

TEACHER'S REPORT

WELCOME TO PRESCHOOL

Mrs. Bruce & Mrs. Bolt

We are happy to welcome new and returning families to our preschool. We look forward to getting to know each child and fostering in them a love for learning. We have a lot in store for this year and will be sending out a monthly newsletter including a calendar of events.

During our first few weeks we will focus on learning daily routines, safety guidelines and settling into the classroom. September will also be about learning about each other, our families and our 5 senses.

Please familiarize yourself with the contents of the Parent Handbook provided at registration. You will find it full of valuable information regarding snack requirements, sickness policy, discipline, and parent volunteer duties. These items will also be covered during orientation days including the Alberta Health guidelines to help keep us all safe.

We are pleased to announce a new classroom assistant Mrs. Karen Bolt, she will be working with Mrs. Bruce in all the classes. Mrs. Jackson will be joining us as substitute support staff for all the classes this year.

As teachers our goal is to best prepare your child for the world in which they will function in their later years. We provide a warm, happy and enriching environment, where the children are free to develop and grow, physically, mentally, and emotionally at their own individual pace. The skills and habits that your child will acquire in the classroom will last a lifetime, and will help to develop a good base, socially and intellectually.

A Typical Day!

Here is an outline of daily activities for a typical day in our School:

<u>3hr. Class</u>	<u>2.5 hr. Class</u>
8:45am	8:45am Arrival (Sign In & Name Tags)
9:00am	9:00am Welcome Circle (Topic of the Day/Story)
9:25am	9:15am Expressive Art/Discovery/Activity Play based learning
10:35am	10:25am Cleanup/Transition/Wash Hands
10:45am	10:35am Snack & Clean up
11:10am	10:55am Circle Time/Skill building (show & tell & games)
11:40am	11:10am Gross Motor/Music & Movement (Outside, Weather Permitting)
12:00pm	11:30am Home Time (Sign Out)

ARRIVING AT PRESCHOOL:

Each preschooler will have a cubby coat hook area assigned to them in the hall. Children can place their personal belongings there while they are in class, and this is where artwork and notices will be placed for collection by parents. **REMEMBER** to sign your child IN and Out on the attendance sheet near the office.

REGISTRATION PAYMENT METHODS

Please email the preschool ASAP with your preferred method of payment for registration.

Options:

1. Pay in full and receive a 10% discount if paid by September 30th (subtract first month payment made from the discount amount)
2. Pay by post-dated cheques. Please have them in by September 15th
3. Monthly payments are also provided through E-Transfer or Debit/Visa/MC at the Preschool by the 15th of each month. NOTE: \$10.00 late fees apply to missed monthly payments.

Your October payment would be due by September 15th .



SPECIAL DAYS

Sept. 15, 16 & 18 Children may wear Red/Yellow/Blue

Sept. 22, 23 & 25 All classes will go on their Nature Walks

Sept. 22 Tues. class we will walk around the block and discover the leaves and trees on the front lawn area, talking about our 5 senses and doing some bark rubbing. Last 15 minutes of the day.

Sept. 23 & 25 Wed and Fri. Classes will be going on a short fall Nature walk to Park on 5th Street West for children to discover the changes to our earth, discovering leaves and other fall items. We will leave the Preschool at 9:10 a.m. – 10:10 returning to school for Art/Circle Time and Snack

Board of Directors

Chair: Adrienne Beaudry

Vice Chair: Chelsea Opperman

Treasurer: Justin Cox

Assistant Treasurer: Casey Johnson

Registrar: Charli Heidmiller

Assistant Registrar: Keeley Cyr

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Parent Resources: Stephanie Campbell

Teacher Liason: Ines Zoric

Supplies: Sozana Gill

Room Representatives:

Kayleen Judson Mon/Weds

Melissa Draper Tuesday

Kolbi Pfeifer Friday

WAYS TO PREPARE

- Talk positively about preschool. If your child sees that you like preschool, he or she will be more apt to develop positive feelings about school too.
- Place a photo in your child's snack as a surprise and a reminder of how much you care.
- By saying something like "Have fun, I'll be back soon, and you can tell me all about what you did today," you can make the transition much easier.
- Say good-bye lovingly yet quickly and cheerful, even if your child is tearful. Always reassure your child that you will be back at the end of preschool time.

