



**ANCIENT ORDER
OF
HIBERNIANS
IN AMERICA**

FEBRUARY 2024

**News for AOH
Fr. Con C. Woolfe Division 1
Ulster County**

P.O. Box 2026
Kingston, NY 12402
www.ulsteraoh.com

Bill Kearney,	Editor
Neil Murray,	Columnist/Historian AOH
Jean Steuding,	Columnist LAOH
Fr. Edmund Burke,	Chaplain AOH Emeritus
Fr. Kevin Malick,	Chaplain AOH
Fr. John Kearney,	Chaplain LAOH
Jim Carey,	President AOH Division 1
Patricia Boyle Jacob,	President LOAH Division 5



NEXT MEETING
SECOND TUESDAY OF
EACH MONTH
FEBRUARY 13, 2024
WHITE EAGLE HALL
6:30 PM



**2024 ST. PATRICK'S
PARADE**
MARCH 10, 2024

**THE PARADE COMMITTEE IS
MEETING ON THURSDAY JANUARY
11, 2024 AT 6:30 PM AT THE OLD
TOURISM OFFICE ON BROADWAY
KINGSTON.**

PLANS ARE IN THE WORKS FOR THE 2024 EDITION OF THE ST. PATRICK'S PARADE. THE COMMITTEE HAS BEEN MEETING AND YOU ALL SHOULD RECEIVE A MAILING FOR JOURNAL ADS SHORTLY. IF YOU KNOW OF ANYONE OR ANY BUSINESS WHO WOULD BE INTERESTED IN TAKING OUT AN AD, PLEASE SEND THEM TO OUR WEB SITE AND DOWNLOAD THE NECESSARY FORMS. REMEMBER, THE JOURNAL ADS PAY FOR THE EXPENSES OF THE PARADE.

OUR PARADE CHAIRMAN JOHN KELLY IS SCHEDULING FUTURE MEETINGS FOR TUESDAYS. PLEASE CONSIDER JOINING THE COMMITTEE AND HELP PLAN THE BEST PARADE IN THE VALLEY.

**CONGRATULATION TO OUR
2024 ST. PATRICK'S
DIGNITARIES**

GRAND MARSHAL



STEVE TERPENING

STEVEN J TERPENING WAS BORN ON 1/3/1952 TO THE PARENTS OF SIMON AND GERALDINE TERPENING. HE WAS A LONG LIFE PARISH HOLDER OF ST. PETER'S IN ROSENDALE N.Y. HE WAS BAPTIZED, RECEIVED 1ST HOLY COMMUNION, CONFIRMED, AND GRADUATED FROM SAINT PETER'S

SCHOOL IN 1966. IN 1970 HE GRADUATED FROM KINGSTON HIGH SCHOOL IN KINGSTON, NEW YORK AND ATTENDED ULSTER COMMUNITY COLLEGE, FOLLOWING GRADUATION. IN APRIL 1974, HE WAS HIRED BY NEW YORK TELEPHONE AND RETIRED FROM THE PHONE COMPANY IN JUNE 2010. STEVEN HAS BEEN A MEMBER OF THE RIFTON FIRE DEPARTMENT SINCE JANUARY 1970 AND WILL BE CELEBRATING 53 YEARS WITH THE COMPANY. STEVEN WAS ASKED BY JIM CAREY TO JOIN THE AOH IN DECEMBER 2000 AND BECAME A MEMBER IN JANUARY 2001. HE IS CURRENTLY A MEMBER OF THE HONOR GUARD AND IS THE STAGE MANAGER FOR THE BILL YOSH STAGE ALONG WITH BILLY TAYLOR FOR THE HOOLEY ON THE HUDSON. STEVEN'S IRISH ROOTS, COME FROM HIS MOTHER, GERALDINE DOYLE. HER FATHER EDMOND, CAME TO NEW YORK FROM DUNDALK. MARGARET HER MOTHER AND GRANDMOTHER, CAME FROM LIMERICK. EDMONDS MOTHER MARIA CAREY WAS FROM TIPPERARY AND HIS FATHER EAMON DOYLE WAS FROM CARRICK ON SUR. I AM VERY PROUD TO BE CHOSEN AS THE 2024 GRAND MARSHALL OF THE ST. PATRICK'S PARADE IN KINGSTON N.Y.

