesus Christ the Lord. Amen.

The Gloria and Blessingpage 86

Recessional Hymn#502 You Are Salt for the Earth

The Peace



Please Pray For

In Our Diocese:

Digby-Weymouth, Nova Scotia

The Reverend Ross Hammond, Priest-in-Charge

The Reverend Jean Austin

Trinity, Digby Church of the Nativity, Sandy Cove

St. Paul's, Marshalltown St. Matthew's, Weymouth Falls

*St. Peter and St. Thomas, Weymouth North
New Ross, Nova Scotia
The Reverend Laura McCue, Priest-in-Charge
Christ Church, New Ross St. Cyprian's, Dalhousie
St. Augustine's, The Forties
All Church School teachers and pupils in our Dioceses.
All our children and their teachers in our Day Schools.
Our Diocesan Prayer Partner The clergy and parishioners of
St. Margaret of Scotland, Robie Street, Halifax*

In Our Parish:

Family Prayer Cycle: Donald and Eleanor Oldegard

Tara and Lindy Penney, Tristin and Abigael

Sherry Richardson

Ruth Ridgley

Charles and Nancy Robson

The sick, especially: Allen Boutilier, Barb Corbin, Kirk Dauphinee, Armand Deveau, Leon Dexter,
Hunter Marsden, Lynden Morris, Bernadette O'Leary, Lillian Weldon and Ed White.

All victims of Human Trafficking and their families and for those working to increase awareness
within our communities.

In Buena Vista:

Father Frans VanderHoff and the people in that community.

This week's bulletin is provided in thanksgiving for:

50 years of marriage

by Dorothy and Mel Dauphinee.