Talk with your child's teacher and discuss any concerns. We will be happy to work with you to make the most of your child's preschool experience.



LITTLE REMINDERS

Parents please let teachers know of any changes in phone numbers, addresses or medical concerns. We need to keep information current.

Respecting Privacy: we ask that you respect students by not posting pictures that include other children on social medias such as Facebook, Instagram, etc. unless you have the parent's permission to do so.

Fire Safety/Licensing Regulations – Shoes/slippers must be worn at all times while at Preschool. It is also a regulation that no hot drinks (coffee, tea, hot chocolate, etc.) are allowed in the Preschool, during school hours.

Doors at the preschool we will open earlier than usual 8:30 for staggered entrance. Pick up times are 11:30/12:00 **doors will remain locked until then.** If you need to pick up your child earlier, please ring the doorbell.

Parent Helper Days - Please make sure arrangements are made for siblings when it is your day to help. **Volunteer parents must wear a mask,** you can bring your own or disposable masks will be provided. Again, *due to licensing regulations,* other children in the class will change our adult to child ratio.

Show and Tell – We ask that there only be one toy or special item per child as we often run out of time. Suggestions are favorite toys, art, photos and nature items. **During our pandemic period, the children will not be allowed to touch the items.**

Play Zone – Be advised, children paint, use markers, and glue at school. We recommend that you DON'T dress your child in their best clothes as stains are a possibility.

Art Tables Children choose from a variety of items to create whatever they like to create or paint. We encourage parents to praise their children for their efforts as they see their progress of development. Artwork must be taken home each day following health guidelines.

Scholastic Books: Sales help raise funds/points for teacher to purchase new books and materials for the classroom. **More information to follow to order online.**

REMEMBER you must complete the daily screaming and sign your child in and out of class on the attendance sheet when you drop off and pick them up.

REMEMBER to clean out their cubby area of all personal belongings and artwork at the end of each day

If you have any concerns or questions throughout the year please feel free to contact Mrs. Bruce at the preschool or email her at bpsteachers@brookspreschool.com

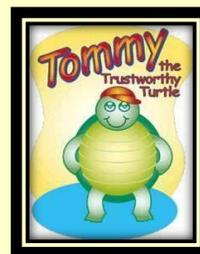
CHARACTER EDUCATION

The "Six Pillars of Character" are Trustworthiness, Respect, Responsibility, Fairness, Caring, and Citizenship, and then under each of those, there are many "sub-pillars" like cheerfulness, friendliness, forgiveness, sharing, kindness, helpfulness, honesty, courtesy, and so on.

TRUSTWORTHINESS

Your preschooler will meet Tommy the Trustworthy Turtle and be encouraged through stories, songs and activities to:

- Tell the truth
- Follow the rules
- Not take things that don't belong to him
- Do what he says he'll do-keep his promises. When you think about teaching your children to be trustworthy, you must remember it does not happen overnight. Instead, trustworthiness and good character are something you should model for your children every day because you are the most important and influential teacher your child will ever have.



Meet our Teaching Team



Mrs. Anita Bruce Teacher/Administrator

Anita Bruce has been employed by the Brooks Preschool as Teacher/Administrator for the past 22 years. She received her certificate in Early Learning and Child Care training through Bow Valley College and a certificate in Life Skills Training from the Alberta Vocational College.

She is involved in leadership, policy development, promoting early learning, and programming and professional development provision. Over the past 30 years she has dedicated her life to working with children from Preschool to Junior High age.

Anita is a mother of 4 children and has 6 grandchildren. Her community involvement includes the Brooks/County of Newell Early Childhood Development Coalition, Children's, and Women's Ministries in her local church BEFC and Brooks Health Care Services.

She believes that in order for children to grow and develop to their full potential they need opportunities in all areas of development; social, physical, intellectual, cognitive, and emotional. It is her ongoing desire to provide an enriching, safe and fun learning environment where each child is valued. She is passionate about early childhood education and firmly believes that we are touching the future when we invest in our children.

Police Record Checks

The Brooks Preschool is highly recommending that each parent volunteer have a criminal record check completed and brought into the school as soon as possible. Letters are to be handed out during orientation making this check free of charge for all our volunteers.



Karen Bolt Educational Assistant

My name is Karen Bolt and I will be joining the Brooks Preschool as the Educational Assistant this year. I have background in Early Childhood Education and also in Recreation. In the past I have worked in day cares, ran my own day home for 7 years and worked at SPEC Association in the Parent LINK Centre.