**GRAND MARSHAL
NIGHT**
FEBRUARY 17, 2024
SATURDAY 6:00 PM
WHITE EAGLE HALL
DELAWARE AVENUE
KINGSTON, NY

IRISH PRINCESS



TAMZIN DOYLE

MY NAME IS TAMZIN DOYLE. I AM 12 YEARS OLD AND A SEVENTH GRADER AT MILLBROOK MIDDLE SCHOOL. I AM A PRACTICING PARISHIONER AT IMMACULATE CONCEPTION CHURCH. IN MY SPARE TIME, I ENJOY GOING TO GIRL SCOUT MEETINGS, READING AND HANGING OUT WITH FRIENDS. I ALSO DO IRISH STEP DANCE, AS WELL AS PLAY THE BAGPIPES. MY IRISH HERITAGE ON MY MOM'S SIDE GOES ALL THE WAY BACK TO MY GREAT-GREAT GRANDMOTHER, KATHERINE WHALEN. WHEN SHE WAS JUST 16, SHE IMMIGRATED BY HERSELF FROM IRELAND TO NEW YORK IN ORDER TO FIND A BETTER LIFE. SHE CAME RIGHT FROM COUNTY CARLOW. MY MOM HAS MINIMAL MEMORIES OF HER, AS SHE PASSED WHEN MY MOM WAS YOUNG. ON MY DAD'S SIDE, MY GREAT-GREAT-GREAT GRANDPARENTS CAME FROM COUNTY GALWAY BETWEEN 1867-1870. I AM HONORED TO BE THE 2024 IRISH PRINCESS

BEARER OF ST. PATRICK



CAVAN JURAS

CAVAN JOHN JURAS WAS BORN JUNE 8TH 2016, TO JILL MARY RUTHERFORD AND KENNETH JOHN

JURAS. CAVAN HAS TWO PROUD SISTERS, NOLA AND FIADH. CAVAN, NAMED FOR THE COUNTY WHERE HIS MATERNAL GREAT GRANDMOTHER MOYA O'REILLY FLYNN WAS BORN, IS PROUD TO REPRESENT HIS IRISH HERITAGE. CAVAN'S TIES FROM IRELAND INCLUDE HIS GREAT GRANDPARENTS BEATRICE (NÉE GAFFNEY) BORN AND RAISED IN COUNTY MAYO AND JAMES MCCOY FROM COUNTY ARMAGH, HIS GREAT GREAT GRANDFATHER JOHN FLYNN WHO HAILED FROM LIMERICK, AND HIS AFORE MENTIONED GREAT GRANDMOTHER MOYA.

CAVAN IS A SECOND-GRADE STUDENT AT KINGSTON CATHOLIC SCHOOL. HE ENJOYS SOCCER, BUILDING WITH LEGOS, READING NATIONAL GEOGRAPHIC BOOKS, BEING OUTDOORS AND SPENDING TIME WITH HIS FAMILY. CAVAN, WHO IS KNOWN FOR HIS SMILE AND GOOD HUMOR, IS HONORED AND EXCITED TO SERVE AS THIS YEAR'S BEARER OF SAINT PATRICK.

MAYOR OF THE DAY



PATTI GILPATRIC

I PATRICIA (PATTI) GILPATRIC A LIFELONG KINGSTON NATIVE FEEL SO BLESSED TO RECEIVE AOH MAYOR OF THE DAY HONOR. & CAN'T WAIT FOR ALL IT ENTAILS. THANK YOU TO ALL INVOLVED! I AM THE PROUD DAUGHTER OF JAMES F. (DIGGER) GILPATRIC (4 GENERATIONS (+ HISTORY) OF UNDERTAKERS, HIS MOTHER, MARIE MURPHY WAS NYS YOUNGEST FEMALE LICENSED UNDERTAKER) AND JEANNE M. MCCUTCHEON RN GRADUATE FROM BENEDICTINE SCHOOL OF

NURSING LIKE HER MOTHER, JANET. SO, WITH THE MARRIAGE OF GILPATRIC/MCCUTCHEON MY ROOTS ARE OBVIOUSLY FROM IRELAND AND SCOTLAND. ON MY BUCKET LIST DREAM TRIP TO EMERALD ISLE, I RESEARCHED TO FIND THE GILPATRICK'S WERE 1ST PART OF THE "BORDERLAND" CLANS OF SCOTLAND & ENGLAND. CONFLICT & FEUDING IN THESE ANCIENT TERRITORIES UNITED THESE CLANS AND THEY HAD THEIR OWN "LAW CODE" WITH EMPHASIS ON NEIGHBORS ASSISTING IN RECOVERING PROPERTY. IN 1603 THE SCOTTISH PARLIAMENT CONDEMNED CERTAIN FAMILIES FOR LAWLESSNESS AND BEGAN BREAKING UP THE OLD BORDER CODE, FORCING THEM TO SIGN AN "UNDERTAKING" TO REMAIN PROTESTANT & LOYAL TO THE CROWN, THUS BECOMING KNOWN AS THE "UNDERTAKERS"! HOW IRONIC. THEY WERE DISPERSED & GRANTED LAND IN IRELAND PREVIOUSLY HELD BY CATHOLIC IRISH OR SENT DIRECTLY TO THE NEW WORLD MOST OF MY FAMILY CAME FROM COUNTY CORK IRELAND AND SETTLED IN MAINE & MA 1800'S EVENTUALLY SETTLING IN THE HUDSON VALLEY. MY THRICE GREAT AUNT WAS MAME MOLLOY WHO UPON THE DEATH OF HER FIANCÉ, BECAME A BENEDICTINE NUN (SISTER ALOYSIA) WHO WAS FOUNDRRESS OF THE HOSPITAL ON HER COUSIN'S O'REILLY'S PROPERTY. MY GREAT GRANDFATHER JAMES M. MURPHY WAS PRESIDENT OF LOCAL AOH AND A MEMBER OF THE FRIENDLY SONS OF ST. PATRICK WHICH HE MARCHED IN THE NYC PARADE FOR YEARS. MY TRIP WAS AMAZING & ALL THOSE STORIES DAD TOLD ME OF THE IRISH BEAUTY, TRADITIONS, CULTURE, SCENERY, AND FRIENDLY FOLKS WERE ALL TRUE! FAMILY NAMES INCLUDE MURPHY, SMITH, MOLLOY, MCCAFFERY, NEENAN,

GRIMES, RIGGINS, GILPATRIC, McCUTCHEON. SO, WHEN YOU HEAR ME SAY HI COUS...I REALLY MEAN IT :)