I am happily married and have 2 teenage children who also attended the Brooks Preschool. I love to scrapbook, hike, camp and kayak in my spare time.

I am looking forward to building a relationship with your child. I am going to enjoy seeing them play and grow intellectually and meet development milestones.

Check out our Website

www.brookspreschool.com



Find and Like us on Facebook

<https://www.facebook.com/inspiringplaly/>

Private Facebook Groups _____ Room reps have been busy creating schedules for parent helpers and creating private Facebook groups for each class, watch for the link in your Facebook messenger.

Snack Attack!



Apple French Toast Roll-ups

Ingredients

Makes 10-12 roll-ups

- 2 medium apples, peeled, cored and cut in small pieces
- 1/2 tsp (1.5g) cinnamon
- 2 tsp (10ml) lemon juice
- 2 eggs
- 3 tbsp (45ml) milk
- 10-12 toast bread slices
- 4 oz (120g) cream cheese, room temperature
- 1/3 cup (67g) sugar
- 1 tsp (3g) ground cinnamon
- 2 tbsp (28g) butter, for cooking

Directions

1. Place apple pieces, cinnamon and lemon juice in a small saucepan. Cook over low-heat for about 3 minutes, until apples start to soften. Transfer apples into a bowl and set aside to cool until ready to use.
2. In a bowl combine sugar with cinnamon and set aside. In another bowl beat eggs with milk and set aside.
3. Remove crust from each slice of bread and flatten using a rolling pin.
4. Spread cream cheese evenly on each slice of bread.
5. Add about 1-2 tsp of apples and roll up each slice.
6. Heat a non-stick pan over medium heat and melt about 1 tbsp of butter.
7. Dip each roll in egg mixture and cook on each side until golden brown. Cook 3-4 roll at a time. Clean the pan slightly with a paper towel and repeat until all rolls are cooked.
8. Roll into the sugar cinnamon mixture.
9. Serve warm and dip in maple syrup if desired.



Fun and Fruity Little Froggy

What you'll need:

- 1 granny smith apple
- 2 cucumber slices
- 2 dried currants
- 1 green grape
- black food safe marker or black food colouring
- 2 pink circle-shaped sprinkles
- 2 black sesame seeds
- sharp kitchen knife

Directions:

1. Cut a large slice off your green apple, stopping right before the core. Place this piece, green side up, on your plate for the frog's head.
 2. Make another slice off the apple on the other side of the core. Carefully cut the sides off the core piece and discard the core. Slice these pieces into 2 thin and small slices for the frog's arms. Place these arms on the frog's body.
 3. Cut the remaining apple piece into 2 pieces. One piece will be the frog's body. Place this on the plate underneath the head.
 4. Take the last piece of green apple and cut it into 2 oval shapes. Place these, green side up, beside the frog's body for the frog's legs.
 5. Grab your 2 cucumber slices and place them on the frog's head for the eyes. If you're having trouble getting the eyes to stay you can use toothpicks to hold them in place.
 6. Place your black currants on each cucumber slice for the eyes.
 7. Slice your green grape into four thin slices. Place these slices on your frog for the hands and feet.
 8. Place two pink circle-shaped sprinkles on each cheek of the frog.
 9. Place two black sesame seeds on the frog's face for the nose.
 10. Finally, take your black food-safe marker, or some black food colouring and a toothpick and draw on a smile!
- This little froggy sure is fun! Give it a try, I bet your kids will love it!

BROOKS PRESCHOOL - SEPTEMBER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Orientation Welcome to Preschool Room Reps will call with times	2 Orientation Welcome to Preschool Room Reps will call with times	3	4 Orientation Welcome to Preschool Room Reps will call with times	5
6	7 No School (Labor Day)	8 Getting to know you	9 Getting to know you	10	11 Getting to know you	12
13	14 Our Families	15 Our Families (Wear Red, Blue or Yellow)	16 Our Families (Wear Red, Blue or Yellow)	17	18 Our Families (Wear Red, Blue or Yellow)	19
20	21 My 5 Senses	22 My 5 Senses	23 My 5 Senses		25 My 5 Senses Fall Walk	26
27	28 Fall Walk	29 Fall Walk	30 Fall Walk		October 2 Fall Walk	