GROWING UP ABOVE THE FUNERAL HOME ON BWAY, I LEARNED TO RIDE MY BIKE IN THE NEW DOUBLE LEVEL CHURCH PARKING LOT. AND MY NEIGHBOR FRIENDS WERE THE PRIESTS AND NUNS. I WAS THE 1ST GRADUATING CLASS OF KINGSTON CATHOLIC SCHOOL, THEN KHS, SUNY AND CHOSE A CAREER AS A DIETITIAN IN HEALTHCARE. 40+ YEARS AT THE HOSPITALS WHERE I ALSO SERVED AS A EUCHARISTIC MINISTER. I SERVED ON THE NYS DIETITIANS ASSOC. ASSEMBLY & WAS PRESIDENT OF THE MID-HUDSON DIETETIC ASSOCIATION. I'M AN AVID VOLUNTEER. I JOINED LAOH IN 2015 & WAS PRESIDENT FOR 2020 & 2021. SUCH A JOY TO BE A PART OF, MY FAVORITES ARE THE HOOLEY, THE 20 WK. CLUB GOLDEN WHEEL TRAVELS, & GETTING THE AOH/LAOH BRED A McMAHON MEMORIAL LIBRARY SET UP IN THE ST. MARY'S OFFICE BUILDING. AS PARENTS KNOW MY TRUE UNMEASURABLE LOVE THE PAST 38YRS DOING ALL I CAN BEING MOM TO MY JAMIE & LUCAS AND GRANDMA TO MY JACOB & BENJAMIN. I TRULY ENJOY LIFE, PEOPLE, & TIME WITH FAMILY & FRIENDS. MAY NEIGHBORS RESPECT YOU, TROUBLE NEGLECT YOU, THE ANGELS PROTECT YOU, & HEAVEN ACCEPT YOU



ST. PATRICK'S PARADE JOURNAL

AS YOU KNOW EACH YEAR, WE PUBLISH A PARADE JOURNAL TO HELP PAY FOR THE PARADE EXPENSES. PLEASE TAKE AN AD AND ALSO PLEASE SELL AN AD THE ST. PATRICK'S PARADE IS NOT

FREE TO PRODUCE; WE NEED ALL OF THE HELP YOU CAN GIVE US.

SELL THOSE ADS!! THIS IS THE WAY WE PAY FOR THE PARADE LET'S MAKE SURE THIS CONTINUES TO BE THE GRANDEST PARADE IN THE VALLEY!!!

PUT THESE DATES ON YOUR CALENDAR!

FEBRUARY 17, 2024
SATURDAY 6:00 PM
GRAND MARSHAL NIGHT
WHITE EAGLE HALL
MARCH 9, 2024
MASS 4:00 PM
ST. PETERS ROSENDALE
MARCH 10, 2024
KINGSTON ST. PATRICK'S PARADE
STEPS OFF AT 1:00 PM
FROM THE KINGSTON PLAZA
MARCH 15, 2024
MAYOR OF THE DAY
MASS ST. MARY'S CHURCH 9:00 AM
MAYOR OF THE DAY CEREMONY
KINGSTON CITY HALL
10:00 AM
MAYOR OF THE DAY LUNCHEON
NOON
THE VENUE UPTOWN (BEST WESTERN), 500 WASHINGTON AVE., KINGSTON, NY 12401
BUFFET MENU, TRADITIONAL FULL CORNED BEEF MEAL, LENTEN NON-MEAT PASTA, VEGETABLE SHEPHERD'S PIE, TOSSED SALAD, DESSERT/FRUIT TABLE

\$40.00PP W/CASH BAR
RSVP/ASAP:
PAYMENT MUST BE RECEIVED BY SATURDAY FEBRUARY 24, 2024

PLEASE MAKE RESERVATIONS BY MAILING PAYMENT TO: LAOH PO BOX 2432 KINGSTON, NY 12402
ANY QUESTIONS CONTACT GINGER MILLS (845) 430-7301



THE HISTORIAN'S CORNER

Neil Murray

The Edge of the World & Early Irish Christianity – Saint Palladius

The oldest known map of Ireland was made in Venice by the Italian navigator and cartographer Grazioso Benincasa. The 600-year-old map and subsequent Italian atlases refer to Ireland as "Irlanda que Ibernica dicitur" ("Ireland which is called Hibernia"). Ireland was considered the edge of the known world. The west coast of Ireland being a frontier much like that of outer space. There is little doubt that the great apostle of Ireland, Saint Patrick, is responsible for the widespread conversion of the Irish people to Christianity. There is also little historical doubt that he was not the first Christian missionary sent to the island of Hibernia. That honor belongs to St. Palladius. Contrary to mythology, Saint Patrick was not the first Irish missionary. Very little is known about Saint Palladius making his story all the more interesting. He was most likely born in Britain around 400 A.D. Prior to becoming a deacon, it is said he married at a young age and had one daughter. He would have been familiar with the Celtic languages as he

had connections to the Church of Gaul.

The year 431 A.D. was an important one for Palladius. Palladius himself was ordained a bishop by Pope Celestine and given his first mission. Palladius was sent to the edge of the known world – the island of Hibernia. According to known chronicles around the year 431 A.D, Palladius was consecrated by Pope Celestine and sent to the Irish believing in Christ, as their first bishop. Early Roman historians noted:

“By ordaining a bishop for the Irish, whilst he [Pope Celestine] labored to keep the Roman island Christian, he made also the barbarous island Christian” and, “To the Irish believing in Christ, Palladius ordained by Pope Celestine, was sent as their first bishop”.

These interesting quotes confirm Irish Christianity that pre-dates Patrick. It also indicates a slow conversion. The life of Saint Ciaran (Kieran) also shows possible pre-Patrick Christian Ireland. But this account cannot be taken as fact as we see the first written account of Ciaran in the twelfth century.

Saint Palladius was not welcomed by the pagans of Ireland. Beginning his mission in Wicklow, he was forced around the coast and eventually to the North of Ireland. Where Palladius ran into problems, Patrick met with unrivalled success and has become recognized as the man who converted Ireland to Christianity and as the patron saint of Ireland.

Even less is known about Palladius in later life. It is believed the pagan high kings of

Ireland drove Palladius to Scotland. But we also find historical references such as “St. Palladius, seeing that he could not do much good there, wishing to return to Rome, migrated to the Lord in the region of the Picts. Others, however, say that he was crowned with martyrdom in Ireland”. Saint Palladius mission to Ireland is considered a failure and his legacy is significantly overshadowed by Saint Patrick. Upon reflection we can concur the success of Saint Patrick was in part aided by the foundations set by Saint Palladius, the first bishop of Ireland.

Slainte, Neil



THE IRISH SHOW

Every Sunday Morning at 8:00 AM WKNY with Ken and Anna Brett. www.radiokingston.org
1490 AM 107.9 FM



PRAYERS FOR THE SICK

Please keep in your prayers all our members who may be experiencing ill health. Please keep in your prayers Eric Hansen, Frank Egan, Fr. Edmund Burke, Larry Dunne, Bill Murphy.



DUES-DUES--DUES DUES ARE DUE FOR 2024

The bills for the 2024 were sent out to the membership. Please pay as soon as you can, we need your help this year more than ever. Our dues are very

reasonable at \$25.00 per year. Or you can pay at the next meeting. Keep up your support for our efforts to educate our kids and the general public about our great culture.

Remember we need to pay for all those on our membership list for National and State Dues.

Send your dues and also for any other prior years to:

UCAOH Div 1
PO Box 2026
Kingston, NY 12402



Sponsor someone for membership. Applications are on the website and dues are only \$25.00 per year.

Keep searching out those Irish sons that qualify for membership. Dues mailing is out and dues are coming in. Thank you to all and please pay your dues.

Remember-

There are no strangers here; Only friends you haven't yet met.
W.B. Yeats



AOH JUNIOR DIVISION

As always, we need your help to spread the word. Nephews, Cousins, Grandsons, Family Friends... we need them all to join! Please help keep the AOH alive by infecting our youngsters with the same beliefs and cultural richness as we have! Any input and assistance are welcomed!!



TIN WHISTLE LESSONS
Saturday Mornings
Arace, Broadway, Kingston, NY

Did you ever want to learn to play the Tin Whistle? Well, you are in luck. Our very own Shea Gallagher who is a Piper in the band is conducting Tin Whistle lessons at Arace just after pipe practice Saturday Mornings. Class is 5 weeks. Bring your own tin whistle or we have them for sale. Give a call 845-338-6622 and get the details as to what you need to start.



PIPE, DRUM AND HONOR
GUARD NEWS

Scott Benson

Feel free to join us at any event and all are welcome to come and learn Saturday mornings with Jim Carey or with the band at Monday night practice.

The Pipes, Drums or participate as part of the Honor Guard you are welcome. Call for information about the band. Please contact Jim Carey or Robin Carey at 338-6622 or any member of the band. Bagpiping Lessons 8-9 AM, 357 Broadway Kingston



ULSTER COUNTY AOH
DIVISION 1
FACEBOOK & INSTAGRAM

THIS HAS BEEN REBUILT.
YOU SHOULD SEE NEW
PAGES AND NEWS

- Facebook:
<https://www.facebook.com/UlsterAOH>

We also have pages setup for the Irish Cultural Center Hudson Valley. They can be found at:

- Facebook:
<https://www.facebook.com/ICCHudsonValley>
- Web: <http://www.icchv.org>
- Instagram @icchudsonvalley

Finally, if you have any pictures, events, or announcements you would like to have posted on the AOH or ICC Facebook pages, please send a message to either Facebook Account.



IRISH CULTURAL CENTER
(ICC) - HUDSON VALLEY
www.icchv.org

IRISH CULTURAL CENTER
CONSTRUCTION

The ICCHV building project keeps moving forward. You may see some activity at the upper site (Parking Lot) we are preparing this site so we can stage materials etc. to start our project in full.

Stay tuned. We need to organize a building construction-fund raising committee that will augment the grant funds so we can complete the building. Please let us know if you can help on this committee. Stay tuned exciting times are coming.

The Grand Irish Concert on November 25 was a great success. Attended by 127 people the venue at ask was full to capacity. We need to thank Dan Carey and his committee for organizing this great event, the City of Kingston for contributing the finds. Dave Doyle for the great food, T McCann for organizing

the music. It was a great time. Thank you one and all
The ICCHV will be presenting additional great Irish cultural events in the next few months.



GAELIC CLASSES

Gaelic Classes conducted by our own Bob McDonald Classes are each Friday – Gaelic in the Glen, online language classes 5:30pm Beginner 6:30pm Intermediate



TRAD SESSIONS

Trad Sessions at the Ole Savannah Restaurant continue on the first Sunday of each month.

NEXT SESSION

Sunday, February 4, 2024 - Irish Trad Music Session 2-4pm Ole Savannah Southern Table & Bar

Mile buiochas (A thousand thanks) and we look forward to seeing YOU at the sessions this Fall!!

Check out the ICCHV website ICCHV.ORG support our loyal sponsors. Thank you. Keep Moving Forward!!



LAOH DIVISION 5
NEWS

Jean Steuding

NEXT MEETING

FEBRUARY 6, 2024

St. Mary's St. Peter's

Our annual Mass in honor of St. Brigid is scheduled for February 6 at 5:30 p.m. Our January/February meeting will follow immediately after Mass. Our next BIG function is Grand Marshal Night on Saturday, February 17, at the White Eagle

Hall at 6 p.m. with the ceremonies beginning at 7 p.m. Patti Gilpatric, our very own mayor, will be honored along with the Grand Marshal, the Irish princess and the Bearer of St. Patrick. It is a fun night! The LAOH are the hostesses of this event, and we need volunteers to bring desserts, finger foods, etc., and to set up and clean up. This will be discussed at the meeting. The St. Patrick's Day Parade is scheduled for March 10. Details will also be discussed at the meeting on February 6. The Mayor of the Day luncheon will be held on Friday, March 15. Mass will be celebrated at St. Mary's St. Peter's at 9:00 a.m. After the Mass, we are invited to the City Hall for coffee and refreshments. The mayor will read a proclamation honoring Patti, and she will raise the Irish flag. At 12:00 noon, the 35th Mayor of the Day luncheon will be held at the Venue Uptown (Best Western), 500 Washington Avenue, Kingston. The menu will include a buffet with a traditional full corned beef meal, a Lenten non-meat pasta, vegetable shepherd's pie, tossed salad, and a dessert/fruit table. The cost is \$40 with a cash bar. RSVP asap. Reservations as well as payment (made out to LAOH) must be received by Saturday, February 24, and mailed to the LAOH, PO Box 2432, Kingston, NY 12402. Any questions should be directed to Ginger Mills at 845-430-7301. Patti says "understandably if you cannot attend, say a prayer and raise a toast". Please pray for our sick including Fr. Burke and Kathleen Houghtaling. Very recently, two of our sisters, Cathy Howard and

Pat Netter, went home to God. They, along with Mary Spada and Mildred McCormick, who died recently, were wonderful nurses, but in heaven where there is perfect love, happiness, health and peace, they can just bask in its beauty where no one is sick or suffering. God must have wanted more nurses to be with Him! Our condolences to Christine Howard, Cathy's sister, and all those who knew and loved her and to our sister, Patty Gavis, Pat's daughter, and all her loved ones. Cathy and Pat, you will be missed. Believe it or not, a hint of spring is in the air because we are already planning our St. Patrick's season festivities. I think everyone always look to the St. Patrick's Day parade as a foreshadowing of spring, so start counting the days and plan to take part in all our activities. This month beginning February 14, Ash Wednesday, marks the beginning of Lent which also means Easter isn't too far away. Try to make this Lent a special time in preparation for The Feast of the Resurrection! By your love for God and your sacrifices, may you find peace during this season. God Bless Us All! PRAY FOR PEACE!



Slow-Cooker Corned Beef and Cabbage

Martha Stewart Test Kitchen



Brie Goldman

Our most popular corned beef recipe makes it easy to get tender meat and vegetables that are cooked just right—and its hands off.

The recipes developed by our test kitchen team have undergone a rigorous process of development and testing, ensuring that every element is optimal, from ingredient amounts to method and cooking time. This process includes triple-testing recipes to ensure they meet our high standards. The many stellar cooks and food editors who have been part of our team include Sarah Carey, Lucinda Scala Quinn, Jennifer Aaronson, Shira Bocar, Anna Kovel, Greg Lofts, Riley Wofford, Lauren Tyrell, and Lindsay Leopold.

Prep Time: 15 mins

Total Time: 5 hrs 15 mins

Servings: 6

Making corned beef and cabbage in the slow cooker is the easiest way to enjoy this St. Patrick's Day favorite. Our recipe requires just 15 minutes of prep—then the slow cooker does the work.

There's no simmering pot on the stove to watch; the meat, carrots, onions, potatoes, and cabbage cook for between five and 10 hours, depending on whether you use the low or high setting. We add the cabbage wedges after the root vegetables, since they take less time to soften. This ensures they are still green and appetizing, but tender when this meal in one is ready to serve.

Slow-Cooker Corned Beef and Cabbage

Our All-Time Favorite Corned Beef and Cabbage Recipes for St. Patrick's Day

What Is Corned Beef?

The name is confusing—corn is not used in curing corned beef. Corning is actually a type of salt curing. The meat, typically a brisket, sits in the salty brine for at least a week. You can corn beef at home, but many home cooks prefer to buy an already cured beef to cook. The corned beef is cooked long and slow—and the result is a tender piece of meat.

Why Is It Called Corning?

Hundreds of years ago, long before modern refrigeration, meat was dry cured, which preserved it. One method used coarse pieces of salt that were sometimes as large as kernels of corn; fittingly, they were called corns of salt. The process that used these large pieces of salt became known as corning. Today, corned beef is cured in a brine rather than with corns of salt, but the name remains.

Corned Beef vs. Pastrami

Both corned beef and pastrami are made from brisket and both are salt cured. But pastrami comes from the fatty naval end of the brisket and is smoked after curing, whereas corned beef is boiled after the curing process.

How to Shop for Corned Beef and Cabbage for Your St. Patrick's Day Meal

The Right Way to Slice Corned Beef

Cutting corned beef correctly makes all the difference. Slicing the meat against the grain—which is the same technique you'd use for steak—makes it more tender. Cutting with the grain results in tough slices. Let the corned beef rest for 10 minutes once it is finished cooking. This allows time for the meat juices to redistribute. If you

slice corned beef immediately, the juices will seep out and the meat will seem dry.

Place the corned beef fat-side down on a chopping board. Use a sharp carving knife to remove any excess fat, if desired.

Slice the corned beef against the grain.

Ingredients

2 celery stalks, cut into 3-inch pieces
3 carrots, cut into 3-inch pieces
1 small yellow onion, cut into 1-inch wedges (root end left intact)
½ pound small potatoes, halved if large
6 sprigs thyme
1 corned beef brisket (about 3 pounds), plus pickling spice packet or 1 tablespoon pickling spice
½ head Savoy cabbage, cut into 1 ½-inch wedges
Grainy mustard, for serving

Directions



Brie Goldman

Slow-Cooker Corned Beef and Cabbage ingredients

Place vegetables in slow cooker:
In a 5-to-6-quart slow cooker, place celery, carrots, onion, potatoes, and thyme.

step 1: Slow-Cooker Corned Beef and Cabbage



Brie Goldman

Add corned beef:

Place corned beef, fat side up, on top of vegetables and sprinkle with pickling spice.

Step 2 - Add Corned Beef

Add water and cook:

Add enough water to almost cover meat (4 to 6 cups). Cover and cook on high until corned beef is tender, 4 ¼ hours (or 8 ½ hours on low).

Step 3 - Add water to crockpot



Brie Goldman

Add cabbage and cook:

Arrange cabbage over corned beef, cover, and continue cooking until cabbage is tender, 45 minutes (or 1 ½ hours on low).

Step 4 - Add cabbage and cook

Slice corned beef:

Thinly slice corned beef against the grain.

Step 5 Sliced corned beef

Serve:

Step 6 - Slow-Cooker Corned Beef and Cabbage

Serve with vegetables, cooking liquid, and grainy mustard.



Brie Goldman

ICCHV presents

GAELIC IN THE GLEN

Fridays 5:30pm Beginner, 6:30pm Intermediate



Online Gaelic language classes with
in-person activities. Learn to speak, write, and
sing songs in Gaelic, the beautiful language of
Ireland and Scotland.

Contact Bob to register: bobdomhnallach10@outlook.com



www.icchv.org
[@icchudsonvalley](https://www.instagram.com/icchudsonvalley)

\$80 Adults, \$70 Seniors
\$50 ICCHV/AOH members
Free to students K-college

ICCHV presents

IRISH TRAD MUSIC SESSION

First Sunday of each month, 2-4pm
All ages and levels welcome!



Join us for a traditional Irish music jam session.
Bring an instrument and join the music, or join
the audience and enjoy the show!

Ole Savannah Southern Table
100 Rondout Landing, Kingston



www.icchv.org
[@icchudsonvalley](https://www.instagram.com/icchudsonvalley)

ole Savannah
★ SOUTHERN TABLE & BAR ★



ANCIENT ORDER
OF
HIBERNIANS
IN AMERICA

P.O. Box 2026
Kingston, NY 12402

Hibernian Motto

Friendship, Unity and Christian Charity
(Cairdis, Aontacht agus, Chríostaí Carthanais)

Keep the Faith
(Coinnigh an Faith)

Is Cuimhin Linn
(We Remember)